

MANSFIELD YOUTH BASEBALL ASSOCIATION

Safety Policy

MYBA CODE OF CONDUCT

SPEED LIMIT IS *5 MPH* IN ROADWAYS AND PARKING LOTS WHILE ATTENDING ANY MYBA FUNCTIONS. LOOK OUT FOR SMALL CHILDREN AROUND PARKED CARS.

- 1) NO ALCOHOL ALLOWED IN ANY PARKING LOT, FIELD, OR COMMON AREA WITHIN ANY MYBA FIELD.
- 2) NO PLAYING IN PARKING LOTS AT ANY TIME.
- 3) NO PLAYING ON AND AROUND ANY FIELD EQUIPMENT.
- 4) NO SMOKING ON PREMISES.
- 5) NO PROFANITY, PLEASE.
- 6) NO SWINGING BATS OR THROWING BASEBALLS AT ANYTIME WITHIN THE WALKWAYS AND COMMON AREAS OF MYBA FIELDS.
- 7) NO THROWING BALLS AGAINST DUGOUTS OR AGAINST BACKSTOP. CATCHERS MUST BE USED FOR ALL BATTING PRACTICE SESSIONS.
- 8) NO THROWING ROCKS.
- 9) ONLY A PLAYER ON THE FIELD AND AT BAT MAY SWING A BAT. BE ALERT OF AREA AROUND YOU WHEN SWINGING BAT WHILE ON THE ON DECK POSITION.
- 10) OBSERVE ALL POSTED SIGNS. PLAYERS AND SPECTATORS SHOULD BE ALERT AT ALL TIMES FOR FOUL BALLS AND ERRANT THROWS.
- 11) DURING GAMES, PLAYERS MUST REMAIN IN THE DUGOUT AREA IN AN ORDERLY FASHION AT ALL TIMES.
- 12) AFTER EACH GAME, EACH TEAM MUST CLEAN UP TRASH IN DUGOUT AND AROUND STANDS.
- 13) NO CHILDREN UNDER THE AGE OF 16 ARE TO BE PERMITTED IN THE SNACK BARS.
- 14) NO SKATEBOARDING, BIKE RIDING OR ROLLERBLADING ON MYBA FIELDS.

FAILURE TO COMPLY WITH THE ABOVE MAY RESULT IN EXPULSION FROM THE MYBA FIELD.

COMMUNICABLE DISEASE PROCEDURES:

1. BLEEDING MUST BE STOPPED, THE OPEN WOUND COVERED, AND THE UNIFORM CHANGED IF THERE IS BLOOD ON IT BEFORE THE ATHLETE MAY CONTINUE.
2. ROUTINELY USE GLOVES TO PREVENT MUCOUS MEMBRANE EXPOSURE WHEN CONTACT WITH BLOOD OR OTHER BODY FLUID IS ANTICIPATED.
3. IMMEDIATELY, WASH HANDS AND OTHER SKIN SURFACE IF CONTAMINATED WITH BLOOD.
4. CLEAN ALL BLOOD CONTAMINATED SURFACES AND EQUIPMENT.
5. MANAGERS, COACHES, AND VOLUNTEERS WITH OPEN WOUND SHOULD REFRAIN FROM ALL DIRECT CONTACT UNTIL THE CONDITION IS RESOLVED.
6. FOLLOW ACCEPTED GUIDELINES IN THE IMMEDIATE CONTROL OF BLEEDING AND DISPOSAL WHEN HANDLING BLOODY DRESSINGS, MOUTH GUARDS AND OTHER ARTICLES CONTAINING BODY FLUIDS.

WHENEVER POSSIBLE, MAKE SURE SOMEONE AT YOUR PRACTICE OR GAME HAS A CELLULAR PHONE TO USE (ESPECIALLY ON THOSE FIELDS WHERE NO PUBLIC PHONE ACCESS IS AVAILABLE)!!!

REMEMBER, SAFETY IS EVERYONE'S JOB. PREVENTION IS THE KEY TO REDUCING ACCIDENTS TO A MINIMUM. REPORT ALL HAZARDOUS CONDITIONS TO YOUR DIVISION COMMISSIONER OR ANOTHER BOARD MEMBER IMMEDIATELY. DON'T PLAY ON A FIELD THAT IS NOT SAFE OR WITH UNSAFE PLAYING EQUIPMENT. BE SURE YOUR PLAYERS ARE FULLY EQUIPPED AT ALL TIMES, ESPECIALLY CATCHERS AND BATTERS. ALSO, CHECK YOUR TEAMS EQUIPMENT OFTEN.

WHEN TREATING AN INJURY, REMEMBER:

PROTECTION – REST – ICE – COMPRESSION - ELEVATION – SUPPORT

STAY HEATHLY & INJURY FREE

Bring Water to Games & Practice

Regardless of the weather; it's very important that you bring water to all the games and practices. Dehydration is serious and it can make you very sick very quickly. Don't wait until the game to drink water. Drink plenty of water all the time to keep you hydrated all the time.

Stretching

Be sure to stretch all muscle groups before and after a workout. This is the one most important exercise you can use. You can prevent most pulls and strains by keeping muscles loose and flexible.

EMERGENCY CONTACTS

Mansfield Police Department

1601 Heritage Parkway
Mansfield, Texas 76063
Emergency 911
Non-emergency (817) 473-9381

Mansfield Fire Department

210 Smith Street
Mansfield, Texas 76063
Emergency 911
Non-emergency (817) 473-1104