



# Karyn Bye Dietz #6

## Women's Ice Hockey Olympian

- 2 Time Olympian in Women's Ice Hockey
- Gold Medal in Nagano 1998
- Silver Medal in Salt Lake City 2002
- 1998 and 1995 USA Hockey Player of the Year



Karyn Bye-Dietz was assistant captain on the Olympic gold medal-winning 1998 U.S. women's ice hockey team. She played in all six games of the Nagano, Japan Games and led all U.S. scorers with five goals. The 1998 U.S. women's hockey team was inducted into the U.S. Hockey Hall of Fame.

When Bye-Dietz was a member of the Olympic silver medal-winning 2002 U.S. women's ice hockey team. She played in all five games of the Salt Lake City Games, scoring three goals and three assists.

Also in 1998, Bye-Dietz was a finalist for the Women's Sports Foundation Team Sportswoman of the Year Award. She has been a member of the U.S. national team since 1992 and was named USA Hockey's Women's Player of the Year in 1998 and 1995. During the International Ice Hockey Federation Pacific Women's Hockey Championship in April of 1995, Bye-Dietz scored a tournament-high 11 points (nine goals, two assists) in five games. Her team finished second in the tournament, and Bye-Dietz received the Player of the Game Award and was named to the all-tournament team. She was also named USA Today's Athlete of the Month in May of 1995. That year, Bye-Dietz received her first nomination for the Women's Sports Foundation Team Sportswoman of the Year Award.

## About Karyn...



Born in River Falls, WI, Karyn began skating at age 4, and started playing hockey at age 7. Her older brother Chris was sick one night and couldn't go to hockey practice. Karyn's dad dressed her up in Chris' hockey equipment and tried to fool the guys she was Chris.

When Karyn was 8 years old, she watched the 1980 Men's Olympics Hockey Team win the Gold Medal. It was at that point, Karyn wanted to be an Olympian. Eighteen years later, her dream came true.

Growing up as a hockey player playing with boys, Karyn Bye often registered as K. L. Bye so they would not know she was a girl. During the 1987-88 season on her River Falls Wildcats boys high school hockey team, she was the second leading scorer on the team with 7 goals and 11 assists. She played forward at the University of New Hampshire where she scored 164 points in 87 games, but switched to defense with the US National Team. She still led all US scorers at the 1998 Winter Olympics, was named USA Hockey Player of the Year in 1995 and 1998

Being a part of 2 Olympic Teams and having traveled the world, Karyn has learned a lot about herself, her teammates and what it takes to be the best. Commitment, teamwork, trust and confidence were the key ingredients in winning the Gold.

Karyn earned a B.S. in Physical Education in 1993 from the University of New Hampshire and a Graduate Diploma in Sports Administration in 1995 from Concordia University in Montreal, Quebec. She currently resides in Hudson, WI with her husband Calvin Dietz, Head Strength and Conditioning Coach at the University of Minnesota, and their two children Tatum and Brody.