

Vol. XXIX  
No. 13  
June 24, 2007

115 N. 4th St.  
Stillwater, MN 55082

trinity

TODAY

*Love.  
Transform.  
Serve.*

## Ushering is a *ministry.*

Kyle and Mary have three little ones and never can seem to get to church on time. After a morning of rushing around, trying to get their three awake, fed, dressed, hair brushed, teeth brushed and out the door, they inevitably race into church feeling harried, stressed and burdened with the morning's chaotic beginning. BUT THEN they arrive in the Narthex and are greeted by a sweet hello, a warm smile and a calming presence as they are handed their bulletins. They walk into the Worship Center with a sense of calm and anticipation of the service about to begin.

More than just handing out bulletins, more than collecting the offering and counting heads, ushering is serving God—serving God's people through kind and helpful acts, through seeing a need and filling it, through loving people. Read through the scenarios on this page, and if you are someone who has the gifts and strengths to help us in this valuable ministry here at Trinity, please contact Zanny Johnson at ext. 130 or via email at [zjohnson@trinitylc.org](mailto:zjohnson@trinitylc.org). Supporting this ministry is our new Usher Coordinator Team...a group of fabulous people who will help organize, schedule and care for all you wonderful ushers.

Sandra doesn't even want to get out of bed this morning. She is depressed, but forces herself to come to church. She hopes somehow she can find some joy...some light to sustain her. As she enters the sanctuary and is handed her bulletin, the usher looks into her eyes and sees her sadness, reaches out and squeezes her arm, saying "God bless you this morning." It is the beginning of a life changing service for Sandra as she meets with God that morning in that church service.



Trinity's new usher/greeter team: Elena MacDonald, Herb Berger, Erica Fultz, Zanny Johnson (leader), Dee & Fred Hertenstein

Charles and Violet don't hear or see very well anymore...it takes real effort to get to church, and it is the big outing for them every week. Part of what makes going to Trinity so wonderful for Chuck and Vi is the way they are so warmly welcomed to this place...this place that is a second home to them. The ushers greet them, ask them how they are doing, assist them into the pew. They feel loved and valued.

## worship opportunities

### June 9 & 10

- Saturday, 5 p.m.: Worship, Communion
- Sunday, 9 a.m.: Drive-In Worship
- Sunday, 10 a.m.: Worship, Communion, Nursery
- Sunday, 6 p.m.: The River (Grades 9-12 youth worship)

### June 16 & 17

- Saturday, 5 p.m.: Worship, Communion
- Sunday, 9 a.m.: Drive-In Worship
- Sunday, 10 a.m.: Worship, Communion, Nursery
- Sunday, 6 p.m.: The River (Grades 9-12 youth worship)

## remember in your prayers

Please notify the Trinity office at 439-7400 if you or anyone you know has a prayer need, or when you or a loved one is hospitalized (the hospitals do NOT notify us of admissions), has a baby or a death occurs in the family. Please contact Jane Backe at 439-6006 or Jan Most at 436-7264 for prayer team submissions.

### Known to have been hospitalized/support in prayer

- Sue Langness • Jake Masterman • Doug Amos • Hazel Carlson

### Births

- A girl, Emma Louise, to Eric and Jennifer Olson, on June 10, 2007

### Baptism

- Jason Bo Granberg, son of Ben and Michelle (Babcock) Granberg

### Altar Flowers

- June 16 & 17 – In memory of Carl Risendal's June 22 birthday, given by wife, Borge Risendal
- June 16 & 17 – In memory of my mother, given by Mary Claire Olson
- June 23 & 24 – In honor of Ella Ramberg's 90th birthday, given by her family.
- June 23 & 24 – In honor of grandson Carson Vo Granberg, given by Bob & Carolyn Babcock
- June 30 & July 1 – Flowers in memory of Glen Backe's July birthday, given by wife, Jane Backe



## prayer corner

Lord Jesus –

We look to you, anointed son of God, our Christ, son of Adam and Abraham. Through you we have gained access into the grace of God. You have authority to forgive sin, and lead us into abundant life. You were afflicted and became our atonement, and our advocate with God. You are the author and finisher of our faith – the author of eternal salvation. You are the ascended one, the I AM who is alive forevermore and with us always to the end of the age. You are our alpha and omega, A to Z, everything we can hope for. We thank and praise you for who you are! Amen.

## trinity transportation

### Sunday van schedule

Trinity's van will be available during the Sunday 10 a.m. worship service. A van ride is available for members or non-members lacking other means of transportation. Please call the Church Office (439-7400) between 9 a.m. Wed. and 4 p.m. Thurs. to reserve your seat each week. Estimated pick-up times at senior residences if you have reserved a seat are:

- 9:15 a.m. – Boutwells Landing
- 9:25 a.m. – Raymie Johnson
- 9:35 a.m. – Croixdale
- 9:40 a.m. – Oakridge
- 9:45 a.m. – Rivertown Commons

## worship attendance

### June 9 & 10

5 p.m.	60
9 a.m.	340
10 a.m.	226

### June 16 & 17

5 p.m.	NA
9 a.m.	328
10 a.m.	145

## trinity TODAY

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### Congregational Council seeks new treasurer

After six faithful years of service, Jeff Anderson is retiring from the position of Council Treasurer. The Congregational Council will elect a new treasurer who will be responsible for the financial affairs of the Congregation, delegate authority to the Parish Administrator and financial staff to carry out day-to-day financial activity, and maintain congregational financial records. The Treasurer must be a member of the congregation.

Strengths needed:

- Understand income and expense projections, budgeting process and financial reporting
- Communicate effectively with the Congregational Council and congregational members regarding congregational finances

Please contact Bob Eiselt at ext. 142 or [beiselt@trinitylc.org](mailto:beiselt@trinitylc.org) if you are interested and possess the skills/strengths for this position.

### Katrina Rebuild with a servant's heart!

Summer news: A second adult Katrina trip will be Jan. 12-20, 2008. We want to spread the news so empty calendars can be filled with an opportunity to share our servant hearts, our construction skills, and our listening ears with our Mississippi neighbors. If you've considered sharing your talents with others who are still in the rebuilding stages after the Katrina hurricane, please know that you are invited to come along! More details will come this fall. For additional Katrina opportunities or if you have questions, contact Kristie Anderson at 439-9133 or [jkjsa@hotmail.com](mailto:jkjsa@hotmail.com)

### Groceries for Good Causes to double giving

Trinity participates in the "Groceries for Good Causes" program through Kowalski's supermarket. Next time you shop at Kowalski's, simply leave your receipt in the cubby box near the exit marked "Trinity Lutheran Church." The amount of the purchase doesn't matter, just the number of receipts collected, so please remember to leave your receipt.

### JESUS Delivers schedule June 30; July 7, 14 & 28; August 4, 18 & 25

If you would like to organize a group to serve either on an OPEN date listed above or a special date of your choosing, contact Peter or Cary Bolstorff at [peterbolstorff@scelimited.com](mailto:peterbolstorff@scelimited.com) or [caryjbolstorff@comcast.net](mailto:caryjbolstorff@comcast.net), or 439-8342. A mission trip leader will organize everything from directions, to meal plan, to a list of things to do; all you have to do is show up with open hearts. For complete details about the JESUS Delivers ministry, visit [www.jesusdelivers.info](http://www.jesusdelivers.info)

### Knitting Ministry moves

The Trinity Knitting Ministry has moved to Trinity's Living Library; the group will no longer meet at the Bead Alley. On the last Friday of every month, those who are interested in knitting prayer shawls, leper bandages, baby hats and more will gather in the Living Library from 10 a.m. to noon. Knitters of all abilities are welcome. Please contact Kris Linner at ext. 107 with questions.

#### Saturday, June 23

- Bay Lake Summer Camp: Deerwood, MN
- 3 p.m. Wedding-Johnson/Gossai
- 5 p.m. WORSHIP, COMMUNION
- 6 p.m. White Pine Music Festival: Worship Center

#### Sunday, June 24

- Bay Lake Summer Camp: Deerwood, MN
- 9 a.m. WORSHIP at DRIVE-IN: Houlton, WI
- 10 a.m. WORSHIP, COMMUNION, NURSERY
- 3 p.m. Lauren Redpath Concert: Pioneer Park
- 6 p.m. The River Youth Worship (Gr. 9-12): Luther Hall

#### Monday, June 25

- 7:30 a.m. AA Meeting: Living Library
- 6 p.m. Drama Team Meeting: Youth Center
- 6:30 p.m. Congregational Council Meeting: Office Conference Room
- 6:30 p.m. Tai Chi Class: Luther Hall
- 7 p.m. Co-ed 19+ Open Basketball: Gym

#### Tuesday, June 26

- 1:15 a.m. Prayer Group: Office Conference Room
- 6 p.m. Yoga Devotions: Luther Hall

#### Wednesday, June 27

- 8 a.m. Pilates: Gym
- 8:30 a.m. Summer Stretch
- 10:26 a.m. Trinity Women's Golf: Cimarron Golf Course

#### Friday, June 29

- 7 a.m. AA Meeting: Living Library
- 9 a.m. New Member Small Group Leaders: Office Conference Room
- 10 a.m. Knitting Ministry: Living Library

#### Saturday, June 30

- 5 p.m. WORSHIP, COMMUNION

#### Sunday, July 1

- 9 a.m. WORSHIP at DRIVE-IN: Houlton, WI
- 10 a.m. WORSHIP, COMMUNION, NURSERY
- 6 p.m. The River Youth Worship (Gr. 9-12): Luther Hall

#### Monday, July 2

- 7:30 a.m. AA Meeting: Living Library
- 6 p.m. Drama Team Meeting: Youth Center
- 6:30 p.m. Tai Chi Class: Luther Hall

#### Tuesday, July 3

- 1:15 p.m. Prayer Group: Office Conference Room
- 6 p.m. Yoga Devotions: Luther Hall

#### Wednesday, July 4 - Trinity Building Closed

#### Thursday, July 5

- 2 p.m. Caregiver Support Group: Joseph's Restaurant

#### Friday, July 6

- 7 a.m. AA Meeting: Living Library



### Going places this summer?

*Cabin, vacation, road trips, backyard campfires?*

Enhance and expand your worship life this summer. Connect with God all summer long, no matter where you might be, with Trinity's summer pack, "Worship Where You Are." Pick up your summer pack after worship in June or in the Church Office.

## Welcome Cory Jones!

Cory Jones is the new Youth Program Director. Cory grew up in Portage, WI and graduated from St. Cloud State University in 2002. He now is finishing up his Masters of Arts in Theological Studies at Bethel Seminary. Cory has a lot of experience, volunteer and professional, in youth work and event programming. One of his great loves is camp and has a huge heart for God and seeing students grow in their relationship with God. Cory loves meeting people and is a big sports fan!

## Meet the 2007 Summer Interns

*Jeanne Whisler; Brittany Anderson; Travis Pepin*

Come by church and meet the interns! Jeanne hails from the distant land of Mahtomedi and is going to be a senior at UW Lacrosse. Jeanne loves working on camp crafts and speaking Spanish. Brittany is a Luther College graduate. She loves patrolling the waterfront as head lifeguard and keeping her dad in line. Travis will be a sophomore at Duluth. He is our church rock-star for the summer, leading all the Trinity youth worship bands.

## Sr. high Florida beach camp

*Students having completed grades 9-12 July 29-Aug. 4, \$350*

Here's what we are doing in Florida:

- Powerful worship experiences
- Relevant teaching
- Guest speaker – Former NFL quarterback and Heisman Trophy Winner Danny Wuerffel
- Jet skis; beach sports
- Boat ride/see the dolphins
- Tons of fun in the sun!

Registration forms are available in the Youth Center. Contact Sara Stenstrom at ext. 145 with any questions!

## Your boat could help connect a kid to Christ!

Youth Ministries is looking for ski boats for confirmation camp this summer. If you have a boat that you could bring to camp July 10-12 or July 14-16, please contact TJ Anderson at ext. 120. If you have already volunteered your boat, please contact TJ to confirm. Thanks.

## Sr. high six-week challenge

Grab a group of friends and a leader to take the six-week challenge! The six-week challenge is a six-week small group where you go through the "World Tour" small group booklet. You will discuss and dream about what God could use you to do in this world and learn about the first world changers for Christ in the book of Acts. Books are available in the Youth Center all summer. Start the six-week challenge this week and then be done in time for Florida Beach Camp! Contact Cindy for more information or help with finding or starting a small group at ext. 137.

## It's not too late to sign up for Summer Stretch!

Students are able to sign up for just one week of summer stretch or do all five! One week of Summer Stretch is \$25 and the whole summer is \$100. Students who have completed grades 3-8 are welcome to join us for a day of service and adventure. We meet June 27, July 18 and 25 and Aug. 8 from 8:30 a.m. to 4:00 p.m. Sign up online or in the Youth Center.

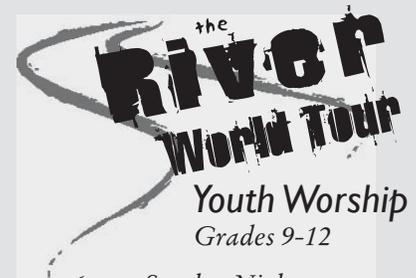
## VBS helpers sought

*Aug. 13-16*

Vacation Bible School and Day Camp are diving into the Great Bible Reef on Aug. 13-16 and we need volunteers like you (completed seventh grade & older) to make it a swimming success! Fill out a volunteer form in the Youth Center or contact Lindsay at [lstolen@trinitylc.org](mailto:lstolen@trinitylc.org) or ext. 138.

## Need yard work help?

Summer Stretch students will be spending a morning helping families in the community with their yard work needs on Wed., July 25. If you or someone you know needs an extra hand and are willing to have students help out, fill out a postcard, available in the Church Office, or call Cindy at ext. 137. You can also contact Cindy via e-mail at [cjones@trinitylc.org](mailto:cjones@trinitylc.org)



*6 p.m. Sunday Nights*

*Luther Hall*

You don't want to miss this wild ride we are about to embark on at The River! We will be talking about how God is at work in countries all over the world! Come experience talks, music and food from around the world.

## The River goes to the Drive-In

*Sun., June 24, 6 p.m.*

That's right, we will be holding The River at the Hilltop Drive-In in Houlton, WI on June 24! We will meet at 6 p.m. for worship, then have a cook-out. Bring a snack or pop to share and lawn chairs. At dusk we will show a movie. Contact Cindy Jones at ext. 137 for more information.

## Come have a ball in the Library!

*Join the Summer Library Reading Team and score BIG! June 1 - Aug. 31*

Any books read or movies viewed from the Trinity Living Library can be entered into the game, with scores being tallied in September!



Children ages 0-12 years old are invited to participate! Fill out your name, age and title of the book or movie on the sports ball of your choice and we will keep track of your score all summer long! Everyone will receive a prize and the high score in age and girl/boy categories will receive special recognition. Contact Karen Gieseke at 439-0146 with questions.

## adult learning & growing

### Kettlebells added to Pilates class

Wednesdays through Aug. 8,

8-9:30 a.m. – Gym

\$150 for 8 weeks for the 90-minute class  
OR

8-8:45 kettlebells - \$96 for session

8:45-9:30 pilates - \$64 for session

Kettlebells are a back-to-basics strength-training program that produces dramatic results in workouts. The Kettlebell is a traditional Russian cast iron weight that looks like a cannonball with a handle. After the first Kettlebell class, participants are required to buy a kettlebell, which can be purchased from instructor Marty Larson. Please contact Marty at 430-0077 with questions. Register online at [www.trinitylc.org](http://www.trinitylc.org) or contact Diane Rollie at ext. 141 or via email at [drollie@trinitylc.org](mailto:drollie@trinitylc.org).

## care ministries

With Pastor Kris Linner



Recently I have talked with several people about the challenges of being a caregiver for a loved one. We all juggle many balls and sometimes when the responsibility of caring for someone else is tossed in, it may feel like the juggling act is overwhelming whether caregiving is short-term or long-term.

Mayo Clinic Health Solutions provides some helpful hints for self-care when being a caregiver which include:

- Learn about your loved one's medical condition. (One can find helpful information on the internet).
- Get enough sleep.
- Eat a healthy diet.
- Exercise.
- Seek support from family and friends, and if necessary, outside professionals.
- Take breaks. Make time for yourself.
- Try stress management strategies such as yoga or meditation.
- Accept offers for help. Suggest

specific things people can do, such as pick up groceries or mow your lawn.

- Don't abuse alcohol or drugs.

The list of suggestions is helpful; however, care for one's self while caring for a loved one is a catch 22. Taking care of ourselves is adding one more ball to the juggling act. Yet, if it is not done, we are at risk of dropping all of the balls.

Trinity has some resources to help caregivers. There is a group of caregivers that meets to provide support to one another. They meet on the first Thursday of each month at Joseph's at 2 p.m. For more information about the group, contact Lois Berglund at 748-1606.

Another resource is Helping Hands, a group of people who are willing to help with small household projects. For example, if you needed to put up a grab bar in the bathroom to make care giving easier, they would be glad to help. For more information about Helping Hands, please contact Chuck Newman at 436-8609.

If you are a caregiver and need support juggling the responsibilities in your life, Trinity's Care Ministry would like to help. Feel free to call Pastor Kris Linner at 439-7400, ext. 107.

*P.S. Please let someone in the Church Office know if you or a family member is hospitalized. We would also like to know if there is a new baby in your family.*



### Bounce!

#### Summer Story Time

Thursdays,

9:30-10:15 a.m.

June 14, 21, 28; July 12,  
19, 26 – Living Library

Preschool children, age 4-6 years old are welcome!

Bounce into Trinity's Library this summer for a fun pre-school story-time experience! Hear stories written by a variety of authors, have fun singing songs, making crafts and enjoying a snack with new and old friends!

#### Featured Authors:

- Tomie DePoala
- Laura Numeroff
- Judy Viorst
- Legends Fairy Tales
- Leo Lionni
- Kevin Henkes

Book discussion leaders: Dellzie Hodler and Roxanne Studelska

### Team Time

#### Young Readers Book Club

Thursdays, 1-2 p.m.

June 14, 21, 28; July 12, 19, 26

Living Library Grades 2-5 welcome!

Come to Trinity's Library and "score BIG" as you get to know the authors, join in discussion about that week's book, enjoy a snack and read the first chapter of the next week's book. Come each week having read the book of the week, and be ready for fun!

Books to be discussed:

- *Earthborn* by Sylvia Waugh
- *Dear Whiskers* by Ann Whitehead Nagada
- *Ben and Me* by Robert Lawson
- *The Artsy Smartsy Club* by Daniel Pinkwater
- *From the Mixed Up Files of Mrs. Basil E. Frankweiler* by E.L. Konigburg
- *Number the Stars* by Lois Lowry

Book discussion leaders: Dellzie Hodler and Roxanne Studelska

Bring  
your  
friends!

# Experience God!

Trinity Lutheran Church is  
sponsoring a music outreach event  
featuring **Christian artist**

**Lauren  
Redpath**

*Please come out &  
show your support.*

**Enjoy a fresh sound  
& fresh message!**

We are in need of volunteers to help move sound equipment and sell food and drinks. If you can help, please contact Lauren Redpath at 329-7447 or Jason Herd at 240-291-8000.



**Sun., June 24  
3 p.m.**

**Pioneer Park  
North 2nd & Laurel Streets**

*Rain location: Trinity Worship Center.*