



Cascade Family Motorcycle Club's  
**Mountain Bike  
Ride**

9:30 A.M., Sunday, October 4th

Meeting Location:

Black Diamond Bike Shop  
30741 3<sup>rd</sup> Ave (Hwy 169)  
Diamond Square – Suite 183  
Black Diamond, WA 98010  
(across from CJ's Bakery)

- Terrain includes roots, rocks, and some minor uphill sections
- Ideal bike will have at least a front suspension (and more power than my bike has!)
- Short course ride 4-5 miles (approximately 1-1 ½ hours)
- Long course ride 10-12 miles (approximately 2-2 ½ hours)
- Potluck snack tailgate after ride (let me know what you can bring)

Questions: call me 206.618.8989

Looking forward to a fun day of riding!  
GENE