

Eastview Extra

July 2009

Volume 4, Issue 2

EVAA Hosts First Lightning Strike Softball Tournament

EVAA hosted its first ever 10U and 12U Girls' Fastpitch Softball tournament on May 30-31. The Lightning Strike Softball Tournament committee, Joel Albright, Marcia Runing, Cindy and Dave Hoshaw, Gene and Penny Gall, Rich Keuler, Dale Dose, and Donna Luciano came together before the snow was melted to begin planning.

There were many things to consider for this first time event such as concessions, umpires, t-shirt logos and sales, post-season qualifications, field reservations and maintenance, volunteers, and budget. All tournament slots were filled with one team coming from as far away as Sioux

Falls, South Dakota.

The first day of the tournament consisted of pool play which allowed seeding for bracket play which began on Sunday.

The weather was perfect. Over 120 t-shirts were sold and breakfast burritos were the hottest selling item at the concession stand.

The EVAA hometown teams had an excellent showing in their first hosted tournament with the 10U A team finishing first and the 12U A team finishing third.



At left: 1st place 10U A

Team members include Sydney Dose, Grace Gall, Samantha Gall, Macy Guebert, Gina Hall, Abby Lien, Meghan Graves, Emily O'Shea, Nikki Ruf, Erika Schlosser, and Megan Voss. Coaches are Gene Gall, Peter Graves, Jon Lien, and Joel Ruf.



Shoot, Shoot, Shoot

Time is running out for getting those "made" shots recorded towards the EVAA Traveling Basketball Shot Club Program. Eastview Athletic Association Traveling Basketball has developed the 5,000 Shot Club and 10,000 Shot Club as an off-season program to encourage boys and girls who are playing EVAA Traveling Basketball to do more shooting. The Shot Club program is offered to current traveling players in 5th - 8th grade. Good and consistent basketball shooters are made in the off-season through proper technique and repetition.

Players keep track of the number of "made" shots between April 15 and October 15 (6 months) during the off-season by distance and type of shot. Those players who cross the 5,000 or 10,000 "made" shot threshold during the six month program receive a variety of awards and recognition for their accomplishment.

Scorecards are posted on the EVAA Traveling Basketball website, www.evaabasketball.org, under Coach and Player Development.



At right: 3rd Place 12U A

Team members include Stephanie Eilts, Melissa Barry, Anna DeBoom, Madi Guebert, Mckenzie Hanegraf, Laken Holte, Kerrigan Hoshaw, Julia Luciano, Taylor O'Shea, Kara Sjostrom, Megan Stevens, Mackenzie Vannelli. Coaches are Dan

Guebert, Dave Hoshaw, Steve Sjostrom, Brad Eilts, and Pete Hanegraf.



"My best move is probably my pull-up jump shot" - Steve Nash

NEW! 4th Grade Traveling Basketball

EVAA recently announced that it will be fielding traveling 4th grade girls' and traveling 4th grade boys' teams this winter. Tryouts will be held in October with maximum team size set at 10. The teams will participate in 5 tournaments throughout the season, including our own Eastview boys and girls tournaments. The season will run from approximately November 1, 2009 through March 1, 2010. Please see the EVAA Traveling Basketball website, www.evaabasketball.org, for more details.

Your time is always needed. If you are interested in volunteering for any of the EVAA programs, please contact the Program Directors shown on the last page of the newsletter. Thank you for all you do to support the EVAA programs.

Fall and Winter Sports Registration

Fall and Winter Sports

Fall and Winter registrations began in May. Please read on for highlights and visit the EVAA website for additional information. **Note next walk-in at Scott Highland Middle School.**

2009 Online Registrations dates:

- 4th Grade Advanced Basketball Training—Open until Oct 8
- In-House Basketball — Open until Oct 8
- Traveling Basketball — Open until Sep 6
- Cross Country — Open until Sep 1
- Football — Open until Jul 31
- Fall In-House Soccer — Open until Jul 31
- Fall Softball — Open until July 31
- Fall In-House Volleyball — Open until Aug 9
- Fall Traveling Volleyball — Open until Aug 9
- Wrestling — Open until Aug 31

**Next Walk-in Registration
July 21 and Aug 11, 6pm—8pm
Scott Highland Middle School**

Football



The EVAA In-House and Traveling Football season is right around the corner, anticipating another year of fun and exciting Eastview Football! The 2009 season will run from early August until mid-October for In-House Football, finishing the season with the Lightning Bowl in the Eastview Stadium. Traveling Football will run from early August until late October with the championship games being played in the Metrodome.

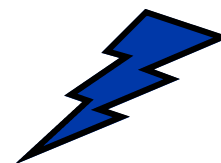
In-House Football is open to 3rd-6th graders entering the 2009 - 2010 school year. Registration will be open until July 31 for a fee of \$110.00. Late registration is from August 1 until August 5 for a fee of \$135.00.

Traveling Football is open to 7th and 8th graders entering the 2009 - 2010 school year. Registration will also be open until July 31 for a fee of \$150.00. Late registration for Traveling Football will run from August 1 until August 5 for a fee of \$175.00. Any registration request received after August 5 will be placed on a waiting list and be accommodated as space allows on a first come, first served basis.

Please see the EVAA Football website, www.evaasports.org, or contact Program Director, Chris Anderson at 612-280-8722 for more information on the 2009 EVAA Football season. We are looking forward to seeing you all in August for a fun and exciting 2009 EVAA Football Season!

Important Football dates to remember:	
July 27 - July 30	EVHS Football Camp
August 6	Equipment Distribution
August 10 - August 13	Evaluation Week
August 17	Mandatory Coaches Meeting
August 18	First Practices
August 28	EVAA Football Jamboree / EVHS Football Kickoff Bash
September 9	Picture Night
September 20	Steak Cook Out, Rosemount Legion
October 17	EVAA Lightning Bowl-EVHS Stadium

Lacrosse



The Eastview Varsity Lacrosse team will host its final FREE Clinic on July 25. Come receive instruction from the varsity coaching staff and players! Free Equipment will be available for players to use, if they do not have any. All clinics will be held on the practice field at Eastview closest to the water park.

Fall Traveling Volleyball



The Fall Traveling Volleyball program is an opportunity for girls in 5th and 6th grade to play more competitive volleyball. This program is competitively a step between JO and In-House volleyball. The focus is skill development and learning the mechanics of competitive volleyball. Tryouts will be held in late August. The season runs from early September to late October. Teams will compete in the South Metro Volleyball League which plays on Monday nights and practices twice a week. The registration fee is \$60 and the full program fee is \$150. Girls that are not placed on a Fall Traveling team will automatically be placed on an In-House team.

Starting this fall season we are looking for experienced parents or volleyball enthusiasts to coach our Fall Traveling teams. We will provide a coaching clinic in August to those selected and pay a nominal salary of \$150 for this two month program. All interested parties need to contact Stephanie via e-mail at uittenbogaards@hearthnhome.com or via phone at 612-849-0765 for a coaching application or with any questions.

MDB—Summer Basketball Offer

Looking for some gym time to tune up your shooting? In need of strength, speed, and vertical workouts? Now through August, MDB in Bloomington is offering EVAA members a special price on private and semi-private sessions. Additional information can be found on the Traveling Basketball website, www.evaabasketball.org.

7th-8th Grade Soccer



For the first time ever, EVAA In-House Soccer conducted a program exclusively for the 7th and 8th grade girls. This age group played on full-sized fields with 11 person teams as done at the middle school level. The main focus for this age group was learning the style of play for an 11 v 11 format and preparing them for participating at their schools in the fall if they so choose.

The program saw the participation of 7th grade girls go up 82% over spring 2008 when they were mixed with the 5th and 6th grade girls. 8th graders made up approximately 20% of the total number of participants this season. There were a number of players that introduced friends to the program, deserving the credit for the growth trend. If this trend continues next year and the current 7th graders continue into the 8th grade program, the program will easily double in size.

This age group will only be a spring offering until enough interest can be built to also run the program in the fall. Until that time, 7th and 8th grade students this fall are encouraged to play for their school teams. 7th graders are eligible to register with EVAA in the fall when teams of 5th-7th grade are formed.

If you have an interest in playing in a 7th and 8th grade division in the fall, please contact EVAA In-House Soccer so interest levels can be evaluated.



Fall In-House Volleyball



This program is an opportunity for girls and boys in grades 3 through 6 to play recreational volleyball. The focus of this program is having fun with some skill development thrown in too. There is no tryout process and players of all skill levels and abilities are welcome. The season begins in early September and ends in late October with a tournament. The cost of this program has been reduced to \$60 and still includes a team t-shirt and socks, however, the end of season party has been eliminated in favor of reducing the fees.

Fall Softball



EVAA Fall Softball includes teams for U10, U12, U14, and U16. Fall Softball is a short season league running from late August to late September, with the primary emphasis being on development. All girls are welcome to participate, whether their previous experience is with Traveling, River League, or In-House.

In-House Basketball

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EVAA In-House Basketball is for boys and girls K-6th grade. The mission of the program is to create and foster an enjoyable learning environment where kids and parents will learn the fundamentals of basketball, team play, sportsmanship and most importantly, have fun! Programs include:

- **K-3rd Grade:** 1 weekday and 1 Saturday practice/scrimmage, running Oct-Dec. 3rd grade plays on a full court and shoots on regulation height baskets.
- **4th Grade Advance Training Program** is an *additional* program of clinics practices, and games, running Oct-Dec for those interested in enhancing their basketball fundamental skills. Clinics are run by the staff of "Wear Out The Net" basketball academy along with parent coaches. This program and the In-House Basketball 4th-6th grade season are separate programs.
- **4th-6th Grade:** New this year, girls' teams from EVAA will play against EAA (Eagan) in the winter season. The season runs from early January through April, with season ending tournaments for all age groups.

In-House Soccer Donation Program

The current economy has affected many families. Although soccer is one of the least expensive sports in which to participate, it can still be difficult for a family that is struggling. The EVAA In-House Soccer program introduced the donation program this spring as a way to help families who need assistance.

This spring, over \$600 was donated by EVAA families to help other EVAA families. Thanks to all who donated. Your generosity is greatly appreciated. Also be aware that your donation is tax deductible since EVAA is a non-profit organization.

The Donation page will be available again for the fall registration, so please give if you can.

All donations received will be kept separate from the regular registration fees and will be used for individuals requesting help. To request financial aid for equipment from EVAA In-House Soccer, please email your request to in-housesoccer@evaasports.org or call the Program Director @ 952-997-2001.



Cross Country



EVAA Cross Country is open to boys and girls in grades 3-6. There are runners at various levels within the program, from those that have never trained before to those that have done quite well at the state championships. EVAA Cross Country has something to offer everyone. Running cross country in the fall has also been proven to be a great way to get in shape for winter sports (basketball, hockey, swimming, and wrestling).

The regular season runs from late August through mid-October. The optional MN Junior Olympic Cross Country Championships are held in mid-November. There will be approximately six meets throughout the regular season.

Lace up those shoes and join in!

Successful Season for U11 Girls Soccer



Rev-Tide Champions in St. Croix



Rev-Tide Runners' Up in Burnsville

The Rev-Tide were tournament Champions in St Croix and Runners' Up in Burnsville.

In the St Croix Tournament, the Rev-Tide won all four games, outscoring their opponents 12 goals to 2 goals, including two shut-outs. In the championship game, Rev-Tide beat a very tough team from Ashland, WI, 2-1.

In the Burnsville Tournament, the rev-Tide won four games beating Eden Prairie 4-1, Grand Forks 2-1, Minnetonka 2-1, and an overtime win over the Dakota Rev Strikers to make it into the Championship game against Burnsville.

Team members include Emily Funk, Sarah Gill, Nikki Grim, Sydney Hedberg, Anna Kessler, Michelle MacGillivray, Annika Martell, Marie McNamara, Tanna Ouimette, Rachel Schmidt, Anna Scinto, Hannah Storer, Katie Timmers, and Abby Linnett.

The team is coached by Johnny Gill & Mike Scinto.

Congratulations Rev-Tide!



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6A Girls Basketball Champions at Eastview

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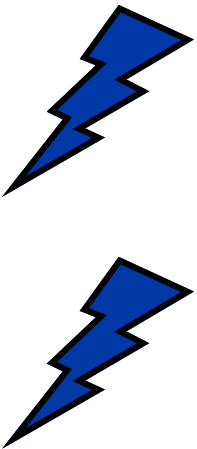


On February 22nd, the Eastview Lightning 6A traveling girls' basketball team, led by coaches Melissa Guebert and Kurt Pueshner, secured a victory over perennial powerhouse Park Center in the Eastview Invitational tournament.

It was the 6th time this season that the Lightning took home a first place trophy. The team steadily improved over the season, overtaking such teams as Champlin Park, Richfield, Park Center among many others that headed to the State Tournament in March in White Bear Lake. This Lightning team will be a strong contender in state basketball for years to come.

Back row - Coach Guebert, Madison, Annie, Hana, Illea, Maria, Coach Pueschner. Front row - Claire, Carly, Arianna, Melissa

12U Girls Fall Softball —Runner Up at State



The Lightning were runners-up in the State Tournament "Silver Bracket".

Team members include Sarah G, Adriana B, Julia L, Jamie R, Paige R, Sofia S, Sydney D, Kara S, Brittney S, Casey W, and Mckenzie H.

The team was coached by Kelly Runing, Jim Reynolds, Steve Sjostrom, and Dale Dose.



14AAA Boys Traveling Baseball—Champions



The Eastview Lightning Boys 14AAA Traveling Baseball team won the Cottage Grove Classic 5-4 on June 14.

Team members include Josh Chatfield, Garrett Cropsey, Rhett Hebig, Taylor Johansen, Grant Martinson, Henry McIsaac, Brandon Morgan, Ben Oberfeld, Derek Schiebel, Joe Schlosser, AJ Stockwell, and Kevin Wobschall. The team is coached by Jay Schlosser, Kurt Chatfield, and Pat Cropsey.

EVAA Soccer — Kindergarten Boom



Kindergartners have fun playing soccer



District #196 is seeing a slow decrease in the number of students entering school as the general population is aging in Apple Valley and the surrounding communities. That is generally an indication that programs in athletic associations will start to shrink too.

That is not the case, however, for EVAA In-House Soccer. Soccer saw its total number of registrations grow this spring. One of the most remarkable statistics is an increase of 35% at the kindergarten level. Participation jumped from 44 participants in the spring of 2008 to 68 participants in the spring of 2009.

This type of jump seems contradictory to the district's statistics but

there is an explanation for it. The explanation is the enthusiasm and dedication of the EVAA soccer community helping the kids learn and enjoy the sport of soccer. EVAA Soccer has the most dedicated coaches around. Almost every coach holds a Youth Licensure from the Minnesota Youth Soccer Association (MYSA). Licensures were earned by attending a coach's clinic sponsored by EVAA and put on by MYSA. Their sacrifice of a Saturday morning for training is paying off with children having a better experience than ever before and continuing with the program from the fall to the spring session.

Thank you coaches for all of your efforts and dedication!

Soccer Coaches Wanted—Training Provided

Once again this fall we are anticipating a new influx of Kindergarteners into the program. To support those kids we will need parent volunteers to coach them. Whether you are an old soccer pro or have never kicked a soccer ball before, we can help you prepare to coach your child in soccer.

For the Fall 2009 Season, EVAA In-House Soccer will sponsor a Youth Licensure (Y-Licensure) course that will instruct you on how

to interact with kids from ages five to eight. The course teaches you what to expect developmentally from this age group. You will be provided with games that will help you get the kids oriented to soccer in a fun and engaged manner.

This four hour course is put on by the Minnesota Youth Soccer Association (MYSA) and is paid for by the EVAA In-House Soccer pro-

gram. MYSA provides a professionally licensed coach to instruct our coaches on the nature of children and the adjustments adults must make to coach them. The course combines both classroom (theory) and field (practical) sessions. Each of the coaches attending will receive a Y-Licensure certificate from the MYSA.

Please join us!

10A Traveling Baseball—Champions



The EVAA Traveling Baseball 10A Black team were tournament champions in at the Inver Grove Heights 10A Classic in May. Eastview beat Inver Grove Heights White 10-3 in the championship game.

Team members include David Arndt, Sebastian Castellanos, Ross Cochran, Tyler Coutermash, Chris Fan, Tyler Hernesman, Connor Igoe, Thomas Keating, Blake Osborne, Sam Pekarek, Tommy Springer, and Alex Walrath.

The team is coached by Iain Cochran, Mike Coutermash, Allen Fan, and Jason Hernesman.

Congratulations Eastview Black!



The U11 Dakota Rev Comets took first place in the Dakota Rev President's Day tournament. Team members include Christina Barry, Emma Brechlin, Katie Brumley, Ariel Dela Cruz, Maura Flaherty, Margie Freed, Hannah Fuller, Anna Heckman, Leah Kiage, Emmalee Kroll, Addie Mickelson, Ellie Peck, Allison Schuette, and Taylor Tompkins.

The Comets are coached by Josh Linde.

Congratulations Comets!



New Soccer Uniforms

EVAA In-House Soccer has upgraded the look of the 2009 players. Through diligent work by the EVAA In-House Soccer Board of Directors and new shirt vendor, South Metro Sports, the program has begun supplying entire uniforms to participants. For children in kindergarten – 4th grade, this includes jerseys, shorts, and matching socks. For the older children professional grade jerseys are supplied.

The new uniforms not only make teams appear more professional, they also save families money by taking care of the need to buy shorts and socks.

Soccer “Picks Up” Your Summer

Looking for some soccer action during the summer between the spring and fall seasons? EVAA In-House Soccer is organizing pick-up games once a week for the various age groups to allow you to have some fun and play some more during the summer. The pick-up games are coed and open to anyone that would like to play. See the schedule below to see when your age group is playing.

Day	Time	Age Group	Location
Mondays	7:00pm	Ages 8-10 (Grades 3-5)	Eastview High School 13A
Tuesdays	7:00pm	Ages 5-7 (Grades K-2)	Eastview High School Stadium Grids
Wednesdays	7:00pm	Ages 11-14 (Grades 6-8)	Ridgecliff Field

Games will be held starting the week of July 6th and continue each week through the week of August 17th. There is no need to plan ahead, just show up at the field on your scheduled day ready to play. Teams and team sizes will be determined at the time of the game and be dependent on the number of players that show up. There will be a minimum of six players required for a game to actually take place.

There is no charge so grab your friends and take advantage of the opportunity to have some fun.



Teams model the new soccer uniforms. Don't they look sharp?!





www.evaasports.org

EVAA 2009 Program Directors

Cross Country	Mike and Mary Manders
In-House Baseball	Lars Ericksen
Traveling Baseball	Jay Schlosser
In-House Basketball	Steve Crenshaw
Traveling Basketball	Johnny Gill
Football	Chris Anderson
Lacrosse	Terry Johnson
In-House Soccer	Ken Blomquist
Dakota REV	Brian Fahey-Bleick
Softball	Len Jewell
Tennis	Betsy and Walter Ritschel
In-House Track & Field	Bill Schwartz
Volleyball	Stephanie Uittenborgaard
In-House Wrestling	Travis Lee

To contact any program, visit the website at www.evaasports.org and choose "Contact Us."

Advertisement Rates

Eastview Extra welcomes new sponsors. For a minimal fee, information about your business will hit over 7000 families in the Apple Valley and Eagan area. It's a great opportunity to support the continued growth of EVAA and our Apple Valley and Eagan businesses. Please go to the website at www.evaasports.org and use the Contact Us link and click on "EVAA Board."

Publications dates are approximately January, April, and August in 2009 (ask about delivery dates and advertising deadlines). All advertisements are black and white. **Current Rates:**

	Single Issue	3 Issues
Full Page (8 1/2 x 11)	\$150	\$125/issue
1/2 Page (vertical or horizontal)	\$100	\$90/issue
1/4 Page	\$70	\$60/issue
1/8 Page	\$50	\$50/issue
Flyer Insert	Ask for Details	

EVAA Board Meetings

EVAA board meetings are held on the third Monday of each month, 7pm, at the Apple Valley Community Center. Anyone interested in addressing the EVAA board may do so during Open Forum which begins each meeting promptly at 7pm. No meetings are held in the months of June, July, and August.



Don't Forget to Register for Fall and Winter Sports

2009 Online registration dates:

- 4th Grade Advanced Training Basketball— Open until Oct 8
- In-House Basketball — Open until Oct 8
- Traveling Basketball — Open until Sep 6
- Cross Country — Open until Sep 1
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- Wrestling — Open until Aug 31

EVAA 2009 Board of Directors

- Jon Arndt
- Blair Brumley
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- Brad Ericksen
- Chuck Lloyd
- Marty McIsaac
- Rosie Lisenby-Munz
- Lisa Schlosser
- Michael Schmidt
- Scott Selby
- Lee Spelbrink

Walk-in Registrations*:

Next walk-in will be for Fall and Winter Sports

July 21 and August 11, 6pm—8pm, [Scott Highland Middle School](#)

*Cash or checks only at walk-ins; Credit card only for online registration