



# *Penfield Strikers Meeting Minutes*

March 20, 2011

## Call to Order

L. Bourcy called to order the regular meeting of the Penfield Strikers at 6:30 pm on March 20, 2011 at Penfield Presbyterian Church.

## Attendance

Laura Payne-Bourcy, George Pancio, Bob Wells, Cathy Pietak, Linda Teglash, George Werner, Andrew Creathorn, Ron Cappellino, Jeremiah Shufelt, Lisa Jackson, Melissa Cushman, Colleen Bell, Alex Carroll, Dito Garcia, Kelly Masters, Libbie Tobin.

## Meeting Minutes

L. Bourcy submitted the February meeting minutes for approval. G. Pancio submitted a correction under Vice President's Report regarding the Brighton Sports Zone contract amount to read: "\$5,200 increase over the current contract cost." J. Shufelt made a motion to accept the February minutes; C. Bell 2<sup>nd</sup>; all were in favor.

## Director of Coaching Report

G. Werner reported he received an e-mail from U13 Coach Kelly Masters which he read to the Board. She reported on the positive effects the SSI skills program is having on her team during their first three indoor games, including: (1) all nine offensive players have scored goals; (2) players receiving the ball out of the air; (3) defensive players playing their positions well. George submitted this affirmation of the skills program and once again emphasized the skills progression. Discussion was had by all.

## Treasurer's Report

B. Wells reported on the status of the club accounts as follows:

(Below are approximations)

Operating Account: \$ 26,000.00

Money Market Account: \$ 1,973.00

Registration Fees: \$100,000.00

- G. Werner/SSI bimonthly payment of \$2,200 paid. As of 3/11, \$6,360 remains to be paid on this year's contract with George.
- Bob reported that he is to begin work on the 2012 budget proposal for submission to the Board and he is looking for volunteers to participate in that process.
- Bob reported that the club is a little under budget and cited several factors contributing to this, including: (1) outstanding registration fees; (2) modification of and pro-rated registration fees for U19 players; (3) approximately \$5,000 in equipment expenditures, which was over budget; (4) purchase of uniforms, a biennial expense.
- L. Bourcy and B. Wells have made contacts regarding outstanding registration fees.
- L. Bourcy reported that, based on her submission, NY West has approved a club grant of \$1,250 for goals purchase.
- Discussion was had by all regarding ideas to reduce the club budget, including: (1) reducing tournament participation per team to one per season; (2) reducing the number of skills sessions from 20 weeks to 15 weeks; stopping skills training the last four weeks of the indoor season; removing skills training for older players and emphasizing skills for younger players (U9 through U13); (3) absorbing player and goalie training through volunteers; (4) reducing the club cash reserve of approximately \$26,000.
- When discussing lowering the cash reserve fund, G. Pancio submitted the newly negotiated Brighton Sports Zone contract and expressed the need for fiscal caution. The BSZ contract provides for a four-year fixed annual fee of \$40,950. Strikers will continue their exclusive use of fields on Saturdays from 12:00-5:00. George also reported there is going to be the expansion of field space at the facility which will allow space for goalie training ten times per year, which has been included in the contract.

- Further discussion was had regarding DOC/Werner contract provision for a 3% increase and the negotiation of next year's contract.
- J. Shufelt submitted a motion to approve a 3% increase for DOC/Werner; G. Pancio 2<sup>nd</sup>; all were in favor.

### **Communications Report**

A. Carroll reported on the "Goal Post" newsletter. He continues to solicit ideas and has received good input. A suggestion was made to include Libbie Tobin summer camp information in an upcoming edition.

### **Field Coordinator's Report**

R. Cappellino reported on the club's annual meeting with the Town of Penfield. Attendees included: Laura Payne-Bourcy, Strikers President; Ron Cappellino, Strikers Field Coordinator; Tony LaFountain, Town of Penfield Supervisor; Laura Cheney, Town of Penfield Recreation Dept.; Sean Doherty, Rangers President; Bill Thurston, Rangers Vice President.

- L. Bourcy was given facility permits with instructions for completion and payment.
- Field needs, availability and maintenance were discussed, including a review of field maps. All fields will be lined and fully operational by May 15. Volunteer parent crews will be solicited for field lining and net placement.
- The deadline for field schedules, including any changes, is April 7. To that end, Ron met last week with Bob Poetker (Strikers) and Bill Thurston (Rangers). Discussion was had by Board members regarding field availability and preferences; field needs and problems.
- Goals are to be set out by April 15. Special emphasis was placed on goal anchoring as that was a problem in 2010. Sand bags will be utilized this year in addition to goal anchors to satisfy safety concerns.
- Ron further reported he met with Pete Shambo from Penfield High School regarding the use of the new artificial turf field at the high school. It was agreed that the \$100 per hour turf fee will be waived for our club, but the \$60 field supervisor fee will remain. It was proposed that U13-U15 teams have one PHS turf game and U16-U19 have two PHS turf games. If these games are scheduled in a cluster, the cost is essentially the same as the current \$25 fee paid to the Town for field use. Ron will work with coaches regarding field scheduling. Individual teams will have to absorb the cost of the field supervisor fee this year, but that cost could possibly be built into the 2012 club budget.
- L. Bourcy reported to the Town on the two women's soccer team affiliations with Strikers. There will be a \$25 per game fee paid to the club to offset field maintenance costs and contribute to the scholarship fund. Laura will write a letter to the teams involved outlining the financial arrangements and club expectations. (Review by J. Getz)
- B. Wells made a motion to approve the club's affiliation with two women's soccer teams: Strikers Futball Club and Penfield Strikers; L. Jackson 2<sup>nd</sup>; all were in favor.

### **Speed Training Report**

D. Garcia submitted his report regarding speed training. A copy of his report will be maintained with the Board minutes for future reference. Highlights of his data summary and conclusions included:

- The average improvement per year for veteran Strikers was .32 seconds based on times for 89 girls. This is a 33% faster rate of improvement than one would expect based on age alone.
- When form improves, the average annual speed improvement (.36 seconds) is 50% faster than the average expected with no training (.24 seconds) and well over 1/10<sup>th</sup> of a second.
- Running form plays a very significant role in determining speed and helping an athlete to achieve her full potential.
- Veteran Strikers are generally faster than rookie Strikers of the same age.
- Our speed training program focused on improving form can be expected to generate positive results, though individual results will vary widely.
- Dito detailed the introduction of the fast-leg drill to further help players develop speed.
- Discussion was had by all, with a special thanks to Dito for his time and a thorough presentation of material!

### **Uniform Coordinator's Report**

C. Bell reported all is done! Thank you, Colleen.

- An e-mail will be sent to coaches for final requests or issues regarding uniforms. Discussion was had regarding U19 late registrants and uniform back orders.
- Discussion was had by all regarding a "Cleat Night" at Valenti's. Colleen will confirm sales information and forward to A. Carroll for inclusion in March's newsletter.

### **Special Projects Report**

L. Bourcy reported that Janet Lurz is willing to assist the club with a community service project. Discussion was had by all regarding possible project ideas, including Japan disaster relief and local food pantry donations, with the additional suggestion that it be tied into upcoming spring training. Laura will confer with Janet and report back to the Board at April's Board meeting.

### **Photo Coordinator's Report**

A. Carroll reported on behalf of Mary Carroll. Upstate Photography will take club photos May 1<sup>st</sup> from 12:00-4:00 at Penfield High School. Mary will forward to M. Cushman order forms for dispersal to team managers.

### **Registrar and Webmaster's Reports**

L. Teglash reported on division placements and roster certifications. 15 of 19 teams have completed all necessary paperwork. Linda submitted completed roster packets to M. Cushman for dispersal to team managers.

Insert Division Placements?

- U9-1, U10-4, U13-2 and U19 are missing birth certificates necessary to certify the teams' rosters. M. Cushman and L. Teglash will confer with the involved team managers in order to complete the necessary paperwork by the 4/4 deadline.

### **Coaching Committee Report**

No report submitted.

- L. Bourcy submitted the need for a new Coaching Committee board member as Andrew Creathorn's term ends this fall. G. Werner to be consulted for a recommendation.

### **Equipment Manager's Report**

No report submitted.

- A. Carroll reported regarding first-aid kit requests and coordination.
- L. Bourcy reported she spoke with the club's insurance carrier regarding the training and/or rendering of first-aid by coaches. She was informed that the club is not at an increased liability risk. To be discussed further at April's Board meeting.

### **New Business**

L. Bourcy introduced Libbie Tobin, PHS varsity soccer coach, to the Board members and reported Libbie's interest in collaborating with the Strikers organization in her summer soccer camp. Laura submitted this as a valuable training opportunity for Strikers players.

- Libbie shared with the Board the details of her camp, including the following:
- Eight years of experience conducting summer soccer camps
- Camp objectives include high-level skills training presented in a fun format
- Camp conducted at Rothfuss Park
- Sessions will be June 27-July 1 for Grades 6-12 and July 11-July 15 for Grades K-5

Discussion was had by all regarding the benefits of an affiliation with Libbie, including: (1) the opportunity for additional skills training by a highly-qualified coach; (2) The positive influence of female high school and college soccer players (some ex-Strikers) on young athletes; (3) The revenue generated from the camp to defray increased field costs and contribution to the scholarship fund; (4) Capping the number of participants at 140 to maintain a quality experience.

- D. Garcia made a motion for the Penfield Strikers to proceed in collaboration with Libbie Tobin in two summer soccer camps; C. Bell 2<sup>nd</sup>; all were in favor.
- L. Bourcy and L. Teglash reported a second New Business item involving player dual rostering and the club refund policy. Laura shared with the Board a dual rostering conflict involving a U11 Strikers player and the request to reimburse club fees.
- Discussion was had by all regarding the club's refund policy, including: (1) The club policy is clearly articulated in registration material; (2) The conflict involved is based on another club's failure to provide as promised, not ours;

(3) Off-season training expense and uniform purchase has already been incurred; (4) Other players were cut based on the position taken by the involved player and an otherwise full roster.

- L. Teglash made a motion to refund the registration fee of the dual-rostered Strikers player as an exception to club policy; motion unanimously opposed by all.

### **Adjournment**

Meeting adjourned at 9:10 p.m.

Minutes submitted by: C. Pietak