



Shakopee Mat Club

Teamwork

The Shakopee Mat Club is a team oriented organization. This is **our** team: It is, first and foremost, the dedicated parents who spend the time to take their kids to practices and tournaments, and provide them with encouragement when they need it most. It is the “Team Technicians” who are willing to lend their skills and knowledge to the program and were very instrumental in last year’s success. It is the Board of Directors who work “overtime” so that the Coaches can focus on...coaching. It is the Parents who manage the website, assist at tournaments, and raise money. We **do notice** and **always appreciate** these efforts. It is, everyone pulling on the same rope, at the same time, AND in the same direction, and ultimately, the kids are the beneficiaries!

While we can provide a good working example of teamwork for the Wrestlers to emulate, we also want them to embrace the concept for themselves. It is, without a doubt, a skill they will need and use, not only in sports, but in life. Given that the vast majority of a Wrestlers’ time is spent in the practice room, teamwork is so very important to their Team’s success. In order to be a good practice partner, it requires that they fully apply themselves to the moves being taught. Only when both Wrestlers listen carefully and actively try to understand the move, will they both learn it. This requires a certain level of focus and discipline, very similar to what is needed to succeed in school.

Here are some concepts you may want to discuss with your child:

- Wearing the same uniform does not, in itself, make a team.
- It all starts with being a good listener- This requires **focus** and **attention**.
- Exercise restraint-If you distract the group, **your** team or class suffers.
- **YOU** can be a good practice partner- learn the moves and work together.
- Support one another- Help each other, cheer for one another.
- EVERY Team Member is an important one and has strengths and weaknesses.



Every Team Member is an important one, and very important to us!