

# LAKEVILLE BOYS BASKETBALL ASSOCIATION

## 3rd Grade In-House Rules

### Purpose

These rules were created by Head Coaches **Mike Nolan** and **Joe Janquart** to promote the core values of the Lakeville basketball community:

- Ensure a **fun, positive experience**
- Provide age-appropriate gameplay that **supports skill development**
- Keep games **organized** and **on schedule** to maximize playing time

### Game Format

- **Before New Year:** 4-on-4 **half-court**
- **After New Year:** 5-on-5 **full-court**
- **40-minute games** (two 20-min halves, running clock). **3-minute halftime**
- **GAMES MUST START AT SCHEDULED TIME**
- **Subs every 5 minutes** (clock stopped); coaches ensure players **match up quickly** to keep the game on schedule — **not a timeout**
- **Jump balls:** alternating possession. **Timeouts:** two 45-sec per half.
- **OT → 2 minutes** (1 timeout each; **no carryover & no subs**) → **Sudden Death** if tied — **first FG wins, no foul points**

### Defense

- **Man-to-man only;** no zones, switching, or double teams
- **Help & recover** allowed if a player is **unguarded or driving;** defender must **return to their matchup** (ref discretion)
- **No full-court press** during the season
- **Blocked shots** allowed only by the **on-ball defender** maintaining verticality — excessive swatting = foul
- **Before winter break:** no steals; **after winter break:** on-ball defender may steal and defenders may intercept passes to their own assignment — **loose balls are free** for anyone to recover

### Fouls & Violations

- **Defensive foul** → Offense is awarded 1 point **and** keeps possession
- **Offensive foul** → Defense receives 1 point **and** takes possession
- **No free throws** will be attempted
- **Before winter break:** Traveling or double dribble is a teaching moment; offense keeps the ball
- **After winter break:** Traveling or double dribble results in a turnover

### Equipment & Court Setup

- Basket height: **9 feet**
- Ball: **28.5 or 27.5** (Coaches discuss at start of game, some games go half and half)
- Game results are **final** — no protests will be reviewed

### Fan & Coach Conduct

- Coaches are responsible for managing parent and spectator behavior
- If negative behavior occurs, coaches must **intervene immediately**
- Continued disruption may result in a parent being removed or a **technical foul** (2 points awarded to opponent)
- Report concerns to **LSBBA/LNBBA Grade Level Coordinators or In-House Directors.**

### Quick Reference Summary

*Before New Year → After New Year*

- 4v4 half-court → **5v5 full-court**
- **No steals** → Limited steals allowed by direct defender(s)
- Teaching-moment turnovers → **Turnovers enforced**
- Focus on fundamentals → **Progression toward full gameplay**