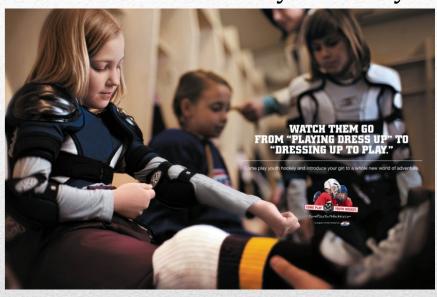
Lone Star "Lady" Wolves 9th All Girls Learn To Play Hockey Clinic

Only \$110



Dates:

- •Jan 10
- •Jan 17
- •Jan 24
- •Jan 31
- •Feb 7
- •Feb 14
- •Feb 21
- •Feb 28

- Ages 4-12 years old
- Eight (8) one (1) hour sessions (8 hours total)
- Gear provided if needed, Tuesday Oct 9th fitting day 5PM 8PM
- Special Limited Edition Lady Wolves Jersey
- Program starts Jan 3, 2013
- Registration open now!
- Thursday nights 5:40 PM 6:40 PM

Hockey: Invented by boys, perfected by girls

The All Girls Learn to Play Hockey clinic provides girls with the opportunity to learn the basics of skating and hockey from trained instructors with over 20 years combined experience. The Lady Wolves success is from creating an all girls, fun-to-learn, relaxed, noncompetitive atmosphere with growing girls hockey in mind. No skating or hockey experience is required.

Each class includes 60 minutes: 45 minutes of skating and stick instruction and a 15-minute Hockey Olympic challenge designed by coach Scott Hullum where they will be joined by the 12U girls Hockey team. Upon completion of the All Girls Learn to Play Hockey classes, players can decide to continue with the All Girl Learn to Play Hockey sessions which will help prepare the girls for competitive hockey either at the recreational level or select level.

Each week includes a review of skills learned and the introduction of new skills such as snowplow stop, one-foot glides, backward O's, and forward strides. From this solid base, the fundamental skills of skating, stick handling, passing and shooting can be properly taught.

Dana Victorson has over 10 years of playing and coaching experience in Minnesota and Texas. Dana is a Level 5 USA Hockey Coach and has coached high school as well as the 19U Lone Star Wolves and other Lone Star Wolves teams.

Scott Hullum has spent the last 10 years improving his player's individual skills, providing a basic understanding of positional team hockey, and having fun doing so in North Texas. His coaching techniques allow acceleration of individual growth and development of players both on and off the ice. Coach Scott focus' on creating an opportunity for each child to be successful and have an enjoyable hockey experience.

Did you know that women's' hockey is increasing in popularity? Hockey has typically been a men's' sport, not a women's sport. Women hockey players have increased by 350% over the last ten years. However, the number of women's professional hockey leagues is still significantly smaller than men's professional hockey leagues. Still, you might be surprised at how many women's' professional hockey leagues there are.

In 1970, a woman officially became a professional hockey player. It was then that the Marquette Iron Rangers signed Karen Koch on as a contract player. The very first time women's hockey was included as a medal sport in the Winter Olympics was in 1998. During that year, the United States won the gold medal, Canada the silver medal and Finland took home the bronze medal. You might be surprised to learn that in 1992 the Tampa Bay Lightning, an NHL team, played some preseason ice hockey games with a woman as goaltender. Manon Rheaume is the first and only woman to play an NHL preseason exhibition game. She also played many minor league ice hockey games between 1992 and 1997. Also, there have been other women ice hockey players in the minor leagues.

In women's ice hockey leagues, there is one major difference in hockey play. In women's hockey there is no checking. This is also a big difference in the youth ice hockey leagues. Girls hockey also does not allow body checking. Penalties are given by the referee when checking occurs in girls hockey games. Women also wear full face masks. You don't see the fighting and roughness in women's hockey either. As more girls discover women's' hockey by watching the Winter Olympics, it is likely we will continue to see this sport gain in popularity.

Then ... And NOW!



