

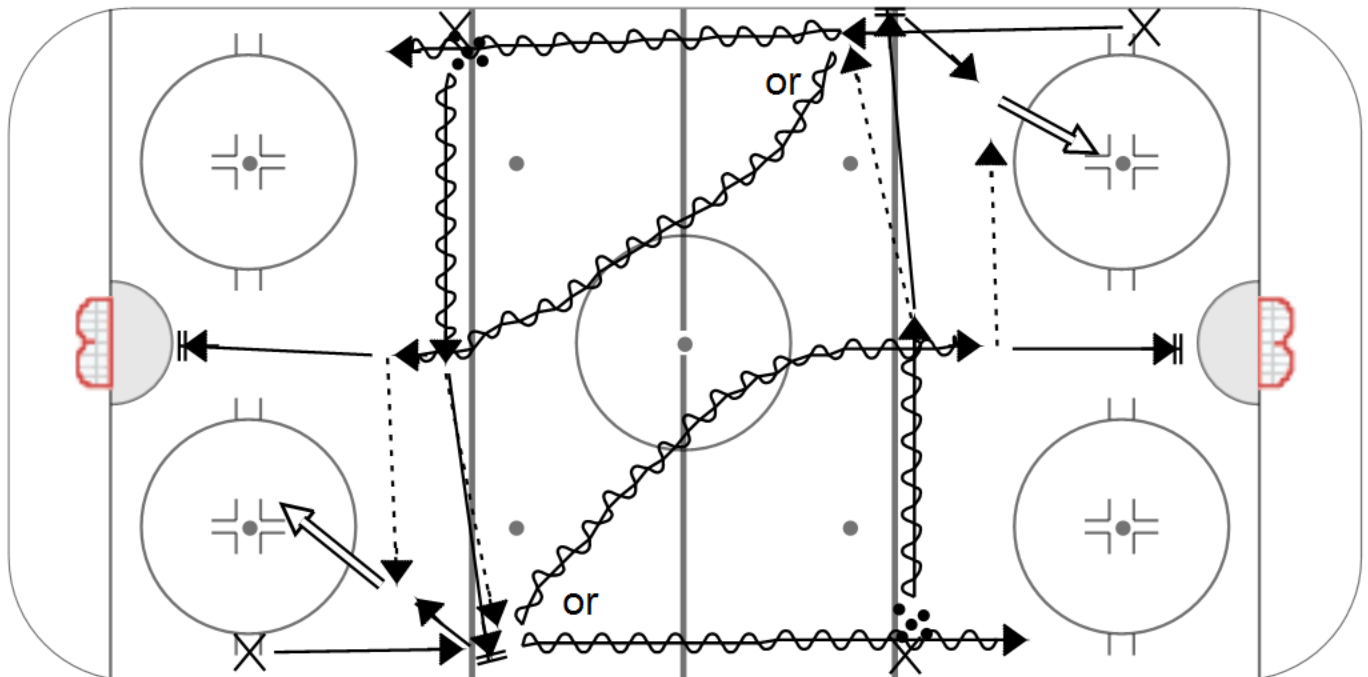
Category #1 :

Title : 2v0 attack middle or cross seam.

Category #2 :

Content elements :

Components:



Key points :

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Description

Attack 2v0, puck start on the wall at blue whistle blows, player at hash mark skates up the wall and receives the puck.... makes choice, attack middle or attack up wall. player that passes the puck continues to the wall and stops and faces the puck. Opposite Forward then attacks that players end and they will go 2v0 either with mid ice kick out or 2-3(step behind) seam. pass. shooting then attacking net.