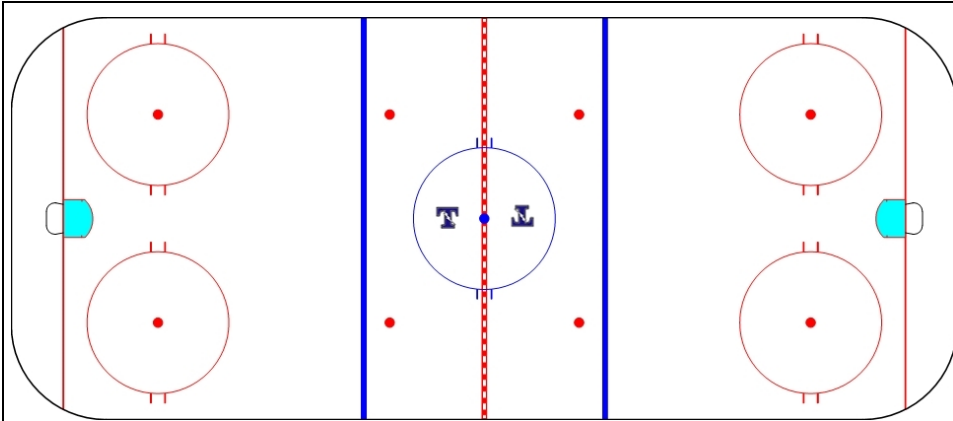




# Drill Sheet

Team: \_\_\_\_\_ Date: \_\_\_\_\_

Forward Skate ←	Backward Skate	Stop
Carry Puck	Pass - - - →	Shoot
		Coach



Drill Name: \_\_\_\_\_

Description: \_\_\_\_\_

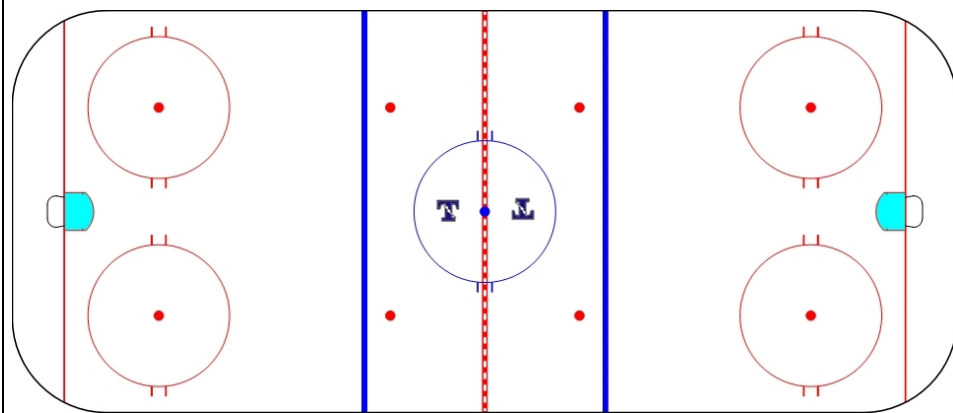
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Time: \_\_\_\_\_ Duration: \_\_\_\_\_



Drill Name: \_\_\_\_\_

Description: \_\_\_\_\_

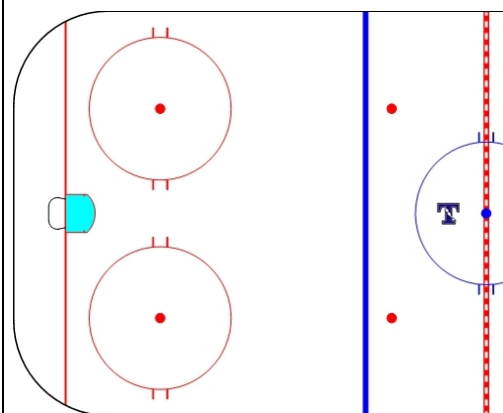
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Time: \_\_\_\_\_ Duration: \_\_\_\_\_



Drill Name: \_\_\_\_\_

Description: \_\_\_\_\_

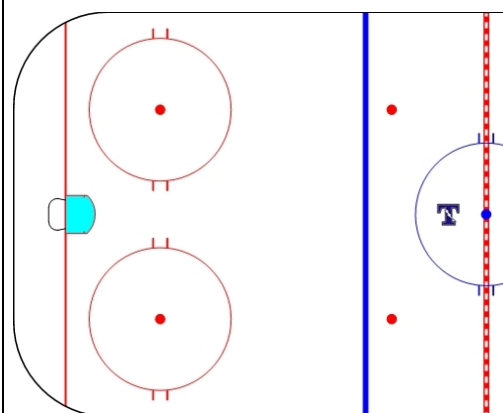
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Time: \_\_\_\_\_ Duration: \_\_\_\_\_



Drill Name: \_\_\_\_\_

Description: \_\_\_\_\_

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Time: \_\_\_\_\_ Duration: \_\_\_\_\_