

## PARENT/COACH RELATIONSHIP

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide a greater benefit to student-athletes. As parents, when your students become involved in our program, you have the right to understand what expectations are placed on your student-athlete. This begins with clear communication from the coach of your student-athlete's program.



Heritage  
High School



Evergreen  
High School

## COMMUNICATIONS YOU SHOULD EXPECT FROM YOUR SON OR DAUGHTER'S COACH

1. Philosophy of the coach.
2. Expectations and goals the coach has for student athletes, the team, and the season.
3. Locations and times of all practices and contests.
4. Specific team requirements, including special equipment, strength and conditioning programs, weekend activities, etc.
5. Injury procedures for practices and contests.
6. Team rules, guidelines, and consequences for infractions.
7. Lettering criteria.
8. Team selection process.



Mountain View  
High School



Union View  
High School

## COMMUNICATION COACHES EXPECT FROM ATHLETES/PARENTS

1. Concern expressed directly to the coach.
2. Notification of any schedule conflicts in advance.
3. Notification of illness or injury as soon as possible.

As your student becomes involved in the **Evergreen Public Schools** programs, he or she will experience some of the most rewarding moments of his or her life. It is important to understand that there also may be times when things do not go the way you and your student-athlete wish. At these times, discussion with the coach is encouraged. It is the first and most integral step to understanding and resolution.



Shahala  
Middle School



Pacific  
Middle School



Wy'east  
Middle School

## Evergreen Public Schools Athletics

(360) 604-4000

## APPROPRIATE CONCERNS TO DISCUSS WITH COACHES

1. The treatment of your student athlete.
2. Ways to help your student athlete improve.
3. Concerns about your student-athlete's behavior.

It is very difficult to accept your student athlete not playing as much as you hope. Coaches are professional. They make decisions based on what they believe to be the best for all student-athletes involved. As you have seen from the preceding list, certain things can be and should be discussed with your student's coach. Other things, such as those listed below must be left to the discretion of the coach:

1. Team selection.
2. Playing time.
3. Team strategy.
4. Play calling.
5. Other student-athletes.

There are situations that may require a conference between the coach and player, or coach and parent. These conferences are encouraged. It is important that all parties involved have a clear understanding of the other persons' position. When a conference is necessary, the following procedure should be used to help resolve any concerns.

## PARENT CODE OF CONDUCT

1. Make sure your student-athlete understands that win or lose, you love him or her.
2. Be realistic about your student-athlete's physical ability.
3. Help your student-athlete set realistic goals.
4. Emphasize "improved" performance, not winning.
5. Provide a safe environment for training and competition.
6. Don't relive your own athletic past through your student-athlete.
7. Control your emotions at games and events.
8. Be a "cheerleader" for your student-athlete and others on the team.
9. Respect your student-athlete's coaches. Communicate with them in a positive way. Encourage others to do the same.
10. Be a positive role model.

Be sensible, responsible, and keep your priorities in order. There is more at stake than a win or loss record.



Covington  
Middle School



Cascade  
Middle School



Frontier  
Middle School

If you have a concern to discuss with a coach, you should follow the procedure listed below:

1. Call the coach to set up an appointment.
2. High school & middle school phone numbers:

Heritage High School  
604-3400

Evergreen High School  
604-3700

MtnView High School  
604-6100

Union High School  
604-6240

Cascade Middle School  
604-3600

Covington Middle School  
604-6300

Pacific Middle School  
604-6500

Frontier Middle School  
604-3200

Shahala Middle School  
604-3800

Wy'east Middle School  
604-6400

3. If the coach cannot be reached, call the building athletic director and a meeting will be set up for you.
4. Please do not attempt to confront a coach before, during, or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature usually do not promote positive resolutions.

## THE NEXT STEP

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

1. Call the building Associate Principal for the middle school or the Athletic Director for the high school to set up an appointment.
2. At this meeting the appropriate next step can be determined.



EVERGREEN  
PUBLIC SCHOOLS

*We're guiding the future™*

## Athletic Department



## Parent/Coach Communication

A  
"Winning" Approach



Evergreen Public Schools  
Director of Athletics and Activities

(360) 604-4000