



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## SEPTEMBER 2013 NEWSLETTER

### SHSAA EXECUTIVE 2013 - 2014

PRESIDENT:  
**Roger Morgan, Kincaid**

EXECUTIVE COUNCIL:  
**Val Gordon, Eastend**  
**Kevin Kitchen, Kamsack**  
**Cory Schmaltz, Carrot River**  
**Syd Laskowski, Osler**  
**Barclay Patterson, Saskatoon**  
**Dale Reed, Regina**  
**Kendra Syrota, Meadow Lake**  
**Miles Bennett, Rosetown**  
**Bob Simpson, Melville**  
**Kyle McIntyre, Chinook SD**

EXECUTIVE DIRECTOR:  
**Kevin Vollet**

ASSISTANT  
EXECUTIVE DIRECTOR:  
**Lyle McKellar**

EXECUTIVE ASSISTANT:  
**Jessica Blair**  
**Stefanie Lewis**

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### SHSAA MISSION STATEMENT

**"To promote the positive development of the individual by providing competitive interscholastic athletic activities consistent with the goals of education."**

### Executive Director's Report

Welcome back to another school year. I hope all of you had a chance to spend some quality time with your family and re-energize for another exciting and rewarding year of school sport. I know that the students are looking forward to another year of excitement of school sport that will further their growth as contributing citizens through their involvement in the various activities. The office staff and the Executive look forward to another great year and hope everyone involved shares the same excitement.

The Association ended last year with another successful AGM that was held in Nipawin. It was another valuable process and the philosophy of the Association continues to reverberate throughout these three days of meetings. It was great to see the turnout of delegates, some new as well as many veterans. The annual general meeting in Nipawin brought closure to the 2012-2013 school year and served as a springboard to the 2013-2014 school year. This gives the membership and Executive a chance to introduce exciting new initiatives for the upcoming year. The new initiative introduced last year, the SIAAA (Saskatchewan Interscholastic Athletic Administrators Association) was by all accounts very successful and the Executive looks forward to growing this professional development opportunity for our members this year. This organization offers our athletic directors resources for them to carry out the valuable role they provide to their schools. The Association will also join the other Canadian provinces in delivering an on-line coaching program. SHSAA President **Roger Morgan** from Kincaid School, acclaimed to a second term as President, chaired the three-day meeting which included the election of five positions to the SHSAA Executive Council. **Syd Laskowski**, (Valley Christian Academy) was elected as the new SHSAA Section 4 representative. Joining Syd and new to the Executive Council will be Section 2 representative **Kevin Kitchen**, (Kamsack Collegiate) and Women's representative **Kendra Syrota**, (Meadow Lake Carpenter). Re-elected as the Saskatoon representative is **Barclay Patterson**, (Evan Hardy Collegiate). Returning to the Executive Council in addition to President Roger Morgan, is: **Cory Schmaltz**, (Carrot River High School) as Section 3 representative; **Val Gordon**, (Eastend School) as Section 1 representative; **Dale Reed**, (O'Neill High School) as Regina representative and **Miles Bennett**, (Sun West School Division), as Official's representative. **Kyle McIntyre**, (Chinook School Division) continues as the LEADS representative to the Executive Council, along with **Bob Simpson** representing the Good Spirit School Division appointed to the Executive Council as the representative of the SSBA (Saskatchewan School Boards Association). Congratulations to the newly elected board members and thank you to those that let their name stand for election to the SHSAA Executive Council.



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Thank you is not enough to the members of the Executive Council leaving their position. The province was very fortunate to have **Kelly Schneider**, (Medstead School), **Jody Kerr**, (Weyburn Comprehensive), and **Kerri Archibald**, (Humboldt School) serve on the Executive Council. Kelly and Jody completed their four year commitment to the Association, while Kerri was with the Council for two years. All three dedicated their time on the Council for the betterment of the province's students. The students and Association were beneficiaries of their dedication to school sport bringing knowledge and experience from all facets of education.

The 2013 AGM was a great success. I would like to publicly thank conference chair Graham Comfort, District President Kelly Simpson, Athletic Commissioner Cory Schmaltz, Superintendent John Casavant, North East School Division and the entire North East District for hosting our AGM in Nipawin. The meeting was well planned and the many volunteers of the organizing committee are to be commended for their great hospitality. A brief summary of these changes are listed below.

- The SHSAA membership reaffirmed the **Transfer Policy** as approved at the June 2012 AGM. Added to the process is the information letter that **families will be responsible to complete** along with the clarification that students who will be deemed ineligible at their new school will only **be for one season and only in the activities that they participated** in at their original school.
- Non-faculty coaches that will be approved for the first time by the school and the Association **will be required to complete the on-line 'Fundamentals of Coaching' program effective 2014-2015.**
- Effective September 2014, **the 5A Basketball classification will involve all schools with a male or female population of 251** in Grades 10-12.
- Effective the 2014-2015 school year, the SHSAA Provincial Council approved the resolution that will move the **Guidelines of Interschool Sport to Policy**. This will mean there are **concrete start dates and place a maximum number of contests** for each of the 10 activities.
- The SHSAA membership approved a resolution to **collect fees from all districts** to pay for the new web site as well as the salary for a part-time administrator of the SIAAA.
- The late filing fees that schools owe the Association throughout the year will be used for SIAAA expenses.
- Effective immediately is the adoption of the Concussion Protocol formulated by the Executive Council.
- **Wrestling**
  - The membership approved a policy that stipulated the Draw master of Provincial Wrestling Tournament **to only move a #3 or a #4 to balance the pools.**
- **Volleyball**
  - **The fifteen minute buffer** built into the provincial volleyball tournaments **will be eliminated from the 1A - 4A tournaments.**
  - **Volleyball conferences of nine or more will be divided up by the SHSAA office.**
  - The provincial volleyball tournament times have been altered.
- **Track & Field**
  - The opportunity to place additional Sask Athletics officials will be available for the provincial Track & Field Championships.
- **Soccer**
  - The provincial Soccer Championship draw for 3A will follow a two-year rotation.
- **Golf**
  - Each district will be required to provide two facilitators each year at the provincial Grass Green Championships.
- **Football**
  - The visiting team will call the coin toss.
  - The 9-man category will be split into two categories for the purpose of playoffs.



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- **Curling**
  - The player delivering the last stone of an end must be of the opposite gender of the holder of the broom.
  - The SHSAA Curling Championships will consist of two pools of four with the top two teams in each pool advancing to the championship bracket.
- **Cross Country**
  - Because cross country should consist of two loops, coaches and spectators should not expect to be on the course during the race.
  - All races will conclude before the next race begins.
- **Basketball**
  - The Association will allow any school to host interschool competitions regardless of the key on the floor and recommends that the new FIBA key (rectangular) be used if both are on the floor.
  - The Association will not use the new 3-point line.
  - If one of the host schools basketball teams are in Hoopla, their first game of the tournament will be hosted in their home gym.
- **Badminton**
  - For regional or provincial badminton, the requirement will be a minimum of four courts and a maximum of six courts
  - The SHSAA will adopt the new tie-breaking procedure for regional and provincial tournaments.

A complete listing of all approved and defeated resolutions is available on the SHSAA web site. Go to: [http://www.shsaa.ca/sites/shsaa.bcgcanada.ca/files/executive\\_meetings/Resolutions\\_2013\\_results\\_WEB.pdf](http://www.shsaa.ca/sites/shsaa.bcgcanada.ca/files/executive_meetings/Resolutions_2013_results_WEB.pdf)

A reminder that each school will still be required to submit their current school enrolment as of September 30<sup>th</sup>, 2013 to the web site by October 4<sup>th</sup>, 2013. This is necessary to finalize classifications for the current year and set the framework for the following competitive year. Schools that experience a 25% or more increase or decrease resulting in a classification change, will be moved immediately to their new classification. Adjustments to the conference make-up due to this clause will be posted on the web site in early October.

All of us at the SHSAA office look forward to a great year. Our staff is here to serve the schools throughout the year. Please call on us if we can be of assistance.

## Respect in Sport

As a participating member of Sask Sport, the SHSAA considered a sport governing body who derives funding from this body, must comply with a Sask Sport initiative implemented this year. All coaches in Saskatchewan, regardless of the level of coach or athletes they are coaching, must complete an on-line course aimed at bringing awareness to harassment and bullying. All coaches must complete the course (approximately three hours) by September 30<sup>th</sup>. There will be a field on the E5 forms for each coach to place their certificate number. The course does not have to be completed in one sitting. This is for all coaches (bantam/junior/senior/head coach/assistant coach) and should the coach not comply, they will be unable to continue to coach.

## 2013 SHSAA Merit Award

The following individuals were recognized with the SHSAA's highest honour, the 2013 Merit Award. A citation regarding their careers in school sport is included in the 2013 SHSAA Yearbook. Congratulations to:

**PERRY MAMER**, North East  
**ANGELA TILLIER**, Regina  
**LEE REIMER**, Saskatoon



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## 2013 SHSAA Service Award

The following individuals received SHSAA Service Awards following nomination by their District Association. Congratulations to:

**Martin Berg** - Battle West  
**Kathy Maki** - Central Valley  
**Jason Boyda** – East Central  
**Rex Selby** – Horizon Central  
**Claude Jalbert** – North Central  
**Don Moskal** – North East  
**Darren Nordell** – North West

**Lorie Kaczmar** – Qu'Appelle Valley  
**Nancy Lamb** - Regina  
**Marilyn Walter** - Saskatoon  
**Karla Silbernagel** – South Central  
**SE Cornerstone SD** - South East  
**Kyle McIntyre** – South West  
**Jeff Sopczak** - West Central

## SHSAA Outstanding Coach & Official Awards

The recipients of the 2013 SHSAA Outstanding Coach & Official Awards were acknowledged at the President's Luncheon held at the AGM. The awards are presented at a District or school function. Congratulations to the following male and female coaches and officials that have been identified by their peers as individuals who run outstanding high school athletic programs:

2013 SHSAA Outstanding Coach & Official Awards						
DISTRICT	COACH	SCHOOL	COACH	SCHOOL	OFFICIAL	SCHOOL
BATTLE WEST	Kyla Snell	Unity	Curtis Chester	Macklin	Kelly Schneider	Medstead
CENTRAL VALLEY	Lindsey Burym	Leask	Ralph Epp	Rosthern	Brendan Proctor	Langham
EAST CENTRAL	Monique Campbell	St. Henry's	Rob Sharpe	Yorkton Regional	Jerry Kobylka	Yorkton
HORIZON CENTRAL	Lisa Parsons	Three Lakes	Tom Schwinghamer	Humboldt	Lee Bells	Watrous
NORTH CENTRAL	Julie Andrews	Churchill	Brian Tremblay	WP Sandin	Wally Bazowski	Wakaw
NORTH EAST	Naomi Hartl	Star City	Cory Schmaltz	Carrot River	Robert Liggett	Melfort
NORTH WEST	Kendra Syrota	Carpenter	Rob Kozinski	Jonas Samson	Phyllis Longobardi	La Loche
QU'APPELLE	Rose Ann Reitmeier	Lumsden	Darryl Hamilton	Balcarres	Shawn Schick	Lemberg
REGINA	Kelsey Panko	FW Johnson	Larry Fry	Luther	Dennis Pomeroy	Regina
SASKATOON	Ali Fairbrother	Walter Murray	Brian Thorstad	Tommy Douglas	Sophie Gray	Saskatoon
SOUTH CENTRAL	Audrey Knudsen	Assiniboia	Al Wandler	Assiniboia	Jeff Fiegel	Moose Jaw
SOUTH EAST	Jessica Moreland	Carnduff	Nathan Johnson	Estevan	Tricia Klemenz	Yellow Grass
SOUTH WEST	Donda Lee Deis	Fox Valley	James Deis	Fox Valley	Gaylene Senft	Maple Creek
WEST CENTRAL	Sandra Baldwin	Davidson	Murray Ernst	Rosetown	Courtney Kidd	Rosetown

## Web Site

As part of the Executive's initiative to improve the operation of the Association, there will be a new web site for the Association. Over the summer, the public web site was contracted to a new company. As before, the web site allows for updates to be put up immediately and will be your communication link with regard to the activities of the Association. The Association will remain using BCG for the Exnet system of team registration as before.

## Sanctioned Tournaments

Complete, up-to-date listings of tournaments involving out-of-province teams or hosted by out-of-province schools that have been approved by the SHSAA are listed on the SHSAA Web Site. A reminder that the onus is on the teams attending the tournament to check that the tournament they are planning to attend is approved by the SHSAA. The onus is on the host school to apply for written sanction, if necessary. Tournaments conducted within the province, by a member school, with only Saskatchewan schools do not require written sanction. As members of the Association all schools are expected to be aware of and follow the rules as set forward by the SHSAA.



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## Tournament Listings

You can now apply for sanction of your tournament on-line. The form is located on-line as a selection in your schools ExNet member services area (same place as your eligibility forms). In addition, a school may wish to list their tournament in this area even if it does not require written sanction. It is a good way to let people know about your tournament. Give it a try.

## SHSAA On-line Coaching Program

The SHSAA Provincial Council approved a resolution that will call for any new non-faculty coaches approved by a school, school division and the SHSAA; to take an on-line program called 'Fundamentals of Coaching'. This is a program that is found on the web site: "SchoolCoach.ca". This will begin the 2014-2015 school year. This program is designed to inform the new non-faculty coach with the goals/philosophy of educational sport and the principles/mandate/bylaws of the SHSAA. There is a fee for this course. Of course, any educator that is also coaching a high school team, may take this course at any time at the same fee.

## SHSAA Forms On-Line

All School Team Entry Forms (E3), Eligibility Forms (E5), School Enrolment Forms (E10) and the Officials Registry (E15) must be submitted on-line. Your cooperation is much appreciated and the office staff is available by telephone to assist at any time. **Remember all team fees are payable to the SHSAA office immediately following registration.** The bill shown in the yellow box on the web site screen for School Team Entry is your invoice. Invoices are not sent from the SHSAA office unless your school's payment is past due. Deadline for School Team Entry (E3 Forms) is Wednesday Sept. 11<sup>th</sup> and the School Enrolment (E10 Forms) is due September 30<sup>th</sup>. **Remember that the E5 deadline for the fall activities (golf, cross country, soccer, football and volleyball) is September 11<sup>th</sup> and the team registration form must be completed before the E5 form is accessible.**

Each school Principal was issued a User I.D. and Password to access the SHSAA Forms (ExNet member's login) section. The Principal is responsible for access to this area of the web site and the I.D. and Password will serve as the Principal's signature on forms.

## Deadline Dates

Deadline dates for various forms are listed on-line, on the SHSAA calendar and in the SHSAA Handbook. Please avoid the late filing fee of \$50.00 per late form by filing your forms before the deadline date or the first contest. The Association asks that all students that have tried out for an activity be listed on the eligibility form. Also, remember there are a minimum number of athletes required for a complete eligibility form to be accepted. **Deadline dates for eligibility forms are intended to have forms completed prior to the first interschool contest in the activity.** The filing of the eligibility form prior to the first contest enables the principal/coach/athletic director to be informed immediately if there is a transfer issue that requires attention or if the student is ineligible due to SHSAA policy. The classification of your teams is determined by the submission on the enrolment declaration from September 2012. These conferences are posted on the web site. **It is imperative that each school file their enrolment declaration based on the students registered as of September 30<sup>th</sup>, 2013 by October 4<sup>th</sup>, 2013. This data is important to determine if a school needs to change classification immediately from where they have been placed based on the previous year's enrolment figures. This is by policy whereby a school that experiences an increase or decrease of 25% and changes classification will be moved to the proper classification immediately. This was approved at the 2008 AGM as part of the classification resolution.**



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## Coaches Symposium

The SHSAA Coaches Symposium kicked off the 2013-2014 school sport season. The Symposium was held in Saskatoon on August 19<sup>th</sup> & 20<sup>th</sup>. Approximately 67 delegates participated in this multi-sport conference. The Association would like to thank those coaches that took the time away from their summer holidays to attend. The Executive would also like to thank the presenters that shared their knowledge with our coaches. Thank you to the organizing committee and we look forward to next year's symposium program.

## School Sports Week

School Sports Week will take place again this fall. During the week of October 13<sup>th</sup> to the 19<sup>th</sup>, every school is encouraged to celebrate school sport by drawing attention to the interschool athletic program. More information will be sent out to the schools in September.

## District President's and Fall Meetings

It is critical to have at least one representative per high school attend the fall meeting for their District Association. Plans for the year are finalized for every activity and crucial information about upcoming events and competitions is made available at this meeting. SHSAA handbooks, yearbooks and calendars will also be distributed at these meetings. Make certain your school is well represented so that the communication lines are open and no school is not informed of competitions and planning.

DISTRICT	PRESIDENT	SCHOOL	PHONE	MEETING LOCATION	DATE	TIME
<b>BATTLE WEST</b>	Brad Nemish	Spiritwood	883-2282	NB John Paul	Wed. Sept 4 <sup>th</sup>	1:00 pm
<b>CENTRAL VALLEY</b>	Craig Reinhardt		257-3311	Warman	Thurs. Sept 5 <sup>th</sup>	1:00 pm
<b>EAST CENTRAL</b>	Brad Cameron	Sturgis	548-2103	Y'ton Regional	Wed. Sept 4 <sup>th</sup>	1:30 pm
<b>HORIZON CENTRAL</b>	Barry Croshaw	Watrous	946-3309	ST Travelodge	Thurs. Aug 29 <sup>th</sup>	2:30 pm
<b>NORTH CENTRAL</b>	Nathan Noble	Meath Park	929-2133	PA Golf & Curling Club	Thurs. Aug 29 <sup>th</sup>	4:30 pm
<b>NORTH EAST</b>	Kelly Simpson	Melfort	752-2891	Tisdale	Tues. Sept 10 <sup>th</sup>	4:00 pm
<b>NORTH WEST</b>	Jay Elder	Lashburn	285-3505	Meadow Lake	Wed. Sept 4 <sup>th</sup>	2:00 pm
<b>QU'APPELLE</b>	TBD	Cupar	723-4660	Wolseley	Wed. Sept 4 <sup>th</sup>	5:00 pm
<b>REGINA</b>	Angela Tillier	Regina Luther	791-9150	Regina	Wed. Sept 25 <sup>th</sup>	1:00 pm
<b>SASKATOON</b>	Adam Ewart	Centennial	683-7950	City Park	Wed. Sept 18 <sup>th</sup>	7:00 am
<b>SOUTH CENTRAL</b>	Clayton Menzies	Central Butte	796-2020	Gravelbourg	Wed. Sept 4 <sup>th</sup>	2:30 pm
<b>SOUTH EAST</b>	Ryan Nichols	Carnduff	482-3491	Arcola	Wed. Aug 28 <sup>th</sup>	3:30 pm
<b>SOUTH WEST</b>	Marc Benjamin	Consul	299-2044	Gull Lake	Wed. Sept 4 <sup>th</sup>	2:30 pm
<b>WEST CENTRAL</b>	Jeff Sopczak	Rosetown	882-2655	Rosetown	Thurs. Aug 22 <sup>nd</sup>	2:00 pm

## School Logos

For those schools that have not submitted their school logos, please do so at your earliest convenience. The purpose of the logos is to provide our members with logos of the teams that may be attending their tournament. The host then can use these logos that will be housed on the exnet system for tournament programs or gymnasium decorations. These will also be useful for the hosts of the various conference, regional and provincial championships.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## Sport Specific Advisory Groups

One of the resolutions passed at the 2012 AGM, was the formation of sport specific advisory groups in order to assist the Executive Council in creating, maintaining or adjusting the SHSAA policies and activity formats. Each Executive Council member will be assigned to one of the ten activities. This will be the second year for the Sport Specific Groups. If anyone is interested in participating or those who were on last year would like to remain on the committee, please contact the SHSAA office. These groups will be listed on the web site and they will accept suggestions for changes to the rules, playoff format, etc. Should the sport advisory group suggest a change, these will then go to the Executive Council to consider the change and in turn be submitted as a resolution. Districts may continue to make suggestions to the sport advisory groups for consideration.

## Hotel Room booking

The SHSAA has an agreement with two hotel management groups in the province. Each activity has information posted on the SHSAA web site that lists the hotels that have been blocked for provincial championships. These room blocks have established rates negotiated on behalf of the schools by the SHSAA. It is important that when schools are booking through these hotels, that the SHSAA is mentioned so as to access the room rate as well as track the number of rooms that are picked up by SHSAA member schools. These numbers are vital to the hoteliers of the province and the Association so that when negotiations with these hotels occur, the Association is able to achieve the best competitive rate for our teams.

For the hotels owned by Silver Birch Hotels, please book the rooms through the sales and catering office and indicate that the rooms are for the SHSAA.

- Saskatoon Radisson – (306) 667-2365
- Regina Inn – (306) 525-7574

For the hotels owned and operated by Westmount Hospitality (Comfort Inns of Saskatoon, Regina, Swift Current, Prince Albert Comfort Inn; Prince Albert Marlboro Inn; Regina Quality Hotel), please inform the front desk when booking that the rooms are for SHSAA events.

## Concussion Management Protocol

The SHSAA membership approved a Concussion Protocol for all high school sport. Please refer to the documents in the package which is also posted on the web site.

## *Proud Sponsors of High School Athletics in Saskatchewan*



Saskatchewan  
Credit Unions



## THE SHSAA BOUTIQUE

is hosted by

**SPORTLOGO**

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# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## Coaches Card

Every two years the SHSAA issues a new version of the Coaches Card. The newest version (2013-2015) is in the first year of a two-year program. It is for sale by the SHSAA office. The purpose of the SHSAA Coaches Card is to show appreciation to those who volunteer their time for the students of Saskatchewan schools. The card is intended for personal or family use but some sponsors may extend their discounts to teams. The principal/athletic director will designate those eligible in the school but we suggest that the following be considered:

- \* SCHOOL ATHLETIC COACHES
- \* SCHOOL ADMINISTRATORS
- \* DIRECTORS / SUPERINTENDENTS OF EDUCATION
- \* RETIRED COACHES
- \* OTHERS ACTIVE IN THE INTERSCHOOL PROGRAM

Cards are available at a cost of **\$10.00 each** and are valid for TWO years (Aug. 31, 2015). Check the list of sponsors.

COACHES CARD SPONSORS:

### **SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION**

FREE Admission to SHSAA Provincial Championships.

### **SHSAA BOUTIQUE - Sport Logo**

10% discount on SHSAA Boutique merchandise for personal use. Discount only available from Sport Logo office staff directly.

### **ROYAL HOTEL GROUP**

SHSAA 12% off Posted Rate. Blackout dates apply. **Regina** (Executive Royal Hotel), **Saskatoon** (Best Western Plus Blairmore & Best Western Royal Hotel), **Lloydminster** (West Harvest Express).

### **WESTERN PIZZA**

10% discount on all orders excluding alcohol. Not valid with any other offers. Valid at all Regina & Emerald Park locations.

### **PIZZA HUT RESTAURANTS**

15% discount on regular priced menu items only. Valid on Dine in, Take Out or Delivery. Not valid on alcohol. Tax and delivery charge extra.

### **COMFORT INNS**

SHSAA rates for 2013-2015; \$104.00 at **Saskatoon**; \$95.00 at **Prince Albert**; \$92.00 at **Swift Current**; \$99.00 at **Regina Quality** (Victoria Avenue); \$105.00 at **Regina Comfort** (Eastgate Drive.). Team rates are to be negotiated with each property.

### **MENCHIE'S FROZEN YOGURT**

FREE Waffle Bowl with any yogurt purchase. Limit one waffle per use. Valid at Rochdale & Pasqua Regina locations.

### **DAIRY QUEEN**

FREE Bacon Cheddar GrillBurger with the purchase of a Bacon Cheddar GrillBurger. Not redeemable with any other coupon or special offer. This is valid at all Regina, Fort Qu'Appelle & Moose Jaw Dairy Queens.

Information and application forms are also available on the web site.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION  
**COACHES CARD APPLICATION**  
(Please print all information)

<i>Please forward an SHSAA COACHES CARD for EACH individual ON THE FOLLOWING LIST:</i>	
SEND TO: (School Name/Address)	AUTHORIZED BY:

Card #1	Card #6
NAME:	NAME:
ADDRESS:	ADDRESS:
TOWN/CITY:	TOWN/CITY:

Card #2	Card #7
NAME:	NAME:
ADDRESS:	ADDRESS:
TOWN/CITY:	TOWN/CITY:

Card #3	Card #8
NAME:	NAME:
ADDRESS:	ADDRESS:
TOWN/CITY:	TOWN/CITY:

Card #4	Card #9
NAME:	NAME:
ADDRESS:	ADDRESS:
TOWN/CITY:	TOWN/CITY:

Card #5	Card #10
NAME:	NAME:
ADDRESS:	ADDRESS:
TOWN/CITY:	TOWN/CITY:

PLEASE SEND \_\_\_\_\_ COACHES CARDS AT \$10.00 EACH. TOTAL = \_\_\_\_\_

Mail or fax application to:  
SHSAA  
# 1 – 575 Park Street  
REGINA SK S4N 5B2  
FAX: 306-721-2659



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## Positive Experiences Can Be Gained From a Losing Season

By Dr. David Hoch, CMAA

In most states, each high school sport's season concludes with a state championship. In all classifications, this means that every team finishes the playoff series with a loss except one. Even though there is a losing team for every winning one and some teams finish the season with more losses than victories, athletes from all teams should gain a great deal from their experiences. This is, after all, a basic premise of education-based athletics.

Obviously, the athletic experience may be more enjoyable if a team is winning; however, opportunities to learn lifelong lessons can be and should exist for everyone involved. Regardless of which side of the scoring ledger a team may find itself, coaches and athletes should continue to strive for improvement and win the next game.

Specifically, participants on losing teams can gain a great deal from being part of a team by:

- Learning the invaluable lesson of bouncing back from the disappointment of losing a game and to begin the process of preparing for the next one. This also means trying to remain positive and to avoid placing blame on teammates, officials and coaches.
- Providing support and leadership for others on the team, especially younger, inexperienced players. Being focused, working hard and positively encouraging teammates can help ensure that everyone on a losing team can and will have a valuable experience.
- Working hard to improve and embrace the next chance to compete. When losses begin to pile up, the easy way out may be to quit or stop trying. Each practice session and game should be viewed as an opportunity to improve. Also, being open and receptive to instruction and corrections by coaches is also essential in this process.
- Handling the defeats suffered in contests with dignity. While a loss may be disappointing, athletes and coaches cannot lash out and exhibit unsportsmanlike behavior at opponents or officials. Even in a losing cause, exhibit respect with composure is essential and require.
- Developing an appreciation and an understanding that all teammates may have different abilities and that the contributions by everyone are necessary for success. Even after losses begin to mount, it is important that teammates understand the concept that individual goals and aspirations won't propel the team forward. It does take a team effort.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



The Key to having positive results from a losing season may largely fall upon the coach and, to some degree, the athletic administrator. The coach has to provide the necessary encouragement and leadership to keep the team focused, working hard and maintaining a positive approach.

While a losing season may also be difficult for coaches, they should never forget that the growth and development of student athletes has to come first. Frustration or despair can never enter the equation. And like the classroom setting, a coach has to approach each day in an encouraging, enthusiastic and nurturing manner.

Coaches have the daily responsibility of planning well-organized practice sessions and providing sound constructive instruction. While coaches have the obligation of helping their athletes to develop their potential, this approach may, however, be even more critical during a losing season. Athletes need the reassurance that their coaches still care about them in spite of the accumulated losses.

Players should continue to start based on their ability – as long as they continue to work hard and maintain a positive attitude. Players should not be pushed aside during losing seasons in an attempt to accelerate the rebuilding process. And this is particularly pertinent for seniors on the squad because this may be their last opportunity to participate on a school team.

Coaches on all teams, including those with more losses than victories, should continually look for and use teachable moments. Even though enduring a losing season may be difficult, this experience may provide additional and varied examples to use as educational opportunities.

And, of course, the athletic administrator has to provide the same support, encouragement and leadership for coaches of losing teams. Coaches are only one small part in the equation of winning and they need to know that their postseason evaluations are not based upon the number of victories.

Athletic administrators can help by making time to talk with coaches of losing teams and allowing those individuals to simply vent if needed. It can also be invaluable for an athletic director to serve as buffer from parental or community criticism. Support from the athletic director for a coach when he or she is dealing with the difficulties of a losing season and the possible pressure from the community may make the difference between athletes gaining form the experienced or not.

Just as contributions, efforts and leadership from all athletes, coaches and athletic administrators go into winning a contest, this same unified approach is equally important during losing seasons. Gains and valuable outcomes should also be garnered by athletes when victories are in short supply.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## 2013 PROVINCIAL GOLF

**1. ENTRIES:** Please submit to the commissioner and the SHSAA office on or before September 23<sup>rd</sup>. Provincial entry forms will be sent to the district presidents/commissioners. The qualifying scores submitted must be the scores that the qualifying golfers shot at their respective district competition.

❖ *If the district's top 3 male and top 3 female finishers, excluding ties, are not included on the girls and boys team (grass) or school team (sand) they may be entered in the provincial tournament as individuals.*

❖ *If a school competes in the team competition at the first level of playoff then only the members of that team are eligible to advance as individuals to subsequent playoffs. Individuals, in addition to the school team members, sent by the school to the first level of playoff are not eligible to advance.*

**2. ELIGIBILITY:** Student athlete eligibility forms (**Form E-5**) for golf are due on, or before **September 11<sup>th</sup>**.

**3. COMPETITIONS:** Details regarding starting time and other information will be sent to each district commissioner and posted on the SHSAA web site. Please refer to the activities section of the SHSAA handbook for more details regarding the golf championships.

**4. GRASS:** The boys' team may be made up of three members to a maximum of four. In the boys' team competition, the total of the three best scores recorded by the team on each hole will determine team scoring. The girls' team may be made up of two members to a maximum of four. In the girls' team competition, the total of the two best scores recorded by the team on each hole will determine team scoring.

**SAND:** School teams must include both genders and may consist of four, five, or six members with a maximum of four members of either sex. The total of the four best scores recorded by the team on each hole will determine team scoring. At least one of the scores must be that of either gender.

**5. PLAYOFFS:** In the event of ties for second place there will be no playoff held. Individuals or teams will be awarded silver medals and the bronze medals are not awarded. In the event of ties for third place no playoff will be held. Individuals or teams tied for third shall be presented with bronze medals.

### **GRASS GOLF**

**PROVINCIAL SITE:** Northern Meadows - Goodsoil

**DATES:** Friday & Saturday September 27-28

**COMMISSIONER:** Jenna Unraw

Phone: 238-2142 Fax: 238-4466

Email: [jenna.unraw@nwsd.ca](mailto:jenna.unraw@nwsd.ca)

**ACCOMMODATIONS:** The golf course has some cabin accommodations. Additional accommodations can be found in [Meadow Lake](#) and [Cold Lake](#)

#### **AGENDA:**

**Thursday:** Practice times can be arranged through the pro shop (238-4653).

**Friday:** Registration/Warm-up beginning at 8:00am  
Coaches' meeting - 9:45am

Opening Ceremonies - 10:15am

Shotgun start - 11:00am

**Saturday:** Shotgun start - 10:00am

**MISCELLANEOUS:** Friday supper provided for coaches and athletes. One bucket of range balls provided for each player.

### **SAND GOLF**

**PROVINCIAL SITE:** Frontier Golf Club

**DATES:** Friday & Saturday September 27-28

**COMMISSIONER:** Gail Balfour

Phone: 296-2040 Fax: 296-2275

Email: [gbalfour@chinook.ca](mailto:gbalfour@chinook.ca)

**ACCOMMODATIONS:** [Frontier](#), [Shaunavon](#), [Eastend](#), [Val Marie](#)

#### **AGENDA:**

**Thursday:** Practice times can be arranged through the clubhouse (296-2283) or through commissioner

**Friday:** Registration - 9:00am

Players and coaches meeting - 10:15am

Opening ceremony - 10:30am

Shotgun start - 11:00am

**Saturday:** Shotgun start - 10:00am

**MISCELLANEOUS:** Friday banquet for coaches and athletes. Pancake breakfast on Saturday morning.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## 2013 PROVINCIAL CROSS-COUNTRY

**PROVINCIAL SITE:**  
Little Loon Regional Park

**COMMISSIONER:**  
Kelly Schneider  
Medstead Central School  
Medstead, SK

**DATE:**  
Saturday, October 12, 2013

**PHONE:** 342-4600      **FAX:** 342-4994

### 1. ENTRIES:

**Senior – 16 and over as of August 31<sup>st</sup>, 2013**  
**Junior – under 16 as of August 31<sup>st</sup>, 2013**  
**Midget – under 15 as of August 31<sup>st</sup>, 2013**

Entries are to be submitted electronically on the forms provided to the District Presidents from the SHSAA office. Entries to the provincial meet must be sent to the **Provincial Commissioner** (Kelly Schneider – [kelly.schneider@lskysd.ca](mailto:kelly.schneider@lskysd.ca)) and the **SHSAA office** ([l.mckellar@shsaa.ca](mailto:l.mckellar@shsaa.ca)) on or before **OCTOBER 7<sup>th</sup>**. Please retain a copy that should accompany the team to the meet.

#### **Please Note:**

**a) Substitutions for original entries may be made to SHSAA and Commissioner up to 4:00pm on the Wednesday prior to the meet. A scratch meeting will be held one hour prior to the start of the meet on Saturday, for scratches ONLY.**

**b) The meet director may allow substitutions during the competition, ON MEDICAL GROUNDS ONLY.**

### 2. ELIGIBILITY:

Student athlete eligibility forms (E - 5) for all students who participate in Cross-Country are due on, or before **September 11<sup>th</sup>**. Forms must be filled out and filed on-line via the SHSAA web site ([www.shsaa.ca](http://www.shsaa.ca)). Enter the SHSAA ExNet – Members Login. Your school Principal will have the school's USER I.D. and PASSWORD.

### 3. PROCEDURES:

Please refer to the SHSAA handbook for competitive details, refer to Cross Country in the Activities section. Check the handbook for starting procedure.

### 4. ACCOMMODATION:

Jackfish Lodge – Battleford's Prov. Park (386-2800)  
North Battleford:  
Gold Eagle Lodge (446-8877)  
Tropical Inn (446-4700)  
Best Canadian Motor Inns (445-7747)  
Super 8 (446-8888)

### 5. LOCAL DETAILS:

All local details will be provided to each district commissioner who will be responsible for informing district coaches. The Park is located 4km west of Glaslyn on Highway #3.

### 6. COMPETITION:

#### **Order of races:**

Midget Girls	3000 m - 1:00pm
Midget Boys	4000 m - 1:15pm
Junior Girls	4000 m - 1:35pm
Junior Boys	5000 m - 1:55pm
Senior Girls	4000 m - 2:20pm
Senior Boys	6000 m - 2:40pm

**NOTE:** The midget girls' race will start at 1:00 pm. All other times are approximations.

**Athletes check in and scratches 10:00 – 11:00am.**

**Course familiarization walk will be held at 11:15am.**

#### **Coaches Meeting 12:15pm**

School team champions will be declared in 4 classifications based on the combined male and female student population as per SHSAA classification rules:

- 4A: 500 or more male and female students gr. 10-12
- 3A: 200 to 499 male and female students gr. 10-12
- 2A: 100 to 199 male and female students gr. 10-12
- 1A: 1 to 99 male and female students gr. 10-12

All final results will be posted on the SHSAA web site after the meet.

**Awards Presentation:** Presentations will be held following the Senior Boys race and tabulation of final results. All teams are requested to be present for the presentations and in their district uniforms.

### 7. INQUIRIES:

Please contact the commissioner or the SHSAA office.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## 2013 PROVINCIAL SOCCER

### SPORT SPECIFICS:

Please refer to the SHSAA handbook for details of hosting and playoff procedures. Follow all registration and competitive procedures as outlined in the **BYLAWS** section of the handbook.

### ELIGIBILITY:

Student athlete eligibility form (**Form E-5**) for Soccer is due on, or before, **September 11<sup>th</sup>**. Forms must be filled out and filed on-line via the SHSAA web site ([www.shsaa.ca](http://www.shsaa.ca)).

### REGIONAL CHAMPIONSHIPS – playoffs will take place on October 18<sup>th</sup> and 19<sup>th</sup>.

The tentative regions for soccer are listed below and posted on the website. The lists will be subject to change based on registration of teams this year. The district designated to host will need to declare a host school and notify the SHSAA office. After September 30<sup>th</sup> enrolment declarations, schools that have a change of 25% or more in enrolment that causes the school to change classification from the previous year will be reclassified and placed in an appropriate region. The SHSAA office will seed all regional and provincial tournaments. ***It is imperative that all soccer teams complete and forward a seeding form to the SHSAA office by October 11<sup>th</sup>.***

In 1A and 2A classifications there will be 2 or 4 regional tournaments depending on the number of entries into the playoffs. If there are more than 15 entries then four regional tournaments will be created each advancing two teams to an eight team provincial championship. If 15 or fewer teams are entered in the playoffs then there will be two regional tournaments created each advancing two teams to a four team provincial championship. *In each instance the region with the team hosting the provincial championship will only advance one team in addition to the provincial host.*

In the 3A classification each of the four regions will advance two teams to an eight team provincial championship. Regina and Saskatoon will advance teams from their league playoffs while Region A and D will advance teams from a seeded tournament of the teams listed. *In each instance the region with the team hosting the provincial championship will only advance one team in addition to the provincial host.*

### PROVINCIAL CHAMPIONSHIPS – playoffs will take place on October 25<sup>th</sup> and 26<sup>th</sup>.

The draw template and schedule for regional and provincial competitions can be found on the SHSAA web site and are subject to change.

#### Provincial tournament host:

**1A Boys** – OPEN BID

**1A Girls** – OPEN BID

***Open bids for 1A boys and girls will be accepted until September 13, 2013. Please submit the bid to the SHSAA office.***

**2A Boys** – Muenster School

**2A Girls** – Yorkton Sacred Heart

Commissioner: Bryce Bartel 682-4538

Commissioner: Jeanne Fetsch 783-3128

**3A Boys** – Saskatoon SSSAD

**3A Girls** – Regina RHSAA

Commissioner: Brad Smith 683-8249

Commissioner: Chuck Toth 523-3461

**ACCOMMODATIONS:** Muenster (<http://cityofhumboldt.ca/?page=90>)

Yorkton (<http://www.tourismyorkton.com/accommodations.html>), Regina (<http://www.stayinregina.com/>),

Saskatoon (<http://www.tourismsaskatoon.com/best-saskatoon-hotels/>)

**SEEDING FORMS:** Available in the SHSAA handbook and on the SHSAA website



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## BOYS REGIONAL SOCCER 2013

<b>1A BOYS</b> (7v7)	<b>HOST</b> CV	<b>REGION A</b>	<b>HOST</b> HC	<b>REGION B</b>				
		Cando - BW		RJC - CV				
		Maymont - BW		Bruno - HC				
		Cst. R Cameron - CV		Laval - RG				
		Stobart - CV		MJ Riverview - SC				
		Ahtahkakoop - NC		Oskayak - ST				
<b>2A BOYS</b> (1-200)	<b>HOST</b> BW	<b>REGION A</b>	<b>HOST</b> League	<b>REGION B</b>	<b>HOST</b> HC	<b>REGION C</b>	<b>HOST</b> QV	<b>REGION D</b>
		Ch. Poundmaker - BW		Johnson - RG		Humboldt - HC		Sacred Heart - EC
		Martensville - CV		Luther - RG		Lake Lenore - HC		Kipling - QV
		Osler VCA - CV		Martin - RG		Lanigan - HC		Notre Dame - QV
		Sen. Allan Bird - NC		Regina Christian - RG		Middle Lake - HC		MJ Central - SC
		Se Se Wa Hum - NC		Sheldon Williams - RG		Muenster - HC		MJ Vanier - SC
		Sturgeon Lake - NC						
		Thunderchild - NW						
<b>3A BOYS</b> (>200)	<b>HOST</b> NC	<b>REGION A</b>	<b>HOST</b> League	<b>REGION B</b>	<b>HOST</b> League	<b>REGION C</b>	<b>HOST</b> SW	<b>REGION D</b>
		John Paul II - BW		Balfour - RG		Aden Bowman - ST		Y'ton Regional - EC
		Warman - CV		Campbell - RG		Bethlehem - ST		Balgonie - QV
		PA Carlton - NC		LeBoldus - RG		Centennial - ST		Estevan - SE
		PA St. Mary - NC		Miller - RG		Evan Hardy - ST		Weyburn - SE
		Meadow Lake - NW		O'Neill - RG		Holy Cross - ST		Swift Current - SW
				Riffel - RG		Mount Royal - ST		
				Thom - RG		St. Joseph - ST		
				Winston Knoll - RG		Walter Murray - ST		

## GIRLS REGIONAL SOCCER 2013

<b>1A GIRLS</b> (7v7)	<b>HOST</b> CV	<b>REGION A</b>	<b>HOST</b> HC	<b>REGION B</b>				
		Cando - BW		Middle Lake - HC				
		Delisle - CV		Muenster - HC				
		Cst. R. Cameron - CV		St. Brieux - HC				
		Stobart - CV		Moosomin - SE				
		LCBI - WC						
<b>2A GIRLS</b> (1-200)	<b>HOST</b> ST	<b>REGION A</b>	<b>HOST</b> RG	<b>REGION B</b>	<b>HOST</b> CV	<b>REGION C</b>	<b>HOST</b> WC	<b>REGION D</b>
		Ch. Poundmaker - BW		Notre Dame - QV		RJC - CV		Caronport - SC
		Martensville - CV		Johnson - RG		Sacred Heart - EC		Central - SC
		Warman - CV		Luther - RG		Humboldt - HC		Vanier - SC
		VCA - CV		Sheldon Williams - RG		Lake Lenore - HC		Outlook - WC
		Bishop Mahoney - ST				Sturgeon Lake - NC		
<b>3A GIRLS</b> (>200)	<b>HOST</b> NW	<b>REGION A</b>	<b>HOST</b> League	<b>REGION B</b>	<b>HOST</b> League	<b>REGION C</b>	<b>HOST</b> SC	<b>REGION D</b>
		John Paul II - BW		Balfour - RG		Aden Bowman - ST		York. Regional - EC
		North Battleford - BW		Campbell - RG		Bethlehem - ST		Balgonie - QV
		PA Carlton - NC		LeBoldus - RG		Centennial - ST		Estevan - SE
		PA St. Mary - NC		Miller - RG		Evan Hardy - ST		Weyburn - SE
		Holy Rosary - NW		O'Neill - RG		Holy Cross - ST		Peacock - SC
		Meadow Lake - NW		Riffel - RG		Marion Graham - ST		Swift Current - SW
				Thom - RG		St. Joseph - ST		
				Winston Knoll - RG		Tommy Douglas - ST		
						Walter Murray - ST		

Please remember the regions listed above are *tentative*. Groupings may be revised following September 11<sup>th</sup> eligibility deadline for soccer and September 30<sup>th</sup> enrolment declarations.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## 2013 PROVINCIAL FOOTBALL CHAMPIONSHIPS

**ELIGIBILITY:** Student athlete eligibility forms (E - 5) must be filed in the SHSAA office on or before **September 11<sup>th</sup>**. Forms must be filled out and filed on-line via the SHSAA web site ([www.shsaa.ca](http://www.shsaa.ca)).

**OFFICIALS:** Game officials for all post conference or post league games are assigned, and paid (four for 6-man, five for 9-man, six for 12-man), by the SHSAA office. The assignments are done by the District Officials Commissioner and must be approved by the SHSAA office.

**SPECIAL RULES:** Please note the information in the SHSAA handbook; refer to your particular category of football in the Activities section. Note the overtime procedure for high school football.

**GAME TIME:** Playoff games are scheduled for 1:00 p.m. unless otherwise stated or the teams involved agree to a time change and receive approval from the SHSAA office.

**GAME BALL:** The official game ball for football will be the **Wilson F2000**.

**TEAM COLORS:** If the competing teams have similar colour uniforms causing an issue, it is the responsibility of the home team to change.

**PROVINCIAL PLAYOFF DRAW:** The draw template and schedule for each provincial championship is listed on the web site and is subject to change.

### FOOTBALL CONFERENCES 2013

<b>1A Six-Man</b> (1 – 46)	<b>CONFERENCE 1</b>	<b>CONFERENCE 2</b>	<b>CONFERENCE 3</b>	<b>CONFERENCE 4</b>
	Canora – EC	Kerrobert – BW	Hanley – CV	Hague – CV
	Ituna/Kelliher – HC	Macklin – BW	Central Butte – SC	Birch Hills – NC
	Raymore – HC	Wilkie – BW	Gull Lake – SW	Meath Park – NC
	Lemberg – QV	Eatonia – WC	Davidson – WC	Carrot River – NE
	Milestone – QV	Elrose – WC	LCBI – WC	
	Southey – QV	Plenty – WC	Loreburn – WC	
<b>2A Six-Man</b> (47 – 85)	<b>CONFERENCE 1</b>	<b>CONFERENCE 2</b>	<b>CONFERENCE 3</b>	<b>CONFERENCE 4</b>
	Kamsack – EC	Hafford – BW	Watrous – HC	Spiritwood – BW
	Preeceville – EC	Unity – BW	Caronport – SC	Rosthern – CV
	Watson – HC	Aberdeen – CV	Wynyard – HC	Wakaw – HC
	Hudson Bay – NE	Dalmeny – CV	Cupar – QV	La Ronge – NC
	Porcupine Plain – NE	Biggar – WC	Lanigan – HC	PACI – NC
		Outlook – WC	(Broadview – QV)	Shellbrook – NC
		Rosetown – WC		
<b>Nine-Man</b> <b>2A</b> (86 – 143) <b>3A</b> (144 – 250)	<b>CONFERENCE 1</b>	<b>CONFERENCE 2</b>	<b>CONFERENCE 3</b>	<b>CONFERENCE 4</b>
	Clavet – CV <b>2A</b>	Fort Qu'Appelle – QV <b>3A</b>	Esterhazy – EC <b>3A</b>	NB John Paul II – BW <b>3A</b>
	Humboldt – HC <b>2A</b>	Indian Head – QV <b>3A</b>	Melville – EC <b>2A</b>	Delisle – CV <b>3A</b>
	Melfort – NE <b>3A</b>	Lumsden – QV <b>2A</b>	Sacred Heart – EC <b>2A</b>	Martensville – CV <b>3A</b>
	Nipawin – NE <b>3A</b>	Assiniboia – SC <b>3A</b>	Foam Lake – HC <b>2A</b>	Warman – CV <b>3A</b>
	Tisdale – NE <b>2A</b>	Maple Creek – SW <b>2A</b>		Meadow Lake – NW <b>3A</b>
		Shaunavon – SW <b>2A</b>		Kindersley – WC <b>2A</b>
<b>3A 12 Man</b> (251 – 325)	<b>SASKATOON</b>	<b>REGINA</b>	<b>MOOSE JAW</b>	
	North Battleford – BW	Balgonie – QV	Yorkton Regional – EC	
	Bedford Road – ST	Notre Dame – QV	MJ Central – SC	
	Bishop Mahoney – ST	Johnson – RG	MJ Peacock – SC	
	Evan Hardy – ST	Luther – RG	MJ Vanier – SC	
	Marion Graham – ST	Miller – RG	Estevan – SE	
	Mount Royal – ST	O'Neill – RG	Weyburn – SE	
			Swift Current – SW	
<b>4A 12 Man</b> (> 325)	<b>SASKATOON</b>	<b>REGINA</b>		
	PA Carlton – NC	Balfour – RG		
	PA St. Mary – NC	Campbell – RG		
	Aden Bowman – ST	LeBoldus – RG		
	Bethlehem – ST	Riffel – RG		
	Centennial – ST	Sheldon Williams – RG		
	Holy Cross – ST	Thom – RG		
	St. Joseph – ST	Winston Knoll – RG		
	Tommy Douglas – ST			
	Walter Murray – ST			



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## 2013 PROVINCIAL VOLLEYBALL CHAMPIONSHIPS

This information will include all preliminary material that teams need for the volleyball playoffs leading to the provincial championship. Schedules and information are found in the SHSAA handbook. The SHSAA office will seed each tournament. **Please notify the SHSAA office of the conference and/or regional champions and runners-up immediately following the tournament.**

- **Seeding** conference, regional and provincial tournaments is important to the success of the events. All teams **MUST** submit the results of their season to the **SHSAA office before October 25<sup>th</sup>**. Include results of all matches played up to that date.
- All provincial tournaments (1A – 5A) will follow the ten-team 2 pools – 2 courts schedule found in the SHSAA handbook. Some modification of the draw times may be necessary to accommodate host plans. The SHSAA office must approve changes to the draw.
- **Accommodations** in some locations may be limited. If your championship is near a city with a Comfort Inn, blocks of rooms have been set aside for the playoff.
- **Results** for conference, regional and provincial events will be posted on the SHSAA web site as the events occur.

### PLAYOFFS LEADING TO THE PROVINCIAL CHAMPIONSHIP:

#### CONFERENCE CHAMPIONSHIP

All teams registered for volleyball will be placed in one of four regions which are then divided into conferences. Each conference playoff will determine representatives advancing to the regional competition. Regions with **eight or fewer teams** will advance directly to a regional playoff with no conference playoff conducted. Regions with **more than nine teams** will be divided into conference tournaments each advancing the same number of teams such that the regional tournament will consist of 6 teams.

***The projected conferences and regions have been listed below and on the website. The lists are according to last year's entries in the playoffs and will be subject to change based on registration of teams this year. The District designated to host will need to declare a host school and notify the SHSAA office.*** After September 30<sup>th</sup> enrolment declarations are completed, schools that have a change of 25% or more in enrolment that would cause the school to change classification from the previous year's enrolment will be reclassified and placed in an appropriate conference or region.

Conference playoffs may consist of the following draws: **less than six teams** – the conference tournament will consist of a full round-robin tournament with no playoff round. The **6-team conference** tournament will consist of two pools of 3, with the top two teams advancing to the playoff round. All of these conference tournaments will be played as one-day events. A **seven or eight team conference** tournament will consist of two pools, with the top 2 teams in each pool advancing to the playoff round. These conference tournaments will be played as 1.5 day events. Details for the various draws will be listed on the SHSAA web site.

In the 1A – 4A classifications, conference playoff for girls will be held on November 2<sup>nd</sup>. Conference playoffs for boys will be held on November 9<sup>th</sup>. *Districts/Schools wanting to host on a different date must first contact the SHSAA office.* In the 5A classification no conference playoffs will be held and all teams will advance to either the city league playoff or the north/south regional tournament to determine the provincial representatives.



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## REGIONAL CHAMPIONSHIP

Conferences will advance two or three teams as noted above to the regional level of playoffs. Regional tournaments, in most instances, will be six-team tournaments played as two pools of 3 teams, with the top two teams from each pool advancing to a playoff round that will determine the two teams to advance to the provincial championship tournament. In some instances, when a conference playoff is not necessary, the regional will be conducted as designed by the SHSAA office in order to determine two representatives to advance to the provincial championship tournament.

<b>REGIONAL DATES:</b>	<b>5A Boys and Girls</b>	<b>November 8 &amp; 9, 2013</b>
	<b>1A, 2A, 3A, 4A Girls</b>	<b>November 8 &amp; 9, 2013</b>
	<b>1A, 2A, 3A, 4A Boys</b>	<b>November 15 &amp; 16, 2013</b>

The following districts have been designated to host the regional tournament. There is no provision for a host team in any of the regional tournaments; therefore, the host locations will be determined once the conference championships have been completed. Each District is responsible to ensure a host for the regional event with a suitable venue and tournament committee. The District should designate a host school from the teams that advance to the regional playoffs. In the event that a District designated to host a regional does not have any teams that qualify from the conference playoffs, the SHSAA office will select the regional site from the qualified teams.

Classification	Regional			
	SOUTH	WEST	NORTH	EAST
1A Boys	South East	South Central	West Central	North East
2A Boys	Qu' Appelle Valley	Battle West	North West	Horizon Central
3A Boys	East Central	Battle West	Central Valley	East Central
4A Boys	South East	West Central	Battle West	Horizon Central
5A Boys	Moose Jaw Peacock		Meadow Lake	
1A Girls	South East	South Central	West Central	North East
2A Girls	Qu' Appelle Valley	Battle West	Central Valley	East Central
3A Girls	Horizon Central	Central Valley	North West	Horizon Central
4A Girls	Qu' Appelle Valley	South West	Battle West	North East
5A Girls	Swift Current		Melfort	

## PROVINCIAL CHAMPIONSHIPS

1A – 4A: The top two teams in each region will qualify for the provincial championship. The provincial final tournament will consist of 10 teams. The field of teams will include the host team and a third team from a designated region.

5A: Saskatoon and Regina will advance two representatives each to the provincial championship through their respective leagues. The 5A north and south regional tournaments will each advance three teams to the provincial championship through a draw designed by the SHSAA office. If either of the north or south regions is hosting the provincial tournament, then that region will qualify two teams to provincials in addition to the host team.

Information on each provincial championship event is listed below.

<b>PROVINCIAL DATES:</b>	<b>5A Boys and Girls</b>	<b>November 15 and 16, 2013</b>
	<b>1A, 2A, 3A, 4A Girls</b>	<b>November 15 and 16, 2013</b>
	<b>1A, 2A, 3A, 4A Boys</b>	<b>November 22 and 23, 2013</b>

**REMEMBER SEND IN YOUR SEEDING FORM BY OCTOBER 25<sup>th</sup>**



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## 2013 PROVINCIAL VOLLEYBALL CHAMPIONSHIPS

### "5A" GIRLS

**Host School:** Yorkton Regional High School  
**Commissioner:** Lee Poncelet  
**Phone:** 786-5560  
**Fax:** 786-5599  
**Team Entry:** 10 Teams. The *host school*, Two representatives from the south and Three representatives from the north regional, Two teams from each of Regina and Saskatoon.

### "4A" GIRLS

**Host School:** Assiniboia Composite  
**Commissioner:** Joanne Feeley  
**Phone:** 642-3319  
**Fax:** 642-5347  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Gold Medallist (Oxbow).

### "3A" GIRLS

**Host School:** Winston High School (Watrous)  
**Commissioner:** Barry Croshaw  
**Phone:** 946-3309  
**Fax:** 946-3688  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Gold Medallist (LCBI).

### "2A" GIRLS

**Host School:** Wolseley School  
**Commissioner:** Randy Clark  
**Phone:** 698-2591  
**Fax:** 698-2693  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Gold Medallist (Wakaw).

### "1A" GIRLS

**Host School:** Glentworth School  
**Commissioner:** Marilyn Zak  
**Phone:** 266-4804  
**Fax:** 266-2099  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Gold Medallist (Legacy Christian Academy).

### "5A" BOYS

**Host School:** Weyburn Comprehensive  
**Commissioner:** Bob King  
**Phone:** 848-4860  
**Fax:** 842-5594  
**Team Entry:** 10 Teams. The *host school*, Two representatives from the south and Three representatives from the north regional, Two teams from each of Regina and Saskatoon.

### "4A" BOYS

**Host School:** Oxbow Prairie Horizon School  
**Commissioner:** Dana Krienke  
**Phone:** 483-2383  
**Fax:** 483-2307  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Gold Medallist (Nipawin).

### "3A" BOYS

**Host School:** Waldheim School  
**Commissioner:** Dave Hinz  
**Phone:** 945-2211  
**Fax:** 945-5445  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Gold Medallist (Kelvington).

### "2A" BOYS

**Host School:** Hepburn School  
**Commissioner:** Ryan Hutchinson  
**Phone:** 947-2077  
**Fax:** 947-2828  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Silver Medallist (Edam) as the 2012 Gold Medallist has changed classification.

### "1A" BOYS

**Host School:** OPEN (Bids to SHSAA by Sept. 13)  
**Commissioner:** Check website for updated information  
**Phone:**  
**Fax:**  
**Team Entry:** 10 Teams. The *host school*, the top Two teams from the four regions and a third team from the region with the 2012 Gold Medallist (Fox Valley).



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## VOLLEYBALL CONFERENCES – BOYS

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1A BOYS (1-20)	HOST SE	SOUTH REGION-SE	HOST SW (3)	WEST REGION-SC	HOST BW	NORTH REGION-WC	HOST QV	EAST REGION-NE
		CONFERENCE 1		CONFERENCE 1		CONFERENCE 1		CONFERENCE 1
		Bengough - SC		Cabri - SW		Medstead - BW		Churchbridge - EC
		Gladmar - SE		Consul - SW		Poundmaker - BW		Keeseekoose - EC
		Midale - SE		Fox Valley - SW		Borden - CV		Broadview - QV
	Ogema - SE	Frontier - SW		Kakisewew - QV				
		Vanguard - SW		Peepeekisis - QV				
	HOST SC	CONFERENCE 2	CONFERENCE 2	CONFERENCE 2	CONFERENCE 2			
		Milestone - QV	Craik - SC	Leoville - BW	Colonsay - CV			
		Avonlea - SC	Central Butte - SC	Glaslyn - NW	Almighty Voice - HC			
		Mossbank - SC	Glentworth - SC	Loon Lake - NW	Bellevue - HC			
		Rouleau - SC	Kincaid/C. Mathieu - SC	Pierceland - NW	Arborfield - NE			
		Rockglen - SC		Gronlid - NE				
HOST SE	CONFERENCE 3		CONFERENCE 3	CONFERENCE 3				
	Fillmore - SE		Beechy - WC	Allan - CV				
	Manor - SE		Dinsmore - WC	Annaheim - HC				
	Wawota - SE		Elrose - WC	Englefeld - HC				
	Whitebear - SE		LCBI - WC	Holdfast - HC				
			LeRoy - HC					
2A BOYS (21-30)	HOST QV	SOUTH REGION-QV	HOST BW (3)	WEST REGION-BW	HOST NW	NORTH REGION-NW	HOST HC	EAST REGION-HC
		Cupar - QV		CONFERENCE 1		Birch Narrows - NW		Blaine Lake - CV
		Kahkewistahaw - QV		Hepburn - CV		Canoe Lake - NW		RJC - CV
		Lipton - QV		Ch. Little Pine - BW		Edam - NW		Preeceville - EC
		Montmartre - QV		Hafford - BW		Goodsoil - NW		Middle Lake - HC
		Nakoda Oyade - QV		Luseland - BW		Hillmond - NW		Muenster - HC
		Arcola - SE				Lashburn - NW		Debden - NC
		Lampman - SE		CONFERENCE 2		Neilburg - NW		Reindeer Lake - NC
	Stoughton - SE	Hazlet/Leader - SW	St. Walburg - NW	Charlebois - NE				
		Herbert - SW						
		Ponteix - SW						
		Davidson - WC						
		Eston - WC						
3A BOYS (31-50)	HOST HC (3)	SOUTH REGION-EC	HOST BW (3)	WEST REGION-BW	HOST CV	NORTH REGION-CV	HOST NE (3)	EAST REGION-EC
		CONFERENCE 1		CONFERENCE 1		CONFERENCE 1		CONFERENCE 1
		Strasbourg - HC		Cut Knife - BW		Langham - CV		Kinistino - NC
		Balcarres - QV		Wilkie - BW		Leask - CV		Bernard Constant - NE
		Vibank - QV		Maidstone - NW		Osler VCA - CV		Carrot River - NE
		Caronport - SC		Paradise Hill - NW		Waldheim - CV		Creighton - NE
		Gravelbourg - SC		Thunderchild - NW		Ahtahkakoop - NC		Hudson Bay - NE
	Riverview - SC		Keethanow - NC					
			Sen. Alan Bird - NC					
			E. Canadienne - ST					
	HOST SE (3)	CONFERENCE 2	CONFERENCE 2		CONFERENCE 2			
		Langenburg - EC	Pelican Lake - BW		Sturgis - EC			
		Grenfell - QV	Beauval - NW		Kelvington - HC			
		Carnduff - SE	Makwa - NW		St. Brieux - HC			
Redvers - SE		Minahik - NW		Wadena - HC				
Rocanville - SE	Rossignol - NW		Wakaw - HC					



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## VOLLEYBALL CONFERENCES - BOYS

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<b>4A BOYS (51-150)</b>	<b>SOUTH REGION-SE</b>	<b>WEST REGION-WC</b>	<b>NORTH REGION-BW</b>	<b>EAST REGION-HC</b>
	Kamsack - EC	Clavet - CV	Unity - BW	Cst. R Cameron - CV
	Melville - EC	Dalmeny - CV	Perdue - CV	Humboldt - HC
	Sacred Heart - EC	Lumsden - QV	Eagleview - NW	Birch Hills - NC
	Esterhazy - EC	ST Christian - ST	J. Samson - NW	Myles Venne - NC
	Fort Qu' Appelle - QV	Assiniboia - SC	La Loche - NW	Sturgeon Lake - NC
	Kipling - QV	Shaunavon - SW	Turtleford - NW	Nipawin - NE
	Oxbow - SE	Outlook - WC	Biggar - WC	
<b>5A BOYS (&gt;150)</b>	<b>SOUTH REGIONAL</b>	<b>REGINA</b>	<b>SASKATOON</b>	<b>NORTH REGIONAL</b>
	Yorkton Regional - EC	Balfour	Aden Bowman	JP II - BW
	Balgonie - QV	Campbell	Bedford Road	N. Battleford - BW
	MJ Central - SC	Johnson	Bethlehem	Warman - CV
	<b>MJ Peacock - SC</b>	LeBoldus	Bishop Mahoney	PA Carlton - NC
	MJ Vanier - SC	Miller	Centennial	PA St. Mary - NC
	Estevan - SE	O'Neill	Evan Hardy	Melfort - NE
	Weyburn - SE	Riffel	Holy Cross	<b>Meadow Lake - NW</b>
	Swift Current - SW	Winston Knoll	Marion Graham	
			St. Joseph	
			Tommy Douglas	
		Walter Murray		



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## VOLLEYBALL CONFERENCES – GIRLS

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1A GIRLS (1-20)	HOST SC	<b>SOUTH REGION-SE</b>	HOST SW	<b>WEST REGION-SC</b>	HOST CV	<b>NORTH REGION-WC</b>	HOST NE	<b>EAST REGION-NE</b>
		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>
		Bengough - SC		Cabri - SW		Borden - CV		Almighty Voice - HC
		Rockglen - SC		Consul - SW		Colonsay - CV		Bellevue - HC
		Gladmar - SE		Eastend - SW		Perdue - CV		St. Brieux - HC
		Midale - SE		Frontier - SW		Legacy Christian - ST		Arborfield - NE
	Radville - SE	Fox Valley - SW	Kenaston - WC	Bjorkdale - NE				
	Yellow Grass - SE		Loreburn - WC					
	HOST SE	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>			
		Arcola - SE	Glentworth - SC	Hafford - BW	Invermay - EC			
		Bellegarde - SE	Kincaid - SC	Medstead - BW	Sturgis - EC			
		Fillmore - SE	Lafleche - SC	Canwood - NC	Holdfast - HC			
		Lampman - SE	Mankota - SC	Glaslyn - NW	Imperial - HC			
		Maryfield - SE	Ponteix - SW	Goodsoil - NW	Cupar - QV			
	Whitebear - SE	Vanguard - SW		Lipton - QV				
	HOST QV	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>			
Churchbridge - EC		Avonlea - SC	Dinsmore - WC	Engfeld - HC				
Broadview - QV		Central Butte - SC	Eatonia - WC	Leroy - HC				
Cowessess - QV		Craik - SC	Elrose - WC	Muenster - HC				
Kakisiwew - QV		Mortlach - SC	Kyle - WC	Quill Lake - HC				
Lemberg - QV		Mossbank - SC	Marengo - WC	Watson - HC				
	Rouleau - SC	Plenty - WC						
2A GIRLS (21-30)	HOST SC	<b>SOUTH REGION-QV</b>	HOST SW	<b>WEST REGION-BW</b>	HOST NW	<b>NORTH REGION-CV</b>	HOST HC	<b>EAST REGION-EC</b>
		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>
		Harvest City - RG		Gull Lake - SW		Birch Narrows - NW		Kinistino - NC
		Gravelbourg - SC		Hazlet - SW		Loon Lake - NW		Cudworth - HC
		Coronach - SC		Herbert - SW		Pierceland - NW		Middle Lake - HC
		Pangman - SE		Leader - SW		St. Walburg - NW		Wakaw - HC
	HOST QV	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>			
		Montmartre - QV	Allan - CV	Edam - NW	Norquay - EC			
		Nakoda Oyade - QV	Hepburn - CV	Hillmond - NW	Preeceville - EC			
		Wolseley - QV	Bruno - HC	Neilburg - NW	Annaheim - HC			
		Stoughton - SE	Davidson - WC		Rose Valley - HC			
	HOST SE	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>			
		Langenburg - EC	Kerrobot - BW	Leoville - BW	Ituna - HC			
		Whitewood - QV	Luseland - BW	Blaine Lake - CV	Raymore - HC			
		Manor - SE	Maymont - BW	Rosthern - CV	Kelliher - QV			
		Redvers - SE	Wilkie - BW	Big River - NC	Peepeekisis - QV			



# SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



## VOLLEYBALL CONFERENCES – GIRLS

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3A GIRLS (31-50)	HOST HC	<b>SOUTH REGION-HC</b>	HOST CV	<b>WEST REGION-CV</b>	HOST NW	<b>NORTH REGION-NW</b>	HOST NC	<b>EAST REGION-HC</b>
		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>
		Hanley - CV		Aberdeen - CV		Lashburn - NW		Meath Park - NC
		Lanigan - HC		Hague - CV		Maidstone - NW		Reindeer Lake - NC
		Strasbourg - HC		RJC - CV		Makwa - NW		Sen. Allen Bird - NC
	Watrous - HC	Waldheim - CV	Paradise Hill - NW	Sturgeon Lake - NC				
	HOST RG	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>	HOST NW	<b>CONFERENCE 2</b>	HOST NE	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>
		Balcarres - QV	Asquith - CV		Beauval - NW		Carrot River - NE	
		Milestone - QV	Langham - CV		Buffalo River - NW		Creighton - NE	
		Southey - QV	E. Canadienne - ST		Chief Napew - NW		Hudson Bay - NE	
		Vibank - QV	ST Christian - ST		Rossignol - NW		Naicam - NE	
	RG Christian - RG		Twin Lakes - NW	Porcupine Plain - NE				
	HOST SE	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>	HOST BW	<b>CONFERENCE 3</b>	HOST EC	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>
Grenfell - QV		Cando - BW	Pelican Lake - BW		Canora - EC			
Kahkewistahaw - QV		Shaunavon - SW	Cst. R. Cameron - CV		Foam Lake - HC			
Kipling - QV		Beechy - WC	Leask - CV		Kelvington - HC			
Carlyle - SE		Biggar - WC	Stobart - CV		Wadena - HC			
Rocanville - SE	LCBI - WC		Wynyard - HC					
4A GIRLS (51-150)	HOST EC	<b>SOUTH REGION-QV</b>	HOST QV (3)	<b>WEST REGION-SW</b>	HOST BW	<b>NORTH REGION-BW</b>	HOST NC	<b>EAST REGION-NE</b>
		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>		<b>CONFERENCE 1</b>
		Esterhazy - EC		Notre Dame - QV		Macklin - BW		Churchill - NC
		Kamsack - EC		Assiniboia - SC		Spiritwood - BW		Keethanow - NC
		Melville - EC		Caronport - SC		Unity - BW		Myles Venne - NC
	Sacred Heart - EC	Cornerstone - SC		Sandy Bay - NC				
		MJ Vanier - SC						
	HOST SE	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>	HOST NW	<b>CONFERENCE 2</b>	HOST NC	<b>CONFERENCE 2</b>	<b>CONFERENCE 2</b>
		Carnduff - SE	Delisle - CV		Eagleview - NW		Birch Hills - NC	
		Moosomin - SE	Maple Creek - SW		Jonas Samson - NW		PACI - NC	
		Oxbow - SE	Kindersley - WC		La Loche - NW		Rivier - NC	
			Outlook - WC		Minahik - NW			
		Rosetown - WC						
HOST QV	<b>CONFERENCE 3</b>		HOST CV	<b>CONFERENCE 3</b>	HOST NE	<b>CONFERENCE 3</b>	<b>CONFERENCE 3</b>	
	Fort Qu' Appelle - QV			Clavet - CV		Humboldt - HC		
	Indian Head - QV			Dalmeny - CV		Nipawin - NE		
	Lumsden - QV			Martensville - CV		Tisdale - NE		
5A GIRLS (>150)		<b>SOUTH REGIONAL</b>		<b>REGINA</b>		<b>SASKATOON</b>		<b>NORTH REGIONAL</b>
		Yorkton Regional - EC		Balfour		Aden Bowman		John Paul II - BW
		Balgonie - QV		Campbell		Bedford Road		N. Battleford Comp - BW
		MJ Central - SC		Johnson		Bethlehem		Warman - CV
		MJ Peacock - SC		LeBoldus		Bishop Mahoney		PA Carlton - NC
		Estevan - SE		Luther		Centennial		PA St. Mary - NC
		Weyburn - SE		Miller		Evan Hardy		<b>Melfort - NE</b>
		<b>Swift Current - SW</b>		O'Neill		Holy Cross		Meadow Lake - NW
				Riffel		Marion Graham		
				Sheldon		St. Joseph		
			Thom		Tommy Douglas			
			Winston Knoll		Walter Murray			