

Offensive Tactics • Breakouts

Part 3 of 3—Against Heavy Forecheck Pressure

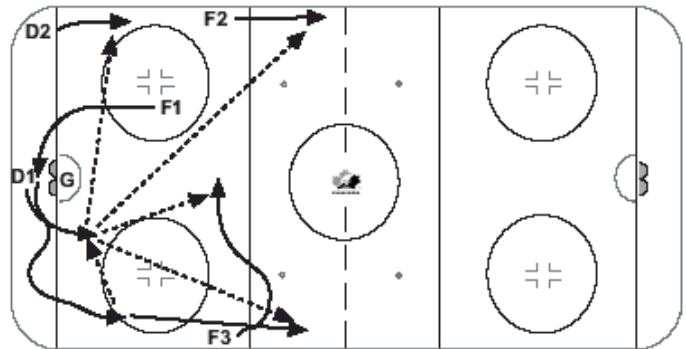
By Wayne Fleming

This three(3)-part series presents Breakout Options against various forecheck situations. It is key to remember that breakouts are an offensive system or strategy and should only be taught with teams that have a solid grounding in the key technical skills, individual tactics and team tactics that are involved in developing a breakout.

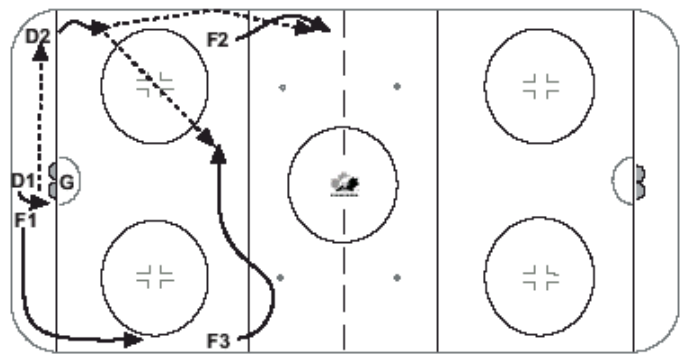
PART 3—Against the Trap

a. First option – Turn and Go; Quick up

LOW CONTROL BREAKOUT
<ul style="list-style-type: none"> F1 takes puck wide—drop pass to D1 <p>Options:</p> <ul style="list-style-type: none"> D1 to F3 D1 to D2 to F2 D1 to F2 D1 to F1

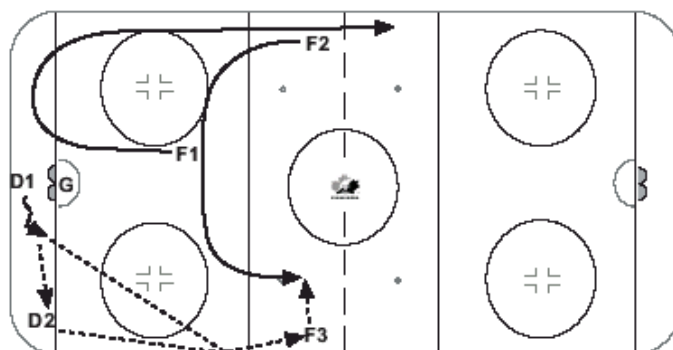


LOW CONTROL BREAKOUT
<ul style="list-style-type: none"> F1 leaves puck D1 steps up to right and then passes to D2 D2 to F2 or F3



HIGH CONTROL BREAKOUT

- F3 posts up at red line
- D1 board pass to F3 or D1 to D2 to F3
- F2 comes through middle with speed



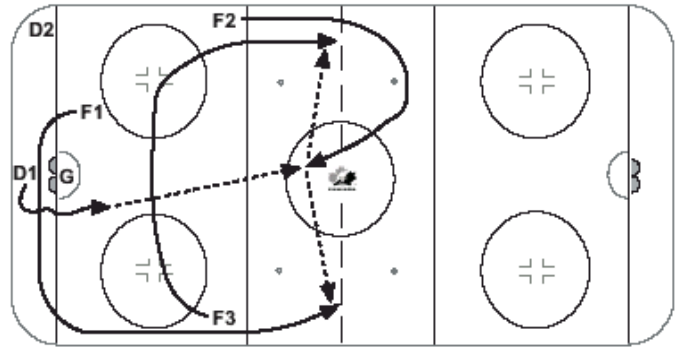
PART 3—Against the Trap

b. Controlled Options:

- i) Low Breakout
- ii) High Set-up
- iii) LW Stretch & Back Under

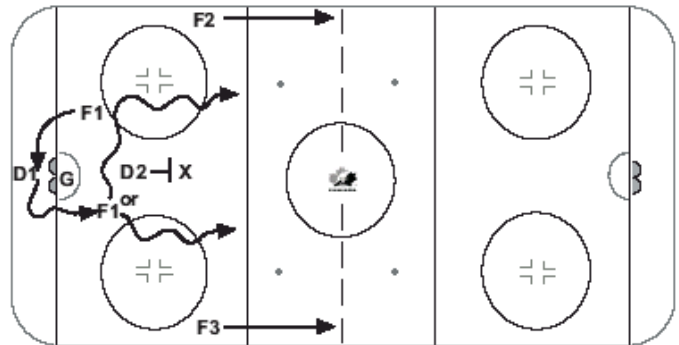
LOW BREAKOUT—C BEHIND NET

- F2 stretches and skates back towards own net.
- F3 skates underneath and up left wing leaves puck
- Centre (F1) skates behind net to boards and up the right wing.
- D1—first option step out and pass to F2 in middle lane
- F2—touch pass to either side option (F1 or F2)



HIGH SET-UP

- D2 blocks X
- Centre takes puck and carries puck past X & D2
- D1 supports centre
- Wingers move to get open



LW STRETCH & BACK UNDER

Turn & Go Options:

- F3 comes from behind D1
- D1 drops puck to F3 who creates speed by coming behind the puck
- F3 can skate puck with speed or move puck away from trap pressure

