



Female ADM Clinic February 15, 2014 (Allen, TX)

Coaches, administrators, parents and players are invited to attend a FREE Female ADM Coaching Clinic and FREE 10U-19U Girls ADM Clinic on Saturday, February 15 at Allen Community Ice Rink (Allen, TX).

The event will feature Michele Amidon, ADM Manager, Female Hockey.

Michele Amidon began her duties as USA Hockey's first-ever director of women's hockey in August 2006. She held this position until being named regional manager of the American Development Model in August 2010. In this role, Amidon helps provide a blueprint for optimal athlete development focusing on age-appropriate training utilizing long-term athlete development principles.

Date

February 15, 2014

Rink Location

Allen Community Ice Rink
200 E. Stacy Road #1350
Allen, TX 75002

Schedule of Events

12:15 PM	1:15 PM	Lunch with Olympic team highlight video
1:15 PM	3:00 PM	ADM Presentation: Ice Utilization and Age Appropriate Development
3:00 PM		Coaches change for ice session
3:15 PM		Ice set up
3:30 PM	4:45 PM	ADM on-ice practice (ages 10U - 19U, maximum 40 players plus 5 goalies)
5:00 PM	5:20 PM	ADM Dryland Session with 8 players and all coaches

Additional Details

Coaches, administrators, parents and players are welcome and encouraged to attend the lunch and ADM Presentation.

For the on-ice portion, coaches and female player's ages 10U – 19U (maximum 40 players plus 5 goalies) will take the ice with Michele.

Registration

In order to attend and reserve a spot as a coach, administrator, parent or player, please email kendall.hanley@gmail.com by **Friday, February 7**.

In your email, please include:

1. Name, Current Association, Contact Information (phone, email)
2. Type (Parent, Player, Coach, Administrator)
3. For players, please include birth year, current team and note if they are a goaltender

Please forward to anyone who might be interested in attending!

Kendall Hanley
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Girls' / Women's Section President
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