

NIFC PROGRAM INFORMATION 2020-2021

NORTHERN ILLINOIS

U8 (2013) Boys and Girls (if applicable)

- Two training sessions per week by professional trainer in fall (Aug-Nov) and spring (Apr-June)
- Minimum one training session per week by professional trainer in winter (Jan-March)
- Possible additional winter training and/or Futsal
- Fall and spring Illinois Premier game festivals
- Fall and Spring Illinois Premier 4v4 League
- Additional programming as part of the Illinois Premier Alliance (see separate info packet)
- Tournament TBD

U9 (2012) thru U14 (2007) Boys and Girls (if applicable)

- Two training sessions per week by professional trainer in fall (Aug-Nov) and spring (Apr-June)
- Minimum one training session per week by professional trainer in winter (Jan-March)
- Possible additional winter training and/or Futsal
- Potential three training sessions per week (U13 and U14 pool training), per Director's discretion
- Potential IYSA State or President's Cup participation (U13 and U14), per Director's Discretion and at extra cost to team
- Fall and spring league games (min 10 in fall, 8 in spring)
- Winter indoor league and/or Futsal, 10 games (Jan thru March)
- Three tournaments (1 fall, 2 spring)
- Additional programming as part of the Illinois Premier Alliance (see separate info packet)
- Possible additional tournaments (extra cost)
- Possible opportunity for individual training (extra cost)
- Individual player evaluations

NIFC PROGRAM INFORMATION 2019-2020

U15-U19 (2006-2002) Boys and Girls (if applicable)

- Two training sessions per week by professional trainer in fall for girls (Aug-Nov) and spring for boys (Apr-June)
- Minimum one training session per week by professional trainer in winter (Jan-March)
- Possible additional winter training and/or Futsal
- Fall (girls) and spring (boys) league games (min 10 in fall, 8 in spring) with either YSSL/NISL or IWSL
- Possible Illinois State Premiership
- Possible US Club National Premier League
- Winter indoor league of Futsal, 10 games (Girls = Nov-Jan/Feb, Boys = Jan-March)
- Additional programming as part of the Illinois Premier Alliance (see separate info packet)
- Two-three tournaments per season (fall/winter – girls, spring – boys) with at least one being possible Showcase level tournament
- Potential IYSA State or President's Cup participation, per Director's discretion
- Potential additional "friendly" games with other clubs
- Possible additional tournaments (extra cost)
- Possible opportunity for individual training (extra cost)
- End of season individual player evaluations

NOTE: This is an example of what the club has offered over past couple of years; all programming subject to change