

THE TWELVE PILLARS OF LADY KNIGHTS BASKETBALL

Our Philosophy is simple: "PLAY HARD, PLAY SMART, and PLAY TOGETHER"



To STAY WITH US:

- 1. BE COMMITTED TO YOUR ACADEMICS: YOU ARE A STUDENT-ATHLETE-**
Know your requirements...make a plan...graduate. Go to class every day. Be on time. Sit in the front of the class. Take good notes. Do all the extra work you can. Talk to your teacher if you are having difficulties and get help when you need it.
- 2. BE COMMITTED TO HAVING CLASS-** treat teachers, support staff, food service workers, trainers, and all you meet with respect. Treat each other the way you want to be treated. Moody people are rude. Everyone takes notes, everyone picks up trash and everyone is courteous. Say please and thank you.
- 3. BE COMMITTED TO DOING THE RIGHT THING-** WE have plenty of school rules...know them. Always do the right thing. Our decisions define who WE are.
- 4. BE COMMITTED TO THE PROGRAM-** WE believe in always being on time and being engaged in what we are doing. Being part of our program provides many opportunities yet brings many responsibilities. WE must be committed to each other through both the good and the bad.
Commitment leads to success!



To PLAY WITH US:

- 5. BE COMMITTED TO HARD WORK-** WE believe in the concept that hard work pays off. There is a reason WE are the best WE can be... WE work at it. Our best players must be our hardest workers.
- 6. BE COMMITTED TO BECOMING A SMART PLAYER-** WE all must be ready to learn. WE believe WE must work smarter than everyone else .WE must develop players who understand the game. WE all must pay attention and be good listeners. WE prepare mentally for games at practice. **Practice is important!**

- 7. BE COMMITTED TO THE TEAM CONCEPT-** WE must all believe in our team concept. Our program is built on the concept that the team/program is bigger than any one person... WE need unselfish participants. **WE > me**
- 8. COMMIT YOURSELF TO A WINNING ATTITUDE-** Our players must be committed to winning but understand WE don't measure success by winning alone. Every time WE step on the floor WE are playing the game of basketball not just our opponent. WE don't quit!



TO WIN WITH US:

- 9. BELIEVE IN WHAT WE ARE DOING-** Commit yourself to our philosophy, to our system of play. Be a sponge and soak up what WE do. Learn your role...then accept your role and do it the best you can.
- 10. BELIEVE IN YOURSELF-** Play with confidence...think positive. Don't get down on yourself when things don't go your way...realize you were chosen to be here...be a leader...the heart controls what your tongue says.
- 11. BELIEVE IN YOUR TEAMMATES-** Communicate with each other...help each other. Encourage each and support one another. WE are all different-be tolerant of teammates and others.
- 12. BELIEVE IN YOUR COACHES-** Understand that your coaches are trying to help make you better people, students, and players. Ask questions...don't whine, complain or make excuses. Learn to take tough coaching. Know that the coaches are doing what they think is right for the team and you.

LADY KNIGHTS VISION

WE UNDERSTAND THAT WE ARE A REFLECTION OF BISHOP KELLY BASKETBALL, THE BISHOP KELLY COMMUNITY, AND OUR FAMILIES. WE WILL STRIVE TO REPRESENT THESE CORE AREAS WITH MORAL RESPONSIBILITY, CLASS, AND INTEGRITY. WE WILL, ACHIEVE A HIGH LEVEL OF SUCCESS THROUGH HARD WORK, DETERMINATION, AND A DEDICATION TOWARDS ONE ANOTHER. FUNDAMENTALS, TEAMWORK, AND DISCIPLINE WILL BE THE FOUNDATION OF OUR PROGRAMS CULTURE. WE WORK TOWARDS PERFECTION ON THE COURT, IN THE CLASSROOM, AND IN OUR COMMUNITY.

