

2005 Top Times and Measurements

Event	Mark	Student Athlete"
100m	12.91	Karolina Haraldsdottir "
100h	17.01	Liza Brost
200m	26.8	Karolina Haraldsdottir"
300h	50.58	Karla Dobie"
400m	60.19	Jessica Bell"
800m	2:31.4	Jessica Johnston"
1600m	5:40	Kaylyn Wendroth"
3200m	11:58.7	Anna Garner"
1600m Steeple	7:24.3	Paige Turri"
4x100	55.9	Gbenjo, Mason, Saterdalen, A. Johnson"
4x200	1:55.9	Shuck, Saterdalen, Haraldsdottir, J. Bell"
4x400	4:11	Bell, Haraldsdottir, Akemann, Mohny"
4x800	9:58	McNiell, Looker, Johnston, Garner "
High Jump	5' 6"	Karolina Haraldsdottir"
Long Jump	15' 8.5"	Jojo Gbenjo"
Triple Jump	34' 1"	Jojo Gbenjo"
Pole Vault	9'	Amanda Shuck "
Shot Put	37' 1"	Laura Mielke"
Discus	120'	Alyssa Lunde"

2006 Top Performance List

Event	Mark	Name"
100	12.8	Karolina Haraldsdottir"
100 H	17.3	Liza Brost
200	25.75	Karolina Haraldsdottir"
300 H	50.15	Carla Dobie"
400	59.53	Sophie Charlton"
800	2:28.4	Anna Garner"
1600	5:11.18	Hilary Noska"
3200	11:13.63	Hilary Noska"
4x100	52.87	"

4x200	1:50.19	"
4x400	4:16.12	"
4x800	10:04.85	"
High Jump	5'4"	Karolina Haraldsdottir"
Long Jump	18'4"	Karolina Haraldsdottir"
Triple Jump	32' 02.5"	Meredith Halling"
Pole Vault	9' 0"	Meredith Halling"
Shot Put	36'8"	Alyssa Lunde"
Discus	116'3"	Alyssa Lunde"

2007 Top Performance List

Event	Mark	Name	Meet"
100	13.04	Bailey Alston	True Team"
100 H	16.25	Karla Dobie	True Team"
200	26.76	Sophie Charlton	Big 9
300 H	51.83	Karla Dobie	Big 9"
400	57.91	Sophie Charlton	Section 1AA"
800	2:27.33	Leah Karsten	Section 1AA"
1600	5:21.25	Anna Garner	Big 9"
3200	11:41.40	Anna Garner	All-City"
4x100	52.78	Alston, Gibson, Hallum, Wagar	True Team"
4x200	1:52.34	Bauch, Hallum, Miller, Reyes	All-City"
4x400	4:16.1	Charlton, Karsten, Bauch, Miller	True Team"
4x800	10:08.55	Garner, Karsten, Voigt, Lewis	All-City"
High Jump	4'8"	J.Goodrich & K.Dobie	A.V. & M.I."
Long Jump	15'5.75"	Gina Gibson	All-City"
Triple Jump	34'7"	Sophie Charlton	Big 9"
Pole Vault	9'0"	Kathryn Ramage	Section 1AA"
Shot Put	32'1.5"	Justina Johnson	Cannon Falls"
Discus	108'10"	Brittany Sorgenfrie	Faribault"