



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



JANUARY 2015 NEWSLETTER

SHSAA EXECUTIVE 2014-2015

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EXECUTIVE DIRECTOR:
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SHSAA MISSION STATEMENT

"To promote the positive development of the individual by providing competitive interscholastic athletic activities consistent with the goals of education."

Executive Director's Report

The SHSAA office staff wishes everyone a Happy New Year as you return to school after a very well deserved Christmas break. Thank you to everyone for the effort and passion delivered to the student-athletes of Saskatchewan over the past busy four months that started this school year. Your efforts and enthusiasm did not go unnoticed and is appreciated by both students and the Executive Council alike.

The first four months of school sport was quite successful. The results of the first five provincial championships are listed in this document. These championships were well attended and those involved in these championships represented their school, community and family well and for the most part, displayed to our fans the respect and integrity that is synonymous with school sport.

We are now finished the first four months implementing the Association's policy on start dates. As anticipated, a learning phase occurred within the organization considering the approximately 2500 teams participating in the ten SHSAA activities. The Association was clear in their resolve when they approved the resolution at last year's AGM. As such, the Executive Council has dealt with all infractions in a serious manner. There have been four instances of breaching the policy of set start dates. Two of these instances were instances where the team or coach has reported themselves and the Council issued a letter of concern to these schools. In the other two instances, the school's own district reported the alleged violation and the schools placed on probation. It is imperative that schools adhere to the policy as approved by all representatives in the education sector (Board members, Central office personnel, in-school administrators and educators). The dates for commencing any form of an organized gathering of students and the coach(es) is listed on the web site, in the handbook and on the SHSAA wall calendars.

The classification projections for the 2014-2015 winter activities are based on the Gr. 10-12 enrolment of the current school year. The classification projection for this year's basketball schools are located later in this newsletter. The final listing will be available once the withdrawal date has passed.

There are three championships that are currently open (Sand Golf, 1A Boys Soccer and 1A Boys Volleyball) and as such the Executive will accept bids up to March 31, 2015. Please refer to the SHSAA Handbook (pg. 68) for the criteria required in a written bid and use the 'Bid to Host' form located on the web site.

The Executive Council wishes to thank all those coaches that work with our student athletes that have accepted the expectation of the Respect in Sport initiative required by Sask Sport. Any coach still needing to complete the course, please register on the Sask Sport website (<http://www.sasksport.sk.ca/RIS/index.html>) and complete the three hour course as soon as possible. The Council also asks that for those that have completed the course as required but did not submit their certification number when completing the E5 forms back on September 11, 2014, please do so by going back to your registration form and update the coach information by submitting the certification number into the 'Exam Cert. No.'.

The bi-seasonal ranking of basketball teams has been eliminated by the Provincial council at last year's AGM. However, all basketball teams are still required to submit their season results (opponent, date and win/loss) using the seeding form that is located on the web site as well as in the handbook. This form is required by Friday March 6, 2015.

The Association is in the final stages of staging the first SIAAA Conference set for April 17 & 18, 2015 in Saskatoon. The Council encourages athletic directors to become involved in this initiative by the Council and engage in this professional development opportunity that arms the athletic directors with resources and ideas that enable these individuals to carry out the many duties and tasks associated with this role.

Finally, this past year has seen us lose, sadly and much too early, some dedicated individuals. The SHSAA lost Kelly Dumont and David Dice who both contributed to their schools during their career and provided lasting influence on the students they had contact with. The Association also lost one of its former leaders and visionaries with the passing of Mr. Gord Mundle. Mr. Mundle served as the SHSAA Executive Director from 1967-1974.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL CURLING CHAMPIONSHIPS

MARCH 6 - 7, 2015

Each provincial championship will consist of eight teams scheduled as two pools of four teams in round robin play format. The top two teams from each pool shall advance to the championship bracket. The eight teams participating at the provincial championships will include the host school and seven other teams that have qualified through the regional championships.

The tie-breaking criteria to determine placement in pool play and placement into tie-breaker games shall utilize the Skill Based Team Ranking System (SBTRS). For more information on the tie-breaker and the Saturday schedule of games please refer to the curling activity page of the SHSAA website <http://www.shsaa.ca/page/show/992559-curling>

Regional championships will be held February 27 – 28, 2015. The Regional championships will consist of a six or eight team double knock-out format leading to an 'A' event and 'B' event qualifier to the provincial championship. The only region that may require an A-B playoff to complete the double knock-out competition is the provincial host region. The A-B playoff will only be contested if the provincial host has not won either the 'A' or 'B' event. In the regions without an A-B playoff the 'A' event winner will be considered the Regional champion.

Districts should declare their representatives to the Regional Championships and contact the regional commissioners and SHSAA office by Monday February 23, 2015.

Regional commissioners are asked to contact both the SHSAA office and provincial commissioner by Monday March 2, 2015 with the names of the schools and team members which have advanced to the provincial championship.

REGIONAL CHAMPIONSHIPS: February 27 – 28, 2015

REGION A (REGINA)	BOYS	GIRLS	MIXED
Location:	Regina Tartan	Regina Tartan	Regina Tartan
Contact:	Angela Tillier	Angela Tillier	Angela Tillier
Phone:	306-523-3461	306-523-3461	306-523-3461
Fax:	306-523-3462	306-523-3462	306-523-3462
Format:	8 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Game #1: SC #1 vs. WC #2 Game #2: SW #1 vs. RG #2	Game #3: RG #1 vs. SW #2 Game #4: WC #1 vs. SC #2	
Participating Districts and Contacts:	South Central Roger Morgan 306-264-7499	West Central Miles Bennett 306-252-2182	South West Deb Reamer 306-299-2061
			Regina Angela Tillier 306-523-3461

REGION B (EAST CENTRAL)	BOYS	GIRLS	MIXED
Location:	TBA	Sturgis	Churchbridge
Contact:	Brad Cameron	Craig Folk	Shauna Wirl
Phone:	306-548-2103	306-548-2103	306-896-2712
Fax:	306-548-4399	306-548-4399	306-896-2600
Format:	8 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Game #1: SE #1 vs. QV #2 Game #2: EC #1 vs. HC #2	Game #3: QV #1 vs. SE #2 Game 4: HC #1 vs. EC #2	
Participating Districts and Contacts:	South East Fred Jerred 306-532-4274	Horizon Central Brian Grest 306-682-1860	Qu' Appelle Valley Trevor Viergutz 306-695-3929
			East Central Lana Stanek-Sebastian 306-786-5560





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REGION C (NORTH EAST)	BOYS	GIRLS	MIXED
Location:	Nipawin	Nipawin	Nipawin
Contact:	Cory Schmaltz	Cory Schmaltz	Cory Schmaltz
Phone:	306-768-2433	306-768-2433	306-768-2433
Fax:	306-768-2633	306-768-2633	306-768-2633
Format:	6 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Bye #1: ST #1 Game #1: NC #1 vs. NE #2		Game #2: ST #2 vs. NC #2 Bye #2: NE #1
Participating Districts and Contacts:	Saskatoon Brad Smith 306-683-8249	North Central Nathan Noble 306-929-2133	North East Cory Schmaltz 306-768-2433

REGION D (NORTH WEST)	BOYS	GIRLS	MIXED
Location:	Meadow Lake	Meadow Lake	Meadow Lake
Contact:	Kendra Paramchuk	Kendra Paramchuk	Kendra Paramchuk
Phone:	306-236-5236	306-236-5236	306-236-5236
Fax:	306-236-4294	306-236-4294	306-236-4294
Format:	6 team double knock-out leading to an 'A' event and 'B' event qualifier to provincials		
First Round Games:	Bye #1: NW #1 Game #1: CV #1 vs. BW #2		Game #2: NW #2 vs. CV #2 Bye #2: BW #1
Participating Districts and Contacts:	Battle West Brad Nemish 306-883-2282	Central Valley Grant Elke 306-260-5712	North West Kendra Paramchuk 306-236-5236

PROVINCIAL CHAMPIONSHIPS: March 6 – 7, 2015

	BOYS	GIRLS	MIXED
Location:	Prince Albert	Prince Albert	Prince Albert
Contact:	Jackie Packet	Jackie Packet	Jackie Packet
Phone:	306-953-7544	306-953-7544	306-953-7544
Fax:	306-763-0399	306-763-0399	306-763-0399
Format:	Two pools of four leading to a four team championship bracket		
Participants:	Host School, additional representative from Region C; Two representatives from each of Regions A, B, and D	Host School, additional representative from Region C; Two representatives from each of Regions A, B, and D	Host School, additional representative from Region C; Two representatives from each of Regions A, B, and D
Pool Make-up:	Pool A - Region A and D champion, Region B and C runner-up Pool B - Region B and C champion, Region A and D runner-up		
Schedule of Events:	Practice time: Thursday March 5, 6:30 – 8:00pm Coaches and Athletes meeting: Thursday March 5, 8:00pm Opening Ceremonies: Friday March 6, 2015 @ 10:45am At the 2013 AGM the Provincial Council approved the bid from Prince Albert to host all 3 categories utilizing 8 sheets of ice with the understanding that an earlier start time would be required to complete Friday's competitions. Please check the SHSAA curling activity page (http://www.shsaa.ca/page/show/992559-curling) to view the adjusted schedule.		





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA BASKETBALL PLAYOFFS

CONFERENCE

Team Registration and Participation:

- **1A - 3A classifications**
 - All registered basketball teams have been placed in a conference.
- **4A classification**
 - There will be no conference tournaments. If necessary, elimination games will be scheduled by the SHSAA office to complete the field of 16 teams for Regional tournaments.
- **5A classification**
 - Regina and Saskatoon Conferences will each advance four teams to the 5A regional tournaments.
 - Teams outside of Regina and Saskatoon will be placed into a conference tournament that will determine the seeding of the rural 5A teams in the 5A regional tournaments.

NOTE: If your school is not listed and your school plans on having a team, you must contact the SHSAA office. If your school is listed and your school will not be forming a team or you do not wish to enter the provincial playoff, you must contact the SHSAA office by February 11, 2015.

- The teams designated to each particular conference are available later in this document and updated on the basketball activity page of the SHSAA website (<http://www.shsaa.ca/page/show/992557-basketball>).
- The SHSAA office will seed each conference tournament.
- Draws for the conference tournaments will be available on the SHSAA website on or before March 9, 2015.
- Each coach is to fill out and submit a seeding form including their opinion on the seeding of their conference and the province. Seeding forms are due on or before March 6, 2015.
- Districts are to notify the SHSAA office of host sites for the conference tournaments they have been assigned. Please check the website periodically to see updates to conferences, including host sites.

Conference Tournaments:

- All conference tournaments will be played the weekend of March 13 – 14, 2015 and will advance two teams to regional weekend except where indicated on the document listing the conference groupings.
- In 5A conference tournaments, Regina and Saskatoon will use city playoffs to advance 4 teams while rural 5A teams will participate in conference tournaments from which all teams will advance. Seeding for the 5A regional tournaments will be determined by results of the 5A conference tournaments.
- As per the resolution passed at the 2008 AGM there will not be a consolation side included in the tournaments. In conferences of four, five, six or seven teams that are designated to advance more than two teams there will be a qualifier bracket to advance the extra teams to regional play.
- The draw templates for the conference tournaments are available on the basketball activity page of the SHSAA website.

REGIONAL

1A – 4A Classifications:

- Teams will advance from conference play to regional play. The 16 teams that advance to regional play will be seeded 1 to 16 and will be placed in one of four regional tournaments in their classification.
- Each regional tournament will include a championship and consolation side with the winner of the championship side advancing to HOOPLA. (*Friday games at 6:00pm and 8:00pm; Saturday games at 10:00am and 12:00pm*)
- Regional tournament hosts will be named on March 16, 2015.
- Regional tournaments will be played the weekend of March 20 – 21, 2015.
- Each District Officials' Commissioner should prepare to host a minimum of 2 and possibly more Regional Tournaments in their district.
- Schools interested in hosting a regional basketball playoff are invited to submit a bid to host on or before January 31st. Send bids to the SHSAA office.





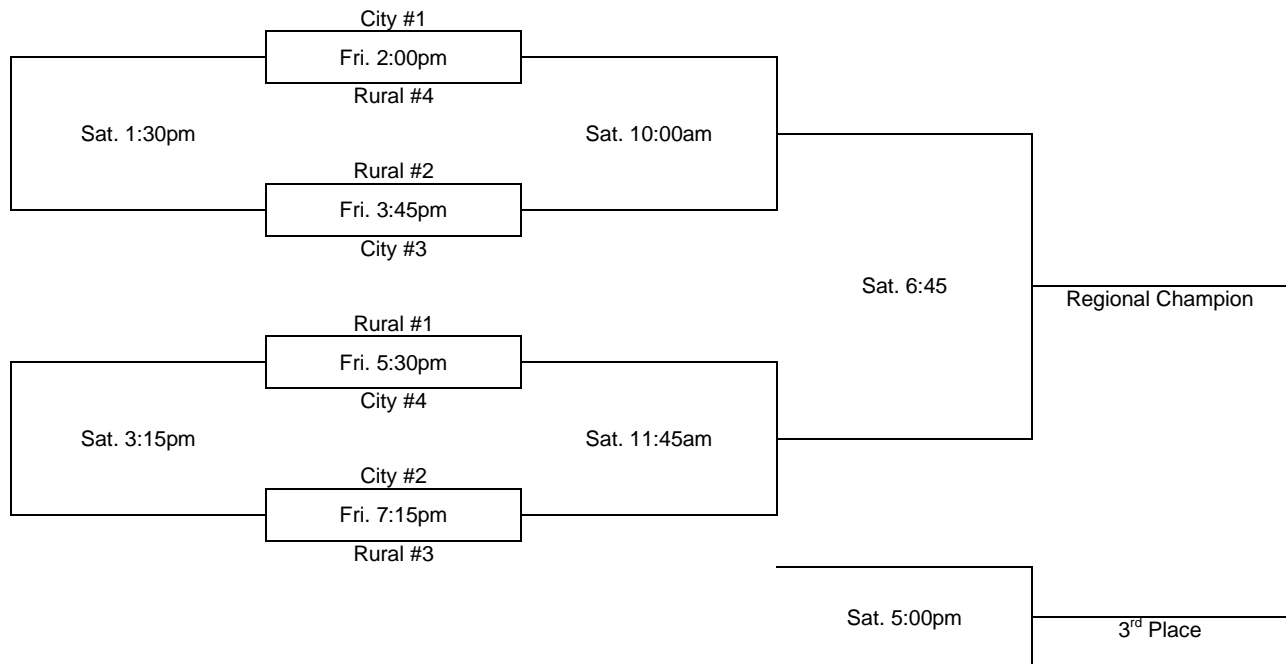
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5A Classification:

- Teams will advance from conference play to regional play.
- Two regional tournaments will be held for each gender:
 - In the 2014 - 2015 school year Regina will host both the boys and girls south regional tournaments. Saskatoon will host the boys north regional tournament and the North Conference girls champion will host the girls north regional tournament.
- The winner of each quarter final game played on Friday will advance to HOOPLA. In addition to championship semi finals and a regional championship game on Saturday, each regional tournament will also include consolation semi final games, and a third place game.
- Regional tournament hosts will be named on March 16, 2015.
- Regional tournaments will be played the weekend of March 20 – 21, 2015.

5A Regional Tournament



HOOPLA

- HOOPLA will be hosted in Saskatoon on March 26 – 28, 2015.
- **1A – 4A classifications:** The four regional champions will play a straight elimination four team tournament with a consolation side to determine third place.
- **5A classification:** There will be an eight team tournament composed of four teams from the North and South Regional tournaments. The tournament will have a championship and consolation side.

SEEDING OF TEAMS FOR CONFERENCE AND REGIONAL PLAYOFFS **Seeding forms are due to the SHSAA office on or before March 6, 2015.**

- The SHSAA office requires written confirmation of season results from ALL BASKETBALL TEAMS. Include results of all games played (tournament, league, and exhibition) including who your opponents were and the result, win or loss.
- Please include your opinion regarding the seeding of the teams in your conference as well as your opinion regarding the top 8 teams in the province in your classification.

PLEASE USE THE E-16 SEEDING FORM ON THE SHSAA WEBSITE
<http://www.shsaa.ca/page/show/968456-forms%20and%20due%20dates>





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



BOYS BASKETBALL CONFERENCES 2014 – 15 as of January 4, 2015

- Conferences listed below are tentative. Groupings may be revised following the February 11th withdrawal date.
- All conferences will advance the bracketed number of teams to the regional tournament.
- **Host sites will be indicated as districts name their hosts**

1A BOYS								
(1-30)	HOST SE (2)	CONFERENCE 1	HOST WC (2)	CONFERENCE 2	HOST NW (2)	CONFERENCE 3	HOST RG (2)	CONFERENCE 4
		Fillmore - SE		Allan - CV		Poundmaker - BW		Montmartre - QV
		Gladmar - SE		Imperial - HC		Chief Napew - NW		Nakoda Oyade - QV
		Maryfield - SE		Central Butte - SC		Island Lake - NW		Payepot - QV
		Stoughton - SE		Craik - SC		St. Walburg - NW		Wolseley - QV
		Whitebear - SE		Davidson - WC		Thunderchild - NW		Laval - RG
				LCBI - WC		Turtleford - NW		
	HOST SC (2)	CONFERENCE 5	HOST NC (2)	CONFERENCE 6	HOST BW (2)	CONFERENCE 7	HOST QV (2)	CONFERENCE 8
		College Mathieu - SC		Cudworth - HC		Hafford - BW		Norquay - EC
		Coronach - SC		Lake Lenore - HC		Kerrobert - BW		Preeceville - EC
		Mortlach - SC		Middle Lake - HC		Maymont - BW		Sturgis - EC
		Rockglen - SC		St. Louis - NC		Blaine Lake - CV		Kahkewistahaw - QV
		Frontier - SW		Star City - NE		Hepburn - CV		Lipton - QV
		Herbert - SW				Leask - CV		Peepeekisis - QV
2A BOYS								
(31-50)	HOST SE (2)	CONFERENCE 1	HOST HC (2)	CONFERENCE 2	HOST NW (2)	CONFERENCE 3	HOST NE (2)	CONFERENCE 4
		Grenfell - QV		Stobart - CV		Keethanow - NC		Watson - HC
		Whitewood - QV		St. Brieux - HC		Cleaverwater - NW		Carrot River - NE
		Redvers - SE		Ahtahkakoop - NC		Minahik - NW		Porcupine Plain - NE
		Rocanville - SE		Meath Park - NC		Rossignol - NW		Hudson Bay - NE
				Senator Allen Bird - NC		Twin Lakes - NW		
				Se Se Wa Hum - NC				
	HOST SC (2)	CONFERENCE 5	HOST ST (2)	CONFERENCE 6	HOST NW (2)	CONFERENCE 7	HOST HC (2)	CONFERENCE 8
		Caronport - SC		Hanley - CV		Luseland - BW		Canora - EC
		Gravelbourg - SC		Langham - CV		Macklin - BW		Foam Lake - HC
		MJ Cornerstone - SC		Rosthern - CV		Hillmond - NW		Strasbourg - HC
		MJ Riverview - SC		Rosthern JC - CV		Lashburn - NW		Balcarres - QV
				Ecole Canadienne - ST		Maidstone - NW		
						Makwa - NW		
3A BOYS								
(51-120)	HOST EC (2)	CONFERENCE 1	HOST SC (2)	CONFERENCE 2	HOST BW (2)	CONFERENCE 3	HOST NC (2)	CONFERENCE 4
		Churchbridge - EC		Assiniboia - SC		Unity - BW		Birch Hills - NC
		Esterhazy - EC		Maple Creek - SW		Beauval - NW		La Ronge - NC
		Indian Head - QV		Shaunavon - SW		Eagleview - NW		PACI - NC
		Moosomin - SE		Kindersley - WC		La Loche - NW		PA Wesmor - NC
		Oxbow - SE		Rosetown - WC		Biggar - WC		Sandy Bay - NC
								Shellbrook - NC
	HOST QV (2)	CONFERENCE 5	HOST CV (2)	CONFERENCE 6	HOST ST (2)	CONFERENCE 7	HOST NE (2)	CONFERENCE 8
		Fort Qu' Appelle - QV		Clavet - CV		Asquith - CV		Kamsack - EC
		Lumsden - QV		Delisle - CV		Dalmeny - CV		Watrous - HC
		Southey - QV		Saskatoon Christian - ST		Osler VCA - CV		Wynyard - HC
		Harvest City - RG		Outlook - WC		Legacy Christian - ST		Nipawin - NE
		Regina Christian - RG						Tisdale - NE
4A BOYS								
(121-250) All teams advance to a Regional Tournament March 20 - 21, 2014. Hosts TBA by SHSAA office.								
		NB John Paul II - BW		Melville - EC		Meadow Lake - NW		MJ Central - SC
		NB Comprehensive - BW		Yorkton Sacred Heart - EC		Notre Dame - QV		MJ Vanier - SC
		Martensville - CV		Humboldt - HC		Johnson - RG		Weyburn - SE
		Warman - CV		Melfort - NE		Bedford Road - ST		
5A BOYS								
(>250)	HOST SE (4)	SOUTH	HOST RG (4)	REGINA	HOST ST (4)	SASKATOON	HOST NC (3)	NORTH
		Yorkton Regional - EC		Balfour		Aden Bowman		PA Carlton - NC
		Balgonie - QV		Campbell		Bethlehem		PA St. Mary - NC
		MJ Peacock - SC		LeBoldus		Bishop Mahoney		Swift Current - SW
		Estevan - SE		Luther		Centennial		
				Miller		Evan Hardy		
				O'Neill		Holy Cross		
				Riffel		Marion Graham		
			Sheldon Williams		Mount Royal			
			Thom		St. Joseph			
			Winston Knoll		Tommy Douglas			
					Walter Murray			





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



GIRLS BASKETBALL CONFERENCES 2014 – 15 as of January 4, 2015

- Conferences listed below are tentative. Groupings may be revised following the February 11th withdrawal date.
- All conferences will advance the bracketed number of teams to the regional tournament.
- **Host sites will be indicated as districts name their hosts**

1A GIRLS												
(1-30)	HOST SE (2)	CONFERENCE 1 Fillmore - SE Gladmar - SE Radville - SE Redvers - SE Stoughton - SE Whitebear - SE	HOST BW (2)	CONFERENCE 2 Hafford - BW Maymont - BW Blaine Lake - CV Hepburn - CV Kinistino - NC	HOST NW (2)	CONFERENCE 3 Clearwater - NW Hillmond - NW Makwa - NW St. Walburg - NW Thunderchild - NW Turtleford - NW	HOST HC (2)	CONFERENCE 4 Lake Lenore - HC Middle Lake - HC St. Brieux - HC Wadena - HC Star City - NE				
	HOST SW (2)	CONFERENCE 5 Bengough - SC Central Butte - SC Coronach - SC Mortlach - SC Rockglen - SC Frontier - SW Herbert - SW	HOST CV (2)	CONFERENCE 6 Asquith - CV Borden - CV Langham - CV Perdue - CV Kenaston - WC	HOST WC (2)	CONFERENCE 7 Luseland - BW Wilkie - BW Neilburg - NW Eatonia - WC Eston - WC	HOST QV (2)	CONFERENCE 8 Strasbourg - HC Cupar - QV Kahkewistahaw - QV Montmartre - QV Nakoda Oyade - QV Payepot - QV				
	2A GIRLS											
	(31-50)	HOST RG (2)	CONFERENCE 1 Langenburg - EC Harvest City - RG MJ Cornerstone - SC MJ Riverview - SC Oxbow - SE	HOST NC (2)	CONFERENCE 2 Stobart - CV Birch Hills - NC Meath Park - NC Senator Allen Bird - NC Se Se Wa Hum - NC	HOST NW (2)	CONFERENCE 3 Beauval - NW Minahik - NW Rossignol - NW Twin Lakes - NW	HOST NE (2)	CONFERENCE 4 Kelvington - HC Carrot River - NE Creighton - NE Hudson Bay - NE Naicam - NE Porcupine Plain - NE			
		HOST SC (2)	CONFERENCE 5 Gravelbourg - SC Gull Lake - SW Shaunavon - SW Davidson - WC LCBI - WC	HOST CV (2)	CONFERENCE 6 Aberdeen - CV Hague - CV Osler VCA - CV Rosthern JC - CV Waldheim - CV	HOST WC (2)	CONFERENCE 7 Lashburn - NW Maidstone - NW Paradise Hill - NW S'toon Christian - ST Biggar - WC	HOST EC (2)	CONFERENCE 8 Canora - EC Norquay - EC Preeceville - EC Foam Lake - HC Wynyard - HC			
		3A GIRLS										
		(51-120)	HOST SE (4)	CONFERENCE 1 Esterhazy - EC Kamsack - EC Melville - EC Raymore - HC Fort Qu' Appelle - QV Indian Head - QV Moosomin - SE	HOST SW (4)	CONFERENCE 2 Delisle - CV Regina Christian - RG Assiniboia - SC Caronport - SC Maple Creek - SW Kindersley - WC Rosetown - WC	HOST NC (2)	CONFERENCE 3 Keethanow - NC La Ronge - NC Sandy Bay - NC La Loche - NW	HOST NE (4)	CONFERENCE 4 Clavet - CV Dalmeny - CV PA Rivier - NC PA Wesmor - NC Nipawin - NE Tisdale - NE		
			HOST BW (2)	CONFERENCE 5 Macklin - BW Spiritwood - BW Unity - BW Eagleview - NW								
			4A GIRLS									
			(121-250) One play-in game to complete 16 team field for Regional Tournaments. Hosts TBA by SHSAA office.									
			NB John Paul II - BW NB Comprehensive - BW Martensville - CV Warman - CV			Yorkton Sacred Heart - EC Humboldt - HC Melfort - NE Meadow Lake - NW			Balgonie - QV Lumsden - QV MJ Central - SC MJ Peacock - SC MJ Vanier - SC			Johnson - RG Luther - RG Miller - RG Thom - RG
			5A GIRLS									
			(>250)	HOST EC (4)	SOUTH Yorkton Regional - EC Notre Dame - QV Estevan - SE Weyburn - SE	HOST RG (4)	REGINA Balfour Campbell LeBoldus O'Neill Riffel Sheldon Williams Winston Knoll	HOST ST (4)	SASKATOON Aden Bowman Bethlehem Bishop Mahoney Centennial Evan Hardy Holy Cross Marion Graham Mount Royal St. Joseph Tommy Douglas Walter Murray	HOST SW (3)	NORTH PA Carlton - NC PA St. Mary - NC Swift Current - SW	





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL BASKETBALL CHAMPIONSHIPS *HOOPLA 2015*

Hoopla 2015 will be held in Saskatoon from March 26 - 28, 2015. The 5A boys and 5A girls preliminary games will be held on Thursday evening. All other classifications will begin play on Friday.

All **finals** will be played on Saturday.

The Saskatoon host committee will host the Provincial Basketball Championships at the following venues:

- ❖ [Tommy Douglas Collegiate](#) (130 Bowlt Crescent Saskatoon, SK)
- ❖ [Bethlehem Catholic High School](#) (110 Bowlt Crescent Saskatoon, SK)
- ❖ [Mount Royal Collegiate](#) (2220 Rusholme Road Saskatoon, SK)
- ❖ [Evan Hardy Collegiate](#) (605 Acadia Drive Saskatoon, SK)

The SHSAA has adopted a policy that does not allow for teams to practice at the host venue(s) prior to or during the competition. Please do not contact these host sites in attempts to book practice times for the championship.

The schedule of games will be released Monday, March 23rd. It will be posted on the SHSAA web site; direct your inquiries to the SHSAA office. Each school team attending HOOPLA is responsible for arranging their accommodations. Schools are encouraged to book rooms early.

For a listing of Saskatoon Hotels please check the Tourism Saskatoon website <http://www.tourismsaskatoon.com/hotels/>



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA REGIONAL WRESTLING

DATE: Saturday, March 7, 2015

LOCATION: Warman High School

COMMISSIONER: [Jesse Reis](#)

PHONE: 306-933-2377 **FAX:** 306-933-1171

ENTRY:

1. All wrestlers from registered schools outside Regina and Saskatoon **MUST** attend this meet in order to qualify for the Provincial Tournament.
2. Registered schools may enter more than one wrestler per division.
3. Every participating school **MUST** contact the commissioner and SHSAA Office, with their intent to enter, and indicate the number of competitors by the Monday preceding the regional tournament. Competitors who have not been pre-registered by their coaches will not be allowed to participate in the tournament.
4. **This will be a one-day meet.** Weigh-in will be done by email. Skin-check will start at 9:00 a.m. and wrestling will begin at 10:00 a.m.
5. The Saskatchewan District team that advances to the Provincial Tournament will consist of up to four qualifiers from this meet per weight division.
6. The coaches present will select the "District" coaching staff. (Head and Assistant Coach.)
7. The District Coaches in consultation with the commissioner will select the final district team.

WEIGH-IN:

A weigh-in will not be held at the Regional tournament. **Each wrestler must weigh in at their home school. A school administrator or their designate must certify the weight. Certified weights must be emailed to the host commissioner and SHSAA office by 12:00 p.m. on the Thursday preceding the meet (March 5, 2015).** Note this procedure is used for the regional meet only.

SKIN INSPECTIONS: Skin inspections will begin at 9:00 am. All participants must pass the on-site skin inspection before wrestling.

START TIME:

The tournament begins at 10:00 am. Three wrestling mats are available for matches.

RULES FOR HIGH SCHOOL WRESTLING:

Please refer to the SHSAA Handbook (pages 129 - 135), the CAWA rule book, and the Wrestling Activity page on the SHSAA website (<http://www.shsaa.ca/page/show/992567-wrestling>) for more information on High School wrestling rules.

ACCOMMODATIONS:

Warman is in close proximity of Saskatoon. For a listing of Saskatoon Hotels please check the Tourism Saskatoon website <http://www.tourismsaskatoon.com/hotels/>



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL WRESTLING CHAMPIONSHIPS

DATE: March 13 – 14, 2015

LOCATION: CKHS - University of Regina

COMMISSIONER: [Angela Tillier](#)

PHONE: 306-523-3461

FAX: 306-523-3462

ENTRY:

Regina, Saskatoon and District Teams must be declared on or before March 7th and entries received by the commissioner and SHSAA office on or before, March 9th. Changes to original entries must be made by 12:00pm (noon) Thursday, March 12th.

SKIN CHECKS:

On site skin examinations will begin Friday, March 13th at 11:30am. All wrestlers must clear skin inspection prior to reporting for weigh-in.

WEIGH-IN:

Weigh-ins will take place on site from 12:00 noon to 1:00pm Friday, March 13th. Wrestlers must weigh in at this time and make the weight class that they qualified in for the Provincial Championship.

WEIGH-IN PROCEDURE:

Check scales for the weigh-ins will be available for wrestlers between 11:00 am and 11:30 am.

COMPETITION:

Wrestling will begin at 4:00pm Friday and continue until approximately 9:00pm. Wrestling will resume Saturday at 9:00am. Information will be provided at the championship as to when the break for the coaches meeting will occur on Saturday and when wrestling will commence following the coaches meeting. Medal presentations for all weight classifications will occur after the final championship bouts have finished.

ACCOMMODATION:

For a listing of Regina Hotels please check the Tourism Regina website <http://tourismregina.com/stay/hotels/>

RULES FOR HIGH SCHOOL WRESTLING:

Please refer to the SHSAA Handbook (pages 129 - 135), the CAWA rule book, and the Wrestling Activity page on the SHSAA website (<http://www.shsaa.ca/page/show/992567-wrestling>) for more information on High School wrestling rules.

Sask milk





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL BADMINTON CHAMPIONSHIP

Date: May 9, 2015

Location: Moose Jaw Peacock Collegiate

Commissioner: [Larry Segall](#)

Phone: 306-694-7526

Fax: 306-692-0283

Rules and Procedures: Refer to the SHSAA Handbook Badminton Pages 85-88 or the SHSAA Badminton Activity page (<http://www.shsaa.ca/page/show/992555-badminton>)

Official Shuttlecock: The SHSAA has a sponsorship contract with Yonex Canada. The Yonex Mavis 300, Blue Band Shuttle will be supplied by the SHSAA & Yonex for each District, Regional and Provincial Tournament.

Accommodation: For a listing of Moose Jaw Hotels please check the Tourism Moose Jaw website <http://www.tourismmoosejaw.ca/good-nights-sleep>

Inquiries: Please contact the respective commissioners or the SHSAA Office at 306-721-2151 or <mailto:l.mckellar@shsaa.ca>

REGIONAL PLAYOFFS

MAY 2, 2015

Reminder to all District Commissioners: You must have your entries for Regional Badminton into the Regional host and SHSAA office by Monday April 27th.

LOCATION	SERIES A Regina	SERIES B Melville	SERIES C Carrot River	SERIES D Meadow Lake
CONTACT	Angela Tillier	Chelsey Kirschman	Cory Schmaltz	Cheyne Dallyn
PHONE	306-523-3461	306-728-4181	306-768-2433	306-236-5236
FAX	306-523-3462	306-728-4742	306-768-2633	306-236-4294
FORMAT	8 - TEAM	8 - TEAM	6 - TEAM	6 - TEAM
PARTICIPATING DISTRICTS	REGINA Angela Tillier 306-523-3461 SOUTH WEST Deb Reamer 306-299-2061 WEST CENTRAL Miles Bennett 306-252-2182 SOUTH CENTRAL Roger Morgan 306-264-7499	EAST CENTRAL Brad Cameron 306-548-2103 SOUTH EAST Fred Jerred 306-532-4274 QU' APPELLE VALLEY Trevor Viergutz 306-695-3929 HORIZON CENTRAL Brian Grest 306-682-1860	NORTH EAST Cory Schmaltz 306-768-2433 NORTH CENTRAL Nathan Noble 306-929-2133 SASKATOON Brad Smith 306-6683-8249	NORTH WEST Jay Elder 306-285-3505 BATTLE WEST Brad Nemish 306-883-2282 CENTRAL VALLEY Grant Elke 306-260-5712





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL TRACK & FIELD CHAMPIONSHIP

DATE: June 5 – 6, 2015

LOCATION: Century Field - Yorkton Regional (150 Gladstone Ave. N)

COMMISSIONER: [Duane Miller](#)

PHONE: 306-786-5560 FAX: 306-786-5599

Participating Districts and schools are responsible to book their own accommodation. The SHSAA and host have blocked rooms in Yorkton. Check the SHSAA web site (<http://www.shsaa.ca/page/show/968446-provincial-championship-accommodations>)

Please refer to the SHSAA handbook pages 112 - 121 or the SHSAA Track & Field Activity page (<http://www.shsaa.ca/page/show/992565-track%20&%20field>) for regulations concerning the event.

Wheelchair Events: The 100m and 400m wheelchair events have been approved as events for this meet. Please contact the SHSAA office with entries for the wheel chair events.

Quadathlon: There will be an open category for Boys Quadathlon and Girls Quadathlon competitions.

- Four events (100m, 800m, Long Jump, and Shot Put) are scored on the best performance by the individual in each of the events. The Quadathlon winner will be the competitor who has accumulated the most points through the four events.
- Athletes participating in the Quadathlon will not be allowed to compete in other individual events at the SHSAA Championships but may compete in any age appropriate relays.
- All athletes competing in the Quadathlon at the SHSAA Track and Field Championships are expected to have competed in a similar event at their District Track Meet.
 - Shot Put implement: Boys – 12 lb; Girls – 4 kg

HY-TEK: The district team advancer information will be provided to each district. Entries are due to the SHSAA office on or before June 1st, 2015. Substitutions for original entries may be made until 4:00pm on June 3rd, 2015.

OFFICIALS' ASSIGNMENTS: Each District supplies **TWO OFFICIALS per session**. These officials assist the head official of the events. Please forward names of your District officials to the SHSAA Office. A fine of \$100.00 will be assessed to any District that does not comply with these criteria. Athletes must not be assigned as officials.

TASK	DISTRICT ASSIGNED
Track Judges & Officials:	CENTRAL VALLEY, SOUTH WEST, NORTH CENTRAL, QU' APPELLE VALLEY, NORTH EAST
SHOT:	SOUTH EAST
JAVELIN:	HORIZON CENTRAL
DISCUS:	WEST CENTRAL
LONG JUMP:	NORTH WEST
TRIPLE JUMP:	SOUTH CENTRAL
HIGH JUMP:	BATTLE WEST
POLE VAULT:	SASKATOON
AWARDS:	REGINA
HEAD OFFICIAL FOR EACH EVENT:	EAST CENTRAL / SASK ATHLETICS





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA TRACK & FIELD - Provincial Championship

Friday and Saturday June 6 & 6, 2015 – Century Field – Yorkton

FRIDAY TRACK SCHEDULE			SATURDAY TRACK SCHEDULE		
Time	Division	Competition	Time	Division	Competition
9:30 am	Mid. Girls	80 m Hurdle Heats	9:00 am	Sr. Girls	4X100 m Relay H
	Jr. Girls	80 m Hurdle Heats	9:15	Sr. Boys	4X100 m Relay H
	Sr. Girls	80 m Hurdle Heats	9:30	Jr. Girls	4X100 m Relay H
10:10	Mid. Boys	100 m Hurdle Heats	9:45	Jr. Boys	4X100 m Relay H
	Jr. Boys	100 m Hurdle Heats	10:00	Mid. Girls	4X100 m Relay H
	Sr. Boys	100 m Hurdle Heats	10:15	Mid. Boys	4X100 m Relay H
10:50	Mid. Girls	100 m Heats	10:30	Sr. Boys	3000 m Final
	Mid. Boys	100 m Heats	10:45	Sr. Girls	3000 m Final
	Jr. Girls	100 m Heats	11:00	Jr. Boys	3000 m Final
11:30	Jr. Boys	100 m Heats	11:15	Jr. Girls	3000 m Final
	Sr. Girls	100 m Heats	11:30	Mid. Boys	3000 m Final
	Sr. Boys	100 m Heats	11:45	Mid. Girls	3000 m Final
12:10 pm	Open Girls	100m Quads Timed Finals	12:00 pm	Sr. Girls	200 m Heats
	Open Boys	100m Quads Timed Finals	12:15	Sr. Boys	200 m Heats
12:40	Mid. Girls	400 m Heats	12:30	Jr. Girls	200 m Heats
	Mid. Boys	400 m Heats	12:45	Jr. Boys	200 m Heats
	Jr. Girls	400 m Heats	1:00	Mid. Girls	200 m Heats
1:20	Jr. Boys	400 m Heats	1:15	Mid. Boys	200 m Heats
	Sr. Girls	400 m Heats	Lunch Break 1:30 – 2:30		
	Sr. Boys	400 m Heats	2:30	Wheel Chair	400 m Timed Final
2:00	Mid. Girls	100 m Semi-final	2:40	Sr. Girls	800 m Timed Final
	Mid. Boys	100 m Semi-final	2:55	Sr. Boys	800 m Timed Final
	Jr. Girls	100 m Semi-final	3:10	Jr. Girls	800 m Timed Final
2:30	Jr. Boys	100 m Semi-final	3:25	Jr. Boys	800 m Timed Final
	Sr. Girls	100 m Semi-final	3:40	Mid. Girls	800 m Timed Final
	Sr. Boys	100 m Semi-final	3:55	Mid. Boys	800 m Timed Final
	Wheel Chair	100 m Semi-final	4:10	Sr. Girls	200 m Timed Final
3:00	Mid. Girls	80 m Hurdle SF	4:20	Sr. Boys	200 m Timed Final
	Jr. Girls	80 m Hurdle SF	4:30	Jr. Girls	200 m Timed Final
	Sr. Girls	80 m Hurdle SF	4:40	Jr. Boys	200 m Timed Final
3:30	Mid. Boys	100 m Hurdle SF	4:50	Mid. Girls	200 m Timed Final
	Jr. Boys	100 m Hurdle SF	5:00	Mid. Boys	200 m Timed Final
	Sr. Boys	100 m Hurdle SF	5:10	Sr. Girls	4 X 100 m Final
Dinner Break 4:00 – 5:00			5:15	Sr. Boys	4 X 100 m Final
5:00	Sr. Boys	100 m Hurdle Final	5:20	Jr. Girls	4 X 100 m Final
	Jr. Boys	100 m Hurdle Final	5:25	Jr. Boys	4 X 100 m Final
	Mid. Boys	100 m Hurdle Final	5:30	Mid. Girls	4 X 100 m Final
5:15	Mid. Girls	80 m Hurdle Final	5:35	Mid. Boys	4 X 100 m Final
	Jr. Girls	80 m Hurdle Final	5:40	Open Girls	4 X 400 m Final
	Sr. Girls	80 m Hurdle Final	5:50	Open Boys	4 X 400 m Final
5:30	Mid. Girls	1500m Timed Final			
5:45	Mid. Boys	1500m Timed Final			
6:00	Jr. Girls	1500m Timed Final			
6:15	Jr. Boys	1500m Timed Final			
6:30	Sr. Girls	1500m Timed Final			
6:45	Sr. Boys	1500m Timed Final			
7:00	Wheel Chair	100m Final			
7:05	Mid. Girls	100m Final			
	Mid. Boys	100m Final			
	Jr. Girls	100m Final			
7:20	Jr. Boys	100m Final			
	Sr. Girls	100m Final			
	Sr. Boys	100m Final			
7:30	Open Boys	800m Quad Timed Finals			
	Open Girls	800m Quad Timed Finals			
7:40	MID. GIRLS	400m Timed Final			
	MID. BOYS	400m Timed Final			
	JR. GIRLS	400m Timed Final			
	JR. BOYS	400m Timed Final			
	SR. BOYS	400m Timed Final			
	SR. GIRLS	400m Timed Final			





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA TRACK & FIELD - Provincial Championship

Friday and Saturday June 5 & 6, 2015 – Century Field – Yorkton

FRIDAY FIELD SCHEDULE			SATURDAY FIELD SCHEDULE		
Time	Division	Competition	Time	Division	Competition
9:30 am	Open Boys	QUAD LONG JUMP			
	Open Girls	QUAD SHOT PUT			
10:30 am	Mid. Boys	HIGH JUMP	9:00 am	Mid. Boys	POLE VAULT
	Mid. Girls	DISCUS		Mid. Boys	SHOT PUT
	Jr. Boys	LONG JUMP		Mid. Girls	LONG JUMP
	Jr. Girls	POLE VAULT		Jr. Boys	DISCUS
	Jr. Girls	SHOT PUT		Jr. Girls	HIGH JUMP
	Sr. Boys	JAVELIN		Sr. Boys	TRIPLE JUMP
	Sr. Girls	TRIPLE JUMP		Sr. Girls	JAVELIN
1:00 pm	Mid. Boys	JAVELIN	11:30 am	Mid. Boys	TRIPLE JUMP
	Mid. Girls	HIGH JUMP		Mid. Girls	POLE VAULT
	Jr. Boys	POLE VAULT		Mid. Girls	SHOT PUT
	Jr. Boys	SHOT PUT		Jr. Boys	HIGH JUMP
	Jr. Girls	TRIPLE JUMP		Jr. Girls	JAVELIN
	Sr. Boys	LONG JUMP		Sr. Boys	DISCUS
	Sr. Girls	DISCUS		Sr. Girls	LONG JUMP
3:30 pm	Open Boys	QUAD SHOT PUT			
	Open Girls	QUAD LONG JUMP			
5:30 pm	Mid. Boys	LONG JUMP	2:30 pm	Mid. Boys	DISCUS
	Mid. Girls	TRIPLE JUMP		Mid. Girls	JAVELIN
	Jr. Boys	JAVELIN		Jr. Boys	TRIPLE JUMP
	Jr. Girls	DISCUS		Jr. Girls	LONG JUMP
	Sr. Boys	POLE VAULT		Sr. Boys	HIGH JUMP
	Sr. Boys	SHOT PUT		Sr. Girls	POLE VAULT
	Sr. Girls	HIGH JUMP		Sr. Girls	SHOT PUT





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA COACHES SYMPOSIUM

The SHSAA annual **Coaches Symposium** will be held **August 17 & 18, 2015 in Saskatoon (host school TBA)**. The SHSAA believes the Symposium is an excellent opportunity for coaches of different activities to gather in one location to participate in a professional development opportunity that will enhance the extra-curricular experience of the student athletes around the province. Each of the fourteen SHSAA districts is offering incentives to support coaches who want to attend, please contact your District Executive. This opportunity is available to all coaches including non-faculty and community coaches.

This is the fifteenth consecutive year of the Symposium. This year's symposium is again planning to provide entry-level sessions as well as advanced sessions in a variety of sports that are a part of the SHSAA programming. **The registration fee will be \$150.00 if registered prior to June 30th and \$175.00 for those who register after this date.** Pamphlets and registration forms will be distributed to schools in the spring as well as being available on the SHSAA website.

The symposium will once again offer pre-conference sessions on Monday. These optional offerings usually have additional costs attached and some may be taken separate from the regular symposium registration. Please contact the SHSAA office if you are interested in these sessions.

The Symposium Committee is actively planning the sessions and inviting presenters to participate. If you have someone in mind that you would like to hear give a presentation, take the time to forward the name to the SHSAA office or an executive member. If you are approached to present, please give serious consideration to the opportunity. It is our own 'made in Saskatchewan' coaches who each year receive such positive feedback from those in attendance at the symposium.

TENTATIVE SCHEDULE OF OFFERINGS:

Pre-Conference Sessions: Monday August 17, 8:00 am – 4:30 pm

- Officiating Clinics and Refreshers
- NCCP Coaching Certification opportunities - Part A-B Accelerated, Level 1 Volleyball, Level 2 Volleyball, Basketball Games Module
- Sport Taping, Use of Technology, Team Building, Leadership, Fitness, and Sport First-Aid learning opportunities

Watch for final details in Symposium Brochures and Information coming to your school this Spring.

Monday: Morning Registration: 8:00 – 9:00 a.m.; Pre-Sessions: 8:00 a.m. – 4:30 p.m.; Afternoon Registration: 5:00 – 5:45 p.m.	
Opening General Session and Welcome: 5:45 p.m.	
Monday 6:00 – 7:15 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, 6 & 9 man Football and Track) - sessions will be offered at the introductory and advanced levels
Monday 7:30 – 8:45 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, 6 & 9 man Football and Track) - sessions will be offered at the introductory and advanced levels
Monday 8:45 p.m.	Pizza Social at Location TBA
Tuesday 9:00 – 10:15 a.m.	Sport Medicine and Science Sessions - dealing with topics such as nutrition, cross training, mental training, and sport first-aid
Tuesday 10:30 – 11:45 a.m.	Sport Medicine and Science Sessions - dealing with topics such as nutrition, cross training, mental training, and sport first-aid
Tuesday 12:00 – 1:00 p.m.	Luncheon at Location TBA
Tuesday 1:00 – 2:15 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, 6 & 9 man Football and Track) - sessions will be offered at the introductory and advanced levels
Tuesday 2:30 – 3:45 p.m.	Sport Specific (Golf, Soccer, Volleyball, Basketball, Badminton, 6 & 9 man Football and Track) - sessions will be offered at the introductory and advanced levels





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



The Race to Nowhere in Youth Sports

Posted In [Coaching](#), [Problems in Youth Sports](#), [Sports Parenting](#)

“My 4th grader tried to play basketball and soccer last year,” a mom recently told me as we sat around the dinner table after one of my speaking engagements. “It was a nightmare. My son kept getting yelled at by both coaches as we left one game early to race to a game in the other sport. He hated it.” “I know,” said another. “My 10 year old daughter’s soccer coach told her she had to pick one sport, and start doing additional private training on the side, or he would give away her spot on the team.” So goes the all too common narrative for American youth these days, **an adult driven, hyper competitive race to the top in both academics and athletics that serves the needs of the adults, but rarely the kids.** As movies such as “[The Race to Nowhere](#)” and recent articles [such as this one from the Washington Post point out](#), while the race has a few winners, the course is littered with the scarred psyches of its participants. We have a generation of children that have been pushed to achieve parental dreams instead of their own, and prodded to do more, more, more and better, better, better. The pressure and anxiety is stealing one thing our kids will never get back; their childhood. The movie and article mentioned above, as well as the book [The Overachievers: The Secret Lives of Driven Kids](#), highlight the dangerous path we have led our children down in academics. We are leading them down a similar path in sports as well.

The path is a race to nowhere, and it does not produce better athletes. It produces bitter athletes who get hurt, burnout, and quit sports altogether. As I said to my wife recently, the hardest thing about raising two kids these days, when it comes to sports, is that the vast majority of the parents are leading their kids down the wrong path, but not intentionally or because they want to harm their kids. They love their kids, but the social pressure to follow that path is incredible. Even though my wife and I were collegiate athletes, and I spend every day reading the research, and studying the latest science on the subject, the pressure is immense. The social pressure is like having a conversation with a pathological liar; he is so good at lying that even when you know the truth, you start to doubt it. Yet that is the sport path many parents are following. The reason? FEAR! We are so scared that if we do not have our child specialize, if we do not get the extra coaching, or give up our entire family life for youth sports, our child will get left behind. Even though nearly every single parent I speak to tells me that in their gut they have this feeling that running their child ragged is not helpful, they do not see an alternative. Another kid will take his place. He won’t get to play for the best coach. “I know he wants to go on the family camping trip,” they say, “but he will just have to miss it again, or the other kids will get ahead of him.”

This system sucks. It sucks for parents, many of whom do not have the time and resources to keep one child in such a system, never mind multiple athletes. There are no more family trips or dinners, no time or money to take a vacation. It causes parents untold stress and anxiety, as they are made to feel guilty by coaches and their peers if they don’t step in line with everyone else. “You are cheating your kid out of a scholarship” they are told, “They may never get this chance again.” It sucks for coaches who want to develop athletes for long term excellence, instead of short term success.

The best coaches used to be able to develop not only better athletes, but better people, yet it is getting hard to be that type of coach. There are so many coaches who have walked away from sports because while they encourage kids to play multiple sports, other unscrupulous coaches scoop those kids up, and tell them “if you really want to be a player, you need to play one sport year round. That other club is short changing your kid, they are not competitive.” The coach who does it right gives his kids a season off, and next thing you know he no longer has a team. And yes, most importantly, it sucks for the kids. Any [sports scientist or psychologist will tell you that in order to pursue any achievement activity for the long term, children need ownership, enjoyment and intrinsic motivation.](#) Without these three things, an athlete is very likely to quit. Children need first and foremost to enjoy their sport. This is the essence of being a child. Kids are focused in the present, and do not think of long term goals and ambitions. But adults do. They see “the opportunities I never had” or “the coaching I wish I had” as they push their kids to their goals and not those of the kids.





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



They forget to give their kids the one thing they did have: A CHILDHOOD! They forget to give them the ability to find things they are passionate about, instead of choosing for them. They forget that a far different path worked pretty darn well for them. So why this massive movement, one that defies all science and psychology, to change it? We need to wise up and find a better path. Parents, start demanding sports clubs and coaches that allow your kids to participate in many sports. You are the customers, you are paying the bills, so you might as well start buying a product worth paying for. [You have science on your side, and you have Long Term Athletic Development best practices on your side.](#) Your kids do not deserve or need participation medals and trophies, as some of you are so fond of saying, but they do deserve a better, more diverse youth sports experience.

Coaches, you need to wise up as well. **You are the gatekeepers of youth sports, the people who play God, and decide who gets in, and who is kicked to the curb.** You know the incredible influence of sport in your life, so stop denying it to so many others. Are you so worried about your coaching ability, or about the quality of the sport you love, to think that if you do not force kids to commit early they will leave? Please realize that if you are an amazing coach with your priorities in order, and you teach a beautiful game well, that kids will flock to you in droves, not because they have to, but because they want to!

Every time you ask a 9 year old to choose one sport over another you are diminishing participation in the sport you love by 50%. WHY? To change this we must overcome the fear, the guilt and the shame. We are not bad parents if our kids don't get into Harvard, and we are not bad parents if they do not get a scholarship to play sports in college. We should not feel shame or guilt every time our kid does not keep up with the Jones's, because, when it comes to sports, the Jones's are wrong. [As this recent article from USA Lacrosse stated,](#) college coaches are actually looking to multi sport athletes in recruiting. Why? Because they have an upside, they are better all around athletes, they are not done developing, and they are less likely to burnout. You cannot make a kid into something she is not by forcing them into a sport at a very young age, and pursuing your goals and not your child's goals. Things like motivation, grit, genetics and enjoyment have too much say in the matter.

What you can do, though, [is rob a child of the opportunity to be a child, to play freely, to explore sports of interest, to learn to love sports and become active for life.](#) Chances are great that your children will be done with sports by high school, as only a select few play in college and beyond. Even the elite players are done at an age when they have over half their life ahead of them. It is not athletic ability, but the lessons learned from sport that need to last a lifetime. Why not expose them to as many of those lifelong lessons as possible? Why not take a stand? Why don't we stop being sheep, following the other sheep down a road to nowhere that both science and common sense tells us often ends badly? It is time to stop being scared, and stand up for your kids. Read a book on the subject, pass on this article to likeminded people, bring in a speaker to your club and school, but do something to galvanize people to act.

There are more of us who want to do right by the kids than there are those whose egos and wallets have created our current path. We have just been too quiet for too long. We have been afraid to speak up, and afraid to take a stand. We are far too willing to throw away our child's present for some ill fated quest for a better future that rarely materializes, and is often filled with so much baggage that we would never wish for such a future for our kids.

If you think your child will thank you for that, then you probably stopped reading awhile ago. But if you want to get off the road to nowhere in youth sports, and to stop feeling guilty about it, then please know you are not alone. Our voice is growing stronger every day. We can create a new reality, with new expectations that put the athletes first.

We can put our children on a road to somewhere, one paved with balanced childhoods, exploration, enjoyment, and yes, multiple sports.

Someday our kids will thank us.





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA Provincial Sand Golf Championship 2014 Results

Radville School – Sept 26 & 27, 2014

FINAL RESULTS

Team Results – (best four scores on each hole, each round)

Horizon Central	Strasbourg	655
South West	Frontier	755
South East	Radville	766
South Central	Bengough	782
West Central	Dinsmore	802
Qu'Appelle Valley	Montmartre	904

Top 12 Girls Results:

Name	Town/City	Day 1	Day 2	Total
Sydney Onerheim	Frontier	106	106	212
Danica Casat	Frontier	108	114	222
Jocelyn Thorpe	Dinsmore	113	110	223
Kaleigh Sorensen	Strasbourg	110	119	229
Sarah Hoffart	Bengough	109	120	229
Carly Erhardt	Strasbourg	122	110	232
Nicole Kerbs	Montmartre	115	120	235
Leslie Kay	Raymore	134	130	264
Sera Labbie	Radville	140	130	270
Madison Englot	Montmartre	137	148	285
Olivia Verhelst	Radville	148	147	295
Erin VanStuyvenburg	Grenfell	159	148	307

Top 20 Boys Results:

Name	Town/City	Day 1	Day 2	Total
Bryce Hubick	Strasbourg	77	82	159*
Donavon Thompson	Strasbourg	74	85	159
Dillon Poorman	Raymore	83	81	164
Keaton Kelln	Strasbourg	85	79	164
Josh Gottselig	Strasbourg	87	80	167
Levi DeBruyne	Radville	83	90	173
Luc Englot	Montmartre	86	87	173
Taron Ham	Frontier	84	89	173
Daniel Bailey	Bengough	84	94	178
Rhett Labbie	Radville	88	95	183
Parker Atkinson	Dinsmore	94	93	187
Ben Dumontel	Frontier	93	97	190
Skyler Reeve	Grenfell	94	96	190
Austin Paradis	Bengough	106	93	199
Ayden Annala	Dinsmore	95	106	201
Joel Schultz	Waldheim	103	98	201
Jordan Hillrud	Radville	98	103	201
Carson McPhail	Dinsmore	107	95	202
Keith Hoffart	Bengough	100	108	208
Jack Fiechter	Radville	118	93	211
Landon Jarman	Frontier	102	109	211

*won on first playoff hole

For complete individual results
Check results listed on the SHSAA Web Site at: www.shsaa.ca



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA Provincial Grass Golf Championship 2014 Results

Northern Greens Golf Club – Nipawin – Sept. 26 & 27, 2014

FINAL RESULTS

Grass Golf Team Results – (best two (female) and best three (male) scores on each hole, each round)

Female Teams

District	Team	Total
North Central	Carlton Comp.	330
Battle West	Spiritwood	405
Qu'Appelle Valley	Fort Qu'Appelle	418
East Central	Melville	432
South East	Estevan Comp.	438
North East	L.P. Miller	442
West Central	Outlook	451
Horizon Central	Bellevue	497
North West	Pierceland	605

Male Teams

District	Team	Total
North Central	Carlton Comp.	432
East Central	Sacred Heart	453
South West	Swift Current	475
Battle West	John Paul II	479
South East	Estevan Comp.	492
North East	Tisdale	495
Regina	Campbell	496
Horizon Central	Humboldt	508
Central Valley	Osler VCA	512
North West	Onion Lake	521
Qu'Appelle Valley	Kipling	524
South Central	Coronach	525
West Central	Rosetown	559
North East	L.P. Miller	578

Top 20 Boys Results:

Name	Town/City	Day 1	Day 2	Total
Cory Selander	PA Carlton	68	74	142
Cory Bailey*	Shaunavon	72	72	144
Zach Hurd	PA Carlton	70	79	149
Carson Harcourt	Kipling	77	74	151
Cory Sawchuck	PA Carlton	73	79	152
Kade Johnson	Sacred Heart	72	80	152
Diel Normand*	Meadow Lake	78	75	153
Sam Wills*	Lumsden	76	78	154
Stephen Oleskiw	Sacred Heart	74	80	154
Kane Altwasser*	Yellow Grass	79	76	155
Kristian Houk	NB JP II	75	81	156
Tayden Wallin	Humboldt	76	82	158
Jax Gipman*	Martensville	81	80	161
Thomas Rowlett	L.P. Miller	80	81	161
Walker Hengen*	Arcola	81	80	161
Cory Audette	Swift Current	79	83	162
Jarvis Gelowitz	Sacred Heart	81	81	162
Brett Benoit	NB JP II	86	78	164
Kirk Humphrey*	Eastend	86	78	164
Jack Fischer	RG Campbell	82	83	165

*Indicates non-team player

Top 20 Girls Results:

Name	Town/City	Day 1	Day 2	Total
Brooke Hobson	PA Carlton	77	85	162
Kayla Sawchuk	PA Carlton	89	79	168
Chloe Sies	Melville	83	90	173
Alex Bernier*	Meadow Lake	91	101	192
Hannah MacNeil*	Shaunavon	99	97	196
Brittany Poitras	Fort Qu'Appelle	103	97	200
Bree Tallon	L.P. Miller	100	101	201
Maycie Gardypipe*	Duck Lake Stobart	98	106	204
Aspen Johnson*	NB JP II	100	109	209
Kailey McLellan	Estevan	110	99	209
Tenesha Pompu*	Carrot River	108	105	213
Kelsey Gamble	Spiritwood	112	106	218
Sydney Booker*	Davidson	108	111	219
Sierra Sherman*	Southey	109	111	220
Kelly Kay*	Maryfield	111	112	223
Cheyenne Fineday	Spiritwood	123	102	225
Deanna Tipewan	Spiritwood	114	111	225
Kelsey Zerr*	Mankota	108	117	225
Emma McNulty*	Watson	108	120	228
Zoe Wagner	Estevan	121	108	229

*Indicates non-team player

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SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL CROSS-COUNTRY 2014 RESULTS

Duck Mountain Provincial Park – October 4, 2014

SCHOOL TEAM POINT TOTALS

Place	1A	Total	2A	Total	3A	Total	4A	Total
1	Lake Lenore	37	Outlook	123	RG Riffel	65	RG Campbell	21
2	Middle Lake	66	Delisle	126	Lumsden	74	ST Holy Cross	23
3	Naicam	90	Unity	133	Aden Bowman	77	MJ Peacock	23
4	North Valley	102	Esterhazy	143	Humboldt	78	ST Walter Murray	26
5	Muenster	125	Biggar	186	RG Luther	97	Yorkton Regional	35
6	Strasbourg	140	Se Se Wa Hum	262	Tisdale	116	Swift Current	36
7	Eastend	144	Dalmeny	269	MJ Vanier	153	ST Centennial	47
8	Gull Lake	149			Churchill	154	RG Miller	54
9	Wynyard	167			Sacred Heart	160	Balgonie Greenall	63
10	Annaheim	169			Melfort	189	PA Carlton	84
11	Turtleford	169			Martensville	212		
12	Rocanville	190						
13	Ponteix	192						
14	Ernie Studer	197						
15	Nakoda Oyade	247						
16	Eston	255						
17	Redvers	270						
18	Leoville	288						
19	Carnduff	292						
20	Sturgeon Lake	298						

DISTRICT TEAM POINT TOTALS

Place	Midget Boys	Total	Junior Boys	Total	Senior Boys	Total
1	Regina	26	Saskatoon	38	Saskatoon	18
2	Saskatoon	35	Regina	62	Regina	62
3	Horizon Central	55	East Central	77	South Central	67
4	South Central	91	North East	86	Qu'Appelle Valley	77
5	East Central	112	North Central	89	Horizon Central	77
6	North Central	132	North West	97	South West	113
7	Qu'Appelle Valley	149	South West	105	Central Valley	170
8	North East	174	Qu'Appelle Valley	115	North Central	190
9	North West	191	Central Valley	133	North West	194
10	South West	242	Horizon Central	159		
11			South Central	171		
12			South East	235		
13						
14						

Place	Midget Girls	Total	Junior Girls	Total	Senior Girls	Total
1	Regina	25	Saskatoon	20	Saskatoon	19
2	South West	44	East Central	40	Horizon Central	59
3	Horizon Central	58	Central Valley	80	North East	67
4	Saskatoon	71	Horizon Central	84	South West	82
5	Central Valley	85	West Central	115	Qu'Appelle Valley	93
6	Qu'Appelle Valley	107	Regina	132	West Central	119
7	North West	154	North West	142	Battle West	129
8	East Central	195	South West	175	Regina	150
9	North Central	197	Qu'Appelle Valley	181	South East	194
10	North East	218	North Central	204	North Central	210
11	South Central	229	South East	228	South Central	241
12	South East	250			Central Valley	256
13	Battle West	297			North West	260
14						





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL CROSS-COUNTRY 2014 RESULTS

INDIVIDUAL TOP TEN RESULTS

Midget Girls (3000 m)

Pl	Time	Name	School
1	12:13	Alex Gray	Swift Current
2	12:15	Jasmine Fehr	Valley Christian
3	12:28	Emma Kraft	Campbell
4	12:35	Alyson Edwards	Strasbourg
5	12:40	Payton Izsak	Carlton
6	12:43	Chloe McEachern	Campbell
7	12:47	Gabriela Kukura	Campbell
8	12:55	Rayne Butler	Evan Hardy
9	13:00	Emily Larkin	Campbell
10	13:01	Tenelle Lind	Shaunavon

Midget Boys (4000 m)

Pl	Time	Name	School
1	13:39	Mathew Exner	Riffel
2	13:40	Sam Seshadri	Centennial
3	14:14	Vaughn Taylor	Riffel
4	14:32	Tyson Stadnyk	St. Henry's
5	14:41	Michael Thiel	Miller
6	14:43	Braydon Mytopher	Strasbourg
7	14:49	Csaba Nemeth	Walter Murray
8	14:54	Anthony Antaya	Carlton
9	15:00	Jackson Woloschuk	Peacock
10	15:01	Hunter Bosch	Vanier

Junior Girls (4000 m)

Pl	Time	Name	School
1	16:16	Kaycee Shroeder	Hanley
2	16:24	Courtney Hufsmith	Marion Graham
3	16:28	Kelsey Haczkewicz	Yorkton Regional
4	16:31	Lindsay Balezantis	Holy Cross
5	16:51	Justine Zarowny	Sacred Heart
6	17:03	Regan Wilson	Holy Cross
7	17:25	Karley Patenaude	Swift Current
8	17:31	Mackenzie Alexson	Walter Murray
9	17:39	Sydney Enns	Walter Murray
10	17:44	Brynn Kokesch	Outlook

Junior Boys (5000 m)

Pl	Time	Name	School
1	18:40	Austin Grismer	Rosthern JC
2	18:42	Derek Campbell	Yorkton Regional
3	19:10	Kaden Nilson	Choceland
4	19:39	Gabe Struhar	Bethlehem
5	19:42	Jordan Kitchen	Legacy Christian
6	19:45	Meko Cridland	Peacock
7	19:46	Tyson Englot	Lemberg North Valley
8	20:04	Landon Sasakamoose	Ahtahkakoop
9	20:07	Will Norton	Luther
10	20:08	Aaron LeMoal	St. Mary

Senior Girls (4000 m)

Pl	Time	Name	School
1	15:24	Aurilla Wilson	Greenall
2	15:29	Shayna Uhryn	Tommy Douglas
3	15:42	Libby Epoch	Peacock
4	16:20	Keisha Besler	Centennial
5	16:27	Michaela Allen	Campbell
6	16:33	Amy Manske	Holy Cross
7	16:42	Leadon Chartier	Holy Cross
8	16:43	Coral Willness	Naicam
9	16:46	Hannah Riemer	Swift Current
10	16:53	Beth Prodahl	Lake Lenore

Senior Boys (6000 m)

Pl	Time	Name	School
1	20:28	Ibrahim Mohammed	Mount Royal
2	21:02	Luke Groulx	Walter Murray
3	21:22	Dalyn Smith	Lake Lenore
4	21:36	Matt Johnson	LeBoldus
5	21:59	Graeme Fish	MJ Peacock
6	22:09	James Hough	Legacy Christian
7	22:13	Jon Guidinger	Eatonia
8	22:16	Jayson Childs	Clavet
9	22:20	Gamachis Roba	Mount Royal
10	22:32	Austin Schemenauer	Lake Lenore

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SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL SOCCER CHAMPIONSHIP 2014 RESULTS

Soccer 3A Boys Provincial Championship

Game	Loc.	Home	Sc.	Away	Sc.
Quarter-Final	Prince Albert	PA Carlton	1	Yorkton Regional	2
Quarter-Final	Prince Albert	ST Walter Murray	5	Regina LeBoldus	1
Quarter-Final	Prince Albert	Estevan	1	PA St. Mary	6
Quarter-Final	Prince Albert	Saskatoon Holy Cross	2	Regina Miller	3
Semi-Final	Prince Albert	ST Walter Murray	5	Yorkton Regional	1
Semi-Final	Prince Albert	PA St. Mary	2	Regina Miller	1
Cons. Semi-Final	Prince Albert	PA Carlton	0	Regina LeBoldus	1
Cons. Semi-Final	Prince Albert	Estevan	0	Saskatoon Holy Cross	8
Cons. Final	Prince Albert	Saskatoon Holy Cross	2	Regina LeBoldus	3
Bronze Medal	Prince Albert	Regina Miller	2	Yorkton Regional	1
Gold Medal	Prince Albert	ST Walter Murray	3	PA St. Mary	2

Soccer 3A Girls Provincial Championship

Game	Loc.	Home	Sc.	Away	Sc.
Quarter-Final	Saskatoon	Saskatoon St. Joseph	4	Regina O'Neill	1
Quarter-Final	Saskatoon	PA Carlton	1	Swift Current	0
Quarter-Final	Saskatoon	Regina Campbell	2	ST Evan Hardy	1
Quarter-Final	Saskatoon	Weyburn	0	PA St. Mary	5
Semi-Final	Saskatoon	PA Carlton	1	Saskatoon St. Joseph	2
Semi-Final	Saskatoon	PA St. Mary	4	Regina Campbell	0
Cons. Semi-Final	Saskatoon	Swift Current	3	Regina O'Neill	2
Cons. Semi-Final	Saskatoon	ST Evan Hardy	4	Weyburn	3
Cons. Final	Saskatoon	Swift Current	2	ST Evan Hardy	0
Bronze Medal	Saskatoon	PA Carlton	2	Regina Campbell	1
Gold Medal	Saskatoon	PA St. Mary	1	Saskatoon St. Joseph	2



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**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2014 RESULTS**

Soccer 2A Boys Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
18-Oct-2014	Regional A	Prince Albert	Ahtahkakoop	2	Se Se Wa Hum	4
18-Oct-2014	Regional A	Prince Albert	Cando	3	Ch. Poundmaker	2
18-Oct-2014	Regional A	Prince Albert	Se Se Wa Hum	7	Cando	2
14-Oct-2014	Regional B	Regina	Regina Christian	7	Regina Luther	0
22-Oct-2014	Regional B	Regina	Regina Martin	2	Regina Christian	1
17-Oct-2014	Regional C	Warman	Muenster	5	Martensville	0
18-Oct-2014	Regional C	Warman	Humboldt	2	Muenster	1
18-Oct-2014	Regional C	Warman	Lake Lenore	3	Warman	1
18-Oct-2014	Regional C	Warman	Lake Lenore	4	Humboldt	1
17-Oct-2014	Regional D	Yorkton	Moose Jaw Vanier	1	Kipling	0
18-Oct-2014	Regional D	Yorkton	Moose Jaw Vanier	1	Yorkton Sacred Heart	6
18-Oct-2014	Regional D	Yorkton	Notre Dame	2	Moose Jaw Central	6
18-Oct-2014	Regional D	Yorkton	Moose Jaw Central	0	Yorkton Sacred Heart	1
24-Oct-2014	Quarter-Final	Warman	Warman	3	Sacred Heart	13
24-Oct-2014	Quarter-Final	Warman	Regina Christian	4	Se Se Wa Hum	1
24-Oct-2014	Quarter-Final	Warman	Cando	0	Moose Jaw Central	1
24-Oct-2014	Quarter-Final	Warman	Lake Lenore	2	Regina Martin	0
24-Oct-2014	Semi-Final	Warman	Regina Christian	1	Sacred Heart	3
24-Oct-2014	Semi-Final	Warman	Lake Lenore	1	Moose Jaw Central	0
24-Oct-2014	Cons. Semi-Final	Warman	Warman	1	Se Se Wa Hum	4
24-Oct-2014	Cons. Semi-Final	Warman	Cando	2	Regina Martin	1
25-Oct-2014	Cons. Final	Warman	Cando	2	Se Se Wa Hum	6
25-Oct-2014	Bronze Medal	Warman	Regina Christian	3	Moose Jaw Central	1
25-Oct-2014	Gold Medal	Warman	Sacred Heart	0	Lake Lenore	2

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**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2014 RESULTS**

Soccer 2A Girls Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
17-Oct-2014	Regional A	Moose Jaw	Caronport	0	Se Se Wa Hum	8
18-Oct-2014	Regional A	Moose Jaw	Moose Jaw Vanier	0	Moose Jaw Central	1
18-Oct-2014	Regional A	Moose Jaw	Saskatoon Mahoney	6	Se Se Wa Hum	0
18-Oct-2014	Regional A	Moose Jaw	Saskatoon Mahoney	0	Moose Jaw Central	1
17-Oct-2014	Regional B	Notre Dame	Regina Martin	1	Regina Sheldon	4
18-Oct-2014	Regional B	Notre Dame	Yorkton Sacred Heart	9	Regina Sheldon	0
18-Oct-2014	Regional B	Notre Dame	Regina Luther	2	Notre Dame	3
18-Oct-2014	Regional B	Notre Dame	Notre Dame	1	Yorkton Sacred Heart	4
24-Oct-2014	Semi-Final	Regina	Regina Luther	0	Moose Jaw Central	1
24-Oct-2014	Semi-Final	Regina	Yorkton Sacred Heart	1	Bishop Mahoney	3
25-Oct-2014	Bronze Medal	Regina	Yorkton Sacred Heart	2	Regina Luther	0
25-Oct-2014	Gold Medal	Regina	Moose Jaw Central	0	Bishop Mahoney	1

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**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2014 RESULTS**

Soccer 1A Boys Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
18-Oct-2014	Regional A	Onion Lake	Pelican Lake	0	Eagleview	1
18-Oct-2014	Regional A	Onion Lake	Maymont	4	Meadow Lake Carpenter	10
18-Oct-2014	Regional A	Onion Lake	Meadow Lake Carpenter	4	Eagleview	3
17-Oct-2014	Regional B	Middle Lake	Hepburn	4	Rosthern JC	1
18-Oct-2014	Regional B	Middle Lake	Osler VCA	7	Hepburn	0
18-Oct-2014	Regional B	Middle Lake	Middle Lake	3	Stobart	0
18-Oct-2014	Regional B	Middle Lake	Middle Lake	3	Osler VCA	1
24-Oct-2014	Quarter-Final	Middle Lake	Middle Lake	5	Maymont	0
24-Oct-2014	Quarter-Final	Middle Lake	Osler VCA	5	Meadow Lake Carpenter	0
25-Oct-2014	Bronze Medal	Middle Lake	Meadow Lake Carpenter	8	Maymont	1
25-Oct-2014	Gold Medal	Middle Lake	Osler VCA	4	Middle Lake	1

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**SASKATCHEWAN HIGH SCHOOLS
ATHLETIC ASSOCIATION**



**SHSAA PROVINCIAL SOCCER CHAMPIONSHIP
2014 RESULTS**

Soccer 1A Girls Provincial Championship

Date	Level	Loc.	Home	Sc.	Away	Sc.
17-Oct-2014	Regional A	Maymont	Cando	4	Maymont	7
18-Oct-2014	Regional A	Maymont	Ch. Poundmaker	3	Maymont	4
18-Oct-2014	Regional A	Maymont	Ahtahkakoop	3	Eagleview	1
18-Oct-2014	Regional A	Maymont	Ahtahkakoop	4	Maymont	1
18-Oct-2014	Regional B	Rosthern JC	Rosthern JC	0	Osler VCA	8
18-Oct-2014	Regional B	Rosthern JC	Stobart	1	Waldheim	3
18-Oct-2014	Regional B	Rosthern JC	Osler VCA	3	Waldheim	0
17-Oct-2014	Regional C	Herbert	Kenaston	0	Herbert	2
18-Oct-2014	Regional C	Herbert	Outlook	0	Martensville	8
18-Oct-2014	Regional C	Herbert	Herbert	1	Delisle	4
18-Oct-2014	Regional C	Herbert	Martensville	3	LCBI	0
18-Oct-2014	Regional C	Herbert	Martensville	4	Delisle	1
17-Oct-2014	Regional D	Lake Lenore	Birch Hills	1	Moosomin	0
18-Oct-2014	Regional D	Lake Lenore	Birch Hills	0	Middle Lake	8
18-Oct-2014	Regional D	Lake Lenore	Humboldt	1	Lake Lenore	3
18-Oct-2014	Regional D	Lake Lenore	Lake Lenore	1	Middle Lake	3
24-Oct-2014	Quarter-Final	Middle Lake	Maymont	3	Osler VCA	8
24-Oct-2014	Quarter-Final	Middle Lake	Lake Lenore	2	Martensville	1
24-Oct-2014	Quarter-Final	Middle Lake	Ahtahkakoop	0	Middle Lake	4
24-Oct-2014	Quarter-Final	Middle Lake	Delisle	1	Waldheim	3
24-Oct-2014	Semi-Final	Middle Lake	Lake Lenore	6	Osler VCA	5
24-Oct-2014	Semi-Final	Middle Lake	Middle Lake	4	Waldheim	1
24-Oct-2014	Cons. Semi-Final	Middle Lake	Maymont	0	Martensville	4
24-Oct-2014	Cons. Semi-Final	Middle Lake	Ahtahkakoop	2	Delisle	6
25-Oct-2014	Cons. Final	Middle Lake	Martensville	5	Delisle	1
25-Oct-2014	Bronze Medal	Middle Lake	Waldheim	4	Osler VCA	5
25-Oct-2014	Gold Medal	Middle Lake	Middle Lake	4	Lake Lenore	1

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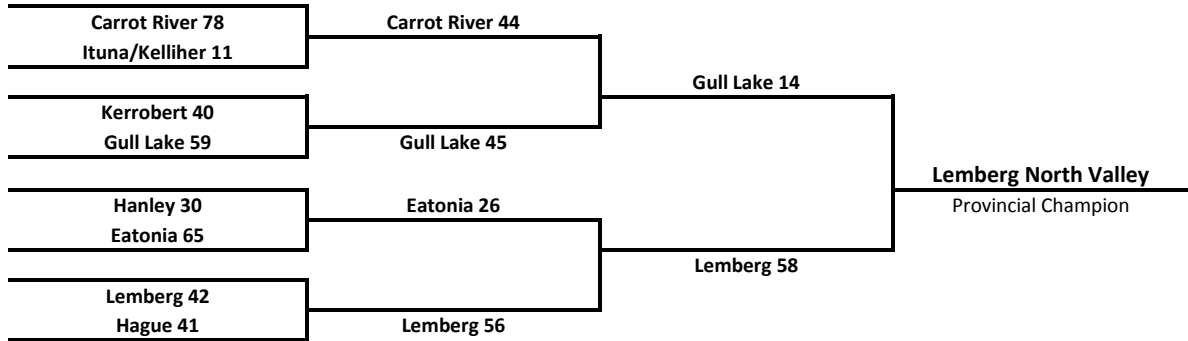


SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

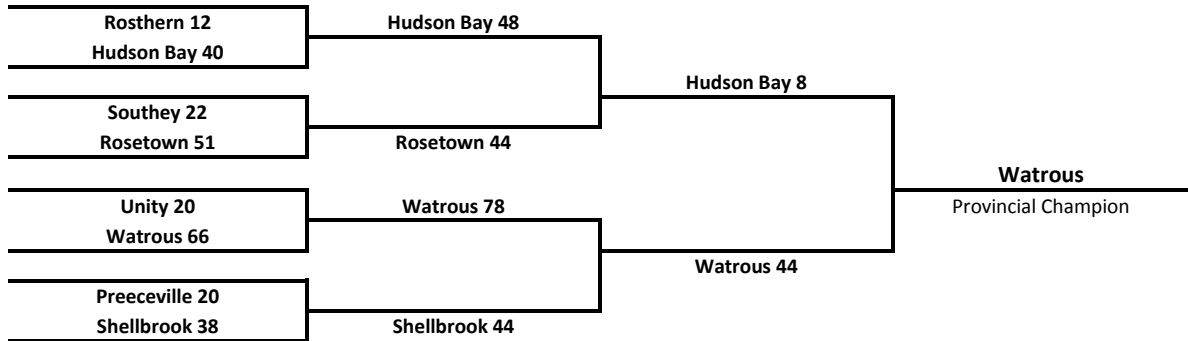


SHSAA PROVINCIAL FOOTBALL CHAMPIONSHIP 2014 RESULTS

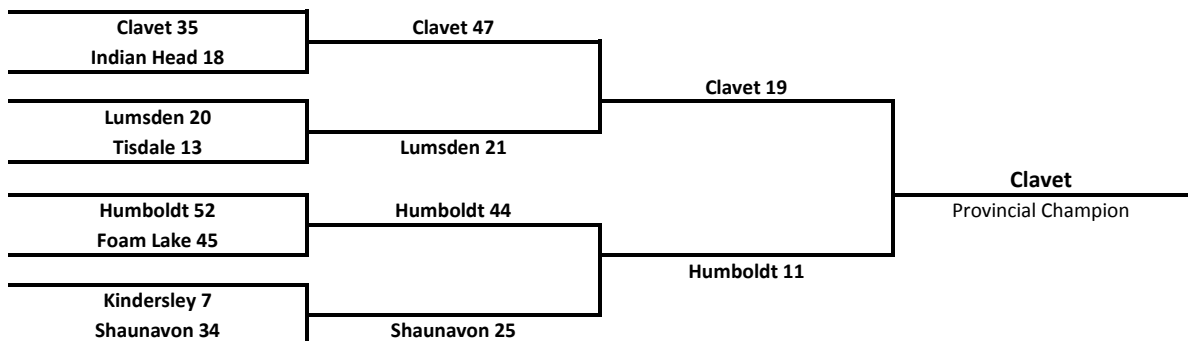
1A 6-Man Provincial Football Playoffs



2A 6-Man Provincial Football Playoffs



2A 9-Man Provincial Football Playoffs



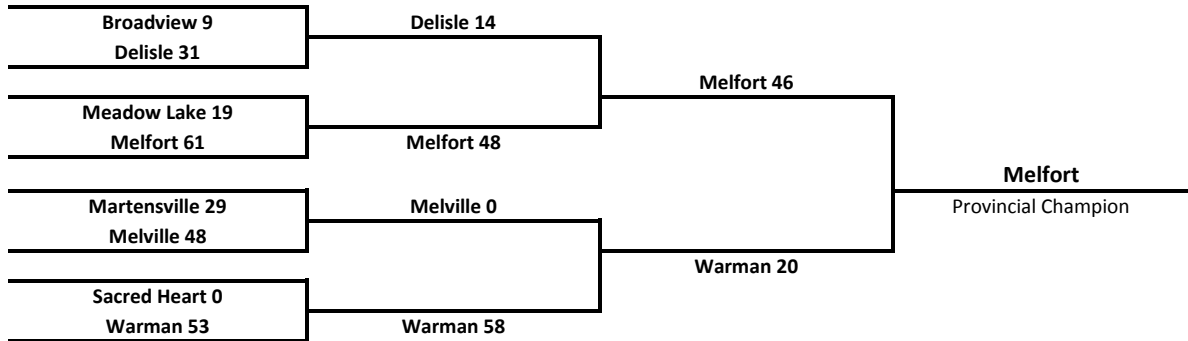


SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

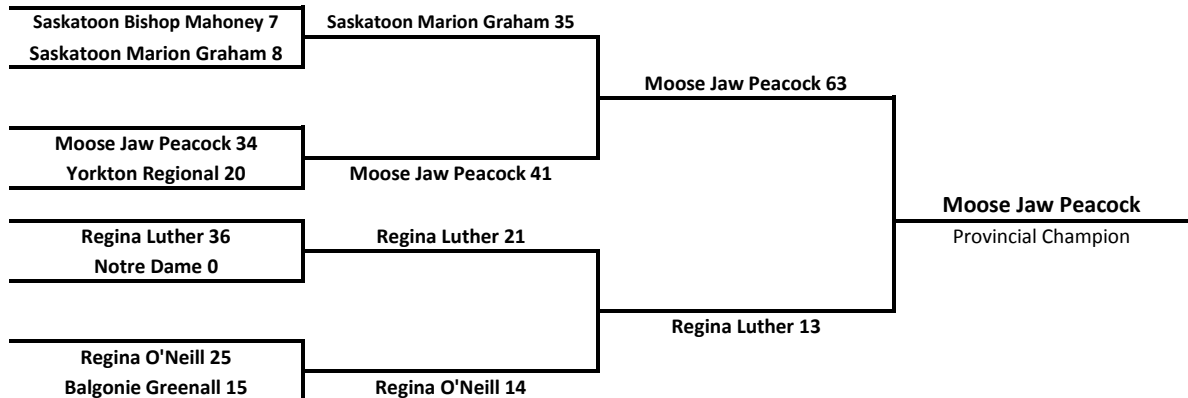


SHSAA PROVINCIAL FOOTBALL CHAMPIONSHIP 2014 RESULTS

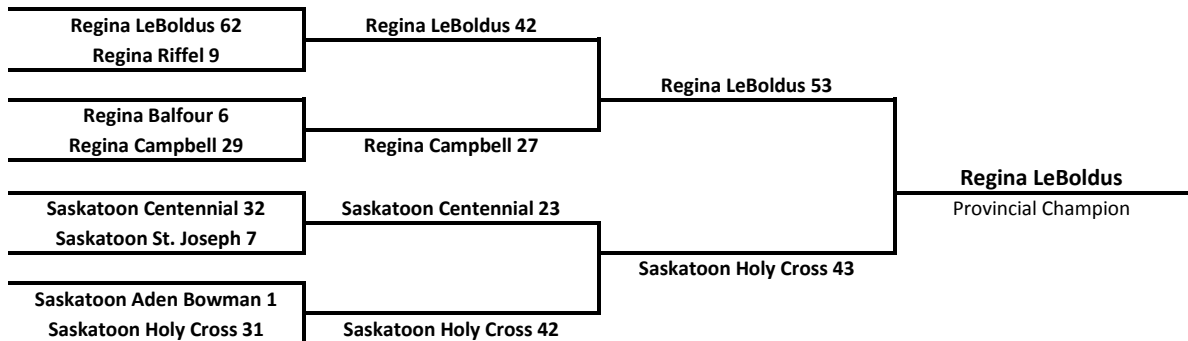
3A 9-Man Provincial Football Playoffs



3A Twelve-Man Provincial Football Playoffs



4A Twelve-Man Provincial Football Playoffs





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

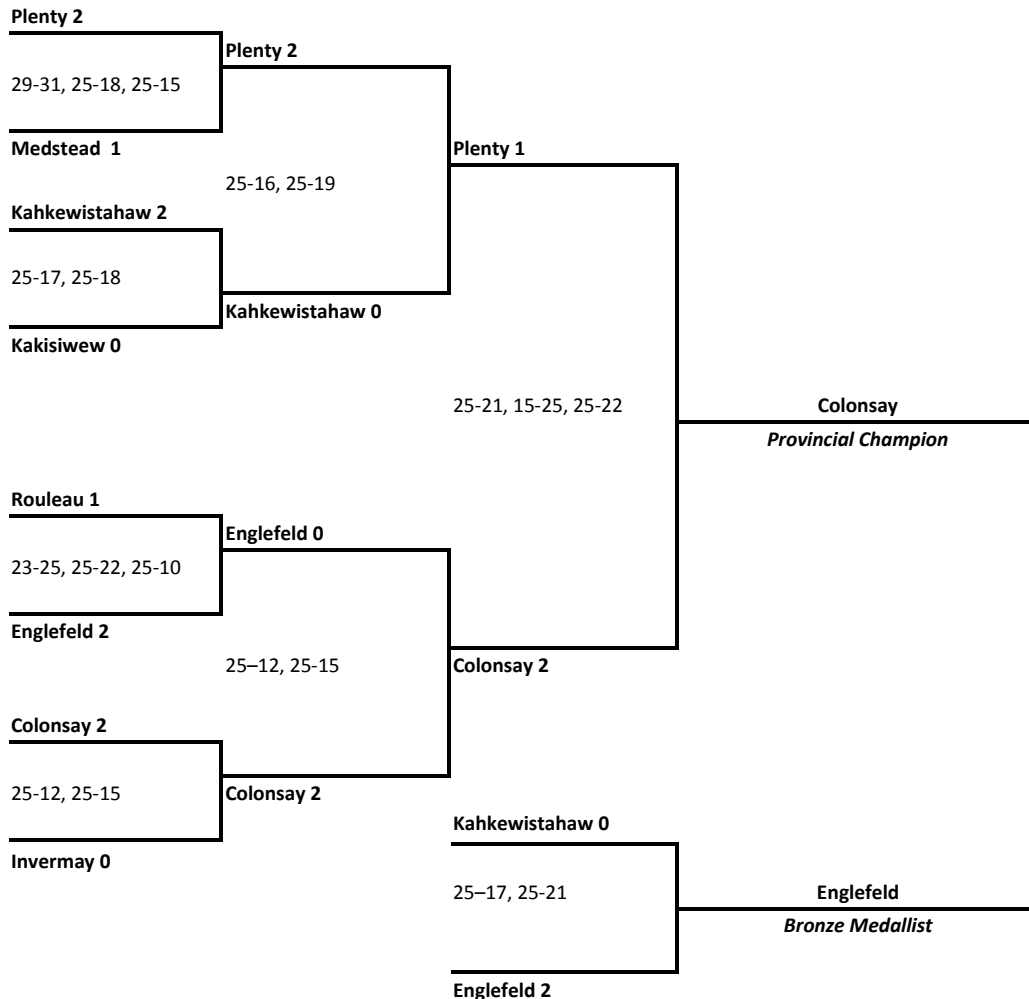
Date: Nov. 21 & 22, 2014
Location: Canwood

Competition: 1A Girls
Commissioner: Lisa Howat

POOL RESULTS:

Pool A			Pool B		
Plenty	3	1	Rouleau	3	1
Colonsay	3	1	Kahkewistahaw	3	1
Kakisiwew	2	2	Invermay	3	1
Englefeld	1	3	Medstead	1	3
Glentworth	1	3	Canwood	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Colonsay	Colts	Jessalyn Brickner
Silver Medal	North West Central School	Wildcats	Kyla Bradley
Bronze Medal	Englefeld	Eagles	Desi Zimmerman
Fourth	Kahkewistahaw	Hurricanes	Jessica Criddle
Sportsmanship Award	Colonsay	Colts	Jessalyn Brickner





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

Date: Nov. 21 & 22, 2014
Location: Langham

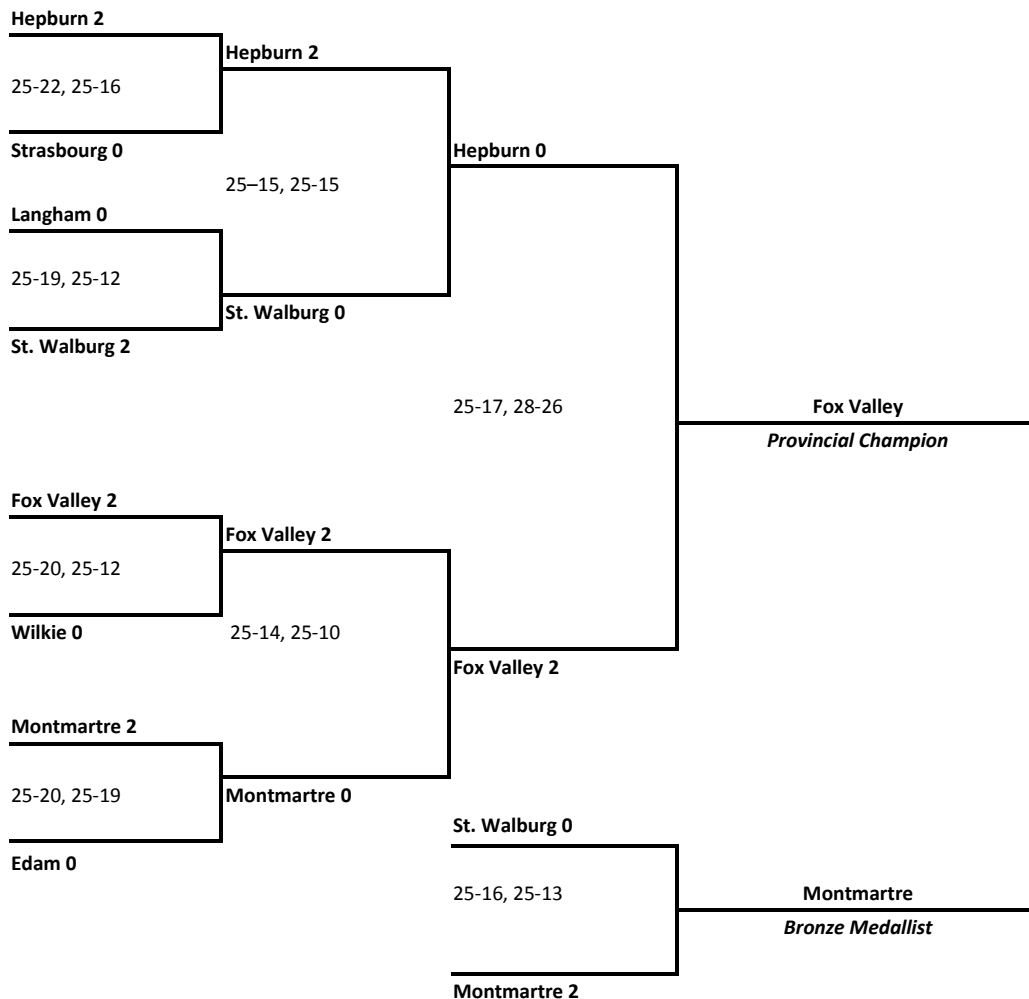
Competition: 2A Girls
Commissioner: Shawn Huber

POOL RESULTS:

Pool A		
Hepburn	4	0
Montmartre	2	2
St. Walburg	2	2
Wilkie	1	3
Southey	1	3

Pool B		
Fox Valley	4	0
Langham	3	1
Edam	2	2
Strasbourg	1	3
Meath Park	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Fox Valley	Legends	Pat Wilde
Silver Medal	Hepburn	Hawks	Donna Andres
Bronze Medal	Montmartre	Eagles	Connie Baumgartner
Fourth	St. Walburg	Saints	Lori Bartee
Sportsmanship Award	Meath Park	Mustangs	Nathan Noble





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

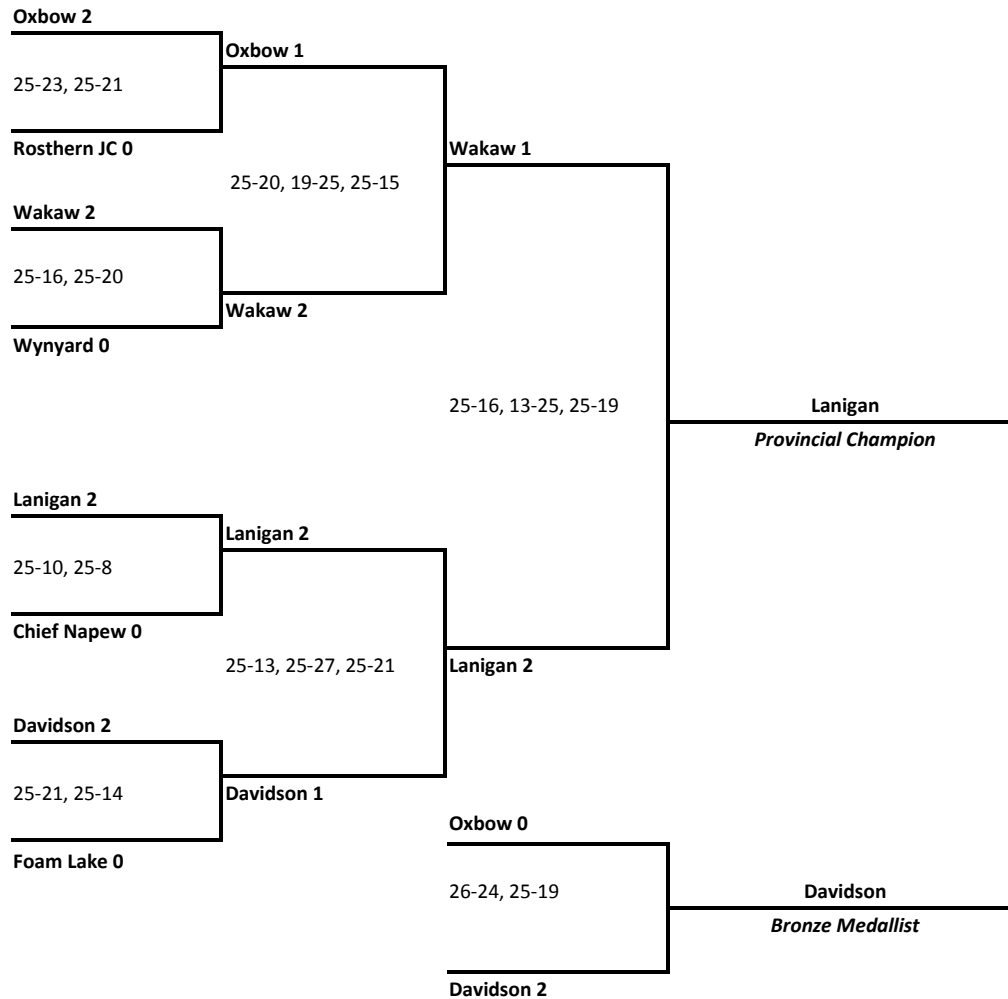
Date: Nov. 21 & 22, 2014
Location: Preeceville

Competition: 3A Girls
Commissioner: Cary Franklin

POOL RESULTS:

Pool A			Pool B		
Oxbow	3	1	Lanigan	4	0
Davidson	3	1	Wakaw	3	1
Wynyard	2	2	Foam Lake	2	2
Chief Napew	2	2	Rosthern JC	1	3
Preeceville	0	4	Rossignol	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Lanigan	Lazers	Wendi Collins
Silver Medal	Wakaw	Warriors	Lyle Gartner
Bronze Medal	Davidson	RaiTec	Tony Baldwin
Fourth	Oxbow	Black Knights	Riley Singleton
Sportsmanship Award	Davidson	RaiTec	Tony Baldwin





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

Date: Nov. 21 & 22, 2014

Location: La Loche

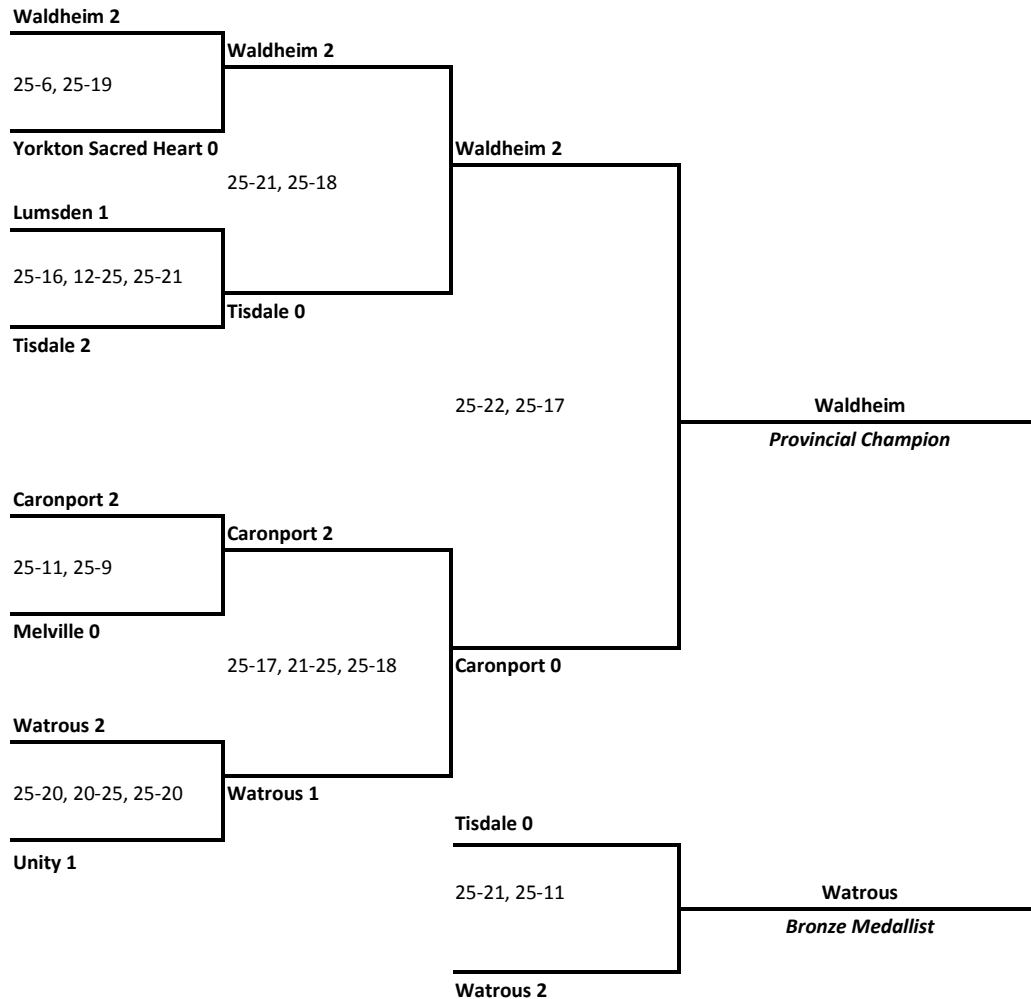
Competition: 4A Girls

Commissioner: Phyllis Longobardi

POOL RESULTS:

Pool A			Pool B		
Waldheim	4	0	Caronport	4	0
Watrous	3	1	Lumsden	3	1
Tisdale	2	2	Unity	2	2
Melville	1	3	Sacred Heart	1	3
La Loche	0	4	Birch Hills	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Waldheim	Raiders	Derek Zacharias
Silver Medal	Caronport	Cougars	Erika Cartman
Bronze Medal	Watrous	Wildcats	Emily Trach
Fourth	Tisdale	Tornados	Kandace Weisberg
Sportsmanship Award	Unity	Warriors	Ken Parker





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

Date: Nov. 21 & 22, 2014
Location: Regina Luther

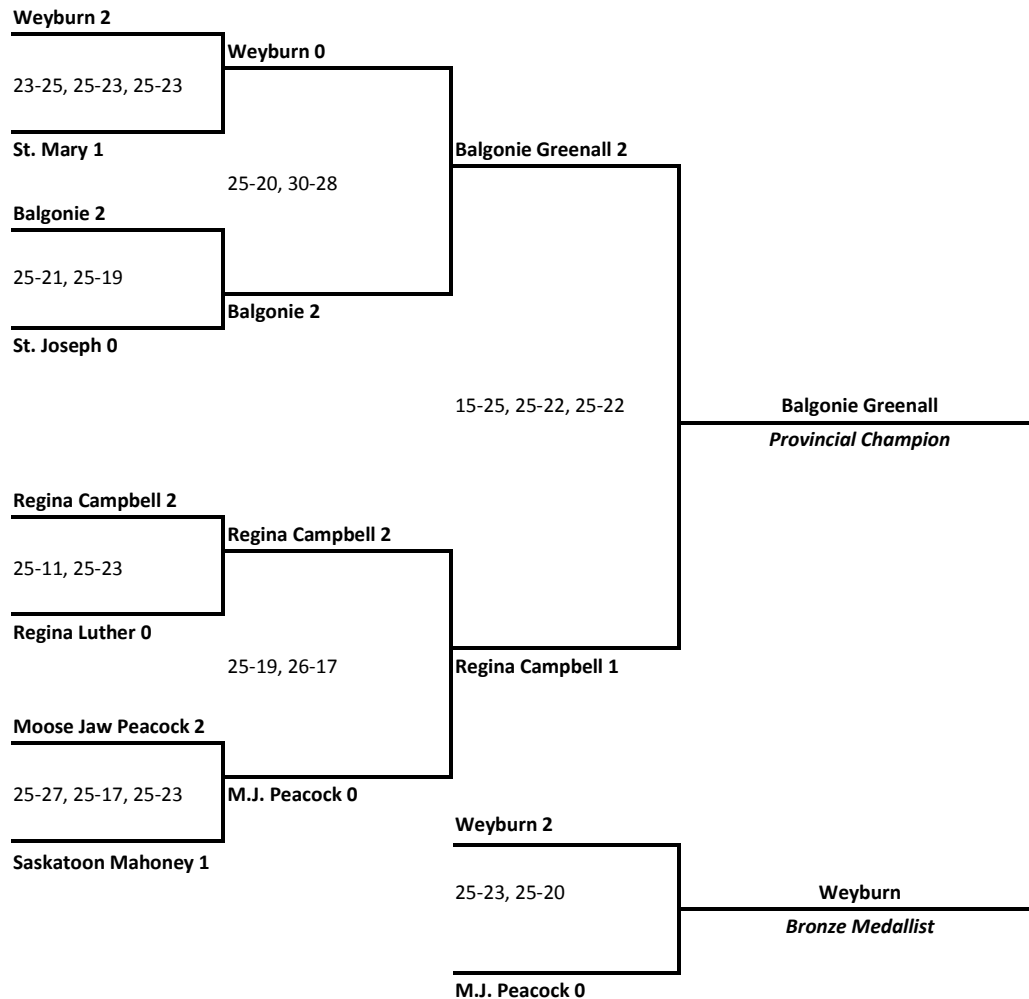
Competition: 5A Girls
Commissioner: Troy Casper

POOL RESULTS:

Pool A		
Weyburn	4	0
M.J. Peacock	3	1
St. Joseph	2	2
Regina Luther	1	3
Warman	0	4

Pool B		
Regina Campbell	4	0
Balgonie Greenall	3	1
Bishop Mahoney	2	2
P.A. St. Mary	1	3
North Battleford	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Balgonie Greenall	Griffins	Dwight Fuhro
Silver Medal	Regina Campbell	Tartans	Barry Leibel
Bronze Medal	Weyburn	Eagles	Blake Johnson
Fourth	Moose Jaw Peacock	Toilers	Jenn Prokopetz
Sportsmanship Award	St. Joseph	Guardians	Tracy Hazen





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



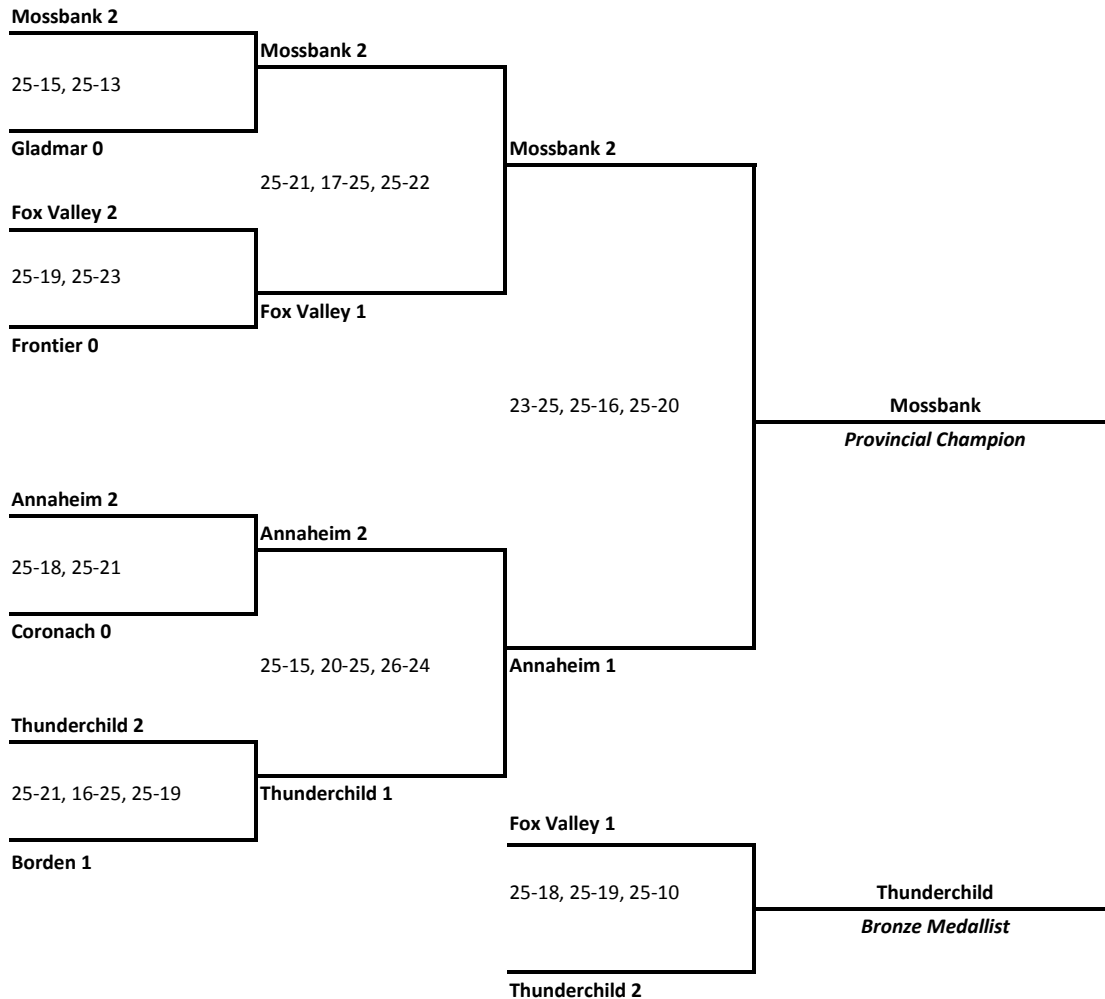
SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

Date: Nov. 28 & 29, 2014
Location: Mossbank

Competition: 1A Boys
Commissioner: Leanne Rutko

POOL RESULTS:			
Pool A			
Mossbank	4	0	
Thunderchild	3	1	
Frontier	2	2	
Coronach	1	3	
Broadview	0	4	
Pool B			
Annaheim	3	1	
Fox Valley	3	1	
Borden	3	1	
Gladmar	1	3	
Avonlea	0	4	

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Mossbank	Prairie Lightning	Joel Mowchenko
Silver Medal	Annaheim	Rebels	Blair Wourms
Bronze Medal	Thunderchild	Thunder	Mike Kanhai
Fourth	Fox Valley	Legends	Darren Lehmann
Sportsmanship Award	Gladmar	Falcons	Royden Wesley





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

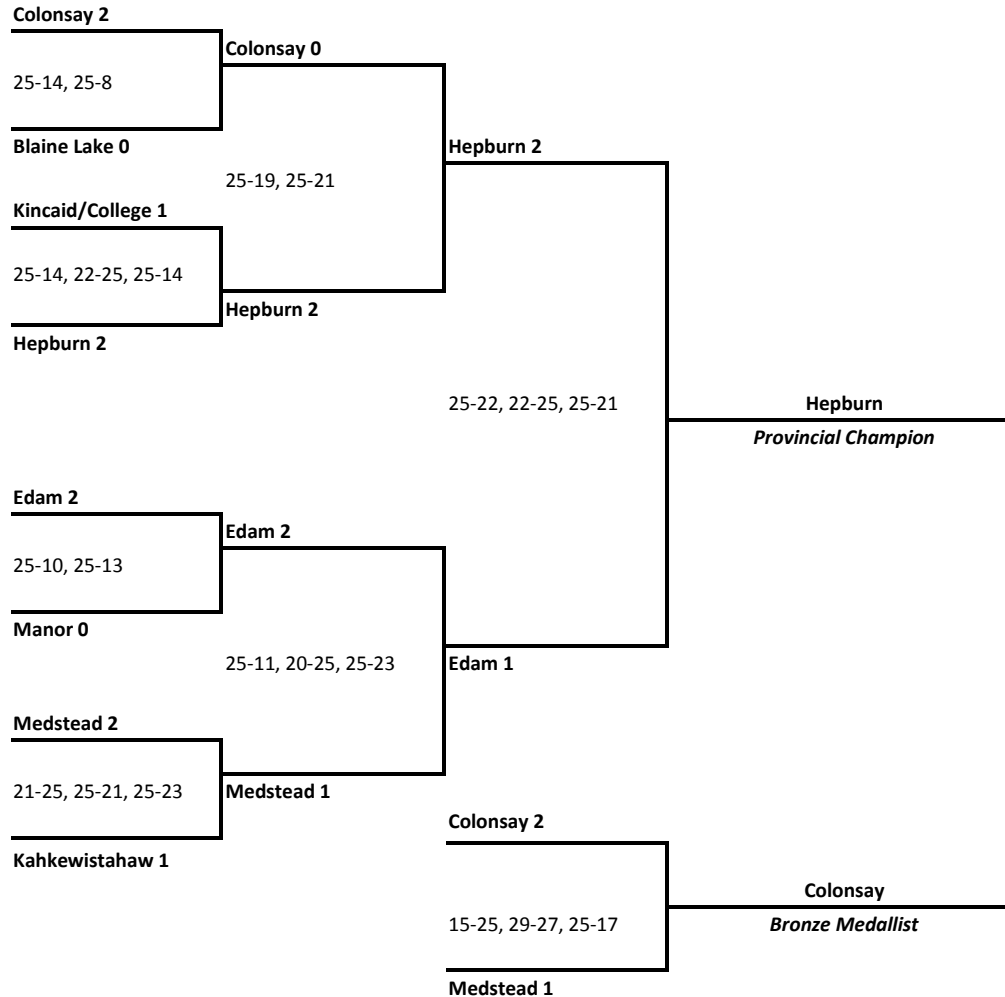
Date: Nov. 28 & 29, 2014
Location: Edam

Competition: 2A Boys
Commissioner: Lorne Long

POOL RESULTS:

Pool A			Pool B		
Colonsay	4	0	Edam	4	0
Medstead	3	1	Kincaid/College Mathieu	3	1
Hepburn	2	2	Kahkewistahaw	2	2
Manor	1	3	Blaine Lake	1	3
Island Lake	0	4	Preeceville	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Hepburn	Hawks	Ron Sigstad
Silver Medal	Edam	Royals	Mike Lee
Bronze Medal	Colonsay	Colts	Andrew Merryweather
Fourth	Medstead	Mustangs	Greg Knot
Sportsmanship Award	Edam	Royals	Mike Lee





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

Date: Nov. 29 & 29, 2014
Location: Shaunavon

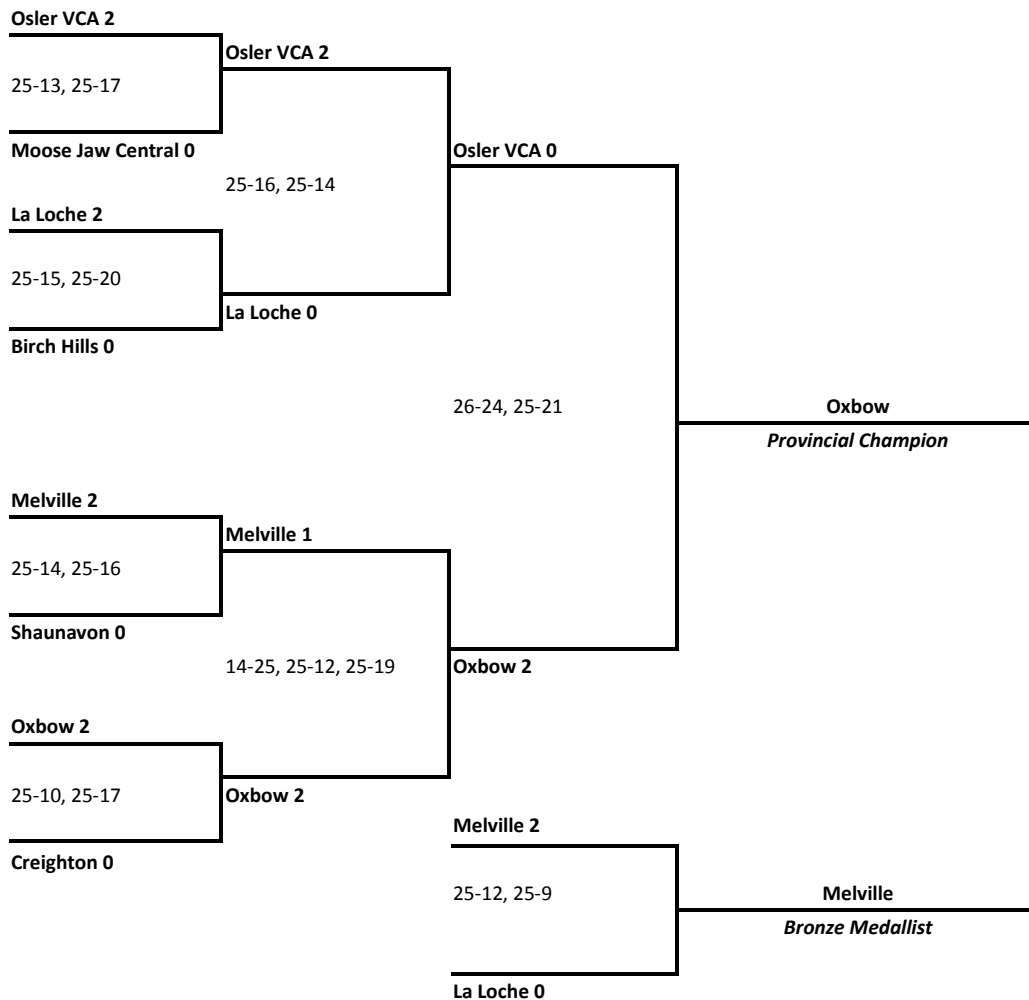
Competition: 4A Boys
Commissioner: Jennifer Foley

POOL RESULTS:

Pool A		
Osler VCA	4	0
Oxbow	3	1
Birch Hills	1	3
Shaunavon	1	3
Beauval Valley View	1	3

Pool B		
Melville	4	0
La Loche	3	1
Creighton	2	2
MJ Central	1	3
Nipawin	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Oxbow	Black Knights	Mark Kosior
Silver Medal	Osler VCA	Lions	Tyler Golding
Bronze Medal	Melville	Cobras	Dan Alspach
Fourth	La Loche	Lakers	Phyllis Longobardi
Sportsmanship Award	Creighton	Kodiaks	Ian Clark





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION



SHSAA PROVINCIAL VOLLEYBALL CHAMPIONSHIP 2014 RESULTS

Date: Nov. 21 & 22, 2014

Location: Saskatoon

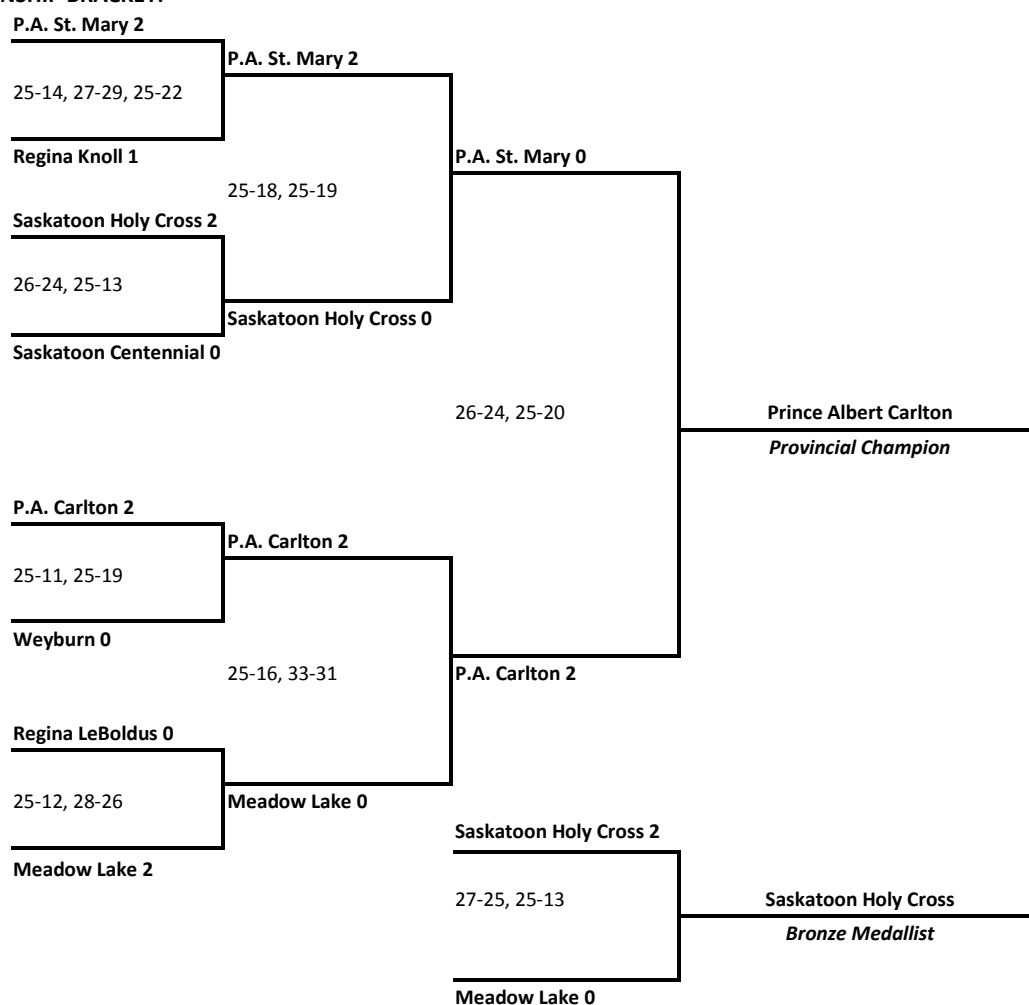
Competition: 5A Boys

Commissioner: Adam Ewart/Brad Smith

POOL RESULTS:

Pool A			Pool B		
Prince Albert St. Mary	4	0	Prince Albert Carlton	4	0
Weyburn	2	2	Saskatoon Holy Cross	3	1
Saskatoon Centennial	2	2	Meadow Lake	2	2
Regina LeBoldus	2	2	Regina Winston Knoll	1	3
Swift Current	0	4	Moose Jaw Peacock	0	4

CHAMPIONSHIP BRACKET:



AWARD	SCHOOL	TEAM NAME	COACH
Gold Medal	Prince Albert Carlton	Crusaders	Curtis Bender
Silver Medal	Prince Albert St. Mary	Marauders	Rene Quintal
Bronze Medal	Saskatoon Holy Cross	Crusaders	J.P. Barker
Fourth	Meadow Lake	Spartans	Cheyne Dallyn
Sportsmanship Award	Regina Winston Knoll	Wolverines	Guy Kerbrat

