

# *Everything you ever wanted to know about 6U Basketball*

**McGee's Crossroads Athletic Association**

[www.gomcaa.com](http://www.gomcaa.com)

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**Home of the MCAA**

I. Introduction to the MCAA

- a. The McGee's Crossroads Athletic Association is a non-profit organization created to develop, support and promote recreational activities in the McGee's Crossroads area.
- b. The primary focus of the organization will be teaching the fundamentals of each sport and sportsmanship to the players. This focus is intended to bolster the abilities and understanding of the participants, to aid in physical conditioning, and to increase community spirit.

II. Our Court

- a. The primary practice and playing is at McGee's Crossroads Elementary School
  - i. 10330 NC Hwy 50 North, Angier NC 27501
- b. Participation at some events such as ceremonies and make up games could be scheduled at McGee's Crossroads Middle School.
  - i. Address: 13353 NC Highway 210, Benson, NC
- c. Make sure everyone is aware that smoking and pets are not permitted on the properties.
- d. It should go without saying that cursing and any other unruly behavior will never be tolerated.
- e. We are not allowed to bring any type of food or beverages into the Gym
- f. Chairs, folding benches, and any type of device that could possibly scuff the court is prohibited.
- g. There is never a game or practice on a day when the school is closed
- h. We have to exit the building completely no later than 7:55pm

III. Game and Practice Schedules

- a. At the beginning of the season there will be 2 practices per week
- b. When we start to play we will have one practice and one game per week
- c. Games and practices will only be on week day evenings unless a special circumstance arises

IV. The Game Basics

V. Asking for Help

- a. Assistant Coaches
  - i. Be prepared to designate at least one parent as your assistant coach.
  - ii. Ideally you will manage every practice and every game. But life happens. So with advance preparation, if you are not able to attend a practice or game, you can still maintain the schedule by having your assistant fill in for you.
- b. Team Parent
  - i. If you are not email savvy or you have limited access to the internet, choose a parent to be your "voice". Have the Team Parent send out your emails so there is no lag in communication with your team.

VI. Stay in Touch

- a. The primary tool for communication within the league is email.

- b. Communicate with the other Coaches
    - i. Highly recommended that you have the emails and cell numbers of your fellow coaches. This comes in handy for updates, game and practice reschedules, etc.
  - c. Communicate with Parents
    - i. You need to have the cell number and email addresses of each parent, and if there are other adults such as grandparents that would be involved in bringing the players to practices and games get theirs too. Use a consistent email contact list and provide updates often and well in advance if there are any changes to schedules, venues, etc. \*\* TeamSnap is perfect for this \*\*
- VII. Planning and Preparation
- a. Seniority prevails, but you have options on your uniforms
    - i. Choose a color that is available - favorites are red, blue, etc.
    - ii. Make sure that you have the players' names spelled correctly.
- VIII. Equipment and Uniforms
- a. Each player will receive a game shirt and shorts from the League
  - b. Each player is responsible for having shoes, socks, and a 27.5" basketball
  - c. At practice they should wear shorts and a shirt other than their game ones.
    - i. Try to match the team colors though, this helps when there are scrimmages against other teams
  - d. If your players are unable to provide their own gear, ask around for help.
- IX. Practice the Fundamentals
- X. Pictures and Trophies
- a. Pictures will be scheduled prior to season end
    - i. All players are expected to participate in the team photo regardless of whether or not they are buying pictures
    - ii. Your assistant coach or coaches should be in the team photo
  - b. Every player will receive a trophy for participation. A ceremony will be scheduled prior to season end.
- XI. So we can't exactly cover "everything" but this outline is a good starting point. If you have any questions do not hesitate to ask. This association is a volunteer and community based organization and all of the age groups have a vested interest in your success. Thank you.

***HAVE FUN AND PLAY HARD!***