



SPRING 2015 JUNIOR OLYMPIC FREESTYLE & GRECO-ROMAN SCHEDULE

Schedule and Road Trip Summary and Road Trip Summary

The wrestling season does not end with the scholastic states. The Olympic styles of Freestyle and Greco-Roman wrestling come alive in the spring. The opportunities begin for learning and refining those styles, applying them in various situations: clinics; developmental and in-state tournaments; traveling on NJ teams; or competing at national competitions.

Listed in this flyer are the 2015 scheduled NJ Freestyle and Greco clinics; along with local, regional and national tournament dates and sites. This schedule has been designed to facilitate introduction and training of wrestlers to the Freestyle and Greco-Roman styles. All events should be checked on the NJ Wrestling website: www.usawnj.org or the USA Wrestling national website: www.themat.com

Getting good training and competition is vital to one's development in Freestyle wrestling and Greco-Roman wrestling. Training and competing in State and National events will greatly enhance one's skills and knowledge of the sport. The goal is to offer you training and competitive situations that will greatly improve your wrestling skills and knowledge. No matter what level of wrestler you are, no matter what your skills are, the key to success is constantly striving to learn more. You are either moving forward or backward... there is no such thing as staying the same. **See you at the TOP!**

Coaches are needed. If interested, contact William Terrell at 732-261-8791 or Rich Santoli at 201-921-3275.

Age & Weight Level; Developmental; Qualifiers; and Championships

ALL NJ TOURNAMENTS will contain the following age divisions for both Freestyle and Greco Wrestling: Midget, Novice, Schoolboy, Cadet, Junior, and Senior. Female freestyle will be offered also. Some tournaments will host a special NJ Tournament for certain age divisions and / or styles in place of the normal developmental tournament **for that division**. These tournaments will be noted. Take note of the age-level descriptions for details. Schoolboy, Cadet, and Junior age wrestlers must participate in designated tournaments to qualify for the Team NJ competitions, along with meeting other specified criteria. Ranking tournaments assist in determining participation in dual team trip selection and the Team New Jersey trip to the ASICS/Vaughan Cadet & Junior National Tournament in Fargo, ND.

The following program announces Freestyle and Greco-Roman wrestling schedules for these age divisions:

JUNIORS: Born after 9/1/95 - 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285
Must be enrolled in grades 9-12.

JUNIORS women: Born after 9/1/95 - 97, 105, 112, 117, 121, 125, 130, 139, 148, 158, 172, 198
Must be enrolled in grades 9-12.

KIDS DIVISIONS

CADETS: Born 1999-2000 - 88, 94, 100, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

SCHOOL BOY/GIRL: Born 2001-2002 - 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, 265

NOVICE: Born 2003-2004 - 60-105 by 5's, 112, 120, 130, 140, 140+ - 25 lbs. Max difference

INTERMEDIATE: Born 2005-2006 - 50-80 by 5's, 87, 95, 103, 112, 120, 120+ - 20 lbs. max difference

BANTAM: Born 2007-2008 - 40-75 by 5's, 75+ - 15 lbs. max difference

Cadet women: Born 1999-2000 - 84, 88, 95, 101, 108, 115, 124, 132, 143, 154, 172, 198

*Hwt classes in Kids Division will be split if there is too much weight difference between wrestlers



2015 FREESTYLE & GRECO-ROMAN SCHEDULE

Registration 8 am – 9 am \$30 both or one style cash only
with valid USA card or purchase for \$35 cash only

Date	Place	Event, Styles/Ages/Weights, Director, Phone
3.29.2015	South Plainfield PAL South Plainfield , NJ	Freestyle / Greco-Roman Developmental Tournament all divisions madison weight classes Director Nick Heilman 908-392-5407
4.12.2015	Toms River South HS Toms River NJ	NJ Ranking & Greco States Schoolboy , Cadet , & JR in state only Director John Corrigan all 732-286-9846
4.19.2015	Voorhees HS Glen Gardner NJ	Freestyle / Greco-Roman developmental tournament all divisions madison weight class Director Steve Barkman 908-303-2415
4.26.2015	Bergen Catholic HS Oradell, NJ	NJ FREESTYLE STATES - All Divisions for boys & girls Boys in state only, girls open to anyone. USA Weight Classes Freestyle only GRECO STATES Novice, Intermediate and Bantam Director Rich Santoli 201-921-3275

MUST WEIGH IN WITH COMPETITIVE SINGLET AT ALL TOURNAMENTS. No Weight allowance for State Championships and Ranking Tournaments. All other tournaments will be Madison Weight Pairing.

2015 Road Trip Summary

4./2-4/4.2015	Cedar Falls , IA	Folkstyle Nationals
5/1-5/3 2015	East Stroudsburg , PA	Northeast Regionals
5./7-5/9..2015	Las Vegas , NV	Fila JR
5/28-5/31 2015	Akron . OH	Fila Cadet & University
6/3-6/7 2015	Indianapolis, IN	Schoolboy National Team Duals-Greco/Freestyle
6/9-6/13.2015	York PA	Cadet National Team Duals-Greco/Freestyle
6/23-6/27.2015	Tulsa , OK	Junior National Team Duals-Greco/Freestyle
6/30-7/2.2015	Dells , WI	Kids Freestyle and Greco Nationals
7/18-7/25.2015	Fargo , ND	Cadet and Junior boys and girls Greco/ Freestyle Nationals

For USA-Regional and USA-National event details, go to: www.themat.com

Petitions

If a wrestler can not participate in an event for any reason, or wants to petition for any reason, for Schoolboys and Cadets, you must notify Guy Russo , the Kid's Chairman, in advance, via email, with petition form at guyrusso13@gmail.com or cell 908-879-2885, and for Juniors, contact John Grey at jgrey63301@aol.com or cell 201-317-3973. Petitions will be considered by the appropriate chairperson on a case by case basis. Any medical petition must be accompanied by a note from a physician. In the event of any dispute, the USA-NJ committee may require a wrestle-off to determine the member of the team. women contact Chris Rogers 856-220-0644 email rtptemp@comcast.net



2015 Qualifying Criteria for Freestyle & Greco National Tournaments & NJ Dual Teams

Schoolboy, Cadet & Junior Divisions, Girls and Fargo

To Qualify for USA Freestyle and Greco National Tournament

Schoolboys, Intermediate and Novice - Dells, WI
Must contact USA/NJ Kids Chairman

Cadets and Juniors - Fargo, ND
Must do any one of the following:

Freestyle: Win the NJ Ranking tournament with 3 or more in weight class
Win the NJ Freestyle State tournament with 3 or more in a weight class
Or place 2nd with 8 or more in weight class in NJ State tournament
Top 4 in any USA Regional Freestyle tournament

Greco-Roman: Win the NJ Greco State tournament
Top 3 in any USA Regional Greco Tournament

Girls: Win the NJ State tournament
Or place 2nd with 8 or more in weight class in NJ State tournament

To Qualify for USA-NJ Dual Teams

In order to guarantee a wrestler a spot on the 2013 Schoolboy, Cadet, Junior or Girls National Freestyle and Greco-Roman Dual Team, a wrestler must accomplish the following with no weight allowance

Schoolboy - and Cadets -

Win the Freestyle Ranking Tournament with 3 or more in weight class
Win the Freestyle State Tournament with 3 or more in weight class
Win the Scholastic State Tournament
Fill out and submit an application with deposit and all necessary information by required date

Juniors -

Freestyle
Win the NJ Ranking tournament with 3 or more in weight class
Win the NJ State tournament with 3 or more in weight class
Finalist in NJ High School States or Prep Nationals
Fill out and submit an application with deposit and all necessary information by required date

Girls - Juniors Only

All girls participating in USA Freestyle Nationals qualify for the NJ Dual Team
Fill out and submit an application with deposit and all necessary information by required date

Alternates and Open Weight Classes - These spots will be selected by a committee consisting of: Team Leader, Head Coach, USA division chairman. There is no set number of alternates; they will be selected where needed.

Criteria for consideration of Alternates:

Placing or almost placing in Fargo in style Participation in past USA-NJ Sanctioned Trips
Top 3 NE Regional in style Participation in past USA-NJ FS/GR Tournaments
Placement in the NJ Scholastic State Tournament

Presorted
Standard
US POSTAGE
PAID
Paterson, NJ
Permit #189

USA Wrestling New Jersey
PO Box 479
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