

BGYFL - 2020

WEEKLY WEIGHT CHART

Weight	Age		WK1	WK 2	WK 3	WK 4	WK 5	WK 6	WK 7	WK 8	WK 9	WK 10	WK 11	WK 12
BGFlag	Not 7	Striper	70	71	72	73	74	75	76	77	78	NA	NA	NA
	Not 8	weight	64	65	66	67	68	69	70	71	72	NA	NA	NA
	Not 8	Striper	64+											
BG8U	Not 9	Weight	78.0	78.5	79.0	79.5	80.0	80.5	81.0	81.5	82.0	82.5	83.0	83.5
	Not 9	Striper	78+											
BG9U	Not 10	Weight	88	88.5	89.0	89.5	90.0	90.5	91.0	91.5	92.0	92.5	93.0	93.5
	Not 10	Striper	88+											
BG10U	Not 11	Weight	98	98.5	99.0	99.5	100.0	100.5	101.0	101.5	102.0	102.5	103.0	103.5
	Not 11	Striper	98+											
BG11U	Not 12	Weight	108	108.5	109.0	109.5	110.0	110.5	111.0	111.5	112.0	112.5	113.0	113.5
	Not 12	Striper	108+											
JV	Not 13	Weight	123	123.5	124.0	124.5	125.0	125.5	126.0	126.5	127.0	127.5	128.0	128.5
	Not 13	Striper	123+											
Varsity	Not 15	Weight	158	158.5	159.0	159.5	160.0	160.5	161.0	161.5	162.0	162.5	163.0	163.5
	Not 15	Striper	158+											

* Age based on age prior to August 1.

* Non high school students who turn 15 between August 1st and the day after championship day can only play at the Varsity level.

Revised 12/09/2019