

2015 MSHSL State Track Meet Qualifying Standards

Girls A	
100m	0:12.87
200m	0:26.09
400m	0:58.81
800m	2:20.40
1600m	5:13.03
3200m	11:23.37
100m H	0:15.76
300m H	0:46.58
4x100m	0:50.79
4x200m	1:46.75
4x400m	4:05.41
4x800m	9:45.71
High Jump	5'3"
Pole Vault	10'2"
Long Jump	16'10"
Triple Jump	35'6"
Shot Put	38'8"
Discus	118'4"

Girls AA	
100m	0:12.51
200m	0:25.55
400m	0:57.03
800m	2:15.77
1600m	5:01.15
3200m	10:56.30
100m H	0:15.14
300m H	0:45.35
4x100m	0:49.05
4x200m	1:43.54
4x400m	3:57.75
4x800m	9:24.90
High Jump	5'4"
Pole Vault	11'1"
Long Jump	17'2"
Triple Jump	36'7"
Shot Put	40'3"
Discus	130'3"

Boys A	
100m	0:11.36
200m	0:22.83
400m	0:50.47
800m	1:58.77
1600m	4:25.39
3200m	9:40.01
110m H	0:15.64
300m H	0:40.42
4x100m	0:44.50
4x200m	1:32.33
4x400m	3:27.94
4x800m	8:14.28
High Jump	6'3"
Pole Vault	13'5"
Long Jump	21'2"
Triple Jump	43'0"
Shot Put	50'10"
Discus	151'2"

Boys AA	
100m	0:11.15
200m	0:22.42
400m	0:49.24
800m	1:55.47
1600m	4:16.90
3200m	9:15.09
110m H	0:15.03
300m H	0:39.26
4x100m	0:43.28
4x200m	1:29.69
4x400m	3:22.72
4x800m	7:58.44
High Jump	6'4"
Pole Vault	13'11"
Long Jump	21'9"
Triple Jump	44'8"
Shot Put	54'10"
Discus	155'6"