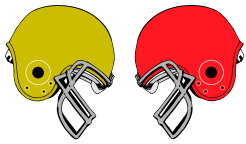


SKILLS...



OFFENSE:

- Line Blocking
- Backs Blocking
- Pass Blocking
- Inside Traps
- Sweep Blocking
- Down Field
- Running Techniques
- Passing Techniques
- Ball Handling Techniques

DEFENSE:

- Tackling
- Hustle
- Pursuit
- Defensive Line Techniques
- Linebacker Skills
- Pass Defense
- Defending the Run
- Pass Rush

SPECIAL FEATURES

Guest speakers will talk on topics ranging from:
Preparation, education, weight training, speed development, respect, commitment and loyalty.

EXCEL WING-T



INSTRUCTIONAL FOOTBALL Clinic

*Offered to Players Entering Grades
8 • 9 • 10 • 11 • 12*

AUGUST 6-9, 2017

**Sunday – Thursday
5:00pm – 8:00pm**

\$ 125.00 per player
2+ campers \$ 100.00 each

*Located on the Campus of Abington
High School*