

# Why Girls Hockey?

There are several positive reasons to participate in girls hockey and every female player has different motivations. Here is a short list of some of the more important reasons to play girls hockey.

- \* **Female Peers:** Girls are social beings and want to fit in with the group. Girls often have fewer self-esteem issues playing with their female peers.
- \* **Focus on Female Needs:** Our coaches, team managers, and rink staff focus on the specific needs of our female players.
- \* **Leadership:** Very few girls that play on boys' teams get the opportunity to be a leader or a captain.

**A study done by USA Hockey found the following:**

- \* Girls playing boys hockey were more likely to quit. 79% of the girls who said they planned to quit hockey were playing boys hockey.
- \* 73% of girls who were playing on a girls' team cite friendships, bonding, camaraderie, and not being "different" as what they liked best about playing for a girls' team.



## Testimonials about Pink Panther Hockey

"I'll never forget the first time Grace walked into the locker room- the girls welcomed her with open arms and made her feel at home from day one. That was special. I've never seen or felt that before." ~Tom Olsen, Parent

"Because of the Pink Panther program, our daughter has not only gained confidence in her skills as a hockey player but also as a young lady. As her understanding of the game has grown, so has her ability to speak her mind, to work with a team, and to challenge herself on and off the ice. Her coaches have stressed the importance of high-quality play along with high-caliber citizenship, and this has meant the world to us as her parents. This is a top-notch program!" ~Chris and Joy Cooper, Parents

"The families are all so friendly and supportive. The girls also really define what it means to be a team and are always looking out for each other." ~Jessica Lepore, Parent

## Contact

**Brit Volini, Assistant Arena Manager**

**Phone: 847-928-8475**

**Email: [bvolini@fpparks.org](mailto:bvolini@fpparks.org)**

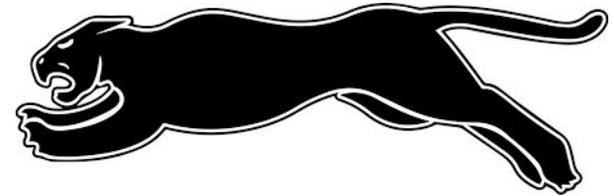
**Park District**  
of FRANKLIN PARK  
*Ice Arena*

**9711 Waveland Ave, Franklin Park**

**Phone: 847-671-4268**

**Web: [fpice.com](http://fpice.com)**

# Franklin Park Girls Hockey



A road map to preparing your daughter for all-girls hockey.

**Follow the Panther Path  
Play like a Pink Panther**

For the excited beginner...

## Instructional Hockey: Panther Paws

Panther Paws consists of 6 groups of hockey development classes taught by experienced hockey players and instructors. Skaters begin in Group 1 and progress to higher levels by passing the required skills to play organized hockey. ALL aspiring hockey players are encouraged to participate. Visit [www.fpice.com](http://www.fpice.com) for a more detailed description of instructional hockey classes.

Groups 1-3 skate on Tuesday or Sunday (pick one)  
Groups 4-6 skate on Sunday

**Fall Session Reg. begins August. 18, 2015**

\*Tuesday session: September 15 - November 24

\*Sunday session: September 20 - November 22 *Big ice game 10/18 @ 10:30am (groups 4-6) and 11/29 @ 9:20am (groups 1-3) and 10:30am (groups 4-6)*

**Winter Session Reg. begins November 27, 2015**

\*Tuesday session: December 1 - February 23

\*Sunday session: December 6 - February 21  
*Big ice game 1/24 (groups 4-6, time TBA) and 2/28 @ 9:20am (groups 2-3) and 10:30am (groups 4-6)*

**Female Panther Paws participants are ALL invited to Franklin Park's Free Hockey Clinics and All-Girls Clinic Series.**



For the unsure...

## Free Hockey Clinics

*The clinics listed below are all hosted at the Franklin Park Ice Arena at no charge to participants. No skating experience necessary and we ask that you RSVP to Brit Volini, Assistant Arena Manager, so we can provide enough volunteers to make sure your child has the best possible experience.*

### USA Hockey's Girls Hockey Weekend Event

**Girls ONLY.** Saturday, October 10 @ 3:40 p.m. Full equipment provided (bring your own if you have it). We will provide instruction based on the skating level of the participants. Current Pink Panther players, alumni, coaches and parents will be present to help and answer questions. Stick around for a root beer float party and short parent meeting at 5pm. For ages 4-13.

### USA Hockey's Try Hockey for Free Event

Co-Ed. Saturday, November 7 @ 4:50pm. Coaches and older players will help guide and mentor the participants. \*Head and hand protection required. Bring a bike helmet and any other equipment you own, free skate rental, limited supply of equipment available. For ages 4-13.

### All-Girls Clinic Series

Franklin Park is offering 6 clinics during this hockey season. Full equipment provided if needed. Registration required, limit 12 girls per clinic. Attend all if you can, skills and drills will progress with each clinic. Registration can be done by phone or in person at the Ice Arena. For ages 6-13.

Clinic #1 (16319): October 17 @ 2:40pm  
Clinic #2 (16320): November 14 @ 2:40pm  
Clinic #3 (16321): December 12 @ 2:40pm  
Clinic #4 (16324): January 23 @ 2:40pm  
Clinic #5 (16325): February 20 @ 2:40pm  
Clinic #6 (16326): March 19 @ 2:40pm

Visit [www.fpice.com](http://www.fpice.com) for any updates or changes to the clinics and to register for the all-girls clinic series.

For the ready player...

## Tier II Girls Hockey **Pink Panthers**

*The Pink Panthers participate in the Northern Illinois Hockey League (NIHL) in the all-girls U12 and U14 divisions.*

Affordable, 50% less than comparable Tier II programs	2-3 tournaments (fees not included) 20+ League games	3-5 Ice touches per week Weekly goalie training
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AHAI designates division play by a player's birth year. For the 2015-2016 season, U12 players were born in 2004-2003. U14 players were born in 2001-2002. Traditionally, girls younger are moved up to help field teams if they are developmentally ready. The girls season begins with practices in early to mid-September. Weekly, the girls skate in their division practice, focusing on skating skills and drills. They also have a team practice. Home and away games and tournaments typically take place on the weekends; times and locations vary. To be a Pink Panther, incoming girls must be evaluated to ensure they have the appropriate skating skills to be successful and to maintain a safe environment for herself, her teammates, and her opponents. **Contact Brit Volini at [bvolini@fpparks.org](mailto:bvolini@fpparks.org) if you'd like to schedule an evaluation prior to the season or to discuss your options.**

