

Albany Power Shoot-out at RPI

Rules 2018

For the U15 and U18 divisions:

All NFHS rules apply including counts to advance the ball and “keep it in” in the last 2 minutes for the team ahead by four goals or less. Penalties are stop-time and normal length. The following exceptions are:

2-24 minute running time halves with a central horn to start/stop the game. One time-out per game. The time-out can not be used in the last 4 minutes of the game. The field marshal will keep penalty time and will make the officials aware of time remaining in the game. In the event of a tie score at the end of the game a single 4 min sudden-victory overtime will be played. There will be no time-out between the end of game and overtime. No time-out in overtime. If still tied after overtime the game will end in a tie. (Subsequent overtimes will only be played in the championship game)

At the end of each game the coaches must confirm the game score with the field marshal and award a MVP ball to a player from the other team.

For the U13 division:

All NFHS youth rules will apply, normal penalty times. U13 players will follow modified lacrosse rules (no counts to advance the ball, no one handed checks) with the following exceptions:

2-24 minute running time halves with a central horn to start/stop the game. One time-out per game. The time-out can not be used in the last 4 minutes of the game. The field marshal will keep penalty time and will make the officials aware of time remaining in the game. There is no overtime for U13 and games will end in a tie. All substitutions must be “on the fly” no substitution horns.

At the end of each game the coaches must confirm the game score with the field marshal and award a MVP ball to a player from the other team.

Seedings for playoffs:

For divisions that have playoffs the following criteria will be used in order to decide on seedings.

- 1) Record
- 2) Head to Head
- 3) Goal differential. The maximum goal differential counted per game will be 8 goals
- 4) Coin-toss

In the event of a weather delay the tournament director reserves the right to shorten or cancel games if necessary.