

Southeast Soccer Club | Celebrating Soccer and Community

Southeast Minneapolis Soccer is a competitive traveling soccer club that has served families in Minneapolis and surrounding areas since 1981.

The Southeast Soccer **mission** is to foster a culture of cooperation that instills the value of competition and the importance of teamwork while empowering our traveling teams to achieve their individual goals.

Our **vision** is a non-profit soccer club that is a source of community, pride, place, and belonging.

SES **values** are: having fun; being a good sport; welcoming others; hard-working; family-supported.

Southeast Soccer teams are affiliated with the Minnesota Youth Soccer Association (MYSA) and compete throughout the Twin Cities area and beyond.

Anchored by volunteer parent coaches and managers, our club attracts youth players who are motivated to improve their skills through quality coaching, regular practice and a love of the game.



Frequently Asked Questions about Traveling Soccer and Southeast

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What is the difference between Recreational and Competitive Soccer?

- In many cities, recreational soccer programs are offered through local park districts and centers. Some larger soccer clubs also administer their own recreation leagues. Recreational soccer is an affordable means of introducing children to the sport and fundamentals of soccer.
- Many Southeast Soccer players have played recreational soccer and join Southeast Soccer for a more competitive and challenging experience. Competitive soccer requires increased time and financial commitments from players and their families. Practices and games may be scheduled several times per week and games may require travel beyond the Twin Cities metro region.

How is competitive soccer organized?

- The Minnesota Youth Soccer Association (MYSA) administers competitive soccer in our region. Southeast Minneapolis Soccer Club is a member of MYSA. Competitive soccer teams are organized by age, gender, and skill level.
- MYSA structures competitive play at different levels: U9 & U10 offer Gold (less experience) and Maroon (more experience); U11-U14 play at Classic levels (C1, C2, C3); U15-U17 play at Premier, C1, C2, C3; U18-U19 play at Premier, C1 and C2, with the Premier being the highest skill level and decreasing at each level.

What are the differences between the various age levels?

The following table outlines some of the differences between age levels. Visit MYSA website (www.mnyouthsoccer.org) for complete rules and regulations including changes beginning Fall 2018.

Playing Level	Max On-field Players	Team Roster Sizes	Game Duration	Field Size	Goal Size	Ball Size	Level Assignment
U9	7 v 7 with goalkeeper	At least 8 no more than 12*	Two 25-minute halves	Max of 45x60 yards	Min 6x12' Max 6x18'	4	Self-select for Gold or Maroon
U10	7 v 7 with goalkeeper	At least 8 no more than 12*	Two 25-minute halves	Max of 45x60 yards	Min 6x12' Max 6x18'	4	Self-select for Gold or Maroon
U11	9 v 9 with goalkeeper	At least 10 no more than 16*	Two 30-minute halves	Max of 55x90 yards	Min 6x18' Max 7x21'	4	Self-select for C3, C2, C1 Fall and Summer
U12	9 v 9 with goalkeeper	At least 10 no more than 16*	Two 30-minute halves	Max of 55x90 yards	Min 6x18' Max 7x21'	4	Self-select for C3, C2, C1 Fall and Summer
U13	11 v 11 with goalkeeper	At least 11 no more than 18*	Two 35-minute halves	Max of 80x120 yards	8x24'	5	Self-select for C3, C2 Fall and Summer
U14	11 v 11 with goalkeeper	At least 11 no more than 18*	Two 35-minute halves	Max of 80x120 yards	8x24'	5	Self-select for C3, C2 Fall and Summer

U15	11 v 11 with goalkeeper	At least 11 no more than 18*	Two 40-minute halves	Max of 80x120 yards	8x24'	5	Promotion-Relegation Summer
U16	11 v 11 with goalkeeper	At least 11 no more than 22*	Two 40-minute halves	Max of 80x120 yards	8x24'	5	Promotion-Relegation Summer
U17	11 v 11 with goalkeeper	At least 11 no more than 22*	Two 45-minute halves	Max of 80x120 yards	8x24'	5	Promotion-Relegation Summer
U18	11 v 11 with goalkeeper	At least 11 no more than 22*	Two 45-minute halves	Max of 80x120 yards	8x24'	5	Self-select for C1 or C2

* Over-roster status possible; see MYSA for complete rules

Where and when do Southeast Soccer teams practice and play league games?

There are two independent seasons (Fall and Spring/Summer) within the Soccer Year. The Soccer Year is Aug 1 to July 31. Southeast Soccer is supportive of multi-sport athletes and does not require families to commit to an entire soccer year. Players are welcome to play either Fall or Spring/Summer Seasons but some teams may consider availability when finalizing roster spots.

- **Fall Season** (August – October). Fall practices are generally held two days per week beginning in August and games are weekends September-October. U15 and up do not play Fall season because of High School athletics.
- **Spring/Summer Season** (January - July). Club-wide indoor Winter Training may begin in December. Training may be 1-3 times per week depending on the team's competitive level. Outdoor trainings are generally held two or three days per week beginning in April. Summer game season begins in early May and runs through early July based on age level and tournament play.
- MYSA determines the days league games are played (see <http://www.mnyouthsoccer.org/playing-days>). These are generally either M/W or T/Th evenings during the Spring/Summer Season, but games may be rescheduled on other nights if necessary. Games are played on Saturday and Sunday during the Fall Season.
- Each team will be scheduled up to 10 league games in the Spring/Summer Season and 6 games in the Fall Season. Half will be home games and the rest away games. Away games may be in the Twin Cities metro, suburbs, and Eastern Wisconsin.
- Spring/Summer practices are often held on the same day as MYSA Playing Nights schedule, but coaches and managers will determine the frequency and location of team practices. Practices are usually 1-2 hours per session.
- Practices and home games for U9/U10 are often scheduled at Cooper School Field in the Longfellow neighborhood.
- Practices for U11/U12 are generally scheduled at Howe School Field in the Longfellow neighborhood. Home games are usually played at Neiman Fields/Fort Snelling or Howe School Field.
- Practice locations for U13 & older are generally scheduled at Riverside Park and Howe School. Home games for U13 and older are usually scheduled for Neiman Fields/Fort Snelling or other Minneapolis Park and Rec Board fields.
- Club-sponsored futsal/indoor soccer training is conducted in November-December with a potential spring session.

- Club-sponsored Winter Training is usually held for 10 weeks from Jan – March. Hour-long sessions for various age groups are aimed at improving technical and tactical skills for all players. Winter Training fees are included with Spring/Summer Season registration.

How are teams formed at Southeast Soccer?

- Players and families looking to join a Southeast team or coaches looking for paid or volunteer opportunities at Southeast should contact the Director of Coaching, Pete Munene. Current and likely teams at Southeast can be viewed here: <http://www.sesoccer.org/sesteams>
- Southeast looks to field boys and girls teams from U9-19. Southeast teams often have volunteer coaches and are composed of friends and classmates at younger ages. Southeast teams generally develop and stay together over the years. Southeast will consider adding new teams at any age level when parent organizers and coaches have been identified and when there is sufficient interest from players willing to commit to the team—usually ½ to ¾ of the team roster. Southeast will advertise and recruit to fill out team rosters.
- The Southeast Soccer club provides basic infrastructure and support for individual teams to operate but does not set policy or direction for each individual team. Teams are provided registration services (registration with MYSA, coordination of uniforms, fields, referees, etc), off-season skill development opportunities (winter training & futsal), and resources for coaches and team managers.
- Southeast does not conduct a club-wide tryout. Individual teams may use tryouts to ensure a match between player and team at more competitive levels. Team organizers determine the competitive level the team will play at, who will coach (volunteer vs. paid coach), and how team formation decisions will be made (recruitment, if the team is short players, or try outs if there are more players interested than roster spots available). Southeast teams rely heavily on parent participation to survive and thrive. Paid coach hiring and fees are the responsibility of the team parents.
- If teams need assistance providing third-party evaluation (to make team formation decisions or competitive level decisions), identifying and hiring coaches, or providing resources or support for coaches, they may request assistance or recommendations from the Director of Coaching.

Who are the Club coaches?

- Coaches may be volunteer or paid. Younger teams are often coached by parent or community volunteers with soccer and youth development experience. Volunteer coaches help to keep our fees low and make traveling soccer accessible to more families. Head Coaches will be given a stipend equal to the current season's club fees.
- Southeast Soccer provides volunteer coaches with training resources and encourages coach development through online training, seminars and individualized support from the Director of Coaching.
- Teams may want to hire a coach as players advance in skill and age. Team parents are responsible for the hiring and payment of a coach. Coaching fees may range from approximately \$75 to \$250 per player depending on the coach's level of skill and experience as well as the amount of training the team is requesting before and during the season. Contact the Southeast Director of Coaching if you are interested in being a team coach.

Who determines what flight and competitive level each team plays at?

- All club teams select their own level of competition for all Fall Seasons and for Summer Seasons through U14. U15-U17 Summer Season levels of competition are determined by a MYSA promotion/relegation system based on a team's performance the previous Summer Season. U18-19 may self-select C1 or C2. All play at the Premier level uses the promotion/relegation system.
- Southeast Soccer fields teams at all levels with the exception of Premier. Gold and C3 levels are considered developmental competitive levels and are often the next step after Recreational soccer.
- Southeast Soccer does not dictate what level of competition a team will play at. Teams may consult with the Director of Coaching, but this decision is made by each team's coach, manager and/or player families.

In what age group does my child play?

- Children generally play within the MYSA age group determined by their date of birth. Age groups are based on the calendar year the player was born.
- The "U" in the matrix below stands for "Under." MYSA teams will play at the same age level during the soccer year. A player born in 2006 will play U13 for both the Fall 2018 and Summer 2019 season.
- Children may play up (but not down) to an older age group each season based on physical and emotional maturity and at the discretion of the Southeast Director of Coaching after consulting with the team's coach, manager and the child's family.

Season	2017-2018	2018-2019	2019-2020
Birth Year			
2011	U7	U8	U9
2010	U8	U9	U10
2009	U9	U10	U11
2008	U10	U11	U12
2007	U11	U12	U13
2006	U12	U13	U14
2005	U13	U14	U15
2004	U14	U15	U16
2003	U15	U16	U17
2002	U16	U17	U18
2001	U17	U18	U19
2000	U18	U19	
1999	U19		

Where and when are soccer tournaments?

- Soccer tournaments are local or out-of-state team vs team competitions and are often sponsored by soccer clubs and organizations (including MYSA). Some tournaments may be one-day Jamborees or week-long events like the Schwan's USA Cup. Generally, most outdoor tournaments take place over Saturday and Sunday (and sometimes Friday) and provide teams the chance to play 3-5 games.
- Tournaments have their own rules for participation and fees but usually require participants to be registered with a MSYA club like Southeast Soccer. Indoor soccer tournaments held between Fall and Spring/Summer seasons generally have fewer restrictions on players and teams.
- All tournament play is in addition to regular league play. Southeast teams decide on and register for tournament play on their own. Southeast Soccer reimburses teams for a limited amount of tournament expenses but team families are responsible for all other tournament expenses.

What are the costs and what's included?

Club fees for Fall and Spring/Summer seasons are set by the Southeast Soccer Board annually. Currently, uniform kits are purchased on a three year cycle. New uniforms are tentatively scheduled to be replaced Fall 2020. Fall fees include Nov/Dec Futsal program and Summer Fees include indoor Winter Training.

2018 Fall Season:

- U9 & U10 | \$155 | uniform fee \$85
- U11 & U12 | \$160 | uniform fee \$85
- U13 & older | \$165 | uniform fee \$85

2019 Summer Season (Fees TBD; fees listed are 2018):

- U9 & U10 | \$225 | \$85 uniform fee
- U11 & U12 | \$350 | \$85 uniform fee
- U13 & older | \$425 | \$85 uniform fee

How your Southeast Soccer Club Fees are spent:

- MYSAs team registration and player pass fees
- MYSAs coach and manager registration
- Game and practice field rental for U13 & older teams
- Game field rental for U11/U12
- Biffs rental fee for Cooper & Howe Fields
- Referee costs for games
- Limited tournament fee reimbursements to teams
- Field maintenance for Cooper & Howe Fields (painting lines)
- Team training equipment and supplies (game ball, flags, etc)
- Indoor Winter Training (8-10 sessions, January - March)
- Annual Meeting and other club events
- Southeast Scholarship Fund
- Club contractors (Club Coordinator, Director of Coaching) and coaching contractors

Not included in Club Fees (Families may need to pay these additional fees):

- Paid Coach
- Futsal/Indoor soccer training or Lil' Dribblers soccer programming
- Indoor or outdoor practice field space (beyond what Club offers)
- Tournament fees and expenses (beyond Southeast Soccer tournament reimbursement policy)

Does Southeast Soccer have scholarships available?

Yes. Southeast Soccer would like to make competitive soccer accessible to as many children in our community as possible. If your family needs to apply for a scholarship, contact the Club Coordinator to discuss the requirements and receive an application. If you or your business would like to contribute to the Southeast Soccer Scholarship Fund please contact the Southeast Soccer Board.

What is a team manager's role?

- Each team requires a volunteer parent manager who is responsible working with the Southeast Club Coordinator to manage team and player registration, player passes and handle team finances and transactions with the club.
- Managers work with coaches to make sure practice and game day logistics are handled.
- Managers (who may also delegate) may be responsible for managing alternate uniforms, tournament registration, snack scheduling, carpooling organizing, team photos, etc.
- Team managers are frequently involved in recruiting new players and coordinating coach selection and hiring.

What other changes are happening to MYSAs league play beginning Fall 2017?

- US Soccer has a number of initiatives to encourage more player development, training and safety. Visit MYSAs to learn more about these initiatives or mandates: <http://www.mnyouthsoccer.org/mandate>

What do your team uniforms look like?

Southeast purchases new uniforms on a 3-year cycle. New uniforms were required for the Summer 2017 season. Our current kit includes Adidas home and away jerseys, shorts and socks. <http://www.sesoccer.org/uniforms>

Southeast gear can also be purchased year around at our online store:

<https://identitystores.com/Stores/StoreFront.aspx?StoreId=3046>



Who do I contact at Southeast Soccer for more information?

Director of Coaching & Club Representative | Pete Munene | clubrep@sesoccer.org | c/txt 612-396-9511

I'm here to assist prospective and current SE Soccer families with traveling team formation, player development, coaching resources, program development, club marketing and communications.

Club Coordinator | Claudia Motl | claudiamotl@yahoo.com | c/txt 612-481-2653

I'm here to manage club operations and assist SE Soccer families with registration, fees and administrative issues.

Southeast Soccer Board

Contact board members if you have questions or concerns about club governance or policies. president@sesoccer.org

Southeast Soccer Website: www.sesoccer.org

For more information on Southeast Soccer Club, traveling soccer and training programs and to register.

Southeast Soccer Facebook: www.facebook.com/southeastsoccerclub

News and highlights from Southeast and our members.

Southeast Soccer News: <http://www.sesoccer.org/contact>

An email newsletter for Southeast members and friends.

Mail correspondence should be addressed to:

Southeast Soccer, 3120 19th Avenue S, Minneapolis, MN 55407