

AIM Higher Student Curriculum

Overall Goal: to assist student and adult leaders to take individual or collective action to prevent chemical use problems, to promote healthy lifestyles and to improve citizenship and sportsmanship through positive role modeling.

7:45 a.m. to 8:00 a.m.	Registration
8:00 a.m. to 8:30 a.m.	Introduction to workshop – welcome participants and provide an overview of the workshop
8:30 a.m. to 9:30 a.m.	Leadership discussion – participants will examine and identify leadership characteristics and styles so they can take positive leadership initiatives within their peer groups.
9:30 a.m. to 9:50 a.m.	Mentoring – participants will be encouraged to consider a mentoring role with middle school and elementary school students and will understand how to initiate mentoring programs at their schools.
9:50 a.m. to 10:00 a.m.	Break
10:00 a.m. to 10:40 a.m.	Taking a stand – participants will complete a questionnaire and compare and contrast their opinions on chemical use and sportsmanship issues.
10:40 a.m. to 11:15 a.m.	Carefrontation – participants will be able to recognize individual chemical use problems and be able to use an interpersonal communication skill to talk to others about these issues.
11:15 a.m. to 11:55 a.m.	What do you expect? – participants will be able to recognize ways to improve communications between students and adults and to dialogue on a level playing field.
11:55 a.m. to 12:30 p.m.	Lunch break (new groups will be assigned for the afternoon)
12:30 p.m. to 1:30 p.m.	Respect and positive values – participants will reflect on the importance of respect in our schools and communities, and will be able to list and define universal positive values that enhance our lives.
1:30 p.m. to 1:35 p.m.	Break
1:35 p.m. to 2:35 p.m.	Sportsmanship and perspective – participants will identify sportsmanship issues and list ways to prevent these problems, and will be able to recognize the need for a balanced perspective in activities as well as life in general.
2:35 p.m. to 2:45 p.m.	Evaluation and closure – participants will evaluate the effectiveness of the workshop and will be encouraged and motivated to continue the work of the day back at their schools.