



BANTAM SKY TEAM RULES

- Team First!
 - Hockey is a team sport. Good teams win and lose together.
 - Always support your teammates with positive encouragement.
- When coaches are talking, players will listen.
 - Stop what you are doing, circle up around the coaches and take a knee when on the ice.
- Players are expected to attend all practices/games/team events.
 - If you are going to miss a practice or game, you must notify the head coach.
 - Players are expected to be dressed and ready at least 5 minutes before practices so that the coaches can go over the practice plan.
 - Players must arrive at the rink one hour before games.
- Players will show RESPECT at all times: Coaches, officials, players, parents & fans, EVERYONE!
- There will be no bullying, teasing or fighting among players or with opponents on and off the ice!
 - No trash talking!
 - No retaliation or unprovoked penalties!
- If you receive a penalty, go directly to the penalty box WITHOUT TALKING OR DEBATE! Never argue with an officials call or decision.
- Players will respect both HOME and AWAY facilities and property, including hotel rooms and locker rooms.
- Players will conduct themselves properly in the locker rooms. i.e. NO HORSEPLAY! Players should be focused on the upcoming practice or game.
- Players may come talk to the coaches with questions before/after practice, but not during games! i.e. "Can I play Offense?"
- Give 100% effort at all time.
 - Work hard and concentrate on the drills in practice.
 - Give your absolute best, every shift, every time you hit the ice!

Develop, Strive, Compete!