

EQUIPMENT

All players on MWA teams are **required** to wear protective equipment during all games and practices. Each player needs the following:

- Proper fitting ice skates
- Stick
- Breezers or shell, black in color. White & and red trim is acceptable.
- Safety certified helmet, **black in color**, with attached face-guard
- Attached colored mouth guard is always required.
- A supporter and cup or pelvic protector
- Shin pads
- Shoulder pads
- Suspenders – belt
- Garter or sock shorts
- Hockey gloves
- Elbow pads

GOALIE EQUIPMENT

- Goalies athletic cup/pelvic protector
- Garter belt and socks or sweat pants
- Goalie Breezers are strongly recommended, black in color.
- Skates – goalies skates are highly recommended above mite level
- Leg pads
- Chest protector/arm protector
- Goalie Helmet/Facemask, mouth guard and goalie neck protector
- Glove and blocker
- Goalie stick of appropriate size

UNIFORMS

Travel teams: Each player will receive two game jerseys of contrasting colors that they will return at the end of the season. Players will also receive one pair of hockey socks as part of their uniform.

Mite teams: Mite teams will receive one jersey that they will keep at the season's end. All mite players will be given one pair of hockey socks.

NOTE: No teams in the MWA will have uniforms that differ from the MWA approved uniform.

ORDER FOR DRESSING A HOCKEY PLAYER

1. Wear an old t-shirt (as the players get older, they will become quite sweaty)
2. Put the athletic cup (boys) or pelvic protector (girls) on.
3. Optional: some younger players wear sweat pants underneath their equipment
4. velcro shorts / long jons. (Garter belt) You will probably have to help for a while, as these can be tricky especially in the back.
5. Shin pads (usually held in place with four Velcro straps or tape)
6. Socks
7. Breezers
8. Skates (Note to parents: you will probably have to help tie them for a while)
9. Shoulder pads
10. Elbow pads
11. Jersey
12. Throat protector /Kevlar® T-neck strongly recommended but not required for MN Hockey District 3
13. Helmet with approved face mask and mouth tethered guard
14. Gloves

Your child may do this in a different order based on what works best for them.

MOUTH GUARDS

A mouth guard is always **required** by MWA. There are several varieties. All guards must be colored and attached to the facemask of the helmet.