

2015 Rec League State

Monday, December 21, 2015

**The Legacy Center
151 South 1100 West Farmington, Utah**

Rec league State is for participating rec leagues, wrestling clubs, or schools only. This tournament is for wrestlers with two years of wrestling experience or less (Can not have competed in a tournament before 9/1/2014) Wrestlers that have placed in the top 3 at The Youth Super State Tournament will not be allowed to participate in this event. Coaches will be responsible to make sure that their wrestlers have 2 years of experience or less. Any wrestler that has been found to have anymore than 2 years of wrestling experience will be immediately disqualified without a refund.

Registration/Admission:

Registration is \$25 and wrestlers must be registered by December 17th at 5:00 PM. Admission will be free for all but you must have a USA Coaches Card to get on the floor or you will need to pay \$10 for a floor pass.

Schedule:

⚡ 12:00pm until conclusion	PreK-K	expected finish time: 1:15pm
⚡ 12:45pm until conclusion	1 st -2 nd Grade	expected finish time: 2:00pm
⚡ 2:00pm until conclusion	3 rd -4 th Grade	expected finish time: 3:30pm
⚡ 3:15pm until conclusion	5 th -6 th Grade	expected finish time: 4:45pm
⚡ 4:30pm until conclusion	7 th -9 th Grade	expected finish time: 6:00pm

Weigh INS:

- ⚡ Each club, school, or rec league coach is responsible to hold a satellite weigh in for his or her qualified wrestlers and enter weights into trackwrestling. Any questions please direct to Travis Swallow at travisswallow@gmail.com. There is no weight allowance

Membership:

Participants must be full time Utah residents, and must have an active USA Wrestling Membership. Wrestlers can only wrestle in one weight and age division.

Format:

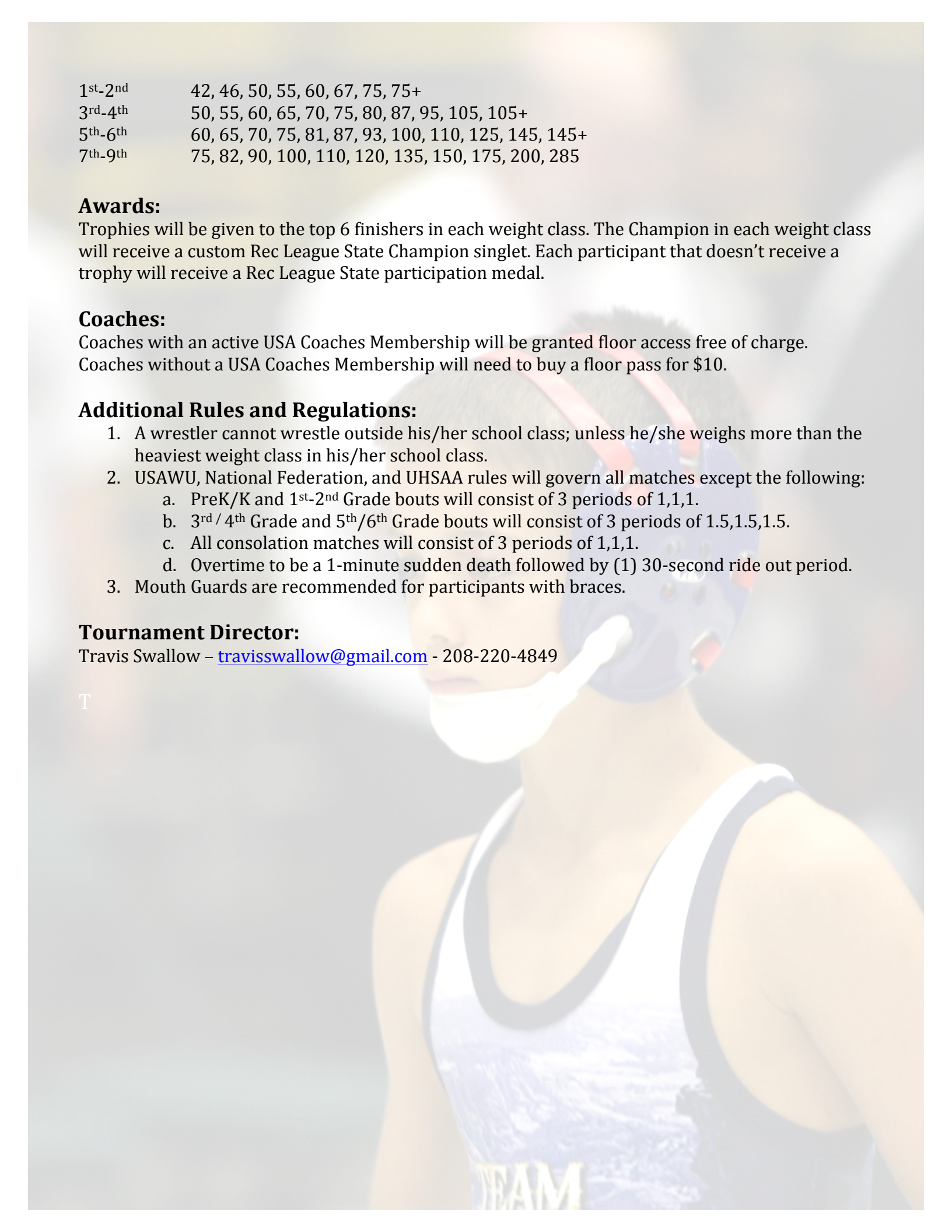
Double Elimination. There will be no true second, and we will place the top 6 wrestlers in each division.

Seeding:

Trackwrestling seeding will be used

Division and Weights Classes:

PreK-K 37, 41, 45, 49, 49+



1 st -2 nd	42, 46, 50, 55, 60, 67, 75, 75+
3 rd -4 th	50, 55, 60, 65, 70, 75, 80, 87, 95, 105, 105+
5 th -6 th	60, 65, 70, 75, 81, 87, 93, 100, 110, 125, 145, 145+
7 th -9 th	75, 82, 90, 100, 110, 120, 135, 150, 175, 200, 285

Awards:

Trophies will be given to the top 6 finishers in each weight class. The Champion in each weight class will receive a custom Rec League State Champion singlet. Each participant that doesn't receive a trophy will receive a Rec League State participation medal.

Coaches:

Coaches with an active USA Coaches Membership will be granted floor access free of charge. Coaches without a USA Coaches Membership will need to buy a floor pass for \$10.

Additional Rules and Regulations:

1. A wrestler cannot wrestle outside his/her school class; unless he/she weighs more than the heaviest weight class in his/her school class.
2. USAWU, National Federation, and UHSAA rules will govern all matches except the following:
 - a. PreK/K and 1st-2nd Grade bouts will consist of 3 periods of 1,1,1.
 - b. 3rd / 4th Grade and 5th/6th Grade bouts will consist of 3 periods of 1.5,1.5,1.5.
 - c. All consolation matches will consist of 3 periods of 1,1,1.
 - d. Overtime to be a 1-minute sudden death followed by (1) 30-second ride out period.
3. Mouth Guards are recommended for participants with braces.

Tournament Director:

Travis Swallow – travisswallow@gmail.com - 208-220-4849

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