



## **November 2025 Girls 16U and 19U State Tournament Procedures**

### **All Round Robin Games:**

- 5 Minute Pre-Game Warmup
- Period Length
  - Three 17 Minute Stop Time Periods
  - Tier I: Ice Cut at the End of the first and second period, no ice cut prior to overtime
  - Tier II and Tier II-S: Ice cut only at the end of the second period.
- Penalties
  - 2 Minute Minors, 5 Minute Majors, 10 Minute Misconducts
- Overtime – Played 3 vs 3.
  - 2 Minute Break after Regulation
  - Teams Switch Ends at the end of the third period.
  - One 10 Minute Sudden Death Overtime
- If tied after OT - 3 player shootout
- If tied after 3 Player shootout - 1 player shootout until a winner is determined

Refer to USA Hockey National Tournament Guidebook for the Shootout Rules on when players can be used in the shootout.

- One 60 second time out per team allowed per game.
- Standings
  - 3 Points for a Win in Regulation
  - 2 Points for a Win in Overtime or a Shootout
  - 1 Point for a Loss in Overtime or a Shootout
  - 0 Points for a Loss in Regulation
- Refer to USA Hockey National Tournament Guidebook for the Tie Breaking procedures. The tie breaker in the Massachusetts Hockey Annual Guide does not apply to National Bound Tournaments.

### **All Quarterfinal/Semifinal and Final Games:**

- 5 Minute Pre-Game Warmup
- Period Length
  - Three 17 Minute Stop Time Periods
  - Tier I: Ice Cut at the End of the first and second period, and third period if game goes to Overtime
  - Tier II and Tier II-S: Ice cut only at the end of the second period.
- Penalties
  - 2 Minute Minors, 5 Minute Majors, 10 Minute Misconducts
- Overtime – Played 5 vs. 5
  - 2 Minute Break after Regulation
  - 17 Minute Sudden Death Overtime
  - Teams Switch ends at the end of the third period
- If tied after OT – 3 player shootout
- If tied after 3 Player shootout - 1 player shootout until a winner is determined

Refer to USA Hockey National Tournament Guidebook for the Shootout Rules on when players can be used in the shootout.

- One 60 second time out per team allowed per game



USA Hockey, the national governing body for the sport of ice hockey, is a member of the International Ice Hockey Federation and the United States Olympic Committee

