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| **Club Program Language Booklet** |  |  |  |  |  |  |
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| **Program Theme** |  |  |  |  |  |  |  |  |
| Examples: Family, Toughness, Focus, Team, Communication etc. |  |  |  |  |  |
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| When your teams leave the huddle what is being said in unison? |  |  |  |  |  |
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| You can even have team themes within the program, but there should be an overarching program theme |  |  |
| Transfer these themes to the world of Social Media using #'s |  |  |  |  |  |
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| **Offense**  |  |  |  |  |  |  |  |  |  |
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| What are the fundamental offensive actions/terms your program uses? |  |  |  |  |
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| Share it |  |  |  |  |  |  |  |  |  |
| Touch the Paint |  |  |  |  |  |  |  |  |
| Make the Extra Pass |  |  |  |  |  |  |  |  |
| Make a play for a teammate  |  |  |  |  |  |  |  |
| Crash the glass on the offensive end |  |  |  |  |  |  |  |
| Hit ahead |  |  |  |  |  |  |  |  |  |
| Screen for a teammate |  |  |  |  |  |  |  |  |
| Drive don’t dribble- Drive = purpose, dribbles = excess w no purpose |  |  |  |  |
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| You want to establish 1-2 terms that all your kids are aware of and using |  |  |  |  |
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| Get Creative and make sure it applies to what you run on offense |  |  |  |  |  |
| Keep in mind this is not about having multiple age groups call out the same play calls |  |  |  |
| *Its not as much about play calls as it is about ACTIONS and VALUES on the floor EVERY time your teams play* |  |
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| **Defense** |  |  |  |  |  |  |  |  |  |
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| What are the fundamental defensive actions/terms your program uses? |  |  |  |  |
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| Help the Helper |  |  |  |  |  |  |  |  |
| Stop the Ball |  |  |  |  |  |  |  |  |
| Defend the Paint |  |  |  |  |  |  |  |  |
| No 3's |  |  |  |  |  |  |  |  |  |
| What are your calls for Ball Screen D? Trapping Ball Handler, Hedging, Under etc. |  |  |  |
| Finish Possessions w rebounds |  |  |  |  |  |  |  |
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| **Drill Names** |  |  |  |  |  |  |  |  |  |
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| Every Coach and every team is different, from ability, size, etc.  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |
| But, you should establish 2-3 drills in practice that each team executes that embody your most important values |  |
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| That could be pressuring the ball, defending the paint, making a teammate better, charge drill, communication drill |  |