



Holiday Skills Camp 2015

AAA, AA, A, B and House Level Players

'07 through '00 Birth Years

December 21st & 22nd

Sharks Ice at San Jose

\$140 Program Fee

Lead Coaches:

Curtis Brown - Former NHL player with the San Jose Sharks, Chicago Blackhawks and Buffalo Sabres. Current Director of the Jr Sharks and Head Coach of the Jr Sharks 11AAA and 13AAA teams

Kyle McLaren - former NHL player the San Jose Sharks and Boston Bruins. Current Head Coach of the Jr Sharks 18AAA team.

Groups will be run though many different hand and feet drills as well as concept stations. Group size will be limited to 40 skater plus 4 goalies. This will ensure that there is a good work rest ratio for players. Players will be grouped in stations by skill.

Schedule

Monday December 21st

Tuesday December 22nd

(Daily schedule will be the same for both days)

'07-'05 Age Group Schedule

8:15-9:15am, North rink - Ice Session

9:30-10:30am, Gym - Off-Ice Training

10:45-11:45am, North rink - Ice Session

'04-'00 Age Group Schedule

9:30-10:30am, North rink - Ice Session

10:45-11:45am, Gym - Off-Ice Training

12:00-1:00pm, North rink - Ice Session

All registration will be taken online. To register, please visit www.sjirsharks.com and go to the Camps and Clinics section. For any questions, please contact Robert Savoie at rsavoie@sharksice.com or Matt Adams at madams@sharksice.com.