

Pacer Wrestling News - Week of December 7, 2015

Practice Schedule:

Monday: 3:12 - 5:25 - Practice

Tuesday: 3:12 - 5:25 Practice (including study hall)

Wednesday: 3:12 - 4:30 Practice (*practice is shortened so families can attend Advent services*)

Thursday - **Wear shirt & tie - home dual meet vs. St. John's Northwestern Military Academy**

Friday: 3:12 - 5:00 Practice - **Wear wrestling t-shirts, etc. to school.**

Congratulations to the full team on a great day of wrestling! We ended 4th as a team and had four 2nd place finishers. We also had a number of wrestlers getting their first wrestling experience - congratulations to those who picked their first win and/or pin!

Pizza Orders Due

Reminder - Emil's pizza orders are due by **this** Friday, December 11. To order, go to <http://goo.gl/forms/tn3O03UQs> . Funds raised by the pizzas go toward items like awards and equipment for our wrestlers.

Home Dual Meet - St. John's NW Military, Thursday, December 10 Parents' Night

Location: Home

Study Hall: 3:00 - 4:00. Report to stage for setup: 5:20 - Weigh in: 6:00 - Wrestle: 7:00

Parents will be announced before the meet; all parents are asked to meet at the NW corner of the gym around 6:50. I will send an email in the next day or two for parents to reply to to let me know who will be in attendance.

There is a good chance that most of our wrestlers, varsity and JV, will have the opportunity to wrestle.

Wrestlers are allowed to eat after weigh-in time and are encouraged to bring food along. Obviously, junk food would probably not be the best fuel for wrestling - plan accordingly.

Saturday, December 12 - Varsity Tournament at Winnebago Lutheran

Location: 475 E Merrill Ave, Fond du Lac, WI 54935

Load bus: 6:00 AM - Weigh in: 8:00 AM - 9:00 AM Wrestle

(Note that tournament start times are an estimate based on how long it takes to prepare tournament brackets.)

Details on the tournament can be found here:

<https://docs.google.com/document/d/1V5iXlef0x-W9DHzK0JRIJnZK2gLeBzpVhFJu3GINM48/edit?usp=sharing>

As in most tournaments, concessions will be available. Wrestlers are encouraged to bring their own food and/or money as well to eat after weigh ins and during the lunch break. **Healthier snacks make better wrestling fuel.**

We will probably stop for fast food on the way home; we should arrive back at Shoreland in the late afternoon or early evening.

The varsity lineup will be determined this week. Wrestlers who wrestled varsity this weekend will come along, but some who invited JV this weekend may be invited to come to the varsity tournament. All others will go to the JV tournament.

Saturday, December 12 - JV Tournament at Bradley Tech

Location: 700 S 4th St, Milwaukee, WI 53204

Load bus: 7:10 AM - Weigh in: 8:00 AM - 10:00 AM Wrestle

(Note that tournament start times are an estimate based on how long it takes to prepare tournament brackets.)

The planned format is similar to this past weekend's tournament at Wisco, using index cards to set up 4-man round robin brackets. Concessions are available; wrestlers may want to bring their own food as well.

Questions? brugp@slhs.us