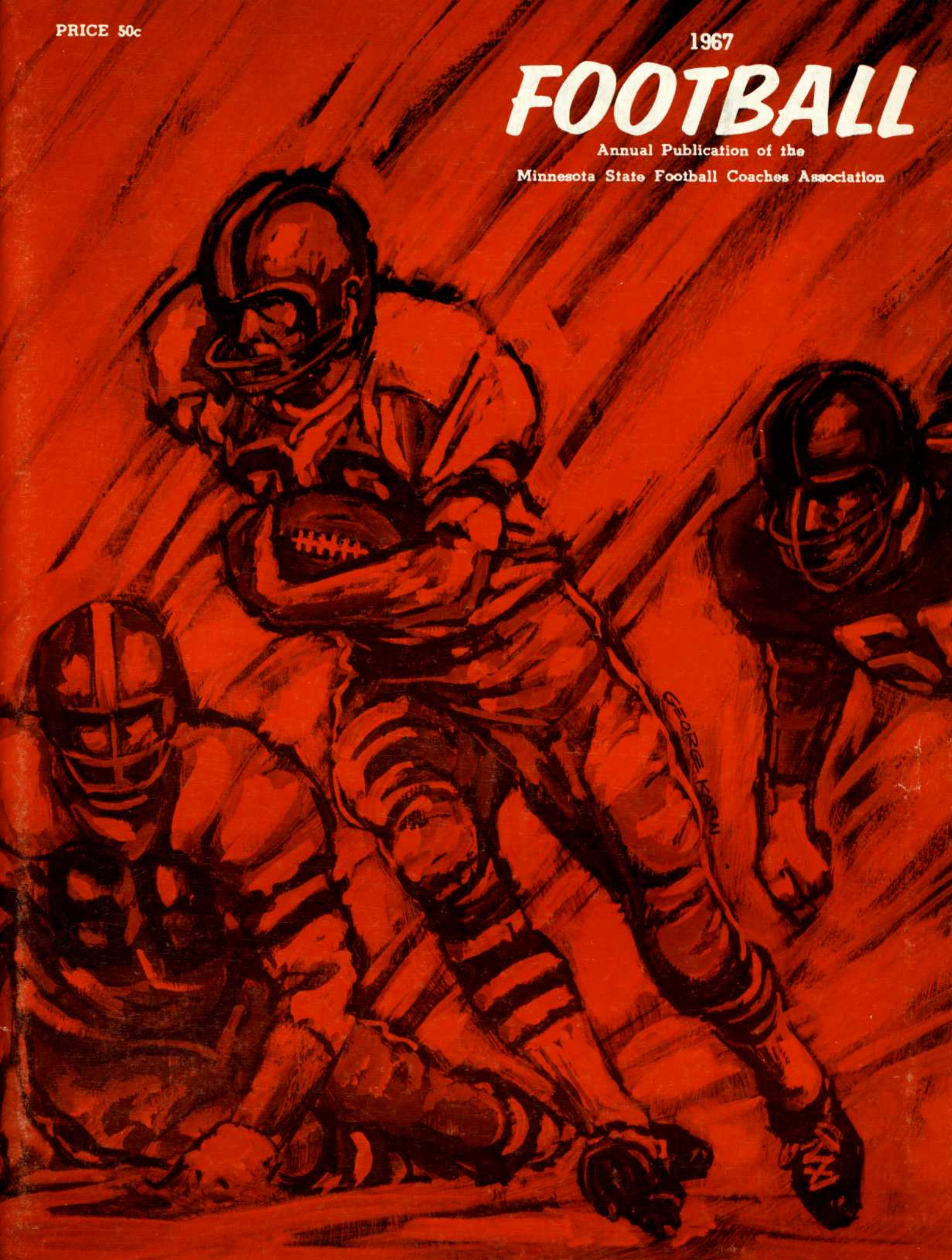


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1967

FOOTBALL

Annual Publication of the
Minnesota State Football Coaches Association



1967

FOOTBALL

ANNUAL

**Minnesota State
Football Coaches Assn.**

6041 14th AVE. SO.

MINNEAPOLIS, MINNESOTA 55417

This publication is issued annually by the Minnesota High School Football Coaches Association as a media for the exchange of ideas and technique in the game of football.

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State College

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TOUCHDOWN BOUND

Every year artist George Karn out does himself with outstanding action for the cover of "Football". The 1967 cover must rank as the best...it tells a story of football drama. Karn, a former professional hockey player, hockey and football coach, has been a full-time commercial artist for nine years.



The President's Message.....

by BOB ROY

"Better Than Ever"

"Minnesota High School football was better than ever in 1966." This was a comment heard from many a veteran observer during the past football season and certainly reflects on the coaching job being done in our state high schools.

Our football coaches association is dedicated to that task of making our football the best. Throughout the years of its inception our organization has had individuals who have done more than their share to promote a strong association. In the future we will need more and more men who will be willing to work for the cause of High School Football. Men who are willing to spend the time necessary should contact their regional representative. New ideas are needed to stimulate and keep alive a growing organization.

All active groups need financial backing to keep them going. Most of our backing comes from the dues of our members. Each football coach in Minnesota should encourage his whole staff to join, including junior high coaches, to make this a truly great organization for all levels of football. All members should also be encouraged to join the parent Minnesota Coaches Association.

Our organization has been active in promoting state legislation to help football such as the additional championship game and the right to have the so called "captains" practices in the summer. We have committees set up to work on new pro-

motions such as a football All Star game, if it is ever settled in the courts. Another committee is investigating the possibilities of a three day conditioning period before the start of the regular season.

Our Hall of Fame committee headed by Bob Collison of Richfield has done an excellent job of picking worthy members. This year they selected three more very worthy men. In the general division Francis "Pug" Lund was selected and in the High School division Joe Markley of Minneapolis Central and Lou Todnam of Mankato will receive the recognition they so well deserve. Paul Giel of WCCO and Cliff Morlan of Bemidji will receive citations for their efforts in promoting High School football.

Don Swanson of Minneapolis Henry has headed the Coach of the Year selections. Our first coach of the year named at the past spring banquet was Bill Severin of Grand Meadow, Minnesota. The selections for 1966 will be named at the May banquet.

Our magazine is one of the finest of its kind in the nation. It is edited by Dwaine Hoberg of Moorhead State College. The contributions of many talented coaches are shown in the many fine articles. Credit must be given to the many

Continued on Page 52

Northfield Coach Builds with....

"FIRST CLASS 'P.R.' OPERATION"

by DON HILL

As I hung up the telephone after accepting the head football coaching position at Northfield High School, my wife commented dryly, "I'll bet all the other coaches in the Big Nine are shaking in their boots!"

They needn't have, at least at this writing. Having been fairly successful in the first eight years of coaching, I felt as others must have who had signed that fateful contract as football coach at Northfield, that I had the ability and enthusiasm to pull this coaches' graveyard up into a respectable football participant. Even after being told by administrators, coaches and fans that the situation was impossible, I still thought the challenge was worth the risk.

What I found upon arriving in this sleepy college town was a situation far more complex than I had expected. Every day of my first year was an experience in frustration and heartache. Exasperating as it was and is, the challenge has grown to a near obsession. I was faced with a depressed situation that seemed to call for considerable work in public relations, and it is this aspect of my last four years' work that I am asked to share with you. I hope that some of you might find in this article something that you can use in your school, or if not, at least make you happy with your own solutions. Not being an expert in public relations, I can only tell you what we have done here. In order for you to understand the value of things we have done, I'll describe our situation as it came about.

Briefly, our school has had a losing tradition for over 30 years in football, the reasons for which are a membership in the tough Big-Nine conference and a well-bred habit of using this for an excuse for lack of commitment to playing for victory. This "football situation" is not unique to our school; however, I'm sure we had as bad a case of the malady as anybody, at least at the time I arrived. Northfield has been blessed with very good coaches and some extremely talented athletes who have become stars in college football. But the fact remained that N.H.S. had a 1.4 wins per season for



Hill's 4-year push to make Northfield a winner got first dividends in '66 with 3 wins including 25-12 triumph over Rosemount. Brian Mitchell got 10 of his 165 yards in the victory here.

★ ★ ★

the last 27 years. They had one undefeated season but had not played two of the larger conference schools. After wrestling with the problems and realizing my predecessors probably knew more football than I did and had trouble winning, if I was to succeed here at all I would have to come up with something new and different, perhaps bringing up a new attitude on the part of the community.

After graduating a good number of seniors from a team that hadn't won any games, I was faced in my first season with playing in a tough conference with a team that had pretty much decided before the season started that it would be a long year. It was. We bungled through the schedule: 0 wins, 8 losses and 1 tie. A bottle of champagne, given to me as a gift to celebrate our first win, went in and out

Continued on Page 4

*"The Finest In The Field"*

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Northfield's Public Relations Program Paying Dividends



There's new life in Northfield football thanks to Don Hill. His club pushed Winona to the limit before falling 13-7 last fall. Catches like this one by Mike Hager (83) show why Northfield is ridding itself of the title of conference "Doormat".

Northfield Photos by Dick Stoddard

Continued from Page 3

of the refrigerator nine times. The coaching staff argued for two hours after the tie whether or not to pop the cork, but we decided not to settle for less than a win!

A classic example of the whole season was the Rochester John Marshall game. I got knocked cold during the pre-game warmup by my own quarterback in a passing drill. My fiery pre-game pep-talk scared the daylights out of the team (according to the captains, after the game). They responded by fumbling and losing the kickoff, which bounced off a halfback's knee to the onrushing Rockets who carried it in on the first play, along with the succeeding two kickoffs! This made it 21-0 before we put the ball in play. Rochester was rated No. 1 in the state at the time; they beat us 46-13 and dropped to No. 3, which gives you some indication of the respect the Twin City papers held for us!

During and after the season, comments like, "We sacrifice football coaches to stay in the Big Nine," and "The best days of my life were getting my nose ground in the dirt by the Big Nine teams," and "I want my son to play football so that he learns to hang up his clothes and budget his time" were common. The community generally seemed to be in favor of having a good ball club once every fifteen years and letting all the boys who played in-between-times fight for their lives. I agree that losing in football has some educational value, but what good can derive from the sorrow of losing without ever experiencing the joy of winning?

In spite of the shock of my first Big-Nine campaign, I was anxious to get ready for next fall. My first move was to grab every opportunity I had to tell people I needed help. I begged administrators, organizations, fans and parents to help us. If they were convinced that we should stay in the Big-Nine conference, then we would all have to work harder than any of our opponents. How can you outsell a competitor when he has a much better product and you work no harder than he does?

Before I explain some of the projects undertaken, I should mention here and will touch on later that all ventures within the athletic department are a product of about 15 coaches and the athletic director who realize that in our position, we must work harder than the average in order to succeed. I should not lead you to believe that athletics here have not been

Continued on Page 5



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PUBLIC RELATIONS

Continued from Page 4

successful; our trophy cases are full from every sport our school offers except football, with one trophy dated 1942.

One of the first projects facing the coaching staff was to improve our image as educators in our community and school in order to justify our hard-driving efforts in our "other job". Instead of teasing each other in the lounge who had the popcorn concession in our rooms and poking fun at our undefeated musical organizations, we went on a real campaign to attend all curriculum and teachers' meetings even if it meant beginning practice an hour late. We attend all dramatic and musical programs and volunteer help in the labor of them in order to show our colleagues and also the athletes who take part in these activities that we are very much interested in the total educational program. We feel it is important for a football player to feel free to have success in other school activities and to know that his coaches are thrilled to watch him succeed.

A Booster Club was organized with our help; we knew we needed all the help we could get to communicate with fans and to support the plans we had to improve our program. I can't tell you how great they have been in backing these changes, including financial. This year, the coaches are running the whole program of the meetings (as we found we were doing so anyway), and women are now members. We meet weekly to view films and preview the next game. Our attendance ran this year from 30 to 100, including parents and other fans.

One of the club's first projects was to buy \$300 of tickets to our first ball game that next year (300 tickets at 10¢ each). These were sold for 10¢ to merchants who gave them to customers. We had a large crowd, of course, and I believe gained a few fans from the venture. Our administration felt it cost the gate too much money that we could have gained from 75¢ admission, and we did not repeat the promotion last year, although the Boosters wanted to repeat it. We hope to convince the administration to try it again next year, however.

Meanwhile with the athletic director and other administrators, the coaching staff was planning a "new look" and outlook for the coming season. New uniforms and equipment were purchased with an eye to achieving the new look. Camel-colored blazer jackets were purchased by the boys personally to wear for out-of-town trips, to school on game days, and for other occasions when the team would appear as a group.

Since it appeared that the team would have a first-rate appearance, we provided some other items to the season that would add some more class. Our programs, given free at the gate, are an example of this: 12 to 16 pages for each home game, changed every week to feature senior athletes, the visiting team pictures, etc. This program is financed by advertising, which takes two to three hours a season to sell. The biggest problem with the advertising is that we do not have enough space to sell; several people have been peeved about being left out. The point is that businessmen fans will contribute in this way in a first-class program. There is considerable amount of work, of course, involved in editing and writing four or five programs each year, but this

Continued on Page 62

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FOOTBALL INNOVATIONSAND RESULTS

Most high school coaches do not like to adopt a new type of formation because of the adjustments that have to be made by the entire team. Will we have to spend more time practicing new blocking procedure? Will we have boys that played last year capable of their new assignments? Anything that looks different might become complicated. In the time that is allotted for high school football in Minnesota, simplicity is desired.

We have been running from the Wing T for 8 years at Hector. When we first adopted the Wing T we stayed on the ground almost 95% of the game. We believed strongly in the Wing T principle. We had power, but we also had a much more diversified attack than the Split T or Single Wing. When we did go to the air, our passing percentage ran very high.

Most of the teams that we play have always played Diagram I - WING T



Diagram II - SLOT T



their defense strong to the outside. They did this to stop our running to the outside which we liked to do. As it has been known 75% of touchdowns are scored from outside plays.

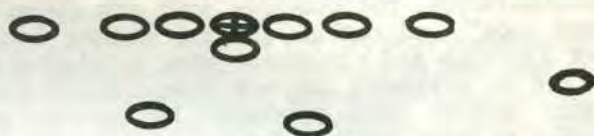
Each summer we try to attend football clinics throughout our state. At these clinics, we try to pick up some ideas which will fit in and better our football. After being exposed to different formations, we adopt some which seem to fit into our football with the least amount of adjustments. We now are using four offensive formations, but the blocking in 3 of them is basically the same.

We did make a few minor changes in some of the plays according to the 3 formations. The 4th formation has a different set of blocking assignments.

Below are the 4 basic formations run either right Diagram III - PRO T



Diagram IV - FLANKER T



Continued on Page 7

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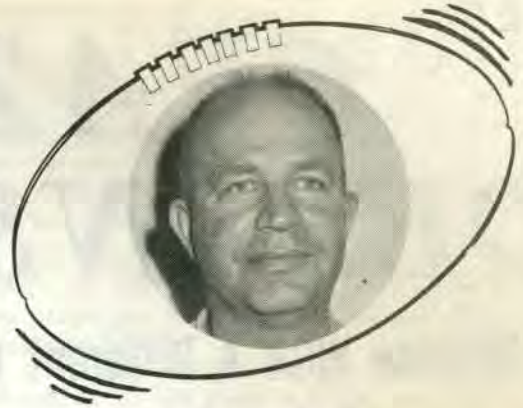
We Support Growing Minnesota Football

Continued from Page 6

By.....Robert Hage

Football Coach Hector, Minn.

A 1952 graduate of Augsburg College, Hage taught two years at both Alden and Butterfield before going to Hector in 1956. In the 11 years he has coached Hector, his teams have earned six championships or co-championships and were runnerup one year. The overall record: 70 wins, 17 losses, and 2 ties.



The Pro T is the formation for which we learned a different set of blocking assignments.

We used the Flip-Flop principal on our SLOT T - PRO T and FLANKER T.

Diagram II - If Slot left is called we have our right end who is our smaller but faster man, switch to left end and our bigger and stronger end take the right end as tight end position. We then moved our halfback into slot. We did not move our right halfback to the slot left position. We had our left half move up into the slot position. You could move your slot back from a right slot to the left slot if you wanted.

Diagram III - We would call pro right or left and our fastest man on our team, who played the flanker, would go right or left.

Diagram IV - Here we would call Flanker T right or left and have our fastest halfback take the flanker back and our quickest end take the spread end side. Now we had fast men on each side of the field with our big and strong end in tight. Our running halfback would switch over to the other side of the fullback. We did not interchange or flip flop our interior line. They remained at their same offensive position.

In the last 2 years, we started the season with a different formation. Two years ago we started with the Pro T formation and this year with the Slot T formation and halfway through this season we added the Flanker T formation. We won our first game each year with the new formation, but we expected more from it.

We decided that we would begin the second game of the year with our basic Wing T and then going with our other formations and see what would happen as the game progressed. We liked the results each year. We were able to move the ball easier just by showing

the defense a different alignment. To them it was different and to us it was not. They had to make an adjustment which weakened them. We had them playing a little different on defense but we were playing the same.

The purpose of the spread type offense is to isolate the defensive halfbacks. When this is done, the offense can outclass the defense and therefore the defense will have to have help in coverage. The receiver is also able to get into his receiving area faster. If a team is not able or willing to throw enough from these formations, the use of the formation should be abandoned.

You have to make the defense adjust to your new formation. A good quarterback who is able to throw the short passes, and boys capable of receiving are a must in the open type of offense. There must be a willingness to throw when the defense does not adjust.

In getting ready for Friday Night's game, it is necessary to have scouted your opponents in regards to personnel and defensive formations used and then apply the effective offensive patterns of play.

You should have looked at both sides of the defensive team you will face next week and see how they will compare with your own flankers and slot men and also tight end.

Many factors have to be checked on the line-backing. How deep do they play, or how wide do they play? The speed and quickness also are of great concern to the pass receiver. The halfbacks will have to be considered on individual play also. I think from the wide formations that are used, the quick hook, sideline or post patterns are most effective, and safest.

Continued on Page 61



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CRAZY DEFENSE



"Defense With A Different Look"

By Gerry Cady

Minneapolis Vocational High

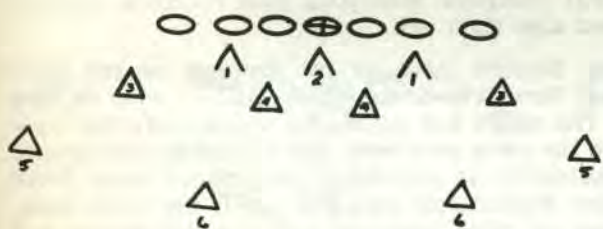
Two years ago, we found ourselves in the rather awkward position of having a surplus of linebackers, and an acute shortage of defensive linemen. Playing a standard defense the first two ball games, brought disastrous results.

Our Line Coach, Chet Janasz, came with the suggestion that we play three men down, using five linebackers with a lot of stunts. My first remarks were, "Are you crazy?" But giving it a more careful scrutiny, I consented to give it a try (we had to get better, we couldn't get worse). So, this began the conception of our "CRAZY" defense.

We feel the advantages of this defense are as follows:

- The defense meets our personnel.
- We feel that rather than muscle, we can upset their offensive rule blocks with our "stunts".

THE CRAZY LOOK



c. We feel that with three linemen, we can easily adjust to the different offensive sets. We could meet strength with strength.

d. We feel that we can change our defensive look with the least amount of new learning process.

"1 MEN" - These are our tackles. We like quickness more than size. We have our "1 MEN" line up two feet off the ball, being able to loop to their right or left. (Reason for the loop and not the slant is that we feel our linemen can square to the hole easier plus the fact that the offensive linemen will not get as much of a piece of them as in a slant charge.)

"2 MEN" - This is our middle guard. We would like this boy to be a biggek, stronger, individual, possibly giving up some speed in comparison to our "1 men". But he must be strong enough to hand fight. Again, we line our "2 man" up two feet off the ball, looping him both to the right and left.

"3 MEN" - These are our outside linebackers or loose ends, depending upon the side the crazy is called. Here we need a boy who is a good, strong tackler and yet someone with fine mobility to cover the outside. We have our "3 men" play two to three yards off the line, being able to move behind the "1 man" covering the inside off-tackle hole or moving outside, as a loose end, with outside responsibility.

Continued on Page 9



THE **CURTIS HOTEL**
AND MOTOR LODGE
MINNEAPOLIS

TOURNAMENT HEADQUARTERS

Continued from Page 8

"4 MEN" - These are our inside linebackers. Here we like a bigger, stronger boy, with possibly less mobility than our outside linebackers. We play our "4 men" from two to three yards off the line. Thus they are able to move behind the "1 and 2 men" exploding a gap or getting to a gap and holding. (this would depend upon the offensive team and the situation.)

"5 MEN" - This boy would be the same as a cornerback on a 5-4 defense. Here we need a boy who is fast enough to play pass defense and yet strong enough to come up and play the loose end position. We have our "5 men" play approximately four yards deep, and outside of a normal offensive end. From here we have him move up as a loose end (to the side the crazy is called) or back and outside as a normal three deep halfback (when away from the crazy).

"6 MEN" - These are our halfbacks and safety men. Here, of course, we need good speed, agility, pass defenders, and a good tackler. Our halfbacks line up about six to seven yards deep being ready to rotate to a three-deep position.

In our Crazy Defenses, the Crazy Right and Crazy Left, we are telling our "1, 2, 5, and 6 men" the direction either to loop or rotate. Our "3 and 4 men" will go in the opposite direction that the crazy is called.

We will illustrate the "Crazy Right". The "Crazy Left" being just the opposite will not be illustrated.

The "Crazy Look" prior to any looping or rotating is shown as follows:



The following diagram will show the "Crazy Right" movement:



In our Crazy Right the "1 men" will loop to their right gap, squaring themselves to the hole while penetrating the offensive line. We give the responsibility of following a play from behind to the "1 man".

Our "2 man" will loop to his right gap, hand fighting and going to the ball.

Our "3 men" will have split responsibilities. The "3 man" to the side the crazy is called has the job of covering the inside off-tackle hole. He will be moving behind the "1 man" on his side of

the line either blasting the gap, or just getting there and holding. The "3 man" away from the side the crazy is called becomes a loose end, and has outside responsibility.

The "4 men" will be stunting to the second gap to their left, either blasting the gap or getting to the gap and holding.

Our "5 men" have split responsibilities. The "5 man" to the side the crazy is called rotates up and plays the loose end on his side having outside responsibility.

The "5 man" away from the side the crazy is called moves to the right a little, and into a three deep position.

Our two "6 men" will rotate to their right completing the three deep secondary.

Along with our Crazy Defenses, we use two types of Prevent Defenses, giving up something to defend the passing game, as well as the long yardage situation.

In our Prevent Defenses we use the Umbrella (even coverage) or the Three Deep Secondary (odd coverage) depending upon the offenses we are facing.

UMBRELLA PREVENT

To be used against an offensive team which has its primary pass offense the rollout. The following diagram shows the "Umbrella Prevent" prior to any rotating:

Continued on Page 59

18th Annual Coaching Clinic

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MATERIAL--80% of winning

by Gerhard Meidt

If the heading of this article is true, and most observers of athletics would agree (although differing on percentages), then why does success follow some individuals more than others?

Obviously the answer lies in the methods of recruiting and the other 20% area - coaching, organization and administration. In the area of recruiting it is apparent that colleges with successful football programs have efficient recruiting organizations and make a concentrated effort to land blue-chip players. But how often do high school coaches make the same effort?

It was my experience to grow up in a high school with an enrollment of better than 250 students per class. We had a mediocre football team and there were better athletes playing intramural sports than there were competing on the interscholastic level.

At the school in which I coach, 38 students out of a high school containing 60 boys participate in football. The reason for the high level of interest is simply personal contact and recruiting.

I have heard coaches say that they would NEVER ask a student to come out for football. However,

Gerhard Meidt is a 1958 graduate of the University of North Dakota and received his Masters of Music from Moorhead State College in 1966. He was a native of Grand Forks, N.D. and played football at Grand Forks Central and at UND. He weighed 138 pounds while in college which makes it easy to see why he majored in Music rather than in Physical Education.

He has a unique combination being a Band director as well as a football coach. His teams at Rothsay, Minnesota, have had successive season records of 5-3, 7-1, 8-0, and 9-0. Over this four years his teams have averaged 47.7 points per game to their opponents 11.4. Their current record of 19 straight wins is the third longest in Minnesota.

About the Author.....



Gerhard Meidt

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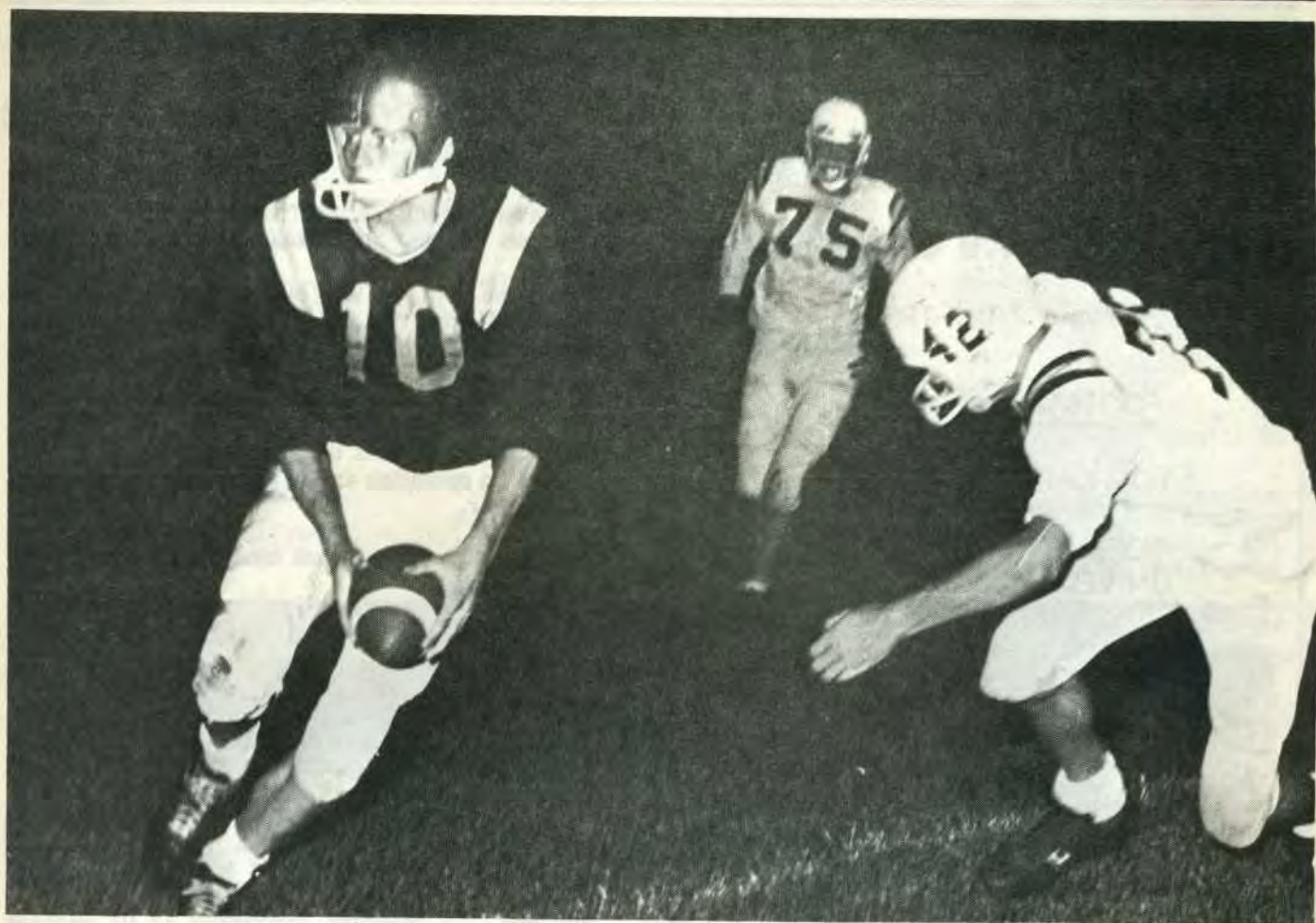
any of us who are Christian coaches know, that athletics can be used to build character and it is our responsibility to influence as many young men as possible through the ideals of competitive sport.

Now it is entirely possible, and it happens too frequently, that a greater emphasis is placed on winning than on the development of youth. But all of us must realize that we will ultimately be judged, not by our won - lost record, but rather by the boys who became men, and what really counts is their earned respect and eternal friendship. A boy who has been USED will eventually know it.

Our methods of recruiting are closely tied with our total outlook toward organization and administration. The pre-season area of organization begins sometime in March. Our staff has a meeting in which all prospective football players, 8th through 11th grade, are invited. A brief introduction to our offensive and defensive systems is given and size and speed requirements per position are explained. The students then complete cards which include data such as height, weight, address, telephone number, and preferred positions.

If there are any blue-chip athletes in our system who fail to attend this meeting, a personal contact is made and the student is encouraged to complete a pre-registration card. Actually, the data on the card is rather insignificant, but what is important is the student contact which is established and the feeling which is imparted - namely, that we want each of them to participate.

Continued on Page 56



Blue Earth Quarterback Paul Drexler runs the option in a 30-0 win over Wells. Drexler hit on 65 of 107 passes for 16 touchdowns in its undefeated season in 1966.

Success Means Blue Earth

★ ★ ★

★ ★ ★

From Bottom To Top In Three Years

by Coach Cy Champa

The most important part of a successful football program is its over-all organization. This article will explain how Blue Earth organized its program. At the end of the 1963 season, football was at a very low ebb in Blue Earth. The coaching staff, of which I was freshman coach, realized that if we did not reorganize our football program, we could not produce championship teams.

Blue Earth is the smallest school in the South Central Conference and at our first coaches meeting we realized that we had the smallest, slowest and fewest boys as compared to our opponents. If we were to stay in our conference and be respectable, the coaches of Blue Earth would have to out organize and outwork our opponents and demand the same from the boys. Our head coach decided that this reorganization called for a younger

man. At this time I was appointed head football coach. Except for one assistant our staff remained the same. We had several staff meetings and many good ideas were presented on all phases of our program. We decided to put our whole program into a handbook which would be revised each year.

The handbook covers every aspect of our football program. It includes every minute of time from the first week of the August practice to the last in November, for both the coaches and the athletes. The price we must pay is high but necessary to be a winner. This article lists the topics of the handbook with a short explanation following.

PHILOSOPHY: This section of our handbook was written and is revised at the beginning of each football season by the players. We feel this is important so the boys will know and determine

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13th Annual
**ALL-AMERICAN
 COACHING CLINIC**

August 7-8-9-1967

FOOTBALL

* TOM CAHILL — ARMY

* RAY NAGEL — IOWA
 UNIVERSITY

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* PECK HICKMAN — UNIVERSITY
 OF LOUISVILLE

* VERGIL FLETCHER — COLLINSVILLE
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.....means Blue Earth

Continued from Page 11

their own objectives. The following was the philosophy of the 1966 Blue Earth football team.

* Game can be won by the team with the best condition, desire and attitude no matter what the size or previous record.

* To be a good athlete, be a sincere student.

* Keep training rules the year around.

* Stay in condition and in some sport all seasons of the year.

* Associate with good companions and in desirable places.

* Never accept being second best, be best at least in some phase of the game.

* Every coach is just as important and all should be treated with equal respect and courtesy by the player. A coaching staff is as strong as the weakest coach.

* Every athlete is just as valuable and each should be worked with and handled in such a way to make him into a better athlete by the coaches. A team is as strong as its weakest athlete.

* Have respect for coaches and teachers decisions and advice.

* Date just girls for which you have respect and treat them as you would want your sister treated.

* If you can not say anything good about an individual say nothing.

* Players maintain the highest level of citizenship on and off the field.

* Taking school property is stealing, thus, demonstrating poor citizenship.

* Players wear shirt and tie the day of a game.

THE BLUE EARTH FOOTBALL PROGRAM: This section deals with the things we feel are important to maintain our program.

* Every 5th and 6th grade boy will learn the basic fundamentals of football during their physical education unit. They have the opportunity to play in a Saturday morning, 6 team flag football league, coached by our varsity players.

Continued on Page 53

RAGS TO RICHES IN 3 YEARS...

CY CHAMPA GUIDES BLUE EARTH TO TOP

STATISTICAL YARDSTICK

9 WINS 0 LOSSES

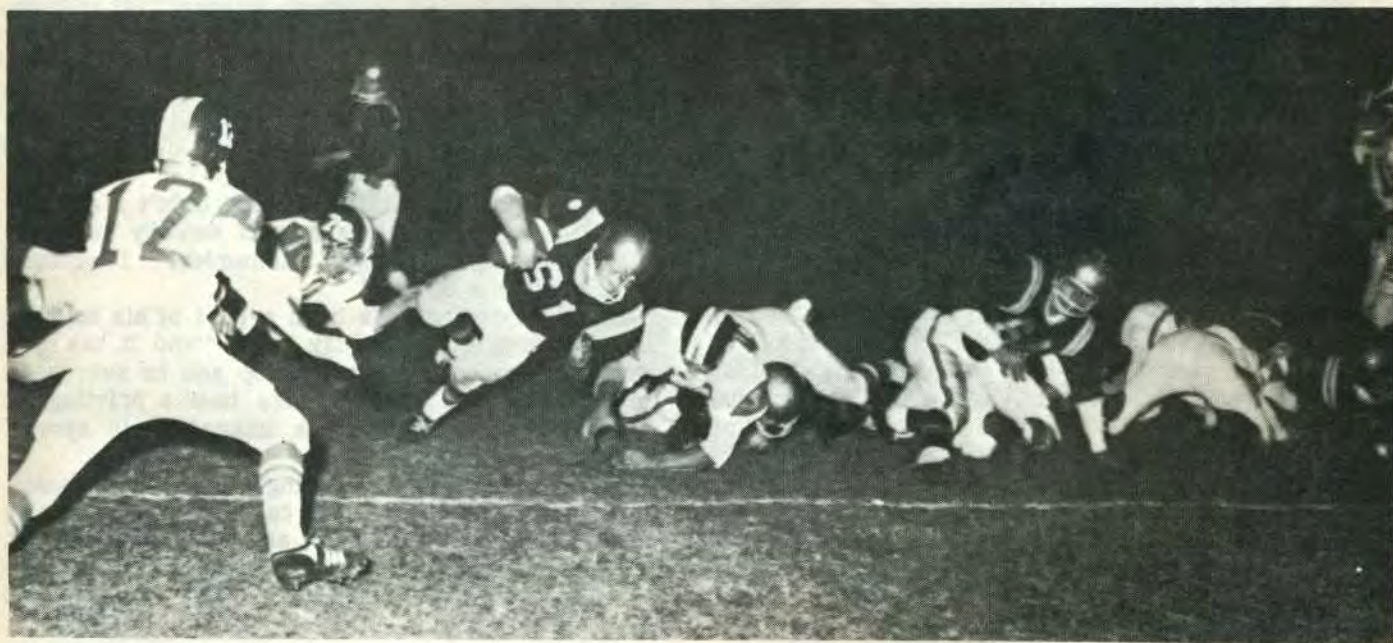
SCORING BY QUARTERS

Blue Earth 124 98 99 77 - 399
Opponents 0 0 6 12 - 18

TOTAL OFFENSE

Blue Earth 4,417 yards
Opponents 1,745 yards

	Blue Earth	Opponents
First Downs	146	66
Yards Rushing	2516	746
Yards Passing	1071	244
Passes Attempted	150	149
Passes Completed	72	41
Passes Intercepted	11	21
Fumbles	19	23
Fumbles Lost	6	16
Yards Penalized	445	275



Blue Earth's line proved to be one of the best blocking units in Minnesota in 1966. Here it demonstrated how it leveled New Ulm's defensive line as Duane Brownlee takes a handoff from Paul Drexler and scores in a 34-0 Blue Earth victory.

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Sports profile.....

PETE GUZY

The Man Who Struck-out Ruth

STEPS DOWN

by Ted Peterson, Minneapolis Tribune

Pete Guzy of Minneapolis Edison has a distinction achieved by no other Minnesota high school coach—he once struck out the immortal Babe Ruth of the New York Yankees.

It all happened when Guzy, who is retiring as Edison football coach after 32 years, was pitching for the Minneapolis Police team in an exhibition with St. Paul police in Minneapolis' old Nicollet Park in 1935. Ruth played half a game with each team.

And Guzy probably has another distinction as an athlete when he played quarterback for the University of Minnesota back in 1926 although his weight was only between 128 and 132 pounds. That probably makes him the lightest player ever to compete as a regular in Big Ten play.

Those were the single wing days in which the quarterback also was a blocking back and Pete admits it was a rather rough assignment, enough so that he was injured and sat on the sidelines in his senior year. Guzy also was the team's passer and moved into the left halfback slot for that chore. While there wasn't as much emphasis on the aerial game in those days, Guzy did have a good percentage of completions.

Guzy also played baseball at Minnesota and captained his team one year. A graduate of old Minneapolis East High School (area now served by Edison and Marshall) Guzy earned 10 letters as a prep athlete in football, baseball and basketball.

After graduating Guzy competed in state baseball many years. He also pitched for Duluth in the Northern League and in South Dakota and Iowa.

Guzy also became a standout bowler in Minneapolis, with an average of 200 one season, and

engaged in such other activities as softball, handball and squash.

But from the time he was an athlete himself, Guzy says, "I always was cut out to be a coach."

That career was embarked in 1928-29 at Fari-bault, then at Superior, Wis., East for six years and finally at Edison. Now 64-years-old Guzy will be continuing to coach baseball at Edison, "a sport I probably liked best because of my physical build."

While at Edison Guzy developed six Minneapolis city conference championship football teams. Two of his Edison baseball teams won city titles and one a state crown.

Guzy says that while coaching didn't make him a rich man, "I consider myself wealthy anyway—rich in friends, rich in memories. I wouldn't have changed a thing."

Sheer enjoyment has been a part of his teaching and coaching career, Guzy says, "and it has been wonderful to watch kids develop and be successful in all walks of life. It has been a privilege to be associated with people interested in sports, 'my kind of people.'"

In addition to his teaching and coaching posts, Guzy also found time for coaching youngsters in wide variety of amateur activities in the city.

Many great athletes have felt the early influence of Guzy's guidance, including Tuffy Leemans, an all-time professional great with the New York Giants.

At Edison he helped develop Clayton Tonnemaker, "everybody's All-America" at the University of Minnesota and later a professional great.

And there are many others—Floyd Jaszewski, Paul Mitchell, Howie Brennan, Joe Marnik, Bill

Continued on Page 52

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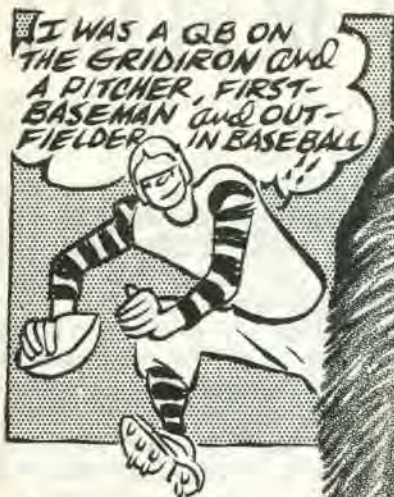
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DEVELOPING A SECONDARY DEFENSE

by Cliff Bombach

About the Author....



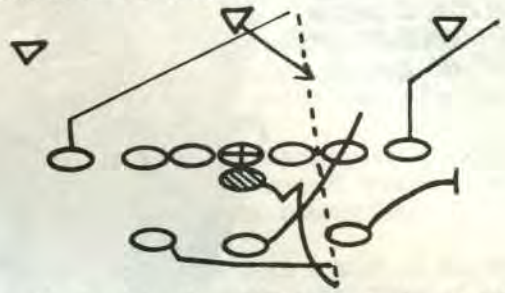
Cliff Bombach

Graduated from Northeast Missouri State in 1942. Lettered four years in football, basketball, and track. After college graduation, served four years in the United States Navy; two years in Gene Tunney's Athletic Program, and two years in the Amphibious Force. Received discharge from United States Navy in 1946 with rank of Lt. jg. Coaching experience: Seven years at Ortonville, Minnesota - coaching football, basketball and track. Also, during this period was athletic director. Three years at Northfield, Minnesota - coaching football and track. Eleven years at St. Louis Park as back-field coach, and ninth grade basketball and track coach.

Because so many different types of formations in football are appearing each year, it becomes a necessity to spend more time on defense. If you are prepared to challenge a team with your defense, then you must have highly coordinated team play. A good defense requires that every boy play his pattern as set up by the specific defense. One boy who is not carrying out his assignment can wreck the best defense ever organized. Guessing must be eliminated; playing "down the beam" is fundamental to good defense. Two terms I use repeatedly when preparing a secondary defense are **DIAGNOSE** and **ACT**. It is so important for the secondary to find out first what is happening before acting. Once a secondary defender acts before he diagnoses the play, you are apt to see a score or a long gainer. Let me give you a typical example. Off the outside belly play, every team has a pass where the quarterback will ride the fullback into the

line as though he is giving him the ball but then drops back and hits the opposite end who has gotten behind the safety man. This play hurt us a few years ago when our safety man acted before he diagnosed what was happening. The mistake gave our opponents six points and added more enthusiasm to their play the remainder of the game. Giving your opponents easy points does nothing but hurt the morale of your team. I cannot over-emphasize the need for stressing to your defensive backs that guessing must be eliminated.

The following diagram is a typical outside belly pass play that may well go for a touchdown if the secondary becomes too eager and doesn't diagnose before acting.



Beginning with the first football practice in August, I think it is of paramount importance that you begin working and perfecting your secondary defense. It is essential that you take nothing for granted and that you can challenge your opponents and are confident of what you are doing. Whatever type of pass coverage you use, man-to-man or zone, be sure to work on switching and double coverage. This takes hours of practice. However, it is time well spent because it does win ball games. Developing line-backers is a difficult job. It takes a rugged individual to fill this important position. At Park we want our line-backers to come up fast to meet running plays through the

Continued on Page 17

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DEVELOPING A SECONDARY DEFENSE

Continued from Page 16

line and move toward the line rather than parallel to it against plays to the outside. There is no magic course or short cut method in diagnosing plays. It is a matter of drill and more drill. The line backers must be able to move laterally, backward, or forward with extreme quickness. Against passes the line backers should avoid starting with a cross-over step; otherwise a fake and sudden change of direction may catch them off balance. Better body control is obtained with a boxer step instead of a cross-over step.

The line backers must always employ split vision to keep both receiver and passer in view. Watching the passer is necessary for two reasons: first, to perceive the angle of the throw and, second, to regain position quickly if the play develops into a run.

Line backers can often be tipped off on the direction and development of plays by the movements of guards. These players usually take them to the area where the play will hit.

Teaching your three deep men in your secondary also takes time and effort. The first thing you must do is get them to think and talk defense. Let them know their importance to the team and how other players on the team are depending on them for help.

If your opponent definitely tips off what he is going to do, take advantage of it. Use every means at your disposal to diagnose quickly and accurately, but don't guess. It is important that you read an opponent's blocks by using your eyes intelligently.

In addition, you should always be aware of the tactical situation and know how much the opponent must gain to hurt you. For example: the opponent has a third down on his own 40 yard line.

Case A. He has one yard to go for a first down.

Case B. He has 10 yards to go for a first down.

It is obvious that a yard gain in case A will hurt you, while in case B a yard gain—even five or six yards—wouldn't be very serious. Therefore, you must know the tactical situation and play accordingly.

In a short yardage situation the line must be tight and very aggressive with the backers and secondary men protecting the flanks and closing in fast. On the other hand, a long yardage situation, the line can be slightly looser, but they must be equally aggressive or even more so, because of the necessity of real pass rushing is greater here. The secondary should be more cautious and equally alert.

If you are going to get maximum efficiency from your secondary defense, you will need the following:

1. Your defense must always be coordinated.
2. You must be alert and aggressive.
3. You must always realize the dominant thing that must be accomplished.

4. You must know when to gamble and when to be conservative.

5. You must always work for something extra.

6. You must have the determination and enthusiasm to win through your defense.

Pointers For Halfbacks:

1. Talk it up and let other players know what you're doing.

2. Never let the receiver get behind you.

3. Keep in position to watch receiver and passer.

4. Watch the offensive end, wingback, or flanker. If these men block, you can be fairly certain the play is coming in your direction. If they come out, the play may be a pass.

5. Don't be fooled by a head and shoulder block.

6. On running plays going to the opposite side, the halfback should never commit himself immediately in the direction of the play. He should take from one to three steps directly toward the line of scrimmage and then move toward the play. This prevents him from being caught out of position on cut-backs, diagonal passes, and reverses.

7. Assume the passer can throw any distance.

8. Do not check the receiver to man behind because he might have a man.

9. Keep a man until a man behind you takes him.

10. Do not focus your mind on one man and forget the rest because he may not be your man for long.

11. Expect every play to be a pass play before you commit yourself.

Continued on Page 18

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DEVELOPING A SECONDARY DEFENSE

Continued from Page 17

12. There is not such a thing as interference if you make an honest attempt to get the ball, and you do not put hands on the receiver.

13. When an interception is made by a teammate, become a blocker immediately.

14. Do not bat ball in air: it may result in a lateral.

15. Deep protectors should be outside looking in. When the ball is thrown, play the ball and not the man.

16. When covering a receiver, the defender should always take the same angle of cut.

17. Judgment of the receiver's speed is vital. Under ordinary conditions the defender should keep the receiver about three yards away while awaiting the throw. If he permits the receiver to come too close, he will have difficulty meeting a fake. A common fault with most backs is moving too leisurely in covering receivers or the ball and thus getting caught flat-footed by the speed, cut or angle of the receiver. The defender should start fast and run right to the point, keeping the receiver in front of him while timing the speed and angle. Stay with receiver, until the ball is in the air; then time and play the ball.

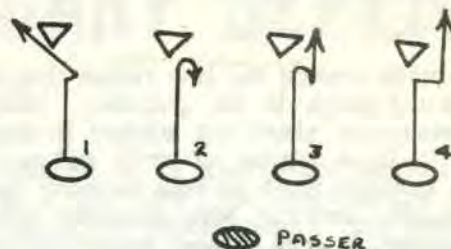
18. Breaking for the ball cannot be stressed too much. The defender should cut for the ball the minute it is thrown.

There are many drills for developing a secondary defense. Be sure that the drills you use are of value to the team on Friday nights. Make your drills spirited from the moment you begin until the end, injecting a little humor at opportune times. Endeavor to develop pride in the execution of these drills. Mediocrity during the week usually indicates a mediocre performance on Friday night.

In football as we know it today, defense is the name of the game. Every coach knows that the best offense in the country isn't going to win games if your defense can't keep the opposing team from scoring.

Following are some of the drills which we at Park feel have been worthwhile for us in developing a secondary defense.

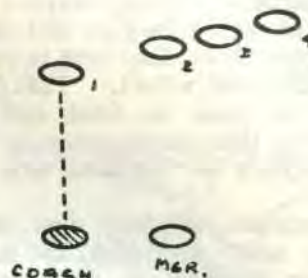
DRILL 1



Explanation:

1. Choose your best passer.
2. Distance between receivers and defenders is 10 yards.
3. Receivers x1, x2, x3, and x4 are told what pass pattern to run by the passer.
4. Pass receivers will change assignment on each call.

DRILL 2



Explanation:

1. Coach is the passer and throws to the receiver x1.
2. A player or student manager is next to the coach handing him balls as fast as he can pass them.
3. x1 has his arms and hands extended high in the air.
4. The defenders are cutting in front of x1 at an angle attempting to intercept the ball.
5. When intercepting the ball, defender must run at full speed back to the ball handler.

Continued on Page 19



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Continued from Page 18

DRILL 3



Explanation:

1. Each defender, one at a time, will go down white chalk line back-peddling and using the cross over step left and right, which ever way the coach points.

2. The coach will point left or right in which-ever direction he is going to pass the ball.

3. Defender should try to intercept pass and run back to the coach at full speed.

DRILL 4



Explanation: (Each step is to be performed at the sound of the coach's whistle.)

1. Line 1 will come to the side-leaning position, circling their bodies on their right arms and hands.

2. Change to the left arm and hands.

3. Come out on all fours.

4. Do a forward roll.

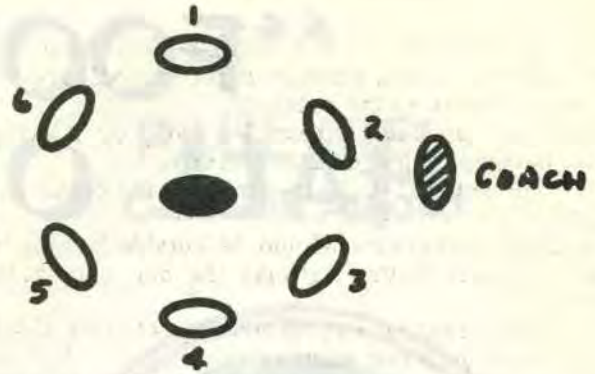
5. Run in place.

6. Sprint ten yards.

7. Back peddle and change to a cross over step left and right when the coach signals.

8. The coach throws a pass at players to intercept ball. Players not making interception become blockers immediately.

DRILL 5--Bull in the Ring

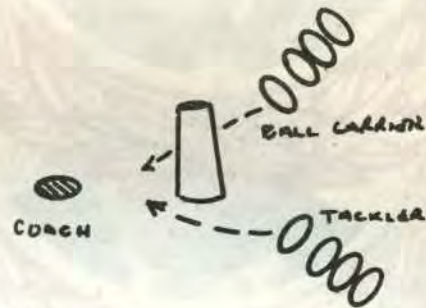


Explanation:

1. Each players around the ring is given a number. When the coach calls his number, he will attempt to block the player in the ring. The payer in the ring must ward off the block and defend himself.

2. Keep the player in the ring until he has defended himself against all six players around the ring.

DRILL 6 -- Side Line Tackling



Explanation:

1. The dummy is set up ten or twelve yards from the side line.

2. The path of the ball carriers is between the dummy and the side line.

3. The coach tosses the ball to the ball carriers.

4. The tacklers should never permit the ball carriers to cut back by over-running them.



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SEE PAGE 22 FOR THUMBNAIL
SKETCHES OF 1967 WINNERS

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JOE MARKLEY - High School



Joe Markley attended Carleton College and graduated in 1917, playing football for four years. In his last three seasons as a player, his teams were not scored on. Following his graduation, he was an assistant coach at Carleton for two seasons. Markley went on to New Prague, as football coach and athletic director, and from there to Central High School in Minneapolis where he coached and taught for 30 years. In tribute to him and his splendid record, the Central High School Athletic Field has been named Markley Field. At Central, Joe served as head football coach for thirty years, winning eight city championships. He also served as baseball coach for eighteen years and hockey coach for ten years. Always interested in work with young people, Mr. Markley in 1959 went to Sacramento to help at the Washington Neighborhood Center which works with underprivileged children of the district.

CLIFF MORLAN - Citation



Sportswriter, official, and barber. Although Cliff earns his living outside of the sports arena, most all of his off hours are devoted to athletics. The Bemidji barber does an outstanding job of promoting football in the Bemidji Pioneer and also, serves his area for the WCCO Prep Parade. Morlan played his high school football at Crookston and college football at Bemidji State. Registered football and basketball official.

LOUIS TODNEM - High School



Louis is a graduate of Dakota Wesleyan College at Mitchell, S.D. Coached football for three years at Winona and 40 years at Mankato. In forty-three years of coaching his teams competed in over 1,000 contests at Mankato, his football teams had a 180-114-22 record and two Big Nine championships. He also had the honor of coaching the South team in the Minnesota All-Star football game in 1945. Forty-four years of service to athletics must stand as a record in the state of Minnesota. In 1949, appreciative graduates and townspeople presented Todnem with an automobile for his fine contribution to the Mankato school system.

PAUL GIEL - Citation



Paul Giel is currently sports director of radio station WCCO. Two programs under his direction, WCCO Game of the Week, and Prep Parade, have given football a big boost throughout the state. Both programs have a large following of students and adults. He has also been a great inspiration behind the Fellowship of Christian Athletes in Minnesota. Paul sets excellent examples of a great athlete succeeding in the business world. Many of you will remember him as an All-American halfback in 1952 and 1953. Captain of the Minnesota team in 1953 and twice the Big Ten's Most Valuable Player.

FRANCIS 'Pug' LUND - College



Francis "Pug" Lund, one of the all time great halfbacks at the University of Minnesota under Coach Bernie Bierman from 1932 to 1934. He was captain of the 1934 team, All-American and was later selected for National Hall of Fame Honor. The Chicago Tribune Trophy was awarded him for being the outstanding athlete in the Big Ten. Coach Bierman called him a great competitor, citing the Michigan game of 1932 as an example. The week prior to this, "Pug" Lund had strained an ankle, had cracked ribs, and fluid drained from his knee twice, yet out punted Michigans nationally famous punter. In 1938 Lund received the Knute Rockne Trophy for the most outstanding All-American in everyday life. He is still active in helping athletes and currently heads the Hall of Fame Scholarship Banquet for the Minneapolis area high schools.



Forest Lake Coach Stan Peterson congratulates Bob Carlisle on his '66 job as captain of the Skyline Conference entry.



Loss of Arm....

No Handicap

....To Forest Lake Star

Forest Lake Captain Bob Carlisle lost his left arm in a hay baling accident three years ago, but it didn't slow down the 5-11, 205 pounder in the sports he loved.

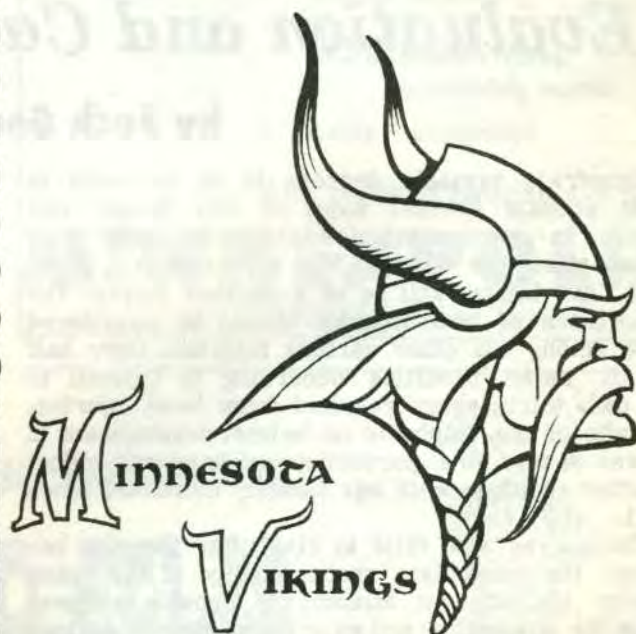
He bounced back from the accident between his frosh and sophomore years to start as a B team member. He made the varsity starting unit as an offensive starter in the final game of his sophomore years.

Carlisle hasn't missed a star since for the Region 7 school. Coach Stan Petersen termed him the best blocker on the squad from the offensive right tackle spot. Carlisle capped his career by captaining Forest Lake in '66.

Bob loves duck and deer hunting as much as football and despite the loss of an arm he shot his deer--a buck--in the fall of '66. Carlisle is proof that where there's a will there's a way.

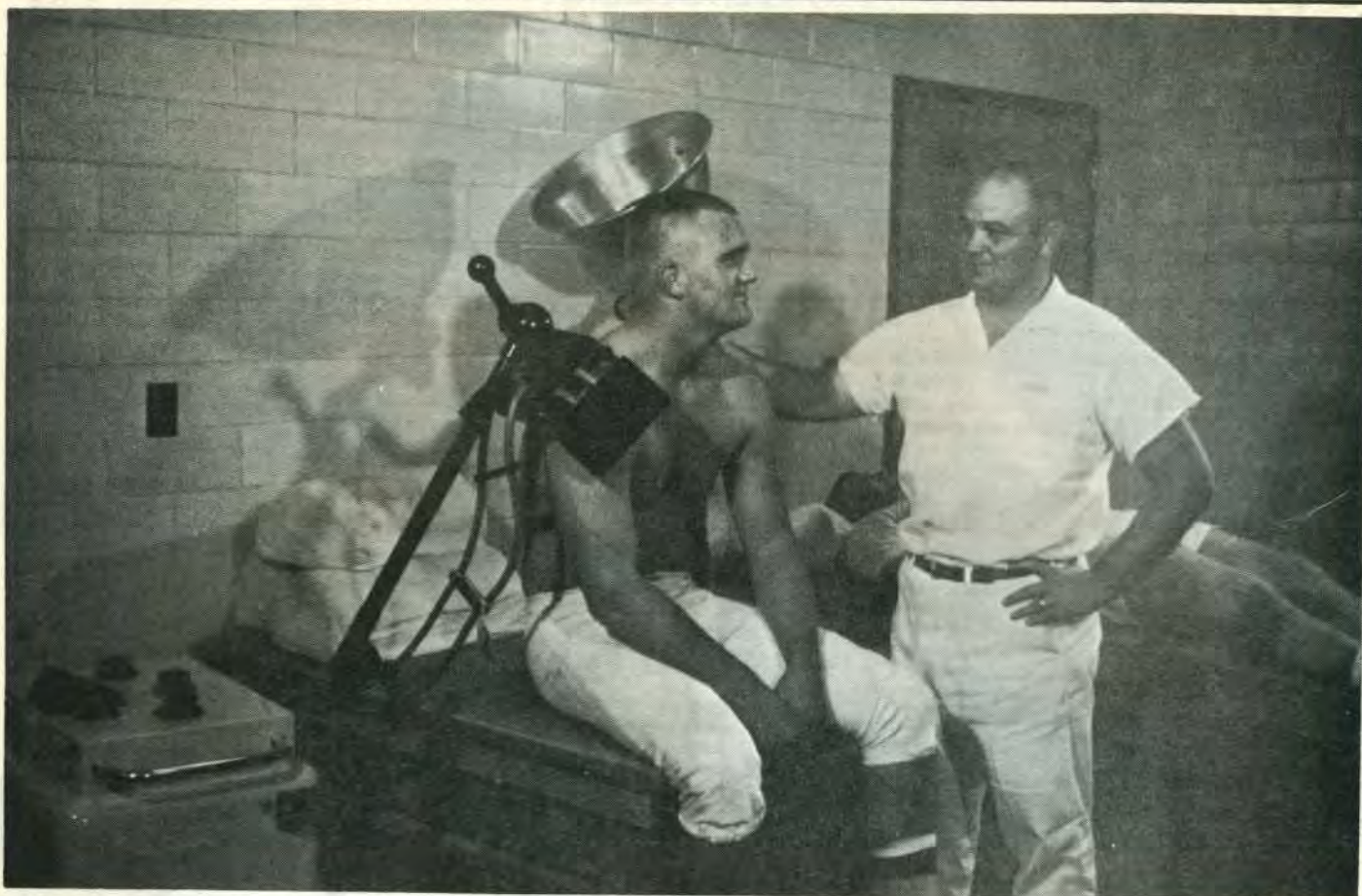


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Help from the training room.....

Evaluation and Care of Head Injuries

by Jack Goodman

Danger in variable degrees is to be found in most athletic events. Most of this danger will result in minor injuries which are soon forgotten after the season. For a certain few, however, the injury will be of a serious nature. The importance of head injuries should be considered first among all other serious injuries. Over half of all known fatalities occurring in football in the past thirty years resulted from head injuries. In spite of the emphasis on helmet development in recent years, the percentage of head and spinal injuries causing death has steadily increased since 1931.

The player who fails to rise after the play becomes the immediate responsibility of the coach and/or trainer. An attempt to provide suggestions for evaluation and emergency care of serious and non-serious head injuries will follow.

If the player is unconscious, it should be determined, first of all, if he is breathing. The demand of the brain for oxygen is unparalleled by any structure in the body and any serious brain injury can be greatly aggravated by oxygen deprivation. Further-

more, the unconscious patient invariably has an airway obstruction, either from accumulated secretions or from the tongue falling back into the throat. The airway must be cleared. There are some inexpensive devices which hold the tongue forward that can be purchased commercially. These are a necessity in every first-aid kit. Artificial respiration must be administered. A physician should be summoned. While this is being done the pulse should be taken. It would be helpful to take the blood pressure, but there is rarely the equipment necessary on a football field.

If the patient is in shock this should be treated immediately because this also reduces the cerebral oxygenation. Shock will be evidenced by marked pallor, rapid respiration, rapid pulse, and reduction of blood pressure at the wrist. The patient should be placed with the head flat or with the head lower than the remainder of the body. He should be turned to a side-lying position. This is done to prevent the secretions from being aspirated and adding insult by blocking the airway.

Continued on Page 25

ABOUT THE AUTHOR.....

Jack Goodman, R.P.T., is chief physical therapist at St. Luke's Hospital, Neuropsychiatric Institute in Fargo, N.D. Goodman, 31, received his BS degree from Arkansas State, his MS from Moorhead State and a certificate of physical therapy from Kansas University. Jack was a high school coach in Missouri.

HEAD INJURIES.....

Continued from Page 24

It seems redundant to mention that the patient is inspected for any briskly bleeding lacerations, particularly those of the scalp, from which the patient can lose pints of blood in the matter of minutes. This bleeding must be stopped as promptly as possible. Compression of the vessel with hand pressure is usually the best means to stop the bleeding until a proper compression bandage can be applied.

In the majority of instances, the injured person will regain consciousness that was not accompanied by respiratory failure and will maintain a good pulse. If there was a lapse of only a few seconds, and if it is followed by alert responses to questions and by the ability to maintain good balance and use of all four extremities, then the player may be allowed to resume play. It must be noted, however, that the most important of all neurological signs, the state of consciousness, is frequently erratic. He may be very alert on examination, only to become somewhat stuporous at a later time.

If a player with a head injury is allowed to return to the game, he must be watched. If his teammates observe that he is having trouble understanding signals or carrying out assignments, he should be removed from the game for several minutes until it is determined that he has recovered completely. If a player is unconscious for over a minute or two he should not be allowed to continue in competition. A player that has received a blow severe enough to cause unconsciousness for that length of time must be observed cautiously. He may, if able, be allowed to remain on the bench so that he can be more easily observed. His behavior must be watched for any progressive signs of actual brain injury.

One of the first signs of brain injury is altera-

tion in the pupils and their movements. Pupils may be unequal in size. A pupil may become dilated and fixed. The injured player may have diplopia, or double vision.

Other signs include vomiting, difficulty in speaking, bleeding from the ear, complaint of headache, weakness in the extremities, and amnesia. There may also be a complete reverse of normal personality: the player may lack initiative, be elated, be talkative, show irritability, or become moody. There may be no localized signs of brain injury. If there is internal bleeding, it may often be slow and the brain will have an opportunity to adjust

Continued on Page 27

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'66 STAND OUTS

What a probation.....

OLIVIA UNBEATEN

The Little Sioux Conference extended membership to Olivia in 1966 on a two-year probationary period.

What a probation it started out to be for the Wildcats of Coach Paul Benson.

They led off their first season with a perfect 9-0 record. Coming back, for what Benson hopes is more of the same medicine, are 13 lettermen. However, only one returning starter is in the group and Benson must change his style of attack.

In '66 the Wildcats geared their offense around the passing and running of Tom Flaig. The 160-pound senior passed for 1,023 yards and 16 touchdowns. He rushed for another 519 yards and scored nine touchdowns.

A straight A student, Jeff Witt, was Flaig's favorite target. The senior end nabbed 37 aerials for 518 yards and seven TDs.

Another Wildcat, Greg Frank, made nearly as much of opposing team aerials. He picked off 10 during the season and returned four of the interceptions for touchdowns.

Top defensive stars for the unbeaten Wildcats were Steve Harrier, Ron Dobmeier and Steve Erickson, all linebackers. Dobmeier was also the best runner for the season with a 4.4 average from his fullback berth.

Harrier and Flaig were both named to the West Central all-area team.

The only returning starter will be 180 pound sophomore tackle Steve Dirks who runs the 50 in six seconds and the half mile in 2:13. A pretty fine start in one man!





Rich Burkhardt #30 takes off on a 60 yard touchdown run as Fairmont romped over St. James 49 to 6.

EVALUATION AND CARE OF HEAD INJURIES

Continued from Page 25

itself and strike a balance with the expanding clot.

If the player has had a severe blow to the head that has caused several minutes of unconsciousness, he should see a physician during or immediately following the game. If a physician is not available at the game, the player should report to a local hospital for examination and x-rays if required. There is no need to alarm the injured patient by discussing with him the possibility of a blood clot developing on his brain even though the trainer and the coach must be aware of the fact that this may occur even in the most trivial head injuries. However, it is important to advise each head injury patient, that, if he should not get along well, he should report to a physician. After the game the coach should make sure the patient is not allowed to be alone. Someone should be at

home to awaken the person every so often to determine his responsiveness. There should be someone to summon aid if the need arises.

Every player with a head injury deserves a careful evaluation. Proper, early evaluation reduces many of the serious complications of this potentially disastrous problem. Some guidelines for evaluation and emergency care of head injuries have been presented. Also mentioned have been some of the later complications that might arise from head injuries.

Although most coaches will never have the responsibility of caring for a serious head injury, it is well to know all the ramifications of the problem. A growing number of liability lawsuits against coaches demands understanding of serious head injuries and their complications.



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Tim Bell #30 from St. Louis Park closes in on Stillwater's Gary Marlow. St. Louis Park won this contest by the score of 42 to 0.

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Everything Gets A Jar!

Fairmont's Mike Daly (12) is about to go down after a long gainer in 7-0 win over Hutchinson. Ball appears ready to jar loose and so does tackler's helmet, but both stayed in one of Minnesota's finest pictures of the year.



All-State Halfback Jim Robinson (23) of Minneapolis Central rushes off tackle for 12 yards against St. Paul Humbolt in Twin Cities Championship game. Central won 42-12. Lead blocker is Tom Johnson (45) All-City right halfback.



Austin Halfback Dan Ruzek (20) is knocked out of bounds at the Faribault six after 36 yard scamper. He's caught by Faribault's Al Ostberg (10).



Tom Vickerman (82) Resort Region All-Conference end gathers in a pass in 20-14 Alexandria win over Willmar. Alex finished season with 7-2 record, losing only to Moorhead and St. Cloud Tech. Finished second in last year in Resort Region. This year Alex moves into the West Central Conference.

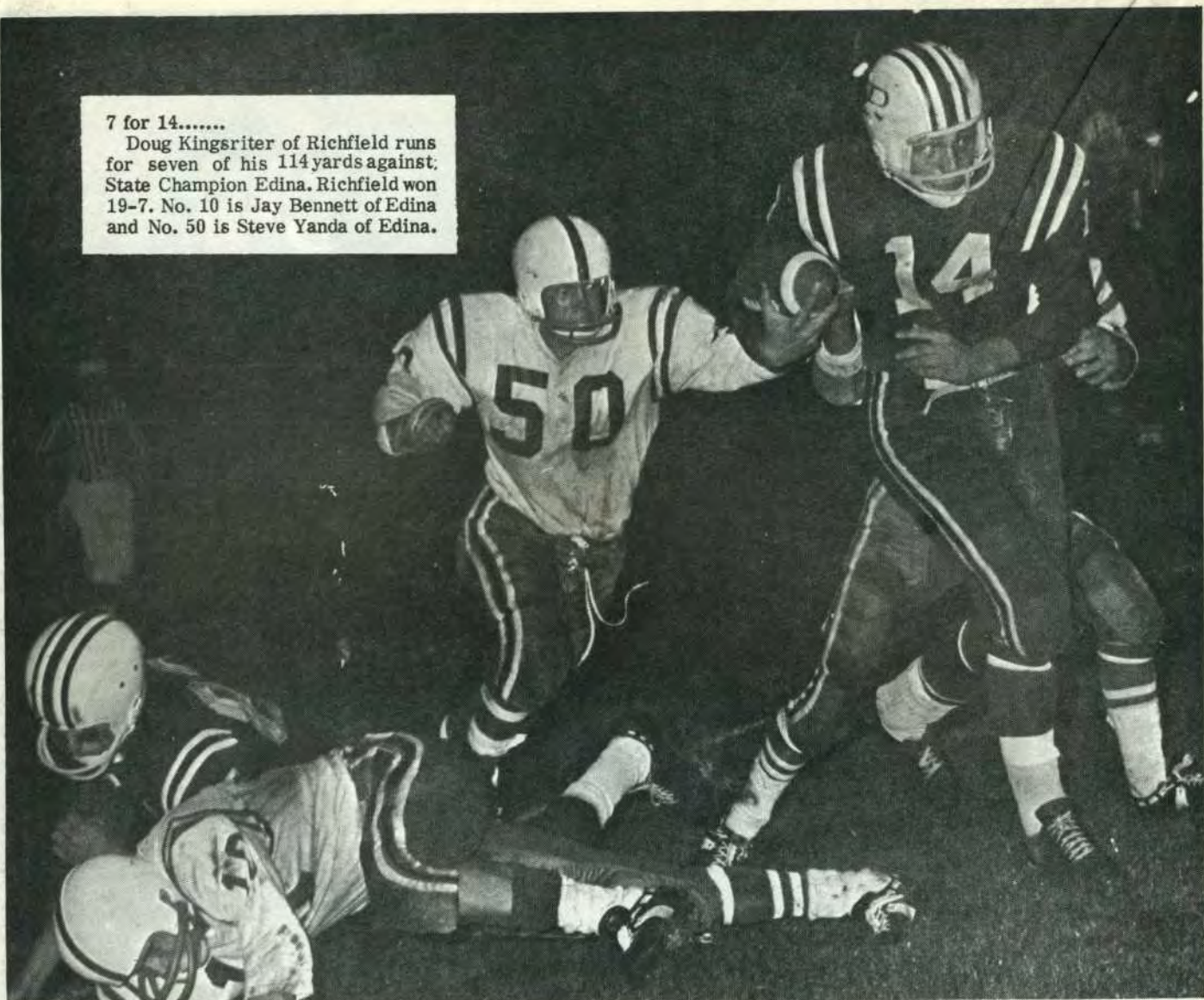


Over - the - Top.....Mark Eiken of Montevideo goes over the top of a teammate for a good gain against Willmar. Monte won the West Central Conference game 13-0, as it earned a share of the conference crown with Willmar.

Two top defensive men in the Lakes Conference in '66 were Larry Bader of Hopkins and Gary Loeur of Wayzata.

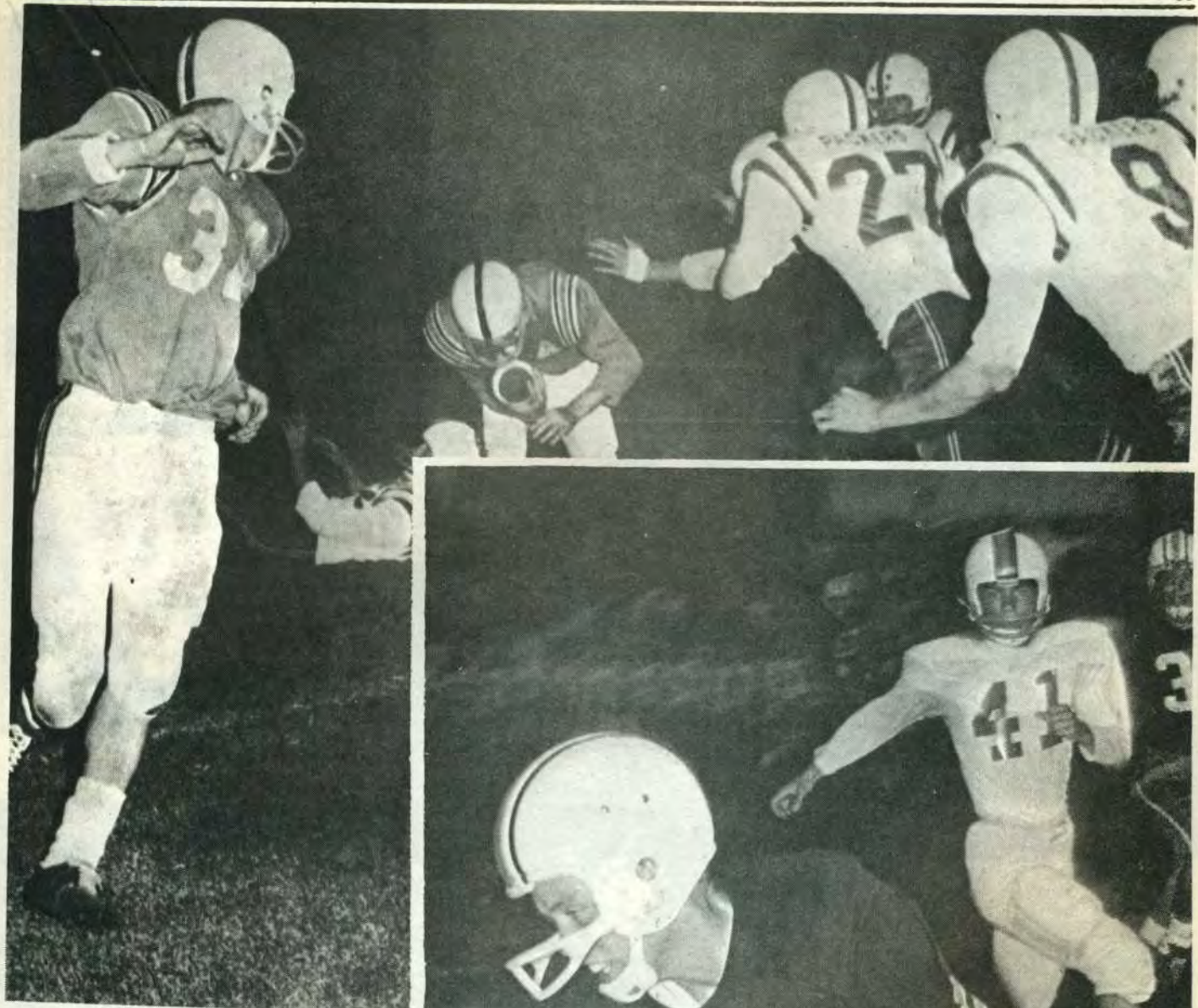
7 for 14.....

Doug Kingsriter of Richfield runs for seven of his 114 yards against State Champion Edina. Richfield won 19-7. No. 10 is Jay Bennett of Edina and No. 50 is Steve Yanda of Edina.



A Word of Wisdom.....

Owatonna Coach Jerry Peterson gives instructions to Junior Quarterback Kirk Fowler during Owatonna's 19-7 homecoming win over Red Wing.



Ron Fuglestad, Winona halfback, gets set to meet a swarm of Austin tacklers on kickoff return. Closing in are Austin's Jim Dybevik (27) All-Conference end and Rich Heard (9) All-State Quarterback. Austin won 10-7 on late field goal to claim Big Nine Crown. Fuglestad, 5-9 and 165 pounds, scored 80 points and gained 1,005 yards for season.



Bob Skartvedt of St. Louis Park intercepts his third pass in 42-0 win over Stillwater.



Jerry Summer, Waseca's outstanding halfback, goes for long yardage in Waseca's 20-0 win over Hutchinson.



Junior George "Pinky" Nelson of Willmar is swarmed under by Bramerd tacklers. Willmar won the game, 14-7.

Breaking Away.....

QB Russ Jacobson (No. 11) of Grand Meadows Southland Conference Champions breaks loose for another long run in the Spring Valley game. Steve Runkle (81) is blocking back.

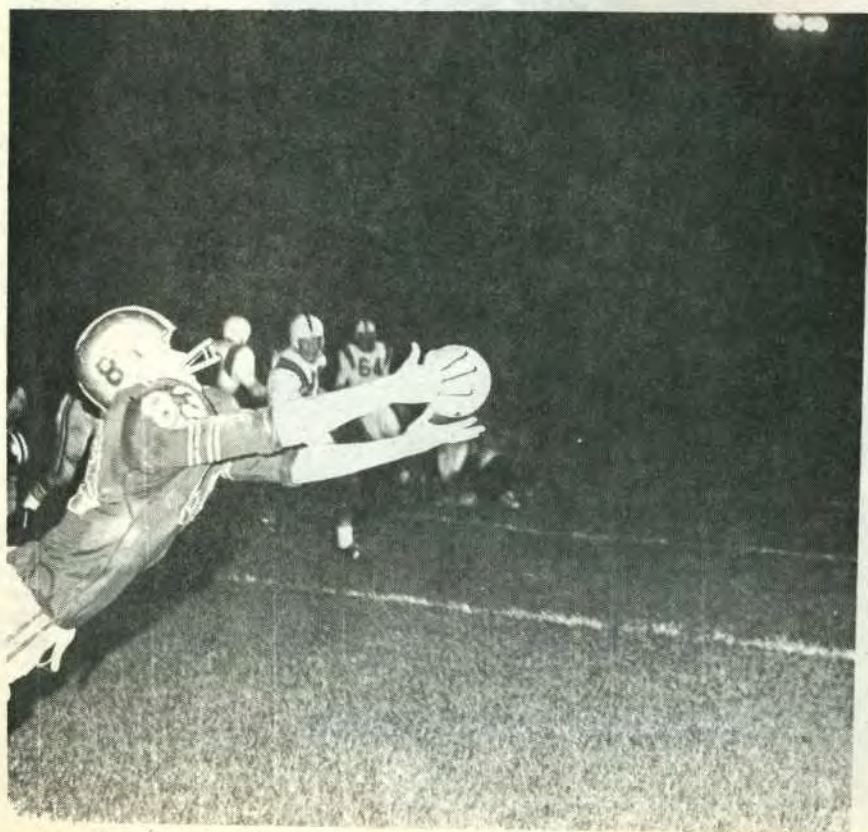


Catch.....

Junior End Chuck Spitzack of Owatonna makes touchdown catch on pass from Quarterback Rick Fowler in 19-7 win over Red Wing. Defending for Red Wing is Steve Buysee.



Stenbakken of New London - Spicer scores in win over Belgrade.



Eric Bundgaard pulls down touchdown pass for Northfield in 27-7 win over Mankato.

Editorial.....

Why Not A Pre-practice Period Aimed at Conditioning?

.....By Ron Raweling

By State High School League Rules, "Practice may begin two (2) weeks prior to the first Monday in September." In a few short months we will be hard at practice. I am sure we all share many common early practice problems; the too soft kid who quits during the early grind, the rash of nuisance woes such as blisters, those horrendous groans as the stiffness sets in after the first day, and the hours of planning for minutes on the field as we try to ration our practice time between conditioning fundamentals and teaching our offenses and defenses.

In addition, I am aware that many rural areas have a problem in getting players in to practice more than once a day. This certainly compounds all the above mention points.

Again by State League Rules, "Interscholastic games may be scheduled and played on or after the second Friday of organized practice." Many Minnesota high schools are now playing their opening game on Friday or Saturday of Labor Day weekend. They are doing this for a variety of reasons. Some are playing a non-conference game before getting into an eight game conference schedule.

Others are playing early to avoid the bad weather at the end of October. This is particularly true in the northern sections. We have played this Labor Day weekend game at Columbia Heights and our coaching staff is well aware of the problems entailed in getting a team ready to play a strong opponent in twelve or thirteen days. Again it is a matter of rushing through fundamentals, conditioning, and teaching in order to have covered it all before taking the field for our first game.

In recent years many doctors, trainers, and yes, coaches have expressed a deep concern with medical problems rising during our "hurry up and get ready" early season practices. We have all read, in various technical coaching journals, articles dealing with early season injuries and more recently many articles concerning heat exhaustion and other heat related problems.

You say, we know this but what can be done to change or correct these problems? I would like to advance for your consideration a possible solution or certainly a way to reduce those problems covered in previous paragraphs.

Several states are at present experimenting with

or have adopted as sound policy, a pre-practice supervised conditioning period. Iowa, New York, and California are states on whose programs I have information. In general, their programs call for a week of conditioning prior to the opening of full out two a day practices. The usual requirement is no pads, shorts, and football shoes. Coaches are present and practice is organized with the emphasis on conditioning. The advantages of such a practice period are obvious. Most of your conditioning drills can be initiated. To a degree the nuisance hurts will be eliminated by the time your squad puts on the pads. Perhaps most important of all, the boys will be acclimated to the hard workouts in our August heat before donning twelve to twenty pounds of practice equipment.

Now I'm sure many of you are already thinking, this is going to cost me another week of summer vacation or we already have a captain's practice in which this conditioning work is carried out. True in both cases but captain's practices are not, in my opinion, acceptable in most cases. The extra weeks work would only be partially true in that both coaches and players could very easily get together in the early evening hours, thereby not robbing either group of the opportunity to keep their jobs that extra week.

For the protection of our players, - for the opportunity to gain a higher degree of skill and execution during our pads practice, for the advancement of Minnesota High School Football, - I urge all of you to give serious consideration to proposing a Pre-Practice Conditioning Period to our State Board of Control.



Regional Coaches of the Year

TOP COACHES IN MINNESOTA FOOTBALL IN '66

Region I - ART HASS, Austin

Region II - CY CHAMPA, Blue Earth

Region III - DON VARPNESS, New Ulm

Region IV - CHARLES KRANZ, Hastings

Region V - STAN CANAKES, Edina

Region VI - JIM GOTTA, Moorhead

Region VII - RICHARD LAWRENCE, Eveleth

Region VIII - DUANE HECK, Karlstad



Region I

ART HASS

AUSTIN

Piloting his Austin Packers to their fourth unbeaten season under his guidance, Art Hass, dean of Big Nine Conference Coaches, earns the Coach of the Year award in Region I. His packers reeled off nine straight including a 14-13 win over St. Cloud in what was a surprising season. No one figured Austin for the Big Nine title and probably no team in the state came further during the season.

Hass had unbeaten seasons at Austin in 1958, 1959 and 1961. He has won or shared five conference crowns and now holds an all-time coaching record of 142 wins, 50 losses and 10 ties.

He has a knack for winning the close ones and always has. Hass, a graduate of Coe College in Iowa and holder of a Masters Degree from Iowa, started at Fayette, Ia., with a 7-1 record in 1944. He was 5-3 at Grundy Center, Ia., the next year and then started on a move up with a 1946-52 stint at Decorah, Ia. There he won 48, lost 11 and tied 2. Jerry Reichow, the Viking great, was one of his starts there.



Region II

CY CHAMPA**BLUE EARTH**

In Region II there's no question who is the 1966 Coach of the Year winner. It's Cy Arthur Champa, the same man who won the award in 1965.

This man's success story at Blue Earth in the South Central conference is almost legendary. He took a team with little experience that had won only one game in 1963 and in three seasons has picked up three straight conference titles.

Each year the record gets better. In 1964, Champa's Buccaneers dropped their opener to Wells. Then they came on to start a string that now numbers 26 games without defeat. A tie was the only mar in the 1965 schedule. In 1966 it was a perfect 9-0 mark. (Elsewhere in this year's Football Journal are more details on this past season's accomplishments.)

Ironically, Blue Earth was Cy's first head football coaching job. He came to the Minnesota school from Polo, Illinois, where he was an assistant line coach and head wrestling mentor. The 29-year-old Bemidji State graduate ranked his top three opponents in '66 as New Ulm (34-0), Fairmont (34-6) and Wells (30-0). Blue Earth had only 18 points scored on it during the season.



Region III

DON VARPNESS**NEW ULM**

New Ulm has ranked as a coaching graveyard for years. In the nine years prior to 1965, New Ulm football teams had won only 19 while losing 45 and tying five games.

That's when Don Varpness came on the scene as Eagles grid coach. The Bemidji State graduate experienced the same fate in 1965. He won one game and lost seven.

Today he's Region III Coach of the Year. The reason: a 5-3 season that ranks as the Eagles best in years. There's no question that he has pumped new life into the Eagles' nest.

The 5-3 record in the South Central conference was no easy task. He had to take a 34-0 pounding at the hands of Blue Earth and a 40-0 drubbing from Fairmont in the process. On the credit side was a heart-rendering 15-8 victory over rugged Hutchinson.

Varpness is no stranger to winning seasons. At Gibbon from 1961 to 1965 he posted an envious 21-10 record. His '63 team was 6-2 and had only 26 points scored upon it. In '64, the year before going to New Ulm, Don's team was 8-1 with only 21 points scored on it.

Region IV

CHARLES KRANZ**HASTINGS**

When you're coaching the smallest school in the conference you aren't supposed to win titles. Someone forgot to tell Charles Kranz of Hastings.

Today he's the 1966 Region IV Coach of the Year after piloting the Suburban Conference's "runts" to a 7-1 season and a share of the loop title.

Three times in eight years he has shared the title. This past season he again came up short of blue chip players, but game after game came from behind to share the crown.

Assistant Don Sagissor possibly explains Charlie's success the best. "He can do more with a handful of kids than any coach I've seen. Many times we have been short of adequate end, halfback, etc. But Charlie has come up with an innovation to disguise our weakness."

Kranz went to Hastings in 1955 and didn't win a game. He's come back to post a 47-43-6 record that included a 1959 title and a tie for the crown in 1960 in addition to this year's share.

He came to Hastings from Great Falls, Montana, where he lost three games at the start of the 1952 season and then rolled unbeaten the rest of the way. He stayed undefeated in both '53 and '54 before moving back to Minnesota.



Region V

STAN CANAKES**EDINA**

There's no question who is the winner of Region Five's Coach-of-the-Year award. Steve Canakes grabs the honor after leading his Edina club to their second straight mythical Minnesota high school football championship.

In six years at the Edina helm, Canakes has won four Lake Conference crowns.

A University of Minnesota and Minneapolis Southwest High School graduate, Canakes played Canadian professional football for the powerful Winnipeg Blue Bombers.

At Minnesota, Steve played under both Bernie Bierman and Wes Fessler.





Region VI

JIM GOTTA**MOORHEAD**

The selection of James (Jim) Gotta of Moorhead as Region Six coach of the year should be no surprise to Minnesota prep football followers.

Since taking over as head coach of the Spuds in 1956, Gotta has directed Moorhead to eight Resort Region conference championships, two undefeated seasons and three seasons in which the Spuds lost just one game.

One of those one-loss years was 1966 -- and that may well have cost Moorhead the mythical state title. Moorhead bowed to Sioux Falls (S.D.) Washington 7-6 in the snow and mud at Sioux Falls and, in spite of the loss, Moorhead still was rated the state's second best team at the end of the year.

A graduate of Ironwood (Mich.) high school, Gotta is a graduate of Moorhead State College and was head football mentor at Casselton (N.D.) high school before joining the Moorhead system. He was assistant coach two years at Moorhead before taking over as head coach.

His Moorhead teams won or tied for Resort Region conference titles in 1958, 1959, 1960, 1962, 1963, 1964, 1965 and 1966 and Moorhead has won 24 of its last 25 conference starts.



Region VII

RICHARD LAWRENCE
EVELETH

Out of the north came a new power in 1966 as Eveleth's Golden Bears rolled through a perfect 8-0 record and earned the Iron Range Conference title in the process.

At the helm was a tireless Bemidji State graduate--Richard Lawrence---and his efforts earn him the Region VII Coach of the Year award.

Eveleth is one of the small schools in enrollment in the Iron Range conference. That didn't stop the '66 Bears. They used courage and superior coaching to come from behind time and time again in '66 for their unbeaten season.



Region VIII

DUANE HECK KARLSTAD

Duane Heck came on the scene at Karlstad in 1961. Since then the Rabbits have always been a contender in the Little Seven Conference.

In 1963 they paraded eight straight victories on the season to earn the Northern State College of Aberdeen, South Dakota, graduate the Region VIII Coach of the Year award.

Toughest games for the Rabbits were a 13-6 win over Warroad, a 41-20 triumph over Drayton and a 26-14 victory over Middle River.

Prior to coaching at Karlstad he was football and basketball coach at Butterfield.



1965 Winners

Region I

SILLIAM SEVERIN, Grand Meadow

Region II

CY CHAMPA, Blue Earth

Region III

DAVE HAUCK, Madison

Region IV

STEVE SILIANOFF, South St. Paul

Region V

CHUCK ELIAS, Minneapolis Central

Region VI

RON MASANZ, Morris

Region VII

PAUL RICHARDS, North Branch

Region VIII

HOWARD EMERSON, Warren

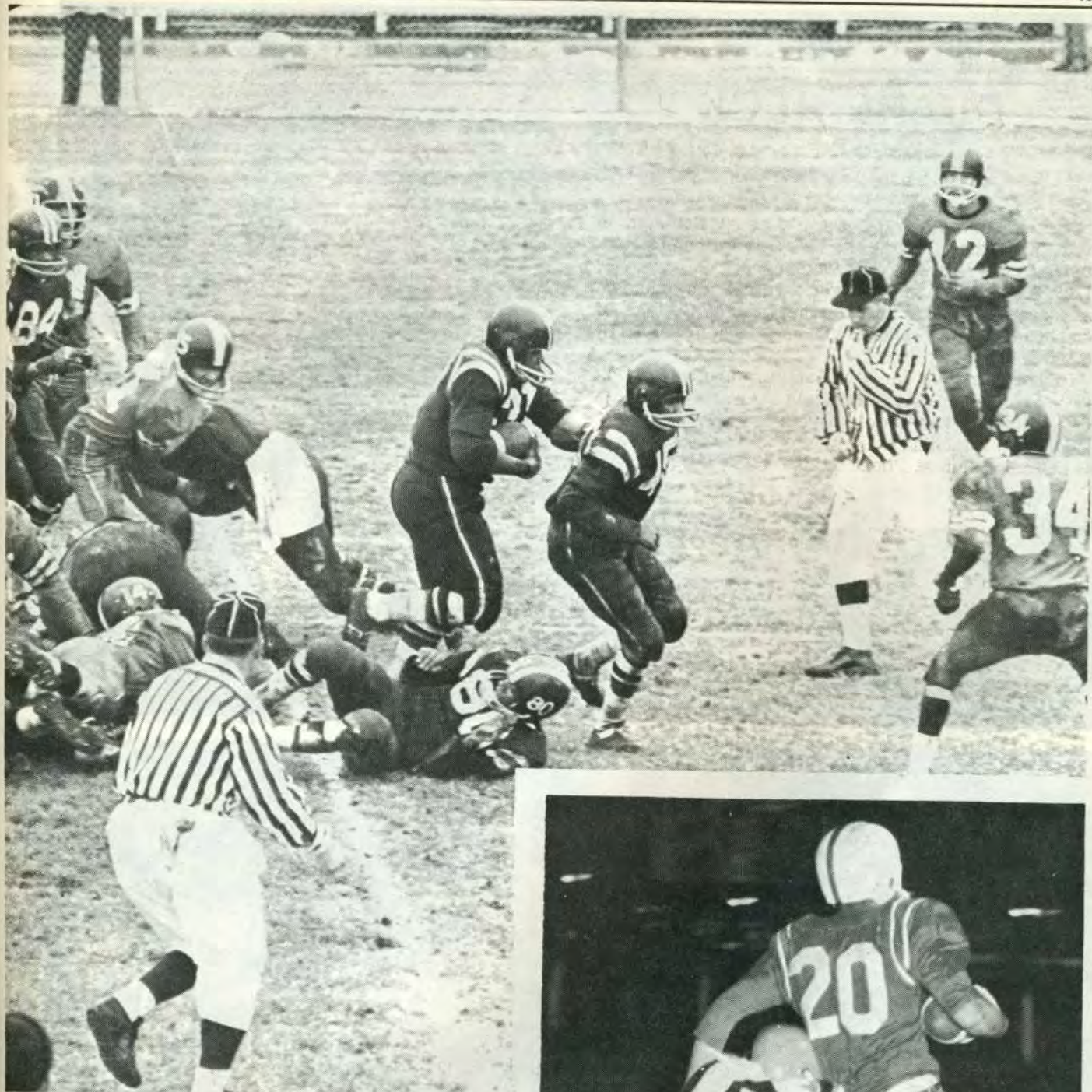


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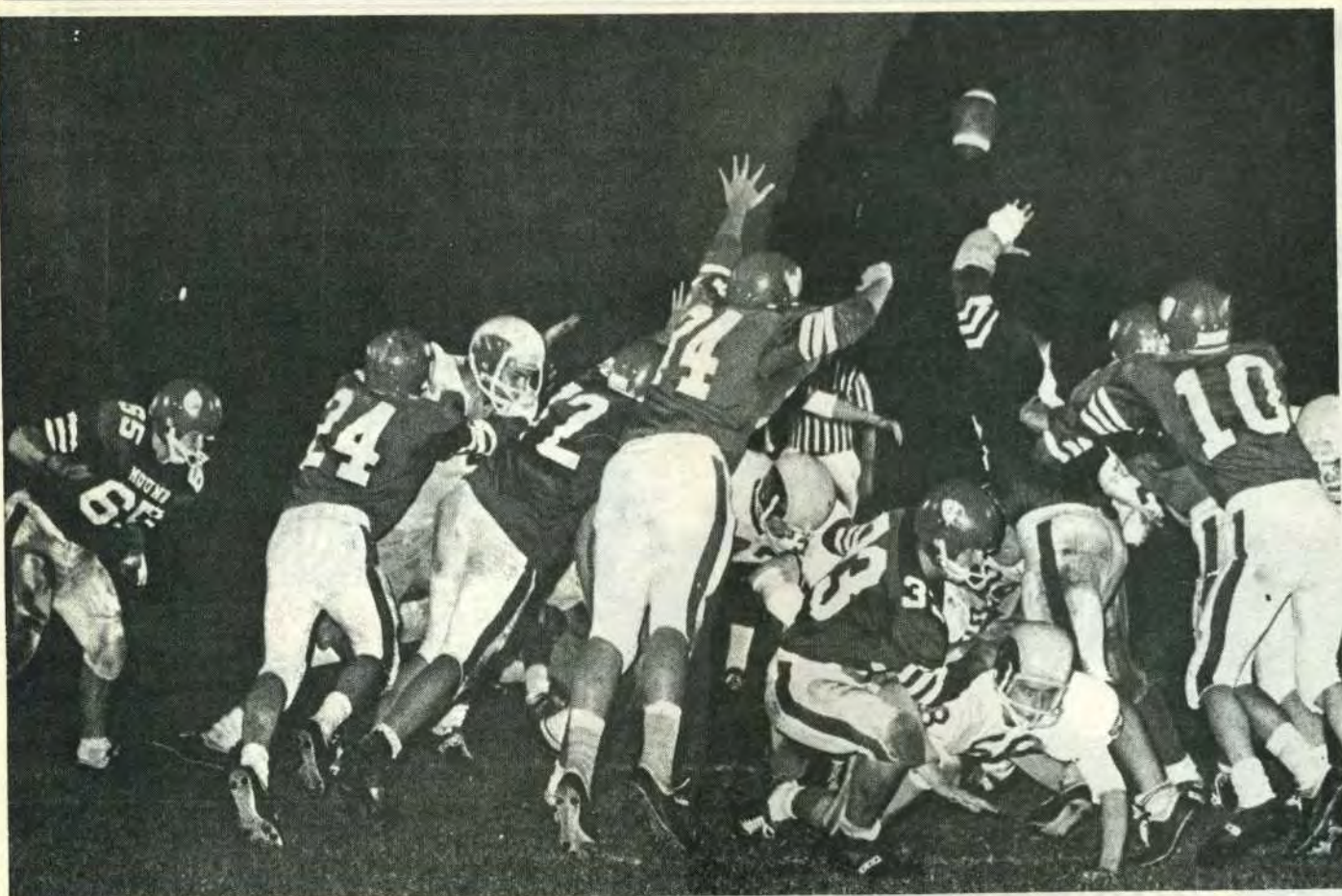
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Capt. Carl Malone, Minneapolis Central's 215 lb. fullback crashes over for a TD against St. Paul Humboldt in the twin city playoff game. Leading the way for Malone is all-city right half Tom Johnson. Central won 42 to 12.



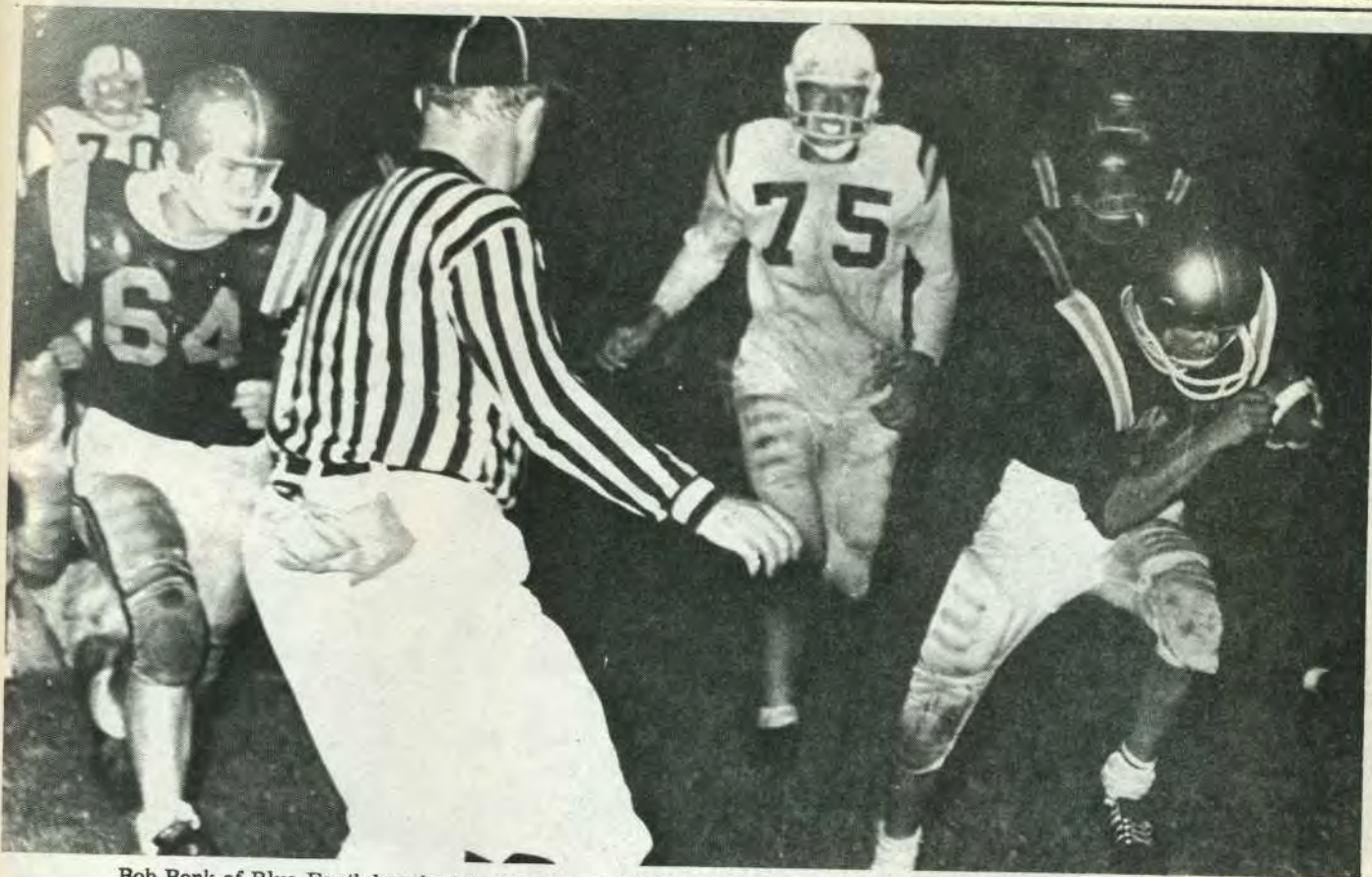
Austin halfback Dan Ruzek drives for a first down against Faribault. Ruzek scored twice to lead Austin to a 39 to 6 victory.



Mound attempts to block a PAT kick by Hopkins' Jeff Haines.



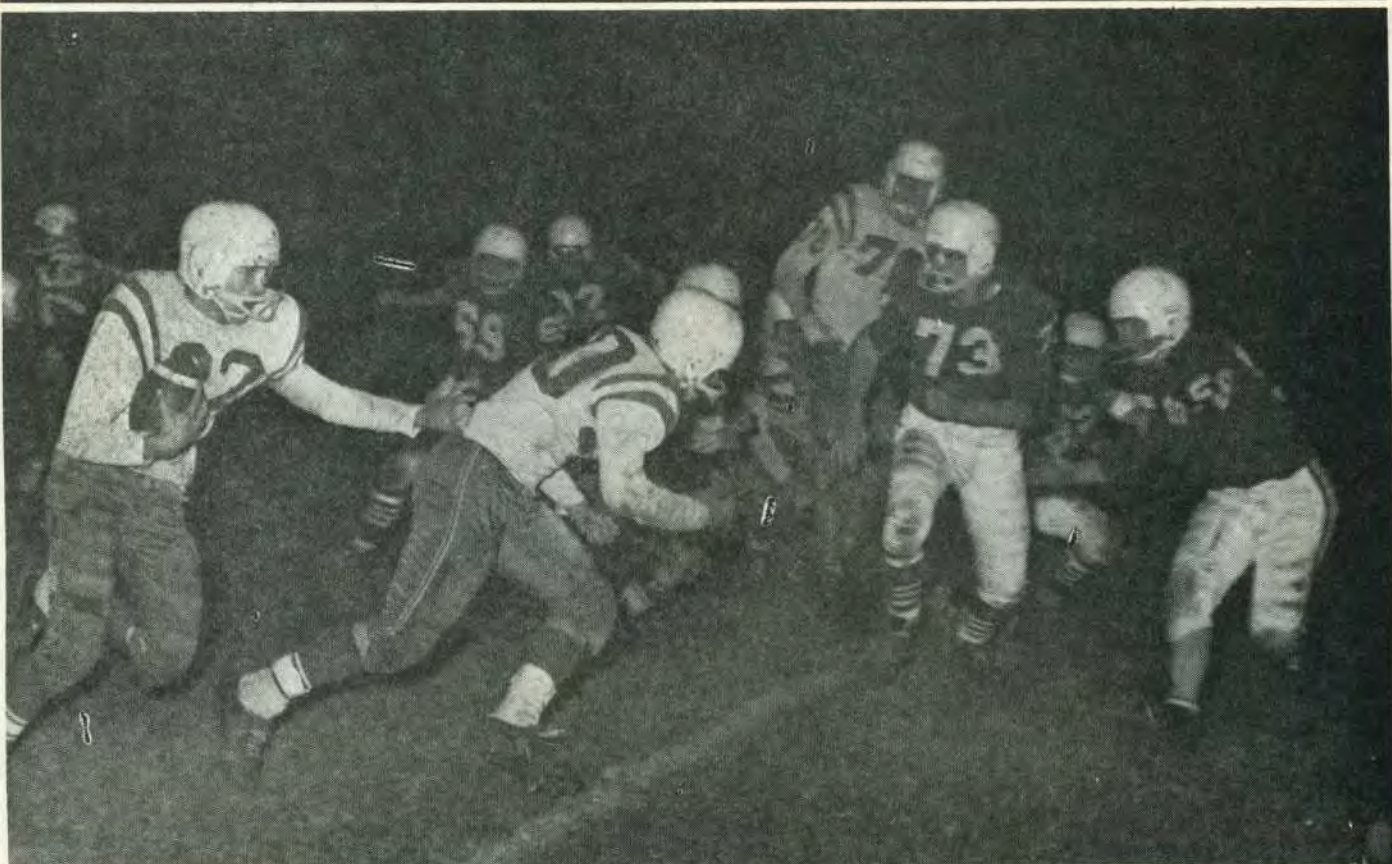
Hutchinson's quarterback #10 Brian Gelska moves in to help stop a Fairmont ball carrier but Fairmont came out victorious 7 to 0 on a wet and muddy field.



Bob Bonk of Blue Earth breaks into the clear behind the blocking of #64 guard Al Hodgdon, Bonk, scored on this play as Blue Earth went on to defeat Wells 30 to 0.



Ted Macken of Willmar converts an extra point attempt against Glenwood in a West Central Conference game which Willmar won.



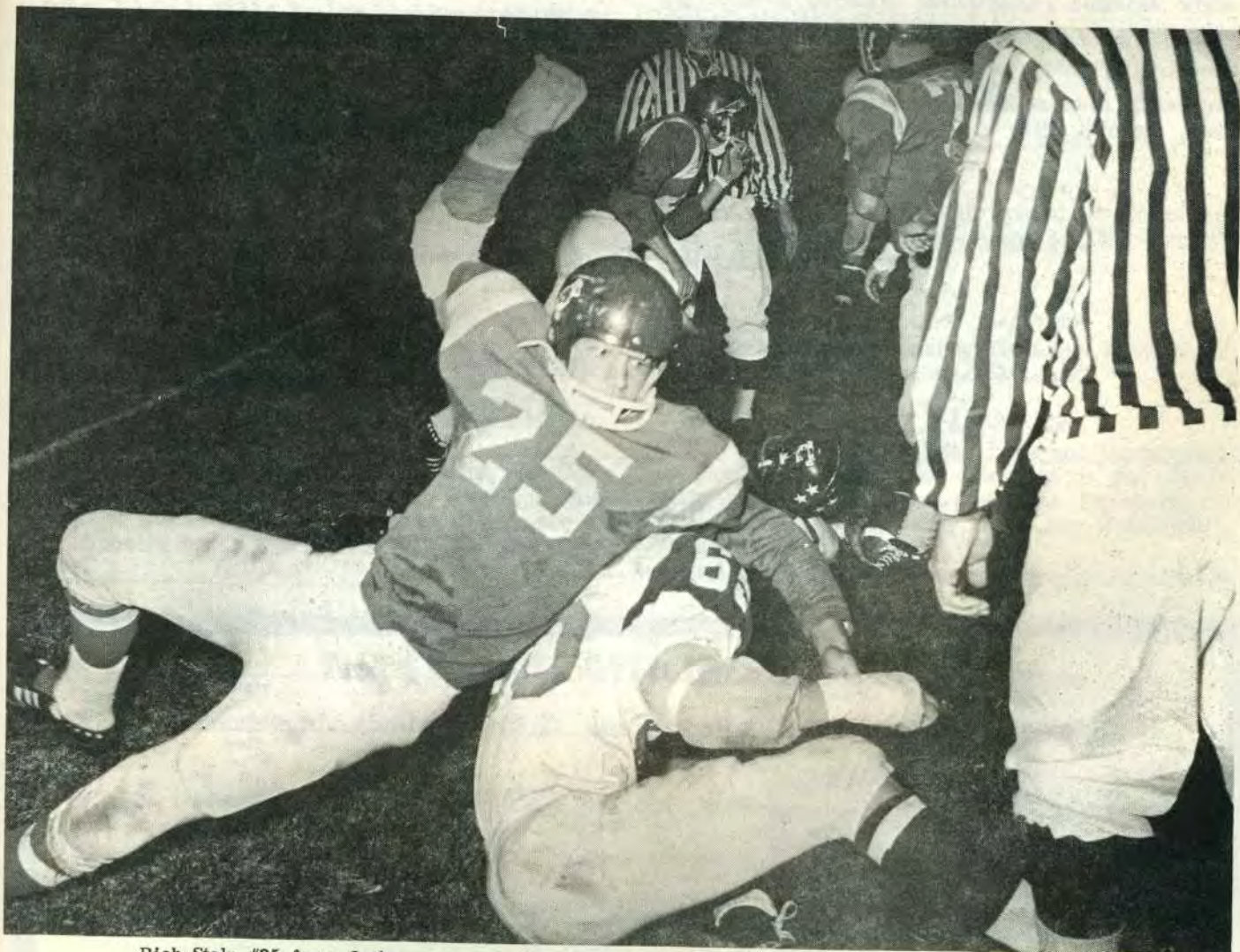
Grand Meadows Jim Kennedy breaks to the outside behind the blocking of Dennis Baldus.



It was the Grand Meadow defense that helped the Larks to their ninth consecutive conference championship. Pictured are Greg Sween (83), Doug Ofstedal (72), Leo Baldus (84), Sheldon Burns (30) and Jerome Girton (78).



Rick Burkhart #30 Fairmont ball carrier appears to have been hauled down from behind in this game against Jackson which Fairmont won 27 to 21. Other players are #25 Rich Stolp from Jackson and #21 Terry Domek of Fairmont.



Rich Stolp #25 from Jackson seems to have been taken out on this play as the Fairmont ball carrier has been already downed in the background.

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Athletic Region _____ District _____ Coach: 8-man _____ 11-man _____		



AROUND THE STATE...

By RALPH ANDERSON
Editor Detroit Lakes Newspapers

Bill Beck, who has been assisting Gary Gustafson at North St. Paul the past several years, has been named head football coach at the Irondale School which will open it's doors for the first time this September. Only sophomores will be enrolled the first year and a full varsity schedule will be played in 1968 using juniors. They will compete in the suburban conference.



Stillwater captains for the coming year will be Quarterback Gary Marlon and guard John Boesel.



Don Rosen, former all state fullback from Rosemount and regular tackle at the U of M will be trying out with the Houston Oilers this summer.



Wally Bauer will be Bill Beck's assistant coach at the New Irondale School this fall.



With the addition of Irondale, the suburban conference now numbers 13.



Rosemount has won two straight Minnesota Conference Championships and Head Coach Harold Burkard attributes a great share of the success to defensive coach Mel Pulley and line coach Dick Sens.

Russ Nelson will be taking his West St. Paul gridders to Breckenridge this fall to open the season.



A possible favorite for the Suburban Title this fall would be Moundsview.



Chuck Kranz, head coach at Hastings is recovering from a cerebral hemorrhage, suffered while shoveling snow last winter.



Carver Fouks has as his assistants at Stillwater; Jerry Foley, backfield, and Bill Herzog, line.



Jack Goers, an all-state guard at Rosemount last year was a regular guard for the Harvard freshmen this past season.



Rosemount will be adding 1500 new seats to it's football field.



Tim Smith of White Bear Lake and Jim Sanders of North St. Paul; both standouts in the recent state hockey tournament were also outstanding in football last fall. The U of M has expressed a strong interest in both.

Around The State Continued on Page 50

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- Congratulations to the Minnesota Football Coaches Assoc on their continuing efforts in developing the football program of the state -

AROUND THE STATE....

Continued from Page 49

Plans have been approved at Stillwater to move the football field to the high school. It would be lighted with a 440 yd. cinder track complete to make it one of the finest playing areas around.



The 1967 football season will start on a strange note for George Larson, head coach at Cambridge high school. It will be the first time during his tenure at the school that Larson won't have a Miller on the squad. Jack, Bill and Steve Miller, sons of Mr. and Mrs. Odell (Sonny) Miller, competed for Cambridge varsity clubs each of the last five years.



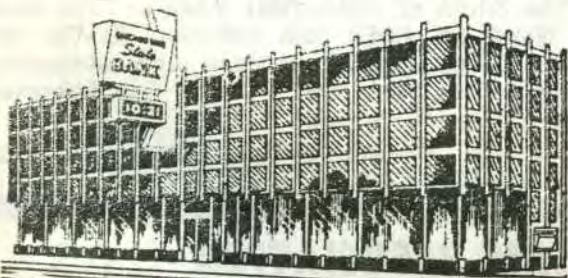
Moving from Edina to Bloomington Kennedy is Dave Herbold, who will be assistant grid mentor at Kennedy. Herbold is a graduate of the University of Minnesota.



Mahnomen high school, which should be a strong contender for Pine-to-Prairie football conference laurels in 1967, has added an eighth opponent -- Crookston Cathedral -- this coming season.



The Resort Region conference, which has operated with six schools since the 1957-58 season, will go with five schools in 1967. The five are Detroit Lakes, Fergus Falls, Moorhead, Breckenridge and Wheaton. Alexandria, a charter member of the circuit when it was organized during the 1954-55 season, has dropped out to join the West Central conference. Wheaton was admitted to the RRC starting with the 1957-58 year.



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Pictured above are the District Nine champions, Lynd. Front row left to right: Vic Vercruysse, Alan Metz, Larry Siekman, Roger Scott, second row: Dan Christenson, Dan Sorenson, Pat Geske, Deane Hartzell, Les Kor, Bob DeBruyckere, David Karlstad and Tom DeSmet. Third row: Mark Metz, Myron Green, Dave DeBaere, Coach Fred Anderson, Dwane Wilmes, Ron Geske and Dennis Dirckx.



Lynd won the District Nine 8-man football championship by defeating Lake Benton, 45-20, in the annual playoff game.

Lynd was led by All-State selection Deane Hartzell and by all-state honorable mentions Les Kor and Mart Metz.

The District Nine 8-man football league is comprised of 14 football teams and is divided into an East Half Conference and a West Half Conference.

Lake Benton easily won the West Half Conference with a 6-0 record and ended its season 8-1 overall. Lynd found tough competition in teams such as Cottonwood and Wood Lake but won its conference with a 5-0 record and ended the season with a perfect 9-0 record overall.

Lynd came up with some impressive statistics in their nine game perfect season. They scored 330 points for an average of 36.6 points a game. Their defense held opponents to 74 points. Every man on the team scored, including all the linemen.

Deane Hartzell led the Lynd team by running for

606 yards and 95 points. He also completed 42 of 87 passes for 932 yards and 123 points. He was selected by the Minneapolis Tribune as an all-state 8-man football player.

DISTRICT 9 - 8-MAN FOOTBALL LEAGUE EAST HALF

School	Won	Lost	Percentage
Lynd	5	0	1.000
Cottonwood	4	1	.800
Wood Lake	3	2	.600
Balaton	2	3	.400
Russell	1	4	.200
Milroy	0	5	.000

WEST HALF

School	Won	Lost	Percentage
Lake Benton	6	0	1.000
Ivanhoe	4	2	.666
Tyler	4	2	.666
Verdi	4	2	.666
Minneota	2	4	.333
Hendricks	1	5	.166
Ruthon	0	6	.000

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Pete Guzy.....Steps Down

Continued from Page 14

Chorske, Walt Edwards, Jerry Mitchell, Frank Rog, Ken Simmons, Tony Farrara, Tony Jaros, Ron Wojciak, Jerry Cloutier, Pete Guzy, Jr., to name a few.

Honors have been many for Guzy, including receiving the Builder of Manhood award at this year's Northwest Boat, Sports and Travel Show in Minneapolis.

One of the big boosters for Guzy has been his wife, Josephine, known better as "Jess." In addition to keeping the Guzy household in order Jess became the mother of four sons--Pete, Jr., Richard and Bruce, now engaged in a variety of business enterprises, and Greg, a student at St. Cloud State.

Guzy adds it all up by stating, "Life has been wonderful to me."

Presidents Message....

Better Than Ever

Continued from Page 2

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The recognition given us by the Minnesota Vikings by allowing us free tickets is very much appreciated. Show your appreciation by talking favorably about the Viking organization and remembering that you are a guest. Our Secretary, Chuck Elias, has done a tremendous job in administering the tickets. Give him your whole hearted cooperation in this endeavor.

The fine cooperation of the University of Minnesota and its Athletic staff at our spring banquet and clinic is certainly appreciated. A big thank you to Murray Warmath and his staff and Mr. Marsh Ryman. Also to the M-Club for their fine cooperation.

Let me encourage you to cooperate with the new Minnesota Football magazine that is coming out this summer. I feel that this magazine can do a lot to promote football at every level. Give your school a chance to be recognized.

I have appreciated the opportunity that I have had this past year in representing the football coaches. It has been a real pleasure working with a wonderful set of officers and fellow coaches. With the calibre of men we have in Minnesota I'm sure our organization will continue to progress. Continue to cooperate with Chuck Elias who is doing a truly great job as our Secretary. Contribute your talents to our organization and it'll pay off for you and Minnesota Football.

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Blue Earth Heads For Pay Dirt...

End John Shaden is being closed in on by Fairmont's Terry Domek (21) and Doug Scheppmann (53). Blue Earth won the game..... the Minneapolis Tribune's game of the week - 34-6



Success Means Blue Earth...

Continued from Page 12

- * After school the 7th and 8th grade boys will be divided into 4 teams and play tackle football. The boys are divided into teams using a power and skill classification index. Boys that are too strong for this league move up to the ninth grade team.
- * The 9th grade will have a team which plays a 5 game schedule, Thursday night after school.
- * The "C" team, made up of 10th grade boys, plays a 6 game schedule Monday evenings.
- * The "B" team, made up of our good sophomores and some juniors that do not play varsity

ball, plays a 7 game schedule Monday evening. (The "C" and "B" teams play at the same time. One at home and one away.)

- * The varsity has a 9 game schedule played on Friday night.
- * At the beginning of each season players get a copy of the football handbook and it is to be carried with him at all times. The handbook is to be checked in at the end of the season along with the equipment.
- * There will be a Parent's Night before the first game each season to explain the program

Continued on Page 54



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SUCCESS MEANS BLUE EARTH

Continued from Page 53

and to get acquainted.

* The varsity player must run a 6 minute mile the first day of football practice.

* No boy will ever go into the coaches office, equipment room, drying room, or training room without permission.

* The coaches and selected managers are to be on time and responsible for the assignments before, during, and after practice.

* There will be a practice time schedule posted each day. It will be followed by the minute.

* There will be a list of teams posted each day and the best 11 players will be on the first team, based on practice ratings.

* All boys are to have ankles wrapped and helmets on or in their hands at all times after leaving the locker room. Helmets and shoes are to be polished before each game.

* All varsity games will be filmed and every boy will be evaluated on each play by the coaches and posted before practice on Monday. This evaluation will then be kept in the athletes file.

* There will be a file kept on all phases of each football player starting in the 9th grade.

* A file will be kept on our defenses as to the yards yielded during each game in different situations.

* A file will be kept on our offensive plays during each game explaining yards gained, against what defense and at what position of the field.

* A game graph and statistics will be kept on each game.

* A varsity player must be out for spring track.

BASIC INFORMATION: This section includes such things as the need for notebooks, mental attitude, our grading system and the reasons for our machines, drills, running, etc.

TERMINOLOGY: All the terms we use in football are explained in this section. Many times different coaches and athletes have different terms for the same thing and this corrects the problem.

SEVERE PENALTIES: The 15 most severe penalties of football are explained and the effect they have on a ballgame.

COMMON MISTAKES: We stress on our boys that football is a game of mistakes and the team that makes the fewest will win. We list the 10 most common mistakes and what an athlete can do during the off season, practice and game to prevent them.

ONLY MINUTES TO PLAY: Probably the most important part of a ball game is two minutes to go in either half. Many games are won during this short vital time. The important points in various situations on both offense and defense are covered.

TRAINING: Our purpose is not to punish. It is to improve through proper guidance counseling, ways and means of making better citizens of our boys through the field of athletics. The boys and coaches set up a Code of Championship Living, that will not only make a better citizen but better athlete. We give good reason for our rules, but if they are violated the penalties are stiff and carried out to the letter.

VARSITY LOCKER ROOM ORGANIZATION: This section tells the responsibility of each of the 6 coaches, 4 managers and 4 trainers, in the locker room in the preparation of getting our 95 boys (9-12) ready for practice in the required 15 minutes.

FIELD ORGANIZATION: This section shows our 3
Continued on Page 55



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SUCCESS MEANS BLUE EARTH

Continued from Page 54

practice fields and which teams will occupy each. The area, along with our football machines, is scheduled so each of our 170 boys (7-12) has an opportunity to work in this area at a specific time each practice.

COACHES ORGANIZATION: Here we attempt to give each coach his specific duties in our football program. Each coach can use his own techniques and drill as long as he teaches the fundamentals or guide lines of our handbook. The assistant coaches in our program do most of the coaching of techniques. The head coach keeps the practice moving, over sees the program and works in critical areas.

SEASON SCHEDULE: This section has the whole season organized to the minute, from physicals to the day the equipment is turned in. Every practice, chalk talk, coaches meetings, bus departure time for games, etc. is listed in chronological order.

PRACTICE SCHEDULE: What we cover and how much time we spend in our practice is explained in this section. There are three basic schedules, one for hard practices, one for Monday practices and one for Thursday practice before a game.

SCHEDULE: The team played, date, location and time of each of our Varsity, "B", "C", and Freshman games is listed.

KICKING GAME: We have one page for each section of our kicking game. There is a diagram on the top 1/4 of the page and the remainder lists the position responsibility. This section covers field goals, kickoff coverage, onside kick, various kick-off returns, tight punt, spread punt, block punt and punt returns.

DEFENSE: Listed in this section are our general defensive fundamentals and rules. We diagram on the top 1/4 of the page each of our variations of our 6 man line and explain what each position responsibility is for each variation. We have not, changed our 6-2 defense in three years. If we cannot stop a team with this defense and its variations, we will not stop them with something we do not understand.

OFFENSE: This is the longest and the most important part of the handbook. We start off with our offensive stance, blocking techniques and our blocking rules. The next part of this section deals with numbering our offense, our plays, and the calling of the plays. Many hours were spent



New Ulm's Doug Backer is hit low by Blue Earth's Dale Putrak. In nine games Blue Earth's goal was crossed only three times. Blue Earth won this game 34-0.

the first year to develop a simple offense to meet all of the situations that we would encounter during a game. Like our defense and kicking game we draw each offensive play and tell what the assignments are and its strong and weak points against various defenses. After three years of revising our offense we feel that we have a simple yet versatile attack. This year our first team offense scored on the average of once every 4 minutes they were in the game. The statistics this year are unbelievable.

This gives you an idea of how our football program is organized at Blue Earth. We feel we do not have to take a back seat to anyone when it comes to a well organized program for our boys. I believe that our organization, written in a form of a handbook, is one of the biggest reasons for our success. It serves as a guide line for all the coaches and athletes. I sincerely feel that if we work, revise and do not start to slack, football in this small Southern Minnesota school will continue to compete favorable in the strong South Central Conference.

MATERIAL - - 80% of winning

Continued from Page 10

The information on these cards is useful in a couple of areas. As Ara Parsegian, the very successful Notre Dame coach has said, "Placement of personnel is THE most important aspect of coaching." From the cards a tentative roster is assembled with particular attention paid to those aspiring to play quarterback. In our offensive system this position is the key to success and a competent quarterback cannot be developed in one or two years. Therefore, an attempt is made to obtain the athlete that most fits our requirements by his freshman year.

Some of our requirements are; 1. He must be an A or B plus student. 2. He must possess a keen competitive drive (ie. an achiever). 3. He must possess well developed hand-eye coordination. A quarterback can only be developed through conscientious practice and a student must be selected who can withstand criticism and who is capable of using delegated authority (from the coach) to develop into a team leader.

Once this individual has been selected an effort is made to find some opportunity to talk football with him. The enthusiasm of the coach must be made contagious to the youngster. Only with encouragement will the hard practice, that makes a champion, begin.

Another aspect of pre-season organization is the planning of the offensive and defensive sets to be used in the fall. We spend a great deal of time devising our lesson plans for the fall practice sessions. Our first objective in this phase, is for the students to obtain a thorough knowledge of their offensive and defensive assignments, and secondly to develop fundamentals and conditioning sufficiently to carry out these ideas.

This may be a rather radical departure from some coaching techniques...for the cliché is...aggressive blocking and tackling wins games, but I have found that quickness, and knowledge of the game are just as valuable, if not more so.

Our offense is built around speed and deception, and the plays are designed with this in mind. Maximum use is made of split linemen in order to improve the blocking angles.

We also spend 90% of our offensive practices playing touch football. The advantages of this tactic are numerous; less injuries, increased speed, and increased competition (usually our starting unit is quite superior to the reserves.) The disadvantage may be that the backs are not used to getting decked.

However, when we emphasize defense, either against the running game or passing game, we always tackle. In this case the odds are stacked against the offense in that they generally do not know their assignments (of opponents plays) very well and therefore give the defense a decided advantage.

Continued on Page 57

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MATERIAL--80% of winning

Continued from Page 56

During the season an organizational aspect which has a tremendous influence on team morale is the scouting report and consequent preparation for combat. This is a coaches homework and it must be done in an efficient, methodical manner. Even in high schools, which do not have access to movies of their opponents, a great deal of value may be obtained from visual scouting. In the games we watch we make an attempt to chart every play an opponent runs, not necessarily catching the blocking assignments but always following the ball. Blocking, we can devise ourselves, but we should know the offensive set and the ball handling sequence.

An evaluation can than be made as to frequency of repetition and plays called in crucial situations. Many high school quarterbacks and their coaches become very situation conscious and can be predicted with fair success. All of which helps the defense.

Obviously, the more familiar the defense becomes with the opponents offense the better they will be able to defend against it. Familiarity breeds confidence. Therefore, at least two-thirds

of our practice time (after our opening game) is spent defending against future opponents.

The post-season aspect of organization includes the replacement and repairing of equipment. If this area is closely supervised a coach is able to adequately protect a future team with a minimum budget. In five years, using less than \$350 a year, we are able to equip 40 players with either new or reconditioned equipment. All of this, of course, has a tremendous bearing on injuries and morale.

On the subject of equipment, it has been recommended that all pads include an outer protective shell, this of course, lessens the impact upon an opponent, but more injuries occur in practices than in games so it seems wise to protect a team from themselves. All of our replacement equipment has met this criteria and it seems well spent as we have avoided injury problems very successfully.

The most satisfactory aspect of coaching is the actual field time spent in practice but it would appear that in terms of wins and losses it is not as important as the recruiting and organization phases of football.



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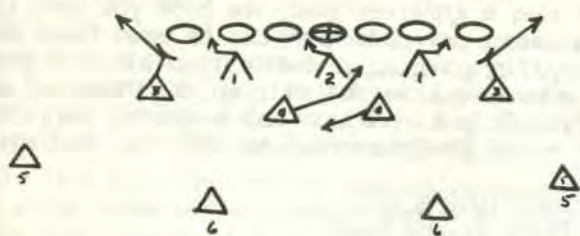
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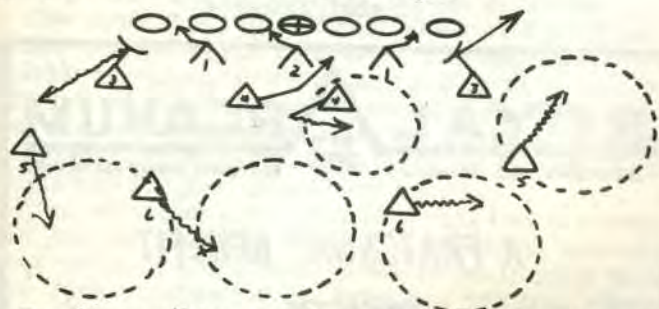
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Crazy Defense...by Gerry Cady

Continued from Page 9



The following is the type of rotation we would like to see on a rollout pass to our right:



Our "1 men" loop to the outside applying pressure from the outside in (thinking more of a pass rush than of the running game.)

The "2 man" plays a stunting game with the firing "4 man".

Our "3 men" have the responsibility of controlling the offensive end (if in tight) for one and one half counts, and then floating to the outside. The "3 man" has the responsibility of forcing a quarterback rollout pass to his side. If the rollout is away from him, he floats to the outside and deepens, never turning his back to the play. On a drop-back pass the "3 man" floats to the outside being responsible for the short, flat zone (screens, flares, etc.).

Our "4 men" have split responsibilities: one applying the pressure by stunting with the "2 man;" the other checking the inside off-tackle holes, then moving to the short middle zone.

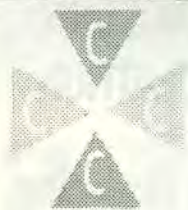
Our "5 men" take the outside quarter zone. This is especially true on a drop pass. On a rollout to their side the "5 men" do not move up fast, (we hope our "3 men" will apply the pressure) but play that outside short zone, and come up only when the run has developed. On a rollout away from the "5 man" he would rotate to a three-deep position.

Our "6 men" are taking the deep zones especially on a dropback pass. If a rollout develops to a side of a "6 man", he would rotate deep and behind the "5 man" on his side. The other "6 man" rotates over and takes the safety position giving us a three deep secondary.

THREE-DEEP REVENT

To be used against an offensive team which has as its primary pass offense the dropback pass. The "5 and 6 men" pre-rotate just before the ball is snapped. In the following diagram the arrows indi-

Continued on Page 60



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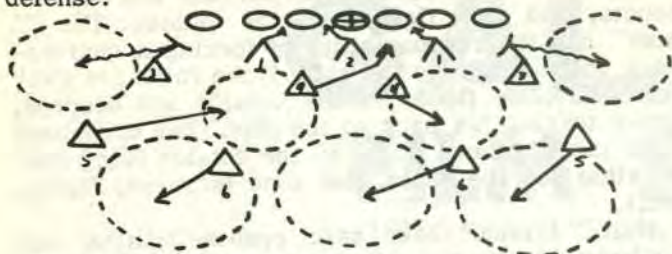
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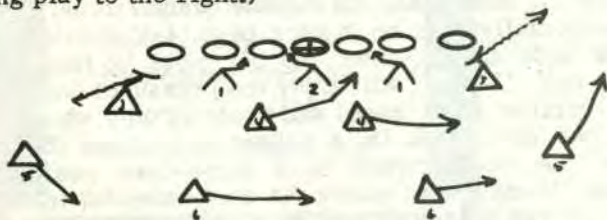
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CRAZY DEFENSE Continued from Page 59

cate the about zone of the seven men back on pass defense:



The next diagram shows the rotation we would follow once the running play develops. (Example: running play to the right.)



In our Three Deep Prevent we have our "1 men" loop to their inside gap, applying the pressure from the inside.

The "2 man" plays a stunting game again with the firing "4 man".

The "3 men" have basically the same responsibility as they did in the Umbrella Defense except they must be stronger on the run to the outside. (Three would be different adjustment to flankers, slots and splits.)

Our "4 men" have split assignments: one will apply pressure by stunting with the "2 man;" the other (this being our right "4 man") will move over to his right and in front of the left offensive end, about four yards deep. His responsibility is the outside off-tackle hole on the run, and the jump-pass or the zone immediately in front of that end on a pass.

The "5 men" have split responsibilities. The "5 man" on the right deepends and moves to a three deep position. Here he will look the situation over and rotate as the play develops. He is then coming outside-in on the running play, or rotating if the play is away. The "5 man" on the left moves in front of the right offensive end about four yards deep. His responsibility is the outside off-tackle hole on the run, and the jump-pass, or the zone immediately in front of that end on a pass.

The "6 men" have somewhat different responsibilities. The "6 man" on the right pre-rotates into

the safety position, while the "6 man" on the left moves out a little deeper so that we now end up with a three deep prevent. The "6 men" will rotate as the play develops (as shown in the diagram.)

In conclusion, we have tried to give you a defense with a different look. We hope you have received some thoughts that can be used from this article. Time and space does not permit us to show our adjustments to the wide splits, flankers, and pro sets. If you ever have any questions, both Chet and I would gladly correspond with you. Just write us at

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Football Innovations

....And Results

Continued from Page 7

From looking at the formation, you can see the trend in high school football is to throw the football. We did start throwing, in fact many games the ball was in the air 50% of the time. When we just used the Wing T we threw maybe 3 times a game.

We have found that by first making the short passing game work, the long pass is easier to complete.

As was mentioned previously we liked to run the ends. With our new formations, we started running up the middle with tremendous success, we now had the defense thinking outside, inside, or in the air.

The application of different kinds of formations either defensively or offensively has been very important in winning football games. It is very important for the coach to keep up on different techniques that are new or different. However, the greatest thing in athletic performance to me is not new formation or techniques but good mental attitude.

Each team that gives good performances is a team that has the idea that they have something special. They could be a well conditioned team. It could be a new type of offensive or defensive patterns which gives the players a feeling that they possess a secret weapon. Once the players have this attitude, and the

new formation does materialize into a winning combination, the athlete gains a new sense of maturity. This result is a thrill difficult to duplicate. The coach has developed an athlete who will produce.

Just as any coach will say: if a boy has to learn a little more about football, he will, if he thinks he has something different and newer than his opposition. When this idea can be implanted in the athlete, you are on the way to a winning season. You don't have to ask a team if they are ready, you can feel it because they are proud of themselves and confident that they will have the big play when they need it.

The coach who can affect the mental attitude of his players, will be able to win his share of games. The feeling of confidence also will have an effect upon the individual later on in life.

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Pictured above at center is Roger Hage, football coach at Hector, Minn., and his two co-captains, Karl Dickman on the left and Larry Kiuloja on the right.

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Continued from Page 5

becomes enjoyable when you are involved in working with a first-class printer and photographer on a first-class publication. I have been asked why we have such elaborate programs, and my answer is, "It's all part of a first-class operation."

With our own hands we erected a large sign in the football park and had a sign painter print our schedule on it. For two years this was financed by profits from the football program, but it is now on the football budget. It gave me great satisfaction to put this big sign up the past couple of years just to prove to people that in spite of our record, we are still working and aren't backing off because of a little adversity. We had to convince the fans and players that our fight to succeed was the real thing, not just a little push and then quit.

A service we have provided for the past three years are evening football clinics when all the boys from the various grade school and city recreation teams are invited to our park for instruction in skills of the game. The varsity players serve as coaches, and it is a real thrill to see them working with the six and seven year old boys.

Another idea which really isn't public relations but is certainly coaching relations is our football staff trip we take to a resort in mid-August. No wives, no partying, we talk over the program about 12 hours a day for a long weekend, and we have found this invaluable to getting set for the season. We tear apart everything we're doing, argue it out, come back with all of us knowing exactly what we plan to do. We set a schedule for ourselves ahead of time, such as a skull session from 8-10 a.m., then put on sweat clothes and try whatever phase of the game we had discussed. Every coach runs at every position and we try to come up with the best possible coaching points. I was shocked to find how much my assistants could contribute to and change plays I'd been running for years. One morning last summer, we argued for an hour and a half whether the quarterback should reverse-spin or sprint straight back, and I'm happy to say they changed my mind.

We take a 20-minute swim in the lake, eat lunch, sleep for an hour and are back at it again at 2:30 with a skull session followed by a workout. Another

swim, dinner and then two hours of viewing films from the previous season finish off the day. By getting together, we can share special talents of each other that we never find time for during the season. Sometimes our junior high coaches don't know how we'd like to have them teach kickers and passers; this is an excellent opportunity for us to figure out what we really want. In addition to this, all of our coaches (junior high, B-squad, varsity) work with the varsity the first two weeks before school starts. In fact, this year those who aren't able to be present receive \$100 less in coaching pay. We feel with all of us working together, we can all feel responsible for our varsity football team. To continue this close relationship, all coaches take turns scouting our opponents, and then the following week, they spend Wednesday night with the varsity while two varsity coaches take their junior high or B-squad team. It's a great opportunity for me personally to spend a couple of nights a season coaching the seventh grade team. Because of these attempts to involve all coaches in the entire program and although they are not required to work there, they are all eager to help out on game nights, we have more coaches around our bench than the Vikings!

At the end of my first year in Northfield, after a disastrous season and after an almost equally disastrous basketball season, our athletic staff got together and decided to lift the spirits of the community by giving an almost-garish athletic banquet, and we have continued this event and will do so. It is our hope to get speakers of national stature, and so far we have had Olympian Jesse Owens, former Illinois coach Ray Eliot, and Jackie Robinson. This has been expensive, but the money seems to come, mainly from tickets to over 600 people. Again, we try very hard to make this a first-class affair, and I challenge anybody to show me a better decorated banquet hall than any of ours. It is always designed by a professional artist and the theme he provides is built in a professional way by the athletes and coaches. This is great training for the boys, and they are proud of the evening they provide for the community. This fall, our superintendent said to me, trying to justify in his own mind the time and effort spent on the banquet, "Nobody else in the conference, or the state for that matter, puts on a show like that for a banquet."

Continued on Page 63

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Hemlock 3-8056 Tom Smith Jr., Proprietor

Public Relations Program Pays...

Continued from Page 62

My answer was and is, "I sure hope not, because we'd like it to be the best."

Some of the touches we have added are these: an alumni award to a former athlete (Gov. Rølvaag, Bill Garnas, Albert Quie have been selected for this honor); last year we invited all former coaches as honored guests (their recollections were priceless); athlete-of-the-year winners and special awards are announced. This year we are inviting all former athlete-of-the-year winners and athletic directors from the other conference schools as honored guests. The banquet isn't just to honor athletes and coaches but rather a night when all of our athletic community and fans can get together without the stresses of a contest and be enlightened and entertained in a subject we all enjoy.

We have also put our varsity members in the role of hosts for a 5-team scrimmage which we hold before our first game. We try to plan a well-organized scrimmage on our field and then feed the teams before they leave with hot dishes, salads, etc., provided by the players' mothers and coaches wives.

I should mention here another promotion which is not really a part of the school football program, but nevertheless rubs off on it. This is the College City Coaches Clinic, which our staff helped establish in 1965. We were all struck with the many facilities available for such an event in our city. The Chamber of Commerce and St. Olaf and Carleton colleges agreed to sponsor it. In its third year and showing tremendous growth and acceptance, we think it can be one of the finest.

Probably the biggest thing we have done to help ourselves is to unite the entire athletic department in one common cause, to the education of young men and to win our share (or more if possible). The worst thing we could do is to isolate one of us. When one of us is in trouble, we're all in it together. This attitude has spread to the players, and I hope, to the fans. On a Friday night when our winter sports teams are getting ready to leave for their respective games, it thrills us to see basketball players, wrestlers, swimmers going out of their way to wish each other luck. Our coaching staff has emphasized this and I suppose the first couple of times, it might have been phoney, but I don't think any of us go to a game without being wished well by the entire staff of all sports.

We try never to hang out our "dirty wash" in public. Even if some of us do not have the same

interests outside of athletics, our athletes must believe that we bleed and celebrate together.

If anybody has read all this and expects a happy ending, he is going to be disappointed. We did win three games last year, including two conference games. We were in all but two of our games, and the improvement is definitely in the attitude that is everywhere in the park. Our average score separation for the year has gone from 29 points in 1963, 24 in 1964, 18 in 1965, to 4 in 1966. So we'll keep on, knowing that we'll win them all, the sign will be repainted, our programs will be the best anywhere, and who knows -- maybe someday I'll win enough so that I'll be asked to write an article about football.

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Marv Helling—Univ. of North Dakota
Dick Mulkern—Hamline Univ.
Jim Gotta—Moorhead High
John Wooden—Univ. So. Calif.
Dean Smith—Univ. of No. Carolina
Bill Fitch—Univ. of North Dakota
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