



THE Minnesota PREP COACH

Vol. 53 No. 4

Published by the Minnesota State High School Coaches Association

September 2015

STUDENT ATHLETE'S EXPECTATIONS OF THEIR COACHES

Sam Neeser

Sartell Three-Sport Alum and Student at The University of Minnesota

High school sports have been able to remain among the most pure form of competition. Collegiate and professional sports carry alternative numbing aspects including player salaries and occasional bad publicity, making high school sports a real appreciation with competition at its core. The athletes are out there because they are truly devoted to the love of the game. Furthermore, high school sports will be the end of the road for over 90% of all student athletes. It is necessary to realize that sports in high school are much more than a win or loss at the end of the day. Student athletes will hold certain expectations like these for their coaches, just as coaches will do for their athletes. Understanding and upholding critical expectations of a coach by his or her players will help ensure a successful season. While each team may be a little different in their requests, there are a few key ideas that remain universal.

A wise coach will always remain consistent. From the beginning of the season to the end, framework ideas (set by the coach) that mold the team at the start will be the same concepts to finish the season. Views relating to accountability and coach expectations will not change throughout the season nor will they change from player to player. Consistent structure will build a team of players that know what is expected of them and hold an environment suitable for both coach and player.

Student Athletes are also out there to compete, and they expect to be trained as such. Former Sartell state track and field participant Maddie Meier states, "I was impressed with my coaches because they pushed me to a level I never even knew I had." These kids are at your hand, ready to be groomed mentally and physically. While an intense day of practice may seem grueling at its peak, your team will be thanking you later.

A big challenge with high school sports for many student athletes is the time commitment outside of the sport. Not only are many of these students multiple sport athletes, but they also will be juggling school and other extra curricular activities along with the given sport. Competition for college ac-

ceptance has never been higher, and while important, school will always trump sports at the high school level. It is crucial for every coach to understand and abide to this principle while incorporating a solid offseason regimen.

Remember, your athletes are people too. While this may sound cliché, it is easily one of the most important pieces that student athletes expect and wish to see from their coaches. Matt Bowe, Cathedral tennis and football alumni says, "I always admired a connectable coach. Coaches who give an effort to build relationships with their players on and off the field gain a better sense of leadership." Coming down and leveling with your players every once in a while will add to the respect you will be given and the importance each player will feel in return.

Kids also want to know a sense of sincerity with their coaches. They want to see an excitable coach with a fire in his or her belly. Someone who will stand up for his or her players when a bad call was made. Someone who gives credit where credit

... continued on page 3

Featured In This Issue

Scholarship Thank You's	20-21
MSHSCA Hall of Fame Banquet	22
Hall of Fame Bios	22-24
George Haun Award	25
Steve Kerzie Award	26
MBCA Hall of Fame	32
DSA Awards	47

Clinic Information

Gymnastics Clinic	9
Girls Basketball Clinic	11
Boys Basketball Clinic	33

The Minnesota PREP COACH

Published quarterly by the Minnesota State High School Coaches Association and distributed, without charge, to all members in good standing.

EDITOR - Darien DeRocher
Address all news communications and photos to:

Darien DeRocher
7101 Browns Ln
Brainerd MN 56401-6040
Phone (218) 825-8466
Fax (218) 825-8466
e-mail: mdder@q.com

MHSKA OFFICERS AND COMMITTEE CHAIRPERSONS

PRESIDENT:

Rob Nielsen - Detroit Lakes

PRESIDENT-ELECT:

Todd Smrekar - Cambridge-Isanti

VICE PRESIDENT:

Gary Prantner - Byron

PAST PRESIDENT:

Troy Urdahl - St Anthony Village

HALL OF FAME COORDINATORS

Jim & Janet Baker - Richfield

OFFICIALS DSA

John Schumacher - Park Rapids

All Daily Communications should
be addressed to:

EXECUTIVE DIRECTOR:

John Erickson
MSHSCA
PO Box 519 • Detroit Lakes, MN
56502
Fax (218) 847-5493
(H) (218) 847-6796
Email: jomar2@arvig.net

ADMINISTRATIVE ASS'T:

Mary Erickson, Detroit Lakes

MSHSL BOARD OF DIRECTORS:

Shelly Hotzler - Jackson County Central
Craig Anderson - Pine Island

FINANCE REPS:

Rick Ringeisen - Lakeville Scot
Becky Leuer - North Branch

SCHOLARSHIP CHAIR:

Gregg Martig - St. Cloud Tech

SPORTS MEDICINE:

Randy Glasman - Maple Grove

2012-2013 Delegates and Sport Association Officers

SECTION	GIRLS SPORTS DELEGATE	BOYS SPORTS DELEGATE	AT LARGE DELEGATE	AT LARGE DELEGATE
1A	Gary Prantner (Byron)	Gordy Klomps (retired)	Jeff Johnson (Chatfield)	
2A	Rick Bruns (LeSueur-Hend)	Rob Stevermer (United SC)	Craig Morgan (MN Valley Luth)	
3A	Milo Larson (Canby)	Dave Blank (Wabasso)	Todd Tinklenberg (Pipestone)	
4A	Chris Laird (Heritage)	Jeff Wall (Maranatha)	Tim Herman (Heritage)	
5A	Dawn Engebretson (Rockford)	Tom Lawrence (Foley)	Al Amdahl (Albany)	
6A	Tavia Bachman (Frazee)	Tom Van Erp (Wadena)	Mike Peterson (Perham)	
7A		Derek Parendo (Proctor)		
8A	Terry Sadler (Warroad)	John Schumacher (Park Rpd.)		
1AA		John Cassellius (Winona)	Rob Schwartz (Winona)	
2AA	Mike Lhotka (Dassel Cokato)	Tim Johnson (Mankato East)	Tink Larson (Waseca)	
3AA		Jeff Groves (Apple Valley)		
4AA	Gerald Keenan (Harding)	Tom Paulson (White Bear Lk)	Tim Ryan (Hill Murray)	Jerry Utech (Harding)
5AA		Mark Loahr (Totino Grace)	Mark O'Neill (Champlin Prk)	
6AA	Open		Jim Baker (Retired)	
7AA	Todd Smrekar (Cambridge-Isanti)	Bill Baumann (North Branch)	Herbert Jangor (Chisago Lakes)	
8AA	Open	Gregg Martig (St. Cloud Tech)	Rob Nielsen (Det. Lakes)	
SPORT ASSOC	PRESIDENT	PRESIDENT ELECT	EXECUTIVE SECRETARY	MEMBERSHIP/TREAS.
AD	Tim Hermann (White Bear Lake)		Mike Beck	
Adapted Athletics	Marcus Onsum (Robbinsdale)			
Baseball	Al Amdahl (Albany)		John Wilkins (retired)	
Boys Basketball	Chris Pack (Hayfield)		Tom Critchley (retired)	
Girls Basketball	Craig Walker (Chisago Lakes)		Jen Johnson (Edina)	
Cross Country	Pete Janiszkeski (Luverne)			Dave Chatelaine (Owatonna)
Football	Scott Tschimperle (Glendcoe-Silver Lake)		Ron Stolski (Brainerd)	Jim Dotseth - Treasurer
Golf	Bob Gorden (Detroit Lakes)			
Gymnastics	Toni Kleber (Moorhead)		Shelly Eklund (Rosemount)	
Hockey	Sheldon Weston (Montivedeo)		Mike MacMillan (Buffalo)	
B-Lacrosse	Jon Junker (Chanhasen)	Darren Nelson (Brooklyn Ctr)	Matt Myers	
G-Lacrosse	Alexandra Ross (Apple Valley)			Alex Erickson (Farmington)
Alpine Skiing	Jason Nickleson	Brad Schaeppi (Blake)		
Nordic Skiing	Brian Aberly (Eastview)			
Soccer	Steve Hendrickson (Trinity at River Ridge)		Dave Halgren (retired)	Keith Randa (Apple Valley) Art Seplak (Jefferson) Treas.
Softball	James Wajer (Martin Cty Central)		Shelly Hotzler (JCC)	
B-Swimming	Rory Fairbanks (Hutchinson)		Rick Ringeisen (Lakeville)	Kate Steineman (Cretin-DH)
G-Swimming	Katie Haycraft (Prior Lake)			
Synch. Swim	Jennifer Wood (Eden Prairie)			Kathy Bohnsack (Prior Lake)
Tennis	Les Zellmann (St. James)		Rick Englestad (Pine City)	
Track	Johnny Josephson (New Prague)			Scott Christensen (Stillwater)
Volleyball	Greg Ueland (Roseville)		Janet Golden-Landquist (Nevis)	Sue Alstrom (Treasurer)
Wrestling	Joe Block (Prior Lake)	Kurt Habeck (Eastview) Delegate		
Retired Coaches	Jim Dotseth			

STUDENT ATHLETE'S... continued from page 1

is due along with a good disciplinary scolding when needed as well. Athletes yearn to see a coach that seriously cares, however he or she can show that. Jordan Meskill, three-sport student athlete from Spring Valley, MN states, "Knowing that your coach is genuinely pulling for you makes all the difference."

As a coach you are playing a much bigger role than you may think. Communicating expectations between players and coaches is necessary in assuring a successful season each year. However, there will also be indirect expectations that go beyond the responsibilities as a coach. You may be responsible for guidance in more than just the given game if called upon. You will be the initial role models in many young kids' lives, shaping their fundamental ideas of hard work, teamwork, and resiliency. Student Athletes will look up to you in ways deeper than solely your knowledge as a coach, and they will without a doubt remember their high school coach long after they have had children of their own.

The following articles were not submitted for this issue of The MN Prep Coach:

Swim Strokes, Mat Chatter, Why We Play, Smooth Fast Natural, Quick Sticks, Behind the Cage

Hopefully they will be included in the next issue

President's Message

By: Rob Nielsen, Detroit Lakes

Happy New Year! This is the statement our district has adopted over recent years to kick off the new school year. It seems fitting for the MSHSCA as well as we are now several weeks into a new year. As with any new year it brings about the excitement and challenge of being better than we were last year. It is my hope, as it has been of all of our past presidents, to leave the MSHSCA in a better place by the end of the 2015-16 school year.

One of the challenges of an organization the size of the MSHSCA is meeting the needs of our members. This spring past president Troy Urdahl surveyed a cross section of our membership. This information enlightened us in a number of areas and will be a topic of discussion at the Fall delegate assembly meeting scheduled for Saturday, September 12th. I believe these discussions will continue within our organization throughout the year.

One area that I would like to focus on in my term as President is communication. It is important for you, as a member, to feel connected to the MSHSCA and any sport associations that you are a member of. To feel connected it is important to get information about the goings on of our organization on

a regular basis. We have tried a number of ways of communicating (email, websites etc) with mixed results. As you well know mass email is a bit of a crapshoot with district spam filters and websites require a commitment of your part to go find the information.

In our new Twitterverse many of you are accustomed to information coming to you rather than going to get it. With that in mind we are exploring some technologies that may make this possible. In the mean time please follow @MSHSCA on Twitter, check the mshsca.org website and your sport association website for important dates, deadlines and information.

While it is the responsibility of the MSHSCA to make efforts to communicate with you, it is also important that you take ownership in the MSHSCA and your sport associations and utilize the resources that are currently available through the MSHSCA or your sport association website. If your sport association is not providing these resources please reach out to your current president to request the needed information.

After the Game Bring Your Team to 

CHIP SHOTS



By: Bob Gorden
Detroit Lakes

School, where does the summer go, seems faster every year! Hope everybody has had a great summer!

Golf advisory board is for the coaches, so if you have anything for us, please contact myself or anybody on the board. My personal goal when I took over as president of the association was to get every head and assistant to join our association, and work on anything coaches wanted to make this sport a special one for the players and coaches. Any questions or information you might need before, during or after your season, check out the website, under mshsca.org and go to golf and it could be there.

JOIN our golf association, do this now, your perks are good for the entire year, starting in July. Perks are, a million dollar insurance policy on yourself for the entire year, July to July, plus you and your teams are eligible for yearly awards, All-State, academic and you have free entry to High School and college events the entire school year, all these perks are well worth joining at beginning of each school year.

Congratulations go out to these teams and coaches on being 2014 State Champions this past June. A Boys Mounds Park Academy/Sean Barrett, AA Boys Mankato East/Nathan Fuller and The Blake School/Marshall Hoiness, AAA Boys Wayzata/Allan Christopherson, A Girls Legacy Christian/Dan Nelson, AA Girls Red Wing/Mark Herzog, AAA Girls Edina/Mark Harelstad, great job. All these coaches will be honored at State Coaches Association awards banquet in October.

Special thanks to Brian Johnson and Barry Wallin for doing 2015 season ratings, Steve Heslop for our academic awards, and the three chairmans for the state banquets, A Rick Aulie, AA Mike Frankenfield and AAA Tim Kallevig, thanks for all your hard work for High School golf.

Golf card team fundraiser from Birdie marketing has 8 - \$500 drawings for teams selling at least 25 2015 cards, our 2015 winners drawn are, Andover Boys/John Anderson, Centennial/Greg Saunders, Champlin/Jim Goodrich, Concordia Academy/David Bohl, Coon Rapids/Boys/Larry Overskei, Rocori/Paul Court, Watertown Mayer/ Tyler Finkleson, White Bear Lake/Girls/Betsy Laurey.

New for the 2016 golf season will be all sections counting 36 holes to qualify team and individuals to the State tournament, won't this help get the best teams and individuals from each section to the state? There are many ways this can be done, so good luck to you and your team in 2016.

Have a great school year, keep in touch and get back to me if you have questions, concerns or thoughts for upcoming season. As we get older, the season fly by and in no time we will be getting ready for another High School golf season, 6 1/2 months until 2016 season will begin. But let's first enjoy the fall where we usually get some great golf weather. Golf Coaches Association President, Bob Gorden, bgorden@detlakes.k12.mn.us or cell phone 218-234-5509.

Over Hill and Dale

By: Peter Janiszewski
President of the Cross Country Coaches Association
Head Coach
Luverne High School

Hello to all of you awesome cross country coaches. I hope this finds you and your teams doing well and your season is off to an outstanding start! First of all I would like to congratulate and recognize the 2014 Coaches of the Year that were awarded at the Cross Country Clinic this past summer. For class AA the Girls COY was Tony Einertson of Austin, the Boys COY was Mike Harris of Hopkins, and the Assistant COY was Bart Johnson of Marshall, and for class A the Girls COY was Jesse Schoen of Trinity at River Ridge, the Boys COY was Stannetta Svoboda of Martin County West, and the Assistant COY was Josh Metcalf of Glencoe-Silver Lake. Congratulations to these coaches and programs for this outstanding honor! I would also like to recognize the Hall of Fame inductees that were also announced at the clinic. This year's class included, Neil Kruse of Centennial, Mike Beck of STMA, Dave Wicker of Duluth East, and Dean Urdahl of New London-Spicer. Congratulations to these individuals for this tremendous honor!

Next, I would like to share a few things that were discussed at our meeting with the MSHSL. I don't have room to share everything, so please see the meeting minutes for more details about the meeting. We discussed several items concerning the State Meet including starting line procedures and trying to be more efficient, alternates, and printing meet results. Meet results will no longer be printed beginning with the 2015 State Meet. They are available on line for you to view and print if you would like. The State Meet course will be changing starting this 2015 season. The second loop around the pond is being removed and a new loop will be added once you come back across the soccer fields. Lastly, the MSHSL would like to and is planning to do some things to commemorate their 100 years at the state meet. Tom Sharp will also be submitting a proposal to increase the number of individual state meet medals from ten to fifteen. This proposal, if accepted, would not take affect until the 2016 season. We also discussed the consistency or lack there of with regards to awarding individual medals at section meets. The MSHSL is planning to send out a protocol if you will for awarding individual medals at section meets. The suggestion is to announce and award the top ten and then announce and award the remaining individual qualifiers without their place to avoid confusion by fans and the awkward situation of calling the top so many places and then not awarding a medal to the team qualifiers who placed outside the top ten. Remember that the no jewelry rule that was used during last track season is now in affect for this year's cross country season.

Well, I think that is a pretty good snap shot of what we talked about. If you have questions or would like further details, please feel free to contact myself or reference the meeting minutes. Best wishes for a successful season for you and your teams!



Dig This

By: *Greg Ueland*
Roseville Area

I hope that the beginning of the volleyball season has started off well for everyone! Below you will find many of the important reminders and deadlines that will serve as a guide to you throughout the season! As far as due dates are concerned, please adhere to all of them. Members of the BOC do a lot of work behind the scenes to make sure everything is a success and done well. In order to do that we need everyone's cooperation on deadlines and we will not take any late submissions! As always please feel free to reach out to me and provide feedback or talk about any questions or concerns that you might have! Best wishes this season!

Reminders:

Become a member of the Minnesota High School Coaches Association. It provides great benefits and is also required for you or your players to be available for post-season awards (All-State, Academic Team, Individual Academic). Here is the website to do so:

Familiarize yourself with our awesome website. We use this for all of our communication and information. Here is the website: <http://www.mnvbca.org/>

Familiarize yourself with the new rules and MSHSL bylaws on the MSHSL website:

Complete all required educational programs on the Coaches Clipboard section of the MSHSL website. This will require a login, which you should have received from your AD. This contains presentations, which are required every year.

If you have not done so already, you should purchase at least 1-2 new game balls. The official game ball of the MSHSL is the Baden Perfection 15-0 (VX5EC-220) in blue/white/grey.

Have a plan for keeping stats. Whoever is responsible for keeping stats should be familiar with the statistical definitions that you can find on the Minnesota Volleyball Coaches Association Website. It is very important to keep accurate stats for later in the season when they are used in discussions for All-Conference and All-State meetings.

Important Dates and Deadlines:

*** Please go to our website to submit everything. Remember our website is: <http://www.mnvbca.org/> Friday, September 11 - All State Nominations Due!

Monday, October 26 - All-State Academic Individual Nominations, All-State Academic Team Nominations, and All-State Stats Forms are due! Any Submission after 11:59pm will not be accepted! Monday, November 2 - All State notifications sent Wednesday, November 11 - State Tournament and All-State Banquet Thursday-Saturday, November 12-14 - State Tournament @Xcel Energy Center.

EDITORS NOTE

Al Siegle, former President of the MSHSCA passed away a short time ago. He was a staunch believer in prep athletics and high school coaches. He led the association with a passion that verified his choice of a career.

A native of Montana, he attended Concordia (Moorhead) and was football coach and Athletic Director at Pelican Rapids.

Notice:

To Credit card users for membership and/or clinics. The charges will show a vendor name of Register.Cordonco.com

This is the company we use for online registration.



Minnesota State High School Coaches Association, Inc.

Executive Committee Liaison Assignments 2015-2016

Troy Urdahl - St. Anthony Village

Past President	B/G Soccer	B Swimming	Baseball
	G Swimming	Wrestling	

Rob Nielsen - Detroit Lakes

President	Football	G Basketball	G/B Golf
	Adapted Athletics	Gymnastics	

Todd Smrekar - Cambridge-Isanti

President Elect	B/G Cross Country	Nortic Skiing	B Tennis
	G Tennis	Alpine Skiing	B/G Track

Gary Prantner - Byron

Vice President	Volleyball	Snych. Swimming	Softball
		B Basketball	B/G Lacrosse

Sports Associations: If you need assistance from the MSHSCA for any reason, please contact your Liaison person listed above.

After the Game Bring Your Team to



Ramblings from the Big Dog

By: John Erickson, MSHSCA EXECUTIVE DIRECTOR DETROIT LAKES

Recharged! Renewed! Excited! I hope some of these words describe how you feel as you step into another year of the one of the greatest callings you can have. Called to coach our young men and women and helping shape our future leaders. Being a part of what we know as education

based athletics is a very special privilege and should never be taken for granted. I hope each of you enjoy the best year of your careers.

One of the areas of discussion at the Summer meeting of the Executive Board was the issue of sportsmanship. Last year we witnessed a few examples of very negative sportsmanship in our playoffs and tournaments that shed a very negative light on our athletes and programs. I know that over the years there have been other instances where this has occurred. I am also happy that these are very isolated incidents. I believe that it is the responsibility of coaches to take the lead in sportsmanship. I think as a coach you should be held to a high standard of ethics and this includes sportsmanship. I feel that it is a responsibility to teach and model sportsmanship. I think that every coach should not only model sportsmanship but they should also demand that all of their athletes also model sportsmanship at all times. I think the values that are being proposed and discussed in the "Why We Play" conferences should be the standard we follow in Minnesota High School sports. Over the past few years we have had a number of great examples

of sportsmanship modeled by our high school athletes. I want to thank John Millea for shining a light on those great moments in his Journal on the League web site. It is my hope and dream that we will see more and more examples of this because of the effort our coaches put forth in expecting good sportsmanship from their athletes.

We have a great partnership with Subway Restaurants. This partnership is vital in funding our Academic Excellence program. I would like to ask each of you to do your part in response to this great sponsorship by choosing Subway as the stop for your team. There will be more information coming to you soon with the process for ordering on line. Remember your local Subway is locally owned and your patronization of your local businesses is a win win for all of the programs.

I want to encourage each of you to get involved with both your Sport Association as well as the MSHSCA. We do have a very effective legislative process in place and it is there for you to use. I would ask each of you to contact your Delegate or your Sport Association officer with concerns or questions you may have. I have often said that we either get better or we get worse because we can never stay the same. We live in a world of change and with that in mind it is important for every member to be involved in shaping the changes in the best interest of their sport and their athletes. We currently have some openings for Delegates and the Sport Associations are always looking for members to step up and fill the various committees and leadership positions. Please consider being a part of the leadership team. We can all work together to help our Association get better and be more effective for all members.

EMAIL CHANGE:

Contact
John & Mary Erickson
at
jomar2@arvig.net



HALL OF FAME CANDIDATES NEEDED

Jim Baker, MSHSCA Hall of Fame Coordinator would like to issue a plea for more Hall of Fame nominations.

There are a lot of deserved people that should be nominated.

Use the form found in this issue of The Minnesota Prep Coach and submit one or more coaches that deserve to be recognized as a Hall of Fame inductee.

Baker's Email: jbad154@q.com

MSHSL BOARD OF DIRECTORS REPORT

By : Shelly Hotzler
Girls Sports Rep
Jackson County Central

As you read this I find it hard to believe that we are back again for another great school year. Funny how time flies the more years I teach. We have just completed our August Retreat and a few things that were acted on as follows 1) Drone policy has been established which prohibits Drones in all postseason competitions. 2) The DCD level criteria for Adapted Athletics was approved for CI Division activities.

I would like to welcome Craig Anderson as the new Boys Sport Rep and am looking forward to working with Craig on the Board.

Some of our Board goals that were highlighted and identified at the Board workshop are as follows:

State Tournament formats, Seeding, enhancing the state tournament experience and programs.

Electronic gathering of information.

Public relations and outreach by the league.

Cooperative Sponsorships

Enrollments exploring 9-12 versus 10-12

Exploring activities

Marketing

Another discussion item was the policy and penalty for a coach touching an officials was the penalty for a non-registered official working a game. Discussion will continue on all topics.

Again please feel free to contact Craig Anderson or myself if you have any issues we could help you with.

Looking forward to serving you again,

Shelly Hotzler

Girls Sport Representative- MSHSL Board of Directors

**MSHSCA's
2015-2016**

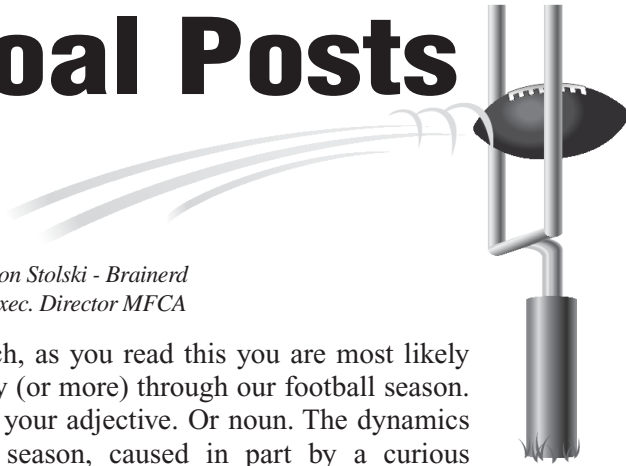
**CORPORATE
PARTNERS**

Thank You



**TO OUR CORPORATE PARTNERS, SUBWAY AND LIBERTY MUTUAL
THAT HELP MAKE MANY OF OUR PROGRAMS AND AWARDS POSSIBLE!**

Goal Posts



By: *Ron Stolski - Brainerd*
Exec. Director MFCA

Coach, as you read this you are most likely half way (or more) through our football season. Choose your adjective. Or noun. The dynamics of this season, caused in part by a curious confluence of fact and decision; (1) the latest Labor Day we can recall, (2) the earliest Prep Bowl finals in history (due to a lack of a available venue for the Prep Bowl) , and (3) the new practice guidelines, certain key words, and their meanings, come to mind. Unique. (adj).. one and only. Unusual (adj) . not common. Challenging (adj.) or challenge (n.), make a special effort. With certainty, this season is unique, unusual, and challenging. Still, we find that our coaches have responded in a way in which we can be proud. As we so often teach our teams, we have adapted, adjusted, and moved forward. The lessons of the football experience enhance how we choose to teach those in our charge how to adapt to their life experience. Ah, the joy of coaching.

In fact, football, and its history, is replete with change. Perhaps more than in any other sport, football has adapted to the present in myriad and significant ways. Many of our popular sports remain much the same today as in their infancy. In football ,while the number of players remain essentially the same , all else has experienced change through the decades. And, although especially significant, not in equipment alone. Though far too numerous to mention, here are just a few ways in which football has 'kept up' and advanced since inception.. Annually, new rules and game and practice regulations to ensure safe play (see equipment); Tactics.. football is in a state of constant research and innovation with evolving strategies designed to advance,or stop from advancing,the ball; Training.. football has long been at the forefront of strength and nutrition programs,; Technology..coaches have embraced all the advancements the technology movement provides.

Though the fundamentals, principles, values, and philosophy remain much the same as in our past, football today is not the same as yesterday. Except for this; football is safer and more popular today then ever.

Contrary to some pundits' speculation, football is alive and well in our state and beyond. Consider this... media coverage, in large cities and small, has never been greater. On the national level, their is an appetite for football that it seems is never satisfied. It is true that some schools are experienceing less nos. There are a number of reasons for this, among them lower school enrollments, consolidations, specialization, etc.. etc. In regard to the number of student-athletes playing football, the

numbers , nationally and in our state, are UP over the past two seasons, and the numbers playing far exceed those in any other sport. In a recent article in a popular magazine, author Tom Junod writes' We love football because the game of football (at every level) is better than it has ever been'

And it shall remain so. As long as we, "The Keepers of The Game", ever mindful of our mission, remain willing and able to embrace the changes that only better our game.

CHALK TALK



"Chalk Talk"

By: *Toni Kleber*
Gymnastics Coaches Association President
Moorhead HS

Excited for a new school year and cheering on all the fall sports as they begin their season. Gymnastics season starts November 9th, so we are all busy preparing for the season.

Coaches will want to make sure they have their annual coaches membership completed as soon as possible. You will be prompted to register for the clinic as you are completing your annual membership. We have a great clinic planned for you on October 1 and 2, 2015 at Becker High School, Becker, MN. All the details can be found on our web site www.mggca.org.

Looking forward to a great fall season and good luck to all the teams and coaches.

Gymnastics Clinic

October 1-2, 2015

Becker HS

Register Online for the clinic at

www.mshsca.org

Clinic fee is \$75 in advance \$85 at the door.

If you are sending one check for your whole staff, that can be done online also.
 Each coach enters their information & prints out a receipt to be included with the payment.
 Login with your email and password from last year's online registration.

ALL Coaches attending the gymnastics clinic must be members of MSHSCA

College coaches can join as associate members.

Mail checks to: MSHSCA, PO Box 519, Detroit Lakes, MN 56502
 Questions? Call: 218-847-6796 or email: jomar2@arvig.net

After the Game Bring Your Team to SUBWAY



CORNER KICKS

By: Ron Kruschwitz
North St. Paul Boys (retired)
Soccer Communications Officer

The lights are on the fields, the games have started but most of the kids are not in school. Another sign that fall is here is the Minnesota State Fair. But we adjust and start the soccer season and the 100th anniversary of the Minnesota State High School League.

The schedule for the state soccer tournament is below including the off- site games and State Tournament 3rd place games that are different from last season. We return to the new Viking Stadium in 2016.

2015 State Tournament Schedule

Quarter Final Dates and Sites

Tuesday, October 27, 2015	Benilde-St.Margaret's Farmington
Wednesday, October 28, 2015	Benilde-St.Margaret's Chisago Lakes-Farmington-St. Cloud University
Thursday, October 29, 2015	Chisago Lakes St. Cloud St. University

Semi Final, Final and 3RD Place Dates and Sites

Day	Date	Time	Event	Location
Monday	11/2/15	9:00 am	Class AA Girls Semifinal Game	SCSU
		11:00 am	Class AA Girls Semifinal Game	SCSU
		3:00 pm	Class AA Boys Semifinal Game	SCSU
		5:00 pm	Class AA Boys Semifinal Game	SCSU
Wednesday	11/4/15	9:00 am	Class A Girls Semifinal Game	SCSU
		11:00 am	Class A Girls Semifinal Game	SCSU
		3:00 pm	Class A Boys Semifinal Game	SCSU
		5:00 pm	Class A Boys Semifinal Game	SCSU
Thursday	11/5/15	9:00 am	Class A Girls 3rd Place	Mahtomedi
		9:30 am	Class A Girls Championship	SCSU
		11:00 am	Class A Boys 3rd Place	Mahtomedi
		12:00 pm	Class A Boys Championship	SCSU
		1:00 pm	Class AA Girls 3rd Place	Mahtomedi
		2:30 pm	Class AA Girls Championship	SCSU
		3:00 pm	Class AA Boys 3rd Place	Mahtomedi
5:00 pm	Class AA Boys Championship	SCSU		

You will notice that the 3rd place games will now be played at Mahtomedi.

We hope to see you at either venue and spend some time with your coaching peers. If you wish to help Greg Juba at the tournament, please get in contact with him. The MSHSSCA website will give you the information.

The MSHSSCA Senior Classic will again be played at North St. Paul High School on November 11. Times will be announced later. Invitations to the game will be given to the

qualifying seniors at the State Tournament Banquet on Sunday October 25, at the St. Paul River Centre. Practice will be held at North St. Paul on Saturday November 6. Those times will be included in the information letter.

The 25th Annual MSHSSCA Clinic is now history and we want to thank North High in North St. Paul for hosting our get together. The MSHSSCA wants to thank Jed Helwig (North High Athletic Director) and his staff for their great help. A special thanks to Pat Prokop and his maintenance crew for help in setting up and logistics. A real help for us was Eric Longtin, who coaches another sport, but helped us many times when we were in need. Thanks Eric. Thanks again to Greg Juba (Park Girls Retired) for his continuing leadership and efforts into putting a clinic together. A special thanks to our presenters and vendors for their time and effort. For me, this was a special treat because I got to host the clinic at North where I coached. Thanks to all for another successful clinic.

The MSHSSCA Hall of Fame Award was presented to Sharon Swallen who coached the girls at Mounds View. We will include her award presentation letter in the next issue.

Our new officers will start after State Tournament. Erin Murry (Orono Girls) is the new President. Jason Arnebeck (Park of Cottage Grove Boys) is the President Elect. Vince Thomas (Eden Prairie Boys) is our Secretary and Art Seplak (Bloomington Kennedy Girls Retired) fills the post of Treasurer. Steve Hendrickson (Trinity at River Ridge Boys) becomes the Past President. All of the representatives, committees, forms you need are all on the mshssca.org website. If you have any questions, look in the coach's packet. Additional questions may be addressed to any of the officers with email.

Coaches should continue to be informed of many of the deadlines for different awards and membership. It is each coach's responsibility to become a member of the MSHSSCA. The deadline for the membership in our organization is October 1, 2014. To do this you must use the mshsca.org website. You can only pay your dues through this site and it is done electronically. Check with your A.D. if your school is sending a check. It also must be there on October 1, 2015. You must belong for your athletes to be given awards from the MSHSSCA. Thanks to John and Mary Erickson for attending the clinic. We are fortunate to have them work on behalf of all coaches in Minnesota.

Please look on the website for information on Academic Awards that are given by our organization. The Coordinators for these awards are Crissy Makela (Mankato West girls) and Len Woelfel (Makato West boys). The due date for submission is Wednesday October 14, 2015.

Please be aware of the Mike Warter Scholarship deadlines. You can find them on our website. Please encourage your senior players to consider applying for this award. Art Seplak (Bloomington Kennedy Girls-Retired) is the chair of the committee. Any questions you can contact him.

Want to wish a good friend, Ziggy Kauls, recovery from back surgery. Best of luck on your season. See you at the State Tournament. Remember you are blessed with the best job in the world, coaching kids.

HOOP SCOOP



Craig Walker

Chisago Lakes High School

2015-16 MGBCA President

Summer is winding down, fall sports are in full swing and the school year is underway, so you know what that means... that basketball season is right around the corner! Soon enough we'll all start with the expectations and excitement of a new season!

I am excited to serve as the President of the MGBCA for 2015-16. I want to thank Carl Pierson for his commitment, time and leadership as our President this past year and look forward to his continued support and dedication to Minnesota Girls Basketball. Carl did a outstanding job and I hope to build on the strides made this past year. We are very fortunate to have an outstanding group of leaders in our association; Jenny Johnson-Edina is our Executive Director and Mark Cook-Maple Grove is our President-Elect. In addition, Scott Bergmann- Sauk Centre and Bill Gottenberg- Hawley are our Fall Clinic Directors; Pat Barrett is our MSHSL Liaison and Miss Basketball Chairperson; Rich Uttech- Granada-Huntley and Pat Barrett head our Hall of Fame Committee. Our All-Star Committee head is Michelle Goodman- Apple Valley. Thank you to our section reps and those of you who also commit your time in assisting on the various committees. Please consider volunteering to assist with any of the opportunities that arise during the season including the state tournament.

We will be hosting our Annual Fall Coaches' Clinic Friday, October 23rd. Scott and Bill continue to plan a great event. The clinic will again be hosted by the University of St. Thomas with Coach Ruth Sinn speaking and also hosting a practice that all are welcome to attend. Forrest Larson returns, this year speaking about finishing around the rim. Jim Jahir (University of Dayton), Charli Turner Thorne (Arizona State University) and Chris Yaw (Northwestern College, Iowa) will join us from their college teams. Also speaking will be Bob Lyons (Benilde-St. Margaret's) and Ron Backes from FCA speaking about 3D Coaching. They are set to cover a variety of topics and we are looking forward to another great clinic. You may register for the clinic online at www.mshsca.org/girlsbasketball. Register early to receive your Syskos basketball DVD, coaches notepad and Russell MGBCA shirt. Please check our website for full clinic details!

Our association continues to work productively with the Minnesota State High School League through our MSHSL liaison, Pat Barrett. At the June MSHSL board meeting our proposal for the addition of consolation at the state tournament was approved! This is a big win for our association and will make the state tournament a more memorable experience for all involved! I would like to thank Pat and Tom Critchley for presenting the proposal to the board and Past President Carl Pierson- Waconia, Kent Hamre- STMA and James Sarbacker-AD at CHOF for creating a solid proposal that covered all the potential obstacles. More work is to be done as our proposal for the 4A Tournament was tabled and the boys proposal for a shot clock was denied. Please communicate your opinions

to your Section Reps and participate in any surveys that come your way from the MGBCA. It is vital that we have input from all involved to make any future proposals meaningful to the MSHSL.

Section Reps, thank you for your work to aid in the communication process with our coaches. Please make every effort to attend or find a replacement for our three yearly meetings. The first will be the night before the Fall Coaches Clinic on Thursday, October 22nd at the Best Western Plus, Bandana Square in St. Paul.

Take a look at our website: www.mshsca.org/girlsbasketball, it is a very helpful tool. It provides all the information for the Association leadership including your Section Representative. You will also find all the forms and deadlines for Ms. Basketball, All-Star and All-State, Academic All-State, Section Academic Championships and Hall of Fame. At our website you will also find further information on the clinic and registration.

The Association membership form is also accessible from the website. I would encourage all of you and your coaching staffs to become members of our governing organization. There are many benefits to membership for you as an individual and for your programs. In order for your players to be eligible for any of the awards that the association sponsors, the head coach must be a member of the girls' basketball association. You can register on line and it is easy and quick to complete by either using our link or going to www.mshsca.org and find the link for 2015-16.

I am looking forward to working with all of you this year. I hope to see you and all of your coaching staff at the Fall Clinic! Remember to contact your section rep first if you have any questions, ideas, and input. If you need further help, feel free to contact me at cwalker@isd2144.org or call 651-213-2525.

Girls Basketball Clinic

October 23rd 2015

University of St. Thomas

Registration 8:00-8:45 a.m.

Clinic 9:00-8:45 p.m.

\$100 clinic fee includes:

Syskos Instructional DVD, Spaulding Notepad,
Russell Shirt(1st 225registered) and lunch!

Register Online for the clinic at

www.mshsca.org

***If you are sending one check for your whole staff, that can be done online also. Each coach enters their information & prints out a receipt to be included with the payment. Login with your email and password from last year's online registration.

ALL Coaches attending the clinic are encouraged to be members of MSHSCA

Questions? Call: 218-847-6796 or email: jomar2@arvig.net

Special clinic rates at the Best Western Plus, Bandana Square To reserve room call 651-647-1637.

After the Game Bring Your Team to 

DUGOUT CHATTER



By: *Don Gawreluk*
Vice-President - MSHS Baseball Coaches Association
Andover High School

Great weather returned for the 2015 high school baseball season and it was welcomed by all!

As we all reflect back on the 2015 season, it is important to recognize the many positives that happened along the way. Also, I would like to provide you with some updates from the association and offer some reminders as the off-season kicks into high gear.

First of all, our 3 state champions were crowned at Target Field and we would like to thank the Minnesota Twins for the use of Target Field and to Kevin Merkle (MSHSL) for his assistance in making this day possible. **Congratulations to the 2015 State Champions:**

New Life Academy in Class A, St. Cloud Cathedral in AA, and Chanhassen in Class AAA.

Congratulations also go out to the 2015 MSHSBCA players of the year: Jake Stevenson (Waconia) in AAA, Eddie Estrada (Litchfield) in AA, and, Ben Suits (Heritage Christian Academy) in A.

The 2015 **Play Ball! Minnesota High School Baseball All-Star Series** presented by Cambria and B.I.G. Athletics was held in Chaska in June. The South won the tournament, going 3-0, and Ty Buck from Red Wing was the tournament MVP. The association would like to thank Play Ball! Minnesota, Cambria, and BIG Athletics for their support of the series and helping to make a lifetime memory for the participants. The coaches association was able to donate to multiple causes based on the success of the series. For 2016, the Series expands to 6 teams (North, South, Metro East, Metro West, Metro South and Metro North) and for further information on how that will look plus other information on past all-star weekends, please visit our website www.mshsbc.org and click on the MN All-Star Series tab.

The annual MSHSBCA **Junior Showcase** was a great success as well this year. There were 150 players from border to border represented. Over 90 coaches and scouts were there to evaluate our state talent. Thank you to Minnetonka for the use of their great facility and to all the coaches who helped out to make this event run so smoothly.

The annual **John Wilkens Fall Clinic** is right around the corner. The clinic will be held at the Ramada Plaza in Minneapolis (same place as last year) October 23rd to 25th. Please share the information with your staff and bring them along to the clinic. The annual coaches social will take place after the Friday night sessions at 8:30 p.m.. We will hold our annual coaches meeting at 8:00 a.m. on Saturday, October 24th. Visit www.mshsbc.org and click on the "Clinics" tab for more information on speakers,

hotel reservations, registration and more.

On Saturday, October 24th, we will welcome a new class to the MSHSBCA Hall of Fame and also honor our association award winners. **The 2015 Hall of Fame Class** includes: Bruce Davis (Tri-City United), Dennis Roisum (Glencoe), Paul Mork (WBL, Blaine, Legacy) John Hardgrove (Mahtomedi), Mike Halloran (Eden Prairie), David Glenn (Minnehaha Academy), Jeff Gallagher (Montevideo) & Kevin Merkle (MSHSL.)

At this banquet we will also recognize the following **award winners:**

Dick Siebert Award (Contributions to the game) -

Todd Smrekar (Cambridge-Isanti)

Jim Dimick Award (Retired Coach Award) -

Ned Thompson (Totino-Grace) and

Bryce Pack (Red Rock Central)

Angelo Giuliani Award (Promoting HS Baseball) -

Drew Bartley (Eden Prairie)

Rob Fornasiere Assistant Coaches of the Year -

Scott Gazvoda (Chanhassen) and

Dion Sussner (Litchfield)

Craig Anderson Ethics Award -

Scott McReady (St. Charles)

Tink Larson Field of the Year Award -

Irish Stadium in Maple Lake

Coaches of the Year -

A.J. Pettersen (AAA Chanhassen),

Bob Karn (AA St. Cloud Cathedral) &

Dave Darr (A New Life Academy).

Tickets for this event are \$25 and can be purchased from John Wilkens. Thank you to John Wilkens and Paul Twenge for all of your work with our annual clinic.

The national conventions this year will be held in St. Louis (BCA - www.baseballcoaches.org) and Nashville (ABCA - www.abca.org)

Over the past few years, the MSHSBCA Advisory Board has been working on a number of initiatives based on the feedback from the membership: Increase in roster size, taking back our All-Star Series, 4 class expansion, Pitcher as DH Rule and arm safety initiatives. More information will be provided at the fall clinic about the feedback on these initiatives, four class state tournament sites and All Star Series expansion. Another initiative to add games, but not add dates to the schedule will also be discussed. For example, you could still keep your 20 dates on the calendar, but play up to five additional games as doubleheaders to a cap of 25 games. Please contact one of the advisory board members with feedback, questions, or other suggestions.

Finally, if you have an individual or team records to add to the Records list, please send that to Tink Larson at tlarson@hickorytech.net. Many thanks to Tink for all of his effort and time putting these records together; it is truly incredible the amount of information that is available to review. Tink is also a great person to use as a resource to find games and round out your schedule! In preparation for the 2016 season, **remember**

to join the state coaches association and the baseball coaches association at the state level. Also, consider membership in one or both of the national associations (BCA or ABCA) as well. Additionally, talk to your athletic director about your feelings toward initiatives being pursued at the Minnesota High School League by the Advisory Board on your behalf. We have to promote our game and what is in the best interest of our student/athletes!

For updates and other information from the association, Follow us on Twitter @mshsbca, go to our website; www.mshsbca.org.

As we all put our fields to bed for the year and reflect back on the year that was, please remember there are plenty of things to celebrate in our great sport and in our great state. See you at the Fall Clinic!



2015 John Wilkens/MSHSBCA Clinic

Co-Sponsored by the MINNESOTA HIGH SCHOOL COACHES ASSOCIATION



October 23, 2015	Friday	Registration from 4:30-5:30	<input type="checkbox"/> Session I starts at 5:30
October 24, 2015	Saturday	Registration continues at 7:30am	<input type="checkbox"/> High School Coaches Meeting at 8:00am
October 25, 2015	Sunday		<input type="checkbox"/> Session 4 starts at 9:45 with other sessions following
			<input type="checkbox"/> 9:15am – 12:00pm

SITE: Ramada Plaza Hotel Same location as last year.
1330 Industrial Blvd
Minneapolis, MN
Phone (612) 331-1900
Toll Free (877) 774-4315

SPEAKERS:

- Marc Rardin- Head Coach Iowa Western Community College Jr. College World Series Champs 2010-12-14
- Joe "Spanky" McFarland- Head Coach James Madison University (Retired in June)
- ***Confirmed** Jim Brower-Former Major League Pitcher. Currently with Northwest Arkansas Naturals –Kansas City Royals AA Team.
- Larry Divito-Head Groundskeeper of Minnesota Twins.
- Pat Dolan-Head Coach St. Cloud University
- Dr. Dan Christoffer-Mayo Clinic Sports Medicine Clinic

Cost of the Clinic: \$65Pre-Registration (received by October 19, 2015 No refunds!!)
\$75 at the door

Hotel Rooms: You must make your own reservations and make sure you mention the baseball clinic and special room rate. A single or double room will run \$90 plus tax. Make reservations by October 9 , 2015. Requests will be accepted on space availability and room rate availability.

Clinic Features: Coaches handouts-on website MSHSBCA.org; free soda product; door prizes for everyone . T-Shirt; exhibitors; clinic notebook; FCA breakfast to those who sign-up; social hour on Friday after last session (beverage and chips); and free parking. Clinic schedule/speakers outlines available on MSHSBCA.org.

****Your early registration is appreciated and helpful. Bring your staff with you.**

Please fill out and mail in with your payment

Name: _____ Phone (Home): _____

School or Organization: _____

Home Address _____

Email Address _____

Make checks payable to MSHSBCA(\$65 Pre-Registration or \$75 at door). Mail the checks to: John Wilkens – P.O. Box 203, St. Michael, MN 55376. Email wilks@charter.net to check on if registration has been received. You won't be notified.

T-Shirt Size-Circle M L XL XXL XXXL Please make sure to circle size

Do you plan on attending the FCA Breakfast on Sunday morning (Oct. 25) at 7:30 AM? We have to pay for all meals ordered. Coaches who would like to bring wives or children may do so. Just include that number at bottom of the sheet. Do you plan on attending the FCA Breakfast? Yes _____ No _____

MINNESOTA COLLEGES & UNIVERSITIES THAT HONOR MSHSCA MEMBERSHIP CARDS

The importance of a close working relationship between college and university coaches and high school coaches in Minnesota remains obvious as institutions of higher learning have opted to continue with the Associate Membership Package offered by the MSHSCA during the 2014-2015 school year.

As part of the arrangement, college coaches can use the MSHSCA membership card to obtain admission to high school events and in turn the high school coach can use the card to attend college most college games. Restrictions apply for college and high school playoff and post season tournament games.

- Anoka Ramsey Community College (Coon Rapids MN)
- Augsburg College (Minneapolis MN)
- Bemidji State University (Bemidji MN)
- Complimentary passes are not available for Division I Hockey
- Bethany Lutheran College (Mankato MN)
- Bethel University (St Paul MN)
- Carleton College (Northfield MN)
- Central Lakes College (Brainerd MN)
- Century College (White Bear Lake MN)
- College of St. Benedict (St Joseph MN)
- Concordia College (Moorhead MN)
- Concordia University (St Paul MN)
- MN State Comm. & Tech College (Fergus Falls MN)
- Gustavus Adolphus College (St Peter MN)
- Hamline University (St Paul MN)
- Hibbing Community College (Hibbing MN)
- Itasca Community College (Grand Rapids MN)
- Macalester College (St. Paul MN)
- Martin Luther College (New Ulm MN)
- Mesabi Community College (Virginia MN)
- Minnesota State University Mankato (Mankato, MN (Call ahead for DL Hockey))
- MN West Technical and Community College (Worthington MN)
- Northland Community College (Thief River Falls MN)
- North Central University (Minneapolis)
- University of Northwestern (St Paul MN)
- Ridgewater Community College (Willmar MN)
- Riverland Community College (Austin MN)
- Rochester Community College (Rochester MN)
- Southwest MN State University (Marshall MN)
- St Cloud State University (St Cloud MN)
- St Cloud Tech College (St Cloud MN)
- St John's University (Collegeville MN)
- St Olaf College (Northfield MN)
- U of MN - Duluth * (Duluth MN)
- Men's Hockey on Availability
- U of Mn - Morris (Morris MN)
- University of St Thomas (St Paul MN)
- Vermilion Community College (Ely MN)

Another example of the MSHSCA at work for the membership!

- *1. MSHSCA Complimentary passes may not be available for all games.
2. MSHSCA Complimentary passes are not available for post season/play off games.
3. MSHSCA Card must be presented in person by the card holder along with a photo I.D. at the UMD ticket window.
4. A coach with a MSHSCA coaches card may receive one additional complimentary coaches pass for a fellow assistant coach ONLY. A second pass is not intended for a coaches spouse/relative, or the like.
5. UMD reserves the right to deny complimentary admissions at their discretion for any reason.
6. Complimentary passes are not available for Division I Hockey at Bemidji.



Trophies Plus Specializes in High School Awards
Chenille, Certificates, Medals, Ribbons, Trophies, Plaques. All customized in your school needs

800-397-9993

Website: www.trophiesplus.com • Email: trophyman@trophiesplus.com

Budget Crunch?

Check us out - Lowest prices in the USA!

Chenille Letters and Champ Patches • Custom & Stock Medals
Custom Certificates • Trophies, Plaques, Ribbons

All awards can be customized to your school needs
 at some of the lowest prices in the USA.

Many articles are submitted by a designated member of particular sport associations and are not necessarily the feelings of other sports associations, the MSHSCA or the Editor.

Have You Moved or Changed Your Email?



If you know of a member who has moved or is not receiving their Prep Coach, please ask them to notify us. Including Life and Retired Life members. Send change of addresses to John and Mary Erickson, PO Box 519, Detroit Lakes, MN 56502, or email us at jomar2@arvig.net. It is equally important for us to have current email addresses. Our webmaster will send notices and updates. Please notify us ASAP if there is a change. There are several life and retired life members that we do not have current addresses for. We do appreciate the help in updating these addresses so that all members get their Prep Coach and other mailings from the office of the MSHSCA.

Need new Life Card?

Please send the life card you currently have to the MSHSCA address (above) and we will send a replacement.

COACHES!

DO YOU KNOW WHERE YOUR ACADEMIC PLAQUES ARE DISPLAYED? LET'S MAKE SURE YOUR ATHLETES ARE HONORED & VISITORS, TO YOUR SCHOOL, KNOW IT!



Your school has received a plate for each team that has qualified.

Your AD should be alert to envelopes with the return address of Beaches Awards they will contain additional plates. An additional plaque is sent when our records show that your school has received 24 plates. Thank you for your help with this program to recognize your athletes.

After the Game Bring Your Team to 

Spring 2015 Team Academic Results

The MSHSCA and The Subway Restaurants of Minnesota are pleased to be able to support the Team Academic Programs for the prep sport programs of the state.

At the end of each season results of team members GPAs are tabulated and compiled to arrive at a team GPA. If a team has a GPA of 3.76 to 4.00 they earn a gold rating, A score of 3.5 to 3.75 merits a silver rating.

Results that have been received are included below. They are listed in the order received.

Note: Boys Tennis was included in the May issue.

BASEBALL

GOLD

Academy of the Holy Angels
Bertha-Hewitt
Byron
Chatfield
Crosby-Ironton
Dassel-Cokato
Eastview
Eden Prairie
Heritage Christian Academy
Little Falls
Mankato Loyola
Mankato West
Maple Grove
Medford
Minnetonka
New York Mills
North Branch
PACT Christian School
Richfield
Rochester Lourdes
St Cloud Cathedral
St Francis
Wabasso
Waubun
Verndale

SILVER

Albany
Bemidji
Bloomington Kennedy
Breck
Chisago Lakes
Delano
Hancock
Kenyon-Wanamingo
Kittson County Central

Lac qui Parle Valley
Lakeville North
Maple Lake
Minneapolis South
Minnehaha Academy
Norwood- Young America
Pine Island
Red Rock Central
Red Wing
Robbinsdale Armstrong
St Croix Lutheran
Totino-Grace
Wayzata
Westbrook-Walnut Grove
Woodbury

SYNCHRONIZED SWIMMING

GOLD

Eden Prairie
Stillwater

SILVER

Columbia Heights
Forest Lake
The Blake School
Hopkins
Prior Lake
Wayzata
Maple Grove / Osseo

BOYS GOLF

3A GOLD

No Qualifier

2A GOLD

Detroit Lakes
LeSeuer-Henderson

1A GOLD

Russell-Tyler-Ruthton

3A SILVER

Anoka
Alexandria
Eden Prairie
Forest Lake
Hastings
Wayzata

2A SILVER

Academy of the Holy Angels
Annandale
Byron
Crosby-Ironton
Greenway-Nashwauk-Keewatin

Jackson County Central
Hibbing
Minnetonka Area
Perham

1A SILVER

Adrian
Dawson-Boyd
Heritage Christian Academy
Mahnomon/Waubun
Minneota
Murray County Central

GIRLS GOLF

3A GOLD

Apple Valley
Bemidji
Rochester John Marshall
Rosemount
Wayzata

2A GOLD

Detroit Lakes
Hibbing
Jackson County Central
Kasson-Mantorville
Lake City
Litchfield
Marshall
Montevideo
Perham
Wadena-Deer Creek

1A Gold

Fillmore Central
Fisher
Heritage Christian Academy
Minneota
North Woods
Yellow Medicine East

3A SILVER

Alexandria
Cambridge-Isanti
Champlin Park
Chanhassen
Cretin-Derham Hall
Eden Prairie
Hastings
Irondale
St Michael-Albertville
Rochester Mayo
Sartell-St Stephen

2A SILVER

Annandale	Maple Lake	Bertha-Hewitt/Verndale	Byron
Fridley	Milaca	BOLD	Central
Hawley	MN Valley Lutheran	Chatfield	Dassel-Cokato
Jordan	Montevideo	Goodhue	Dilworth-Glyndon-Felton
LeSeuer- Henderson	Monticello	Hill City	East Grand Forks
Minnewaska Area	Mora	Janesville-Waldorf-Pember- ton	East Polk
St Peter	New Prague	Kenyon-Wanamingo	Eveleth-Gilbert
	New Ulm Cathedral	Kimball	Gibbon-Fairfax-Winthrop
1A SILVER	Owatonna	Lakeview	Glencoe-Silver Lake
Adrian	Pequot Lakes	Mankato Loyola	Holdingford
Fertile-Beltrami	Pine Island	Madelia-Truman	Little Falls
Fosston	Plainview-Elgin-Millville	Menagha	Melrose
Legacy Christian Academy	Princeton	Murray County Central	Milaca
Minnesota Valley Lutheran	Providence Academy	New Life Academy	Minnehaha Academy
Russell-Tyler-Ruthton	Rochester Century	Randolph	Moose Lake-Willow River
Wabasha-Kellogg	Rochester Lourdes	Red Rock Central	Morris Area/ Chokio-Alberta
Wabasso	Rochester Mayo	Tracy Area	New London-Spicer
Westbrook- Walnut Grove	Roseville Area	Wabasha –Kellogg	Osakis
West Central Area	Rush City		Park Rapids
	Sartell-St Stephen	1A Silver	Paynesville
2A Gold	Sauk Rapids-Rice	Brandon-Evansville	Pelican Rapids
Albany	St Cloud Christian	Browerville-Eagle Valley	Plainview-Elgin-Millville
Alden-Conger	St Francis	Buffalo Lake-Hector-Stewart	Rockford
Alexandria	Underwood	Eden Valley –Watkins	Rocori
Andover	United South Central	Fertile-Beltrami	Sauk Centre
Annandale	Waseca	Frazee	Spring Grove/Caledonia
Anoka	Watertown-Mayer	Hayfield	St Croix Lutheran
Apple Valley	Wayzata	Lake Crystal Wellcome	Stewartville
Bagley	Willmar	Memorial	Tri City United
Battle Lake	Zumbrota-Mazeppa	Lake Park- Audubon	Warroad
Big Lake		Lester Prairie – Holy Trinity	Waseca
Bloomington Jefferson	SILVER	Lewiston-Altura	Watertown-Mayer
Blue Earth	Ashby	MACCRAY	
Brainerd	Brandon-Evansville	Mn Valley Lutheran	2A Silver
Buffalo	Chisago Lakes	Mounds Park Academy	Academy of the Holy Angels
Byron	Dawson-Boyd	NCE/UH	Blue Earth
Cambridge-Isanti	Edina	Nevis	Concordia Academy
Dassel-Cokato	Fairmont	New Ulm Cathedral	Crookston
Detroit Lakes	Houston	New York Mills	Delano
Dilworth-Glyndon-Felton	Lake City	Nicollet	Fergus Falls
Eastview	Lac qui Parle Valley	Ogilvie	Foley
Eden Valley-Watkins	Luverne	Ortonville	Hawley
Elk River	Mankato Loyola	PACT Charter	Jackson County Central
Esko	Mesabi East	Royalton	Jordan
Faribault	Mound-Westonka	Sacred Heart	Kasson-Mantorville
Foley	Osseo	Sebeka	LeSeuer-Henderson
Fosston	Park of Cottage Grove	Sleepy Eye	Maple River
Glencoe-Silver Lake	Pillager	Springfield	Monticello
Goodridge-Grygla	Rushford-Peterson	St Clair	Mora
Grand Rapids	St Cloud Cathedral	St Cloud Cathedral	Pequot Lakes
Henning	Thief River Falls	Wheaton	Pierz
Hermantown	Warroad		Pine City
Holy Family Catholic		2A Gold	Pine Island
Hutchinson	SOFTBALL	Albany	Rochester Lourdes
Kimball	1A Gold	Albert Lea	Sibley East
La Crescent	A-C-G-C	Benson-Hancock	Spectrum
Little Falls	Badger-Greenbush-Middle	Breckenridge	
Mankato East	River		

... continued on page 24

After the Game Bring Your Team to 

Spring Academics ... continued from page 23

St James	Mounds View
St Peter	North St Paul
St Charles	Northfield
Virginia	Park Center
Visitation	Robbinsdale Cooper
	Rochester John Marshall
3A Gold	Shakopee
Alexandria	Tartan
Austin	Waconia
Big Lake	
Bloomington Jefferson	BOYS TRACK AND FIELD
Brainerd	
Cambridge-Isanti	GOLD
Centennial	Alexandria
Champlin Park	Annandale
Chanhassen	Anoka
Chisago Lakes	Apple Valley
Duluth Denfeld	Bagley-Fosston
Duluth East	Battle Lake
Eastview	Bemidji
Forest Lake	Blue Earth
Grand Rapids	Brainerd
Hutchinson	Cambridge-Isanti
Lakeville North	Cretin-Derham Hall
Lakeville South	Dilworth-Glyndon-Felton
Minneapolis Washburn	East View
North Branch	Eden Valley-Watkins/Kimball
Park	Edina
Princeton	Faribault
South St Paul	Foley
St Cloud Apollo	Henning
St Cloud Tech	Holy Family Catholic
St Francis	Hutchinson
Stillwater Area	Irondale
White Bear Lake	Jordan
Willmar	LaCrescent
Winona	Lakeville South
Woodbury	Little Falls
3A Silver	Mankato East
Anoka	Mankato West
Apple Valley	Maple Lake
Becker	MN Valley Lutheran
Blaine	Montevideo
Blake	Monticello
Burnsville	New Prague
Cretin-Derham Hall	North Branch
Detroit Lakes	Underwood
Eagan	Pine Island
East Ridge	Plainview-Elgin-Millville
Edina	Prior Lake
Elk River	Rochester Century
Farmington	Rochester Lourdes
Henry Sibley	Rush City
Hill-Murray	St Francis
Mankato West	Sartell-St Stephen
Monticello	Shakopee

St Michael-Albertville
Trinity School @ River
Ridge
United South Central
Willmar
Zumbrota-Mazeppa

SILVER

Dassel-Cokato
Elk River
Fairmont
Frazee
Grand Meadow/LeRoy-Os-
trander/Kingsland/Southland
Laque Parle Valley
Dawson-Boyd
Lake City
Lake Crystal Wellcome Me-
morial/Nicollet
Mankato Loyola / Cleveland
Martin County West
Mesabi East
Moose Lake-Willow River
Norman County East
Pillager
Rushford-Peterson/Houston
St Cloud Christian
Stephen-Argyle
Warren-Alvarado-Oslo

GIRLS TRACK AND FIELD

GOLD
Ada-Borup/ Norman Cty
West
Albert Lea
Alexandria
Andover
Annandale
Anoka
Apple Valley
Bagley-Fosston
Becker
Belle Plaine
Bemidji
Big Lake
Bloomington Jefferson
Blue Earth
Brainerd
Buffalo
Burnsville
Cannon Falls
Coon Rapids
Cretin-Derham Hall
Crookston
Dassel-Cokato
Detroit Lakes
Dilworth-Glyndon-Felton
Eagan

East Grand Forks
Eden Valley-Watkins/Kim-
ball
Edina
Elk River
Eveleth-Gilbert
Faribault
Fairmont
Farmington
Foley
Grand Meadow/LeRoy-Os-
trander/Kingsland/Southland
Hermantown
Holy Family Catholic
International Falls
Irondale
Jordan
Lac qui Parle Valley/ Daw-
son-Boyd
LaCrescent
Lake Crystal Wellcome Me-
morial / Nicollet
Little Falls
Mankato Loyola / Cleveland
Maple Lake
Milaca
MN Valley Lutheran
Minnetonka
Montevideo
Mounds View
Osakis
Owatonna
Park
Park Rapids
Pillager
Pine Island
Plainview- Elgin-Millville
Richfield
Rochester Century
Rochester Lourdes
Rocori
Roseville Area
Rush City
Rushford - Peterson / Hous-
ton
St Francis
Sartell - St Stephen
Schaeffer Academy
South St Paul
St Croix Lutheran
St Michael - Albertville
St Peter
Staples-Motley
Stewartville
Tri City United
United South Central
Waseca
Wayzata
Stephen-Argyle

... continued on page 25

ADAPTED UPDATES

By Marcus Onsum, Robbinsdale
President, Minnesota Adapted Coaches Association

As another summer winds down, our adapted coaches and athletes find themselves preparing for another exciting and fun filled adapted soccer season. Few of our schools start soccer preparations in August, as most other fall sports do, rather they start after the beginning of the new school year and have their first contests near the end of September. The adapted soccer state tournament for both the PI and CI division will once again be held at Stillwater High School, on November 20 & 21.

I would like to encourage all of our current coaches to take a few moments to re-familiarize themselves with the eligibility requirements for our athletes. There has been a growing concern that a few PI programs have been including CI athletes when their school/district isn't fielding a CI program. If a given athlete is cognitively impaired, yet meets the physical requirements for the PI division, they certainly are welcome to participate, however without the appropriate physical condition, they should not be allowed to participate in PI athletics. The eligibility requirements for the CI division have slightly changed since last spring. Athletes are still considered eligible with a full-scale IQ score of 70 or lower, however they may also be granted CI eligibility if they meet the state requirements to receive DCD services in the classroom. The MSHSL and MAAA websites will both have links to the state statute regarding DCD services.

Since the last issue of Minnesota Prep Coach in May, new state champions were crowned in adapted softball. The adapted softball state tournament was held on May 30 & 31 at Coon Rapids High School, and we had a great turnout. In the PI division, Anoka-Hennepin claimed their first ever adapted softball title, with an 11-8 win over Rochester. In

the CI Division, Chanhassen/Chaska/Shakopee/Prior Lake emerged as state champions with a 13-3 win over Mounds View. Congratulations to both of these programs for fantastic seasons!

Aside from getting our association website up and running full-time, one of my biggest goals for this upcoming year is to continue to increase our number of member coaches from adapted athletics. With the number of coaches currently working in adapted athletics, there certainly is room to improve our membership numbers and I will continue to encourage all of our coaches to join and support our organization, and I recommend that all of our current member coaches do their best to spread the word as well.

After several years without a vice president, I am happy to announce that we finally have this position filled! Brett Kosidowski from Dakota United is our new vice-president, and will fill this role for the next two years. Brett brings many years of coaching experience to the table, in both the CI and PI divisions. He is very enthusiastic about our sports and will be a great leader for our association. Please make a point to introduce yourself to Brett and welcome him aboard!

Good luck to everyone this fall, and I hope everyone is able to enjoy a safe, fun filled soccer season! _____

Spring Academics ... continued from page 24

Warren-Alvarado-Oslo
Willmar

SILVER
Barnesville
Goodridge-Grygla
Lake City
Mesabi East
Sauk Rapids-Rice
St Cloud Christian
Minneapolis Edison
Warroad
Zumbrota-Mazeppa

*“Half the lies they
tell about me aren't true.”*

- Yogi Berra

After the Game Bring Your Team to 

MSHSCA 2015 SCHOLARSHIP



Dear board and members of the Minnesota State High School Coaches Association,

I am so humbled and honored to be recognized as a recipient of a scholarship award this year. I am excited to be moving on as a student and as an athlete, and this award will be a wonderful support to me in my efforts. Thank you for being a part

of changing the lives of so many young people – it means a great deal to have this support and encouragement as we embark on our future path. Thank you for this amazing gift, it means so much to me!

Hannah Wendel • Class of 2015 • Alexandria Area High School



Dear the Minnesota State High School Coaches Association,

I would like to send a personal thanks to the MSHSCA and all of its member who contribute to this scholarship. This \$1000 scholarship will help tremendously as I venture off to college this upcoming fall. I will use it towards my college education as I pursue a degree in commercial aviation. I am extremely grateful for being awarded this scholarship and would just like to thank the MSHSCA again.

Thank you, Gavin Becker Gavin John



Dear Minnesota State High School Coaches Association,

I would like to express my gratitude in receiving the Val Teichroew scholarship. Throughout my high school career being involved in extracurricular activities has been a very important part of my life, and has helped me to develop skills that I know will be beneficial

in the next step of my journey. Scholarship opportunities like the one that MSHSCA offers will make it possible for me to continue on this path. Once again, thank you for this honor and this opportunity to pursue a career in nursing and stay involved in softball while I attend Central College in Pella, IA.

With gratitude, Kylie Olson



Thank you for selecting me as a recipient for the Subway Scholarship. This scholarship will help me pursue my degree in Engineering at South Dakota School of Mines and Technology. I appreciate the support from the MSHSCA and their commitment to student athletes.

Sincerely, Tanner Schnathorst



Dear MSHSCA Scholarship Committee Members:

I am writing this letter to thank the Minnesota High School Coaches Association for recognizing me and my high school accomplishments with the 2015 Past Presidents Scholarship.

Next fall I plan on attending the College of St. Benedict in St. Joseph, Minnesota. It is very important to me that I get a college degree that will help me be successful in the future. At CSB, I plan to pursue a degree in nutrition with a concentration in dietetics. Upon receiving my bachelor's degree, I hope to enter the field of cardiac therapy and rehabilitation or further study the field by attending graduate school.

I have worked very hard throughout my high school career both academically and athletically and it feels very good to be recognized for my efforts. I am very excited about the opportunities and challenges ahead of me and am very appreciative of the scholarship committee's investment in me through this scholarship.

Sincerely, Teagan Anderson



SCHOLARSHIP THANK YOU'S



I would like to thank the MSHSCA for selecting me as the recipient of the Darien DeRocher scholarship. It is an honor to be selected for this award and I will use the scholarship money next fall to help pay for my college tuition. I am excited to attend the University of Wisconsin-La Crosse next year and continue playing basketball

and further my education. As a three-sport athlete, I learned valuable lessons that I will carry over to my collegiate career and developed relationships that will last long into the future.

Sincerely, Jake Martig



I have been quite fortunate to participate in several sports on several wonderful teams in my life. Of course, along the way I have been supported by my friends, family, coaches, and now the MSHSCA. As the 2015 recipient of the Kathy Fredrickson Scholarship, I am thrilled to use the \$1000 to invest in my future education.

Furthermore, I am passionate about athletics, and I believe this recognition from being a participant in sports is priceless. Therefore, with an abundance of gratitude, I say "thank you" to the MSHSCA.

Sincerely, Elizabeth Een



Dear Minnesota State High School Coaches Association,

I would like to thank the MSHSCA for selecting me as one of your scholarship recipients. I am very honored. Athletics have always been an integral part of my life. Thanks to my many coaches and teammates for assisting me in my successes I am beyond thrilled

that I can continue my running career at St. Cloud State University. Thanks again for selecting me as a recipient of the Betsy Farness scholarship.

Sincerely, Abbiel Lawrence



I would like to thank the MSHSCA for selecting me as a recipient for the 2015 Subway scholarship. I have had an amazing four years running cross country and track in high school. I'm excited for the next four years of learning in college, as well as competing in college. Thank you so much for helping make my high school and

college experience great by giving me this scholarship. There are so many great coaches in Minnesota, and I'm grateful for the ones that supported me.

Thank you, Benjamin Broze



I would like to thank the MSHSCA Scholarship Committee and John Erickson for giving me the Steve Kerzie scholarship. My father was a long time member of this association; he was the head football coach here at New Prague High School for thirteen years. I admire all athletic coaches for the time they give to student athletes.

Thank you again for this honor, for it will greatly help my future endeavors.

Ben Buthe



After the Game Bring Your Team to **SUBWAY**

HALL OF FAME BANQUET

The 2015 MSHCA Hall of Fame Banquet is scheduled for October 10th at the Sheraton Minneapolis West Hotel (12201 Ridgedale Drive Minnetonka, MN. 55305 ph.# 952 593 0000). We have scheduled the registration of Award winners & Social to begin at 4:30 pm with the doors opening at 5:30. The meal is to be served at 6:00 and program to start at 7:10.

The Hall of Fame inductee's for 2015 are Gary Dierks-Mankato East; Eugene Hildebrandt-St. James; Don Seipkes-Henning; Neil Johnson-Shakopee and Jane Reimer-Morgan-Minnetonka. The George Haun Award will be presented to Sue Alstrom- Buffalo Lake Hector. Receiving the Steve Kerzie plaques are Tim Johnson-Mankato East & Becky Leuer-North Branch. Our Distinguished Service Awards (Officials) will be shared by Chuck Behrens- Hayfield (Waconia), Betty Haukeboo-Park Rapids, Rick Muury-Mankato and Patrick Pillard-Grand Rapids.

Even though this is titled the Hall of Fame Banquet, it is to honor all Coaches for their Commitment, Dedication and Love they show to their students each and every day. It has been Janet and my honor and privilege to plan this exciting night as we also recognize Coaches for: Minnesota Championship Teams, Coach of the Year in their sport, Assistant Coach of the Year, and those Coaches who have given 25 years to our profession.

The MSHSCA invites all of you to come and have some fun with your colleagues as we honor them for their hard work, and who know this could be you next year.

Tickets are still available at \$35. Please contact Jim Baker at james.baker@sspps.org or jbad154@q.com My address is 8185 E. Courthouse Blvd Ct. Inver Grove Heights, MN.55077 cell 651-357-2937.

Hope to see you there!

FIVE TO ENTER MSHSCA HALL OF FAME ON OCTOBER 10TH

The date is October 10, 2015 and the site is the Sheraton for the Annual MSHSCA Hall of Fame Banquet. The major highlight of the evening's ceremonies is the induction of five new members to The Hall of Fame. This year's class includes ; Gary Dierks (Mankato East), Eugene Hildebrandt (St James), Neil Johnson (Shakopee), Jane Reimer- Morgan (Minnetonka) and Donald Seipkes (Ottertail Central)

People wishing to share the evening with the five inductees and other award recipients may find information on how to obtain tickets, cost, times, etc. in a blurb found elsewhere in this issue of The MN Prep Coach.

Bios of the Hall of Fame inductees are listed below in alphabetical order:



Gary Dierks (Mankato East)

Gary Dierks graduated from St Ansgar High School in St Ansgar, Iowa in 1965 where he participated in football, wrestling and track. He then attended NIACC in Mason City, Iowa and played football for two years. In 1969 Gary married Kathy Ennen and they have three children that are all teaching and coaching. Gary later enlisted in the Marine Corps. After the service, he finished his math teaching and coaching degrees at Mankato State. In 1973 he began his teaching at Waldorf-Pemberton and then on to Mankato East in 1974.

Football – After 12 years as a lower level coach or varsity assistant, Gary took over as the Mankato East head coach (a program that had only one winning season in 20 years). he raised money for lights and began playing home games at East. Over the next 18 years, East won section or Big Nine titles

or second on ten different seasons. East was a state finalist in 2001. Dierks was named Coach of the Year in the conference or section six times. He coached in the All Star Game in 1999. In 2001 he was named Minnesota Viking Coach of the Week. A total of 68 players were name all conference and 21 we named All State.Many went on the play college and one player is entering his eighth years in the NFL with one Super Bowl ring.,

Wrestling–All 30 years were spent a varsity assistant. During this time. Gary served under five different head coaches. He coached many all conference and all state wrestlers including his son, Jon, who was state runner-up. He was named Assistant Coach of the Year on two occasions and in 2003 received the “Lifetime Achievement Award” from the sport of wrestling.

Track – One year as head track coach at Waldorf-Pemberton. He was varsity assistant at East for 13 years for the boys team. Later he moved to become the head coach for the East girls track team which had been winless for four years. Under Gary's guidance, the East girls team became a Big Nine Conference,Section,True Team power over the years winning True team/Section/ Big Nine conference many times. Dierks was named True Team section, Section or Big Nine COTY seven times and in 2002 he was named as the State Class 2002 Track Coach of the Year. A great many individuals were state/ section, conference champions or place winners over the years.

After retirement Gary has spent the past ten years working with the Mankato Youth Football with over 700 players in 3rd through 7th grade grade tackle football. He also works the Mankato East home track and cross country meets. Various committees and boards along with golf and fishing help keep him active.



Eugene Hildebrandt (St James)

Eugene “Hildy” Hildebrandt was a mainstay for MN wrestling for decades with a record of 471-132-2 during his 27 years as head coach for St James Saints. His teams won state titles in 1989 and 1998 which also led to Coach of the Year Awards. Eugene was Dean of Students since 1995 and Special Ed teacher for 14 years prior to that. Hildebrandt coaches a total of 85 seasons including stints with varsity and junior high football, varsity and junior high softball and a season of junior high girls basketball.

A graduate of Mountain Lake High School in 1974, he would earn a Associate of Arts at Golden Valley Lutheran College and a Bachelor of Science from Mankato State before being hired by St James in 1981.

In spite of being the smallest school in the South Central Conference, Hildebrandt’s team were SCC champions a dozen times and second place another ten seasons. A life time member of the MSHSCA, Hildebrandt was section Coach of the Year eight times and is proud of all eight teams that he brought to the state tournament as each squad brought back a Sportsmanship banner, as well as, All Academic Team Awards.

Hildebrandt is a member of both the St James Wrestling Hall of Fame and the Dave Bartelma Wrestling Hall of Fame. He worked hard to give back to the sport. He has served as the MWCA President and Section Rep ten times. A longtime Wrestling Activity Advisory Committee member. He also mentored countless coaches over the years and officiated or worked at hundreds of sporting events in the area.

Eugene and his wife, Julie have three children – Sarah, Danielle and Ethan. Sarah and Danielle both competed in the State Tennis Tournament before playing all four years of tennis at SMSU. Sarah teaches elementary at Windom and Danielle is an Occupational Therapist in Marshall. Ethan was an individual State runner-up and competed at SMSU for four years and is currently teaching math at Redwood Valley and coaching.



Neil Johnson (Shakopee)

Neil graduated from Kiester High School in 1971 where he played football, basketball and baseball. In 1975 he received his BS degree in mathematics from Mankato State College. During that time he spent two years as a student manager of the baseball team. In 1982 he finished his master’s degree from Mankato State.

He student taught in Shakopee in 1975 and was hired by the district in the fall. His first coaching experience was working as a volunteer assistant with the varsity football team that

year. He later coached junior high, B squad for 13 years and was the Defensive Coordinator his final season of coaching in 1989. For the past 26 years, he has continued his involvement with Shakopee football as clock operator for Shakopee home games.

In 1976, he was hired to coach girl’s basketball where he started as 9th grade coach. He moved to the assistant varsity position in 1984 and then took a break until 1989 when he was hired as head coach. In 1994, he was named section coach of the year and also the Minnesota Girls Basketball Coaches Association Coach of the Year. From 1993 to 1997, Shakopee won 46 consecutive home games as the Sabers captured several conference titles and went to the state tournament in 1996 and 1997. Johnson helped start the Shakopee Girls Basketball Association. He stopped coaching basketball so that he could work with his two daughters and his son as they became active in basketball.

Johnson has been Shakopee’s only softball coach starting the program in 1976. He currently has coached longer than any other softball coach in the State of Minnesota. Shakopee has won ten conference titles and has been at the state tournament three times with the most recent trip in 2011. Neil was instrumental in building three fields where the Sabers now play their home games. He also helped set up the Shakopee Girls Softball Association and is currently a board member.

Neil has been very active in the Girls Softball Association. He served as the President in 1987 and during his tenure helped create the Academic All State Award, the All Section Awards and the consolation round for the state tournament. He worked with other coaches to create the record pages that are included in the state tournament program. He is currently on the softball advisory board. Johnson was named to the Minnesota Softball Coaches Hall of Fame in 1995, was Section Coach of the Year in 2011 and received the Bob Mertz Service Award in 2013.

In 2014, the Minnesota Twins together with target and Peoples Magazine named him as the Minnesota All Star Teacher of the Year. He attended All of the All Star festivities and in the first Twins game after the All Star Game had the opportunity to throw out the first pitch of the game which he threw overhand not fast pitch style. In 2015 the National Coaches Association named him as one of eight finalists for National Softball Coach of the Year.

Johnson retired from teaching in 2014 after 39 years in the classroom. He has been married to his wife, Ann for 33 years and they have three children. Daughter Erin is a dentist, daughter Cori in an art director for a large ad agency and son Derek a mechanical engineer.

Neil would like to thank the AD’s that he has served under during his career. they include Joe Schleper, Dale Vaughn, John Anderson and John Janke. He also would like to thank Jim

... continued on page 18

After the Game Bring Your Team to 

HALL OF FAME ... continued from page 17

McCormack, Craig Kocon, Bob Vaughn and Dick Jonckowski and finally his many coaching colleagues at Shakopee and the Minnesota Softball Coaches Association.



Jane Reimer-Morgan (Minnetonka)

Jane was born in Chamberlain, SD and spent the first ten years of her life in various small towns in SD. Both parents were teachers and together they had three daughters.

The Reimer family moved to Ellsworth, MN and then to Pillager. Jane's father was principal, as well as coaching football, basketball and track and his love and passion for sports was passed on to his three daughters who all went in to teaching and coaching. It was the era of Title 9 so Jane was able to compete in basketball, volleyball and track. In her freshman year the girls played six person basketball but by her sophomore year the rules were changed to five person basketball utilizing the entire court. At that time basketball was played in the fall because of limited gym space and volleyball was played in the winter. In track and field, girls could not run further than the 880 and had a softball throw rather than the shot put.

She received All Conference honors in basketball, volleyball and track. She holds the 100 yard dash record in 1973. She was a state competitor in the Long Jump when it was a one class system. She holds the the three year scoring record for basketball. She was blessed to have had a father who believed in girls athletics and to be able to compete with her sisters on all of the teams.

Brainerd Community College was her first post high school stop and she competed volleyball, basketball, cheerleading and ran unattached in track as the Raiders did not have a track team. BCC was second in the State Community College Basketball Tournament. Jane captained all three activities that she took part in.

After Brainerd, she matriculated to Bemidji State University and was a member of the basketball and track teams before graduating in 1972.

She married Chuck Morgan and they have a blended family of five. Her children – Nate and Taylor and step children, Conny, Pat and Ryan.

She has been coaching for 3 years with one of her early memories in Parkers Prairie in 1979 where she was the head boy track coach and 24 years old. She went to the coaches meeting of all men and they looked at her and told here the girls meeting is in another area. She quickly verified that she was in the right meeting. At that time there were not many female coaches coaching males but two years later she was named District 22 Coach of the Year. Being recognized by

them in that era holds a special place in her memory.

Honors received include 6AA COTY four times with a Cross Country title in 2004 and elected to CC Hall of Fame in 2008. She was named 6AA Track and Field COTY on eight occasions and Track and Field

State COTY on two occasions and was a championship coach in 2013 and 2014. She was nominated for National Track Coach of the Year in 2014. She was a Minnetonka COTY, and was inducted to the Pillager High School Hall of fame and the Bemidji State University Hall of Fame.



Don Seipkes (Ottertail Central)

Seipkes is a graduate of Staples High School in 1967. He was a three sport athlete in football, basketball and rack and field where he earned nine letters.

He later matriculated to Brainerd Junior College where he earned his AA in 1970 and lettered in basketball. From Brainerd he travelled to Bemidji State University and graduated in 1972 with a major in History and minors in Special Education and Coaching.

Don started teaching as a Special Education teacher at Henning in 1972 and spent his entire 39 years career there before retiring in 2011.

He is starting his 43rd year as head football coach at Henning (1973-1985), Henning-Deer Creek (1986-1990) and Ottertail Central (1991 to present).

His career record of 255-159 has produced 17 conference titles, five section runners-up five section championships and two state second place finishes. In 2010 he was selected as Class 2A Coach of the Year and was inducted in to the MN Football Coaches Hall of Fame in 2013.

Along with football, he was head boys and girls track and field coach for 25 years. he also served as B squad basketball coach for three years and junior high boys and girls basketball coach for ten years.

Seipkes was Henning Athletic Director from 1998 – 2011 and was named Section 6A Athletic Director of the Year in 2011.

He and his wife, Mary have been married for 43 years after meeting in college. Mary taught for 36 years at Wadena-Deer Creek. they have four children: Chad is an Elementary teacher in Las Vegas, Nevada, Josh works for Boston Scientific in Maple Grove, Grant is part owner of Red Fox Innovations in Arden Hills and Abby is an Elementary teacher in Henning.

SUSAN ALSTROM TO RECEIVE GEORGE HAUN AWARD



The George Haun Award is granted yearly to coaches that have provided above and beyond contributions to their respective coaches associations and the coaches that are a part of the Minnesota prep sport world.

This year's recipient, Susan Alstrom of Buffalo Lake-Hector-Stewart High School, is the epitome of what the award represents. The George Haun Award presented to Alstrom will be part of the ceremonies at the Annual MSHSCA Hall of Fame Awards Banquet that will take place on October 10th at the Sheraton West Hotel. People wishing to share the evening with Alstrom may find information regarding the banquet on a separate blurb elsewhere in this issue of The MN Prep Coach.

Sue Alstrom (Buffalo Lake-Hector-Stewart High School)

In the spring of 1972, the Minnesota State High School League held it's first girls state tournament. Susan Alstrom, by virtue of being in the first event that finished first was crowned the first state champion in the shot put. She also won the discus and her team tied with White Bear Lake for the team championship.

She continued her education at Bemidji State University, where she played three sports. In field hockey she played four years and her team won four state titles and four conference championships. She played on two select teams at nationals, representing the Mid-West. In her senior year, her team took 4th place in the first ever team national tournament. She was all conference three times and captain two years.

Alstrom's winter sport was basketball. Her team won two conference titles and she was all conference two years and captain two years. In the spring she focused on track. Her teams were undefeated in the first two years and won two state titles and both in-door and out conference titles three times. She won numerous titles in the shot put, discus, javelin and the 4X440 and she placed 3rd in the state in the 440. She was captain two years

In 1976, she started coaching basketball and track and field at Hector. She won three conference titles in track before having a leave of absence to get her Masters in Athletic Training at Western Michigan. Upon her return, she coached volleyball starting in 1981. She also coached track and field until she started the softball program, combining with Stewart and Buffalo Lake. They won two conference titles in softball. She continued with volleyball until the present but switched back to track for another ten years, Her teams won two boys conference titles and a girls section runner-up title.

Volleyball proved to be her love. She won 622 matches as of 2014 and her teams have had four state tournament

appearances placing second one and third three times. They have won nine conference titles and ten sub-section titles. She was named State Coach of the Year twice, conference COTY nine times and sub-section COTY ten times and Section Coach of the Year four times.

Sue has been on several Ad Hoc Committees for the MSHSL, worked the state track meet 20 plus times and has helped select sportsmanship awards, state tournament teams, SADD advisor, Student Council Advisor and was in charge of the St Thomas site for the Special Olympics in 1990 and still coaches Special Olympics in the Litchfield area.

She was President of the Girls Coaches Association, Secretary-Treasurer of the Volleyball Coaches Association and a member of the Board of Control since 1988.

Her passion lies in travel and doing anything outdoors. She has traveled to all seven continents and over 48 countries. She has climbed over 15 of the serious mountains of the world. she has rafted a few Class V rivers. she has also hiked the Inca Trail to Machu Picchu, run 17 marathons and hundreds of other 5K, 10K and triathlons.

She played on the Olympics Sports Festival for the North, winning gold and silver medals. Her teams won two national championships and were runner-up at nationals for team handball. She has also played in nationals for both fast and slow pitch softball.

Alstrom has received a Special Merit Award at the capitol for the National Women and Sports Day and was honored as one of the top 30 athletes in the 30 years of women's athletics at Bemidji State University. She has been enshrined in the following Halls of Fame: BSU as an individual, BSU with her field hockey team, BSU with her track team, Northern Sun Conference, Bronco Hall of Fame (International Falls) KDUZ Radio (Hutchinson), Buffalo Lake-Hector -Stewart Wall of Fame and the Volleyball Coaches Association.

**NCAA RULES
AND REGULATIONS AN
BE FOUND ON
ASSOCIATION WEBSITE
WWW.MSHSCA.ORG**

After the Game Bring Your Team to 

BECKY LEUER AND TIM JOHNSON TO RECEIVE STEVE KERZIE AWARD

One of the many highlights of the MSHSCA Hall of Fame Banquet is the presentation of the Steve Kerzie Award. A long time delegate for the MSHSCA, Kerzie of Eveleth-Gilbert was a tireless worker for coaches in his area and the entire state of Minnesota. Regardless of the weather, Kerzie managed to make the Delegate Meetings for many years.

This year the recipients are similar tireless workers for the boys and girls that have participated in Minnesota prep sports. This year the Kerzie Award will be presented to Becky Leuer of North Branch and Tim Johnson of Mankato East.

People wishing to share the evening with the recipients can find the pertinent information in a separate article elsewhere in this issue of The MN Prep Coach.

Becky Leuer (North Branch)

Becky Leuer graduated from St Cloud State University in 1975 and began her teaching career in September of that year. At North Branch, she taught Physical Education and Health for 25 years before serving as Activities Director from 2000-2009. During her coaching career she was the head volleyball coach for 25 years, head gymnastics coach for 11 years, 9th grade softball coach for 11 years and head track and field coach for two years. She was a member of the Minnesota State High School Coaches Association for Girls Sports beginning in 1975 and has been a member of the MSHSCA since 2007 serving as President in 2011-12 and continues to be a member of the Executive Committee as the representative for girls sports.

During her coaching career she was President of the Minnesota Volleyball Coaches Association twice, named the Region 7AA Coach of the Year three times and finished third and fourth at the MSHSL State Volleyball Tournament in 1993 and 1994. She was also a member of the MSHSL Board of Directors representing Girls Sports from 2004-2008 and an instructor for the MSHSL Coaches Education Program from 2001-2014.

In 2008, she received the George Haun Award from the MSHSCA and was inducted in to the MSHSL Hall of Fame in 2013 and the North Branch Area High School Hall of Fame in 2014. She was also the Region 7A Athletic Director of the Year in 2005 and 2009.

“ It is an honor to receive this award. early in my career I was encouraged to be involved with the coaches association and have made many good friends and am proud of the good things we do for both coaches and kids. I would encourage all coaches to get involved at some level and make a difference in your sport or in the coaching profession.”

Tim Johnson (Mankato East)

Tim Johnson grew up on the south side of Minneapolis and attended Minneapolis Roosevelt and graduated in 1965.

Following high school he attended Bemidji State University and was a member of two NICC championship swim teams and was on the 1967 team that finished second in the nation (NAIA).

Leaving school in 1967, he joined the US Army and spent three years in the service including a stint in Viet Nam.

In 1970 he enrolled at Southwest University and in 1973 graduated with a double major in Health and Physical education. While at Southwest he competed in swimming and then served as assistant coach for two years.

In the fall of 1973 he began his 24 year stint as teacher-coach at Mankato East where his duties included teaching junior high and senior high Physical Education and coaching both boys and girls swimming and diving teams. He has also served as head Cross Country Coach and head Boys Tennis Coach.

Tim's coaching credits include Section 1 COTY (1979,1981), Section 2 COTY (1983), Section 1 Diving COTY (1990,1991,1992),State COTY (1991) and coached the Boys State Champion in I meter diving in 1991-92.

Johnson has served as a Delegate to the MSHSCA representing Boys Swimming (1981-84) and a regular delegate from 1985 to present. He won an election to serve on the MSHSCA Executive Committee with year three of the four year term as President. he is a Life Member of the MSHSCA and earlier received the George Haun Award.

*“When you win, say nothing.
When you lose, say less.”*

- Paul Brown

LARGE NUMBER TO RECEIVE 25 YEARS RECOGNITION

A quarter of a century coaching prep sports is a major accomplishment made even more trying with the obstacles that present themselves in this day and age. As a result, a fine total of 31 Minnesota coaches are eligible to become Life Members and receive a 25 Year Club plaque.

The award winners have an option by either attending the Hall of Fame Banquet on October 10th at the Sheraton West to receive their plaque or order it from the Executive Director. The 29 members that become 25 Year Club members also have the option of obtaining a Life Membership. Information regarding Life Membership will be received for the Office of the Executive Director.

Included this year are the following coaches:

Berry Arrowsmith	Blaine
Richard Blakstvedt	Osseo
Kyle Blomgren	Mountain Lake
Mona Bommersbach	Foley
Jeff Boran	Waterville-Elysian-Morristown
Thomas Bauman	Buffalo
Mark Curley	Roseville Area
Mark DeCenzo	Hibbing
Dale Decker	Howard Lake-Waverly-Winsted
Jon DeMars	Irondale
Richard Engelstad	Pine City
Mike Flatten	Roseville Area
Richard Foust	Belle Plaine
Wayne Hansmann	Pine City
Kelly Haws	St Cloud Cathedral
Mark W. Johnson	Montevideo
John Kenney	St Thomas Academy
Mike Labine	Detroit Lakes
Tom Frericks	Silver Bay
John Mettling	Pine City
Rob Nielsen	Detroit Lakes
James Olson	Irondale
Tony Peszneker	Wayzata
Kelly Raymond	Kasson-Mantorville
Riti Sanderson	Buffalo
Steve Schlager	Truman
Rick Shackelford	Renville County West
Brian Tangen	Frazee
Dirk Westveer	Monticello
Simon Whitehead	Edina
Charlie Wilson	Cambridge-Isanti

LIBERTY MUTUAL PARTNERS WITH MSHSCA IN COACHES CARING PROGRAM

The MSHSCA has been asked on occasion why we are sending out information and quote sheets for Liberty Mutual Insurance. I thought an explanation of how we use the support from this partnership to benefit our membership is in order. Liberty Mutual Insurance entered into a partnership with the MSHSCA in 1997. The MSHSCA helps to publicize the Liberty insurance options for our members and in turn the Liberty Mutual Companies donates to the MSHSA based on new policies and renewals. The donations from this partnership have been designated for our Coaches Caring about Coaches program which was started at the Summer Executive Board meeting in 2010. The MSHSCA values this partnership and funding.

It is interesting that two years ago Education Minnesota entered into a similar program. I would like to encourage all of our members who choose to ask for a quote to indicate that they are members of the MSHSCA so that if you do choose to use the Liberty Mutual plans the donations from the account will go to the MSHSCA and not some other program. I also want to state that the request for quotes from Liberty Mutual is completely voluntary and you as members of the MSHSCA are not under any obligation to participate.

We have had many of members choose to have Liberty Mutual Insurance as their insurance provider. We have also had coaches report to us that they have been very satisfied with the service they receive from Liberty as well as finding lower rates than they may have paid. This partnership has been great for the MSHSCA and we hope you will all view this as a great way to support a great program in Coaches Caring About Coaches.

2014-15 COACHES OF THE YEAR TO BE HONORED ON OCTOBER 10TH

The Sheraton West Hotel will be the location of the October 10th MSHSCA Hall of Fame Banquet.

A major portion of the festivities will be dedicated to rewarding the 2014-15 Coaches of the Year. They will receive a plaque in recognition of their selection made by their peers.

If a sport or coaches does not appear it is due to the fact that their names were not submitted or the coach is not a member of the MSHSCA.

The honored coaches are listed below:

GIRLS TENNIS

Class A	Holy Family Catholic	Jack Roach
Class AA	Princeton	Kelly Dorr

GIRLS SOCCER

Class A	Sartell-St Stephen	Cassie Raehsler
Class AA	Park	Greg Juba

BOYS SOCCER

Class A	Mankato West	Leonard Woefel
Class AA	Maple Grove	Greg Leininger

VOLLEYBALL

Class A	Bethlehem Academy	Franz Boelter
Class AA	Stewartville	John Dzubay
Class AAA	Chaska	Sue Murphy

GIRLS SWIMMING

Class A	Visitation	Nathan Linscheid
Class AA	Wayzata	Elizabeth Hansen

BOYS SWIMMING

Class A	St Thomas Academy	John Barnes
Class AA	Eagan	Chris Morgan

GIRLS CROSS COUNTRY

Class A	Trinity School @ River Ridge	Jesse Schoen
Class AA	Austin	Tony Einertson

BOYS CROSS COUNTRY

Class A	Martin County West	Sannetta Svoboda
Class AA	Hopkins	Mike Harris

FOOTBALL

Becker	Dwight Lundeen
--------	----------------

BOYS TRACK AND FIELD

Class A	Holdingsford	Kelly Kobernusz
Class AA	Wayzata	Aaron Berndt

GIRLS TRACK AND FIELD

Class A	Plainview-Elgin-Millville	Nate Pfeilsticker
Class AA	Minnetonka	Jane Reimer Morgan

NORDIC SKIING

Cloquet/Esko/Carlton	Glen Sorenson
----------------------	---------------

GYMNASTICS

Class A	Detroit Lakes	Steve Zamzo
Class AA	St Cloud Tech	Joel Stark- Haws

BOYS BASKETBALL

Class 2A	Maple River	Chad Ostermann
Class 3A	Hermantown	Joe Schmitz
Class 4A	Champlin Park	Mark Tuchscherer

HOCKEY

Class A	Spring Lake Park	Tom Benson
Class AA	Bemidji	Wade Chiodo

GIRLS BASKETBALL

Class 1A	Ada-Borup	David Smart
Class 2A	Sauk Centre	Scott Bergman
Class 3A	Orono	Ellen Wiese
Class 4A	St Michael-Albertville	Kent Hamre

SYNCHRONIZED SWIMMING

Wayzata	Signe Hensel
---------	--------------

GIRLS LACROSSE

Stillwater	Rick Reidt
Lakeville South	Patrick Crandall

SOFTBALL

Class 1A	New Life Academy	Mick Ramey
Class 2A	Kasson-Mantorville	Jeff Fague
Class 3A	Eastview	Trevor Monroe

BASEBALL

Class 1A	New Life Academy	Dave Darr
Class 2A	St Cloud Cathedral	Bob Karn
Class 3A	Chanhasen	A.J. Patterson

BOYS GOLF

Class 1A	Mahnomen	Steve McMullen
Class 2A	Mankato East	Nathan Fuller
Class 3A	Wayzata	Allan Christopherson

GIRLS GOLF

Class 1A	Minneota	Ralph Hagen
Class 2A	Red Wing	Mark Herzog
Class 3A	Buffalo	Riti Sanderson

BOYS TENNIS

Class A	The Blake School	Ted Warner
Class AA	Mounds View	Michael Cartwright

ASSISTANT COACHES OF THE YEAR TO RECEIVE AWARD AT ANNUAL MSHSCA AWARDS BANQUET

A portion of the Annual MSHCA Hall of Fame awards Banquet will be dedicated to honor the 2014-15 Assistant Coach of the Year.

If a particular sport is not included with an Assistant Coach of the Year it is due to the fact that a name was not submitted by their respective sport association. If a coach named as ACOTY is not mentioned it is because they are not members of the MSHSCA.

Those people wishing to share the evening with award recipients may find information on a separate blurb found elsewhere in this edition of The MN Prep Coach,

The 2014-15 Assistant Coaches of the Year are listed below:

BOYS SOCCER

Class AA Blaine Eric Peterson

GIRLS SOCCER

Class AA St Louis Park Bradley Brubaker

Volleyball

Class A Bethlehem Academy Sue Jandro
Class AA Maple Lake Leah Roske
Class AAA Chaska Chuck Zemek

GIRLS TENNIS

Class A Pine City Kristin Unverzagt
Waseca Trish Mercier
Class AA Bemidji Ken Pankow
Grand Rapids Chris Ganley

FOOTBALL

Hutchinson Dan Brinkman

TRACK AND FIELD

Class A Atwater-Cosmos-Grove City Terry Karlsgodt
Class AA Minnetonka Kim Hoehne

NORDIC SKIING

Cloquet/Esko/Carlton Ben Croft

GYMNASTICS

Class A Alexandria Allison Vogel
Class AA St Cloud Tech Colleen Stark-Haws

BOYS BASKETBALL

St Micheal-Albertville Curt Hahn
Sibley East Todd Iverson
Goodhue Mark Opsahl
Maple Lake Casey Pack

GIRLS BASKETBALL

Class A Minneota Dale Kockelman
Class AA Esko Tim Lindquist
Class AAA Kasson-Mantorville Slone Suess
Class AAAA Roseville Area Scott Hoeg

BOYS HOCKEY

Class A Minnehaha Academy Bill McClellon
Class AA St Michael-Albertville Jon Faucault

BOYS TENNIS

Class A St Paul Harding Barbara Lawrence-Windholz
Class AA Eastview Herb Harvey

SWIMMING

Simley Dick Clark

CROSS COUNTRY

Class A Glencoe-Silver Lake Josh Metcalf
Class AA Marshall Bart Johnson

*“I’m just going to play
whatever game is in
front of me.”*

- Tim Duncan

After the Game Bring Your Team to 

STATE CHAMPIONSHIP COACHES TO BE HONORED AT OCTOBER 10TH BANQUET

A portion of the Annual MSHSCA Hall of Fame Banquet is devoted to recognizing the 2014-15 state championship coaches. Those in attendance will receive a plaque as a lasting remembrance of their highlight year.

The banquet will be held on October 10th at The Sheraton West Hotel. (Details on cost, room reservations, schedule, etc can be found elsewhere in this issue of The Minnesota Prep Coach,

Championship coaches scheduled to receive awards are listed below. Championship coaches that are not members of the MSHSCA will not be included.

GIRLS SWIMMING AND DIVING (TRUE TEAM)

Class A	Visitation	Nate Linscheid
Class AA	Wayzata	Elizabeth Hansen

GIRLS TENNIS

Class A	Holy Family Catholic	Jack Roach
Class AA	Edna	Steve Paulsen

GIRLS SOCCER

Class A	Orono	Erin Murray
Class AA	Eagan	Bulut Ozturk

BOYS SOCCER

Class A	St Cloud Apollo	Ganard Orlonzi
Class AA	Anoka	Pete Hayes

BOYS CROSS COUNTRY

Class A	Mora	Chris Goebel
Class AA	Wayzata	Bill Miles

GIRLS CROSS COUNTRY

Class A	Trinity School @ River Ridge	Jesse Schoen
Class AA	Wayzata	Dave Emmans

VOLLEYBALL

Class A	Bethlehem Academy	Franz Boelter
Class AA	Stewartville	John Dzubay
Class AAA	Chaska	Sue Murphy

GIRLS SWIMMING AND DIVING (MSHSL)

Class A	Visitation	Nate Linscheid
Class AA	Wayzata	Elizabeth Hansen

ADAPTED SOCCER

PI	Robbinsdale	Marcus Onsum
----	-------------	--------------

FOOTBALL

9 Man	Grand Meadow	Gary Sloan
1A	Minneota	Chad Johnston
2A	Holdingsford	Luke Mitchell
3A	Rochester Lourdes	Mike Kesler
4A	Becker	Dwight Lundeen
5A	Mankato West	Mark Esch
6A	Eden Prairie	Mike Grant

GYMNASTICS (TRUE TEAM)

Class A	Detroit Lakes	Mike Zamzo
---------	---------------	------------

GYMNASTICS (MSHSL)

Class A	Detroit Lakes	Mike Zamzo
Class AA	Roseville Area	Mark Curley Mike Flatten

NORDIC SKIING

Boys	Forest Lake	Deno Johnson
Girls	Wayzata	Larry Myers

ALPINE SKIING

Boys	Edina	David Nelson
	Forest Lake	Grant Lindemer
Girls	Brainerd	James Ruttger

WRESTLING

Class A	Minneota	Joel Skillings
---------	----------	----------------

BOYS SWIMMING AND DIVING (TRUE TEAM)

Class A	St Thomas Academy	John Barnes
Class AA	Minnetonka	Dan Berve

BOYS SWIMMING AND DIVING (MSHSL)

Class A	St Thomas Academy	John Barnes
Class AA	Eagan	Chris Morgan

BOYS HOCKEY

Class A	East Grand Forks	Tyler Palmiscino
Class AA	Lakeville North	Trent Eigner

BOYS BASKETBALL

1A	Rushford-Peterson	Tom Vix
2A	Caledonia	Josh Dierson
3A	DeLaSalle	Dave Thorson

ADAPTED FLOOR HOCKEY

PI	Robbinsdale	Marcus Onsum
----	-------------	--------------

GIRLS BASKETBALL

1A	Ada-Borup	David Smart
2A	Dover-Eyota	Brian Harris
3A	Park Center	Chris VanderHyde
4A	Hopkins	Brian Cosgriff

GIRLS HOCKEY

Class A	Thief River Falls	Wendy Restemayer
---------	-------------------	------------------

DANCE

Faribault Lois Krinke

GIRLS TRACK AND FIELD (TRUE TEAM)

Class A Blue Earth Tom Plocker
Class AAA Mounds View Aaron Redman

BOYS TRACK AND FIELD (TRUE TEAM)

Class A Holdingford Kelly Kobernusz
Class AA Mankato East Jon Dierks
Class AAA Wayzata Aaron Berndt

ADAPTED BOWLING

PI Simley Randy Jones
Renita Jones

SYNCHRONIZED SWIMMING

Wayzata Signe Hensel

BOYS TENNIS

Class A Blake Ted Warner
Class AA Mounds View Michael Cartwright

SOFTBALL

Class A New Life Academy Mick Ramey
Class AA Kasson-Mantorville Jeff Fague
Class AAA Eastview Trevor Monroe

GIRLS TRACK AND FIELD (MSHSL)

Class A Belle Plaine Rich Foust
Class AA Lakeville South Andrew Hilliard

BOYS TRACK AND FIELD (MSHSL)

Class A Waseca Dave Abel
Class AA Wayzata Aaron Berndt

BOYS GOLF

Class A Mounds Park Academy Sean Barrett
Class AA Mankato East Nathan Fuller
Class AAA Wayzata Allen Christopherson

GIRLS GOLF

Class AAA Edina Mark Harelstad

BASEBALL

Class A New Life Academy Dave Darr
Class AA St Cloud Cathedral Bob Karn
Class AAA Chanhassen A J Pettersen

BOYS LACROSSE

White Bear Lake Brandon Husak

GIRLS LACROSSE

Eden Prairie Beth Patterson
Judy Baxter

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION, INC.

The amendment below will be presented and voted on by MSHSCA Delegate Assembly in Mid September. •

CODE OF ETHICS *As a professional educator, I will...*

- 1). Strive to develop in each athlete the qualities of leadership, and good judgment.
- 2). Respect the integrity and personality of the individual athlete.
- 3). Encourage the highest standards of conduct and scholastic achievement.
- 4). Seek to inculcate good health habits including the establishment of sound training rules.
- 5). Fulfill responsibilities to provide health services and an environment free of safety hazards.
- 6). Exemplify the highest moral character, behavior and leadership.
- 7). Provide ethical relationships among coaches.
- 8). Encourage a respect for all athletics and their values.
- 9). Abide by the rules of the game in letter and spirit.
- 10). Respect the integrity and judgment of sport officials.
- 11). Display modesty in victory and graciousness in defeat.
- 12). Demonstrate a mastery of and continuing interest in coaching principles and techniques through professional improvement.
- *13). Coaches shall display a high level of sportsmanship demonstrated through modesty in victory and graciousness in defeat.

The Code of Ethics of this association shall be adhered to by each and every member of the MSHSCA. Any action by members of the MSHSCA contrary to the principles therein established shall be subject to review by the Executive Committee according to policies established by the MSHSCA Delegate Assembly.

FOUR NAMED FOR INDUCTION TO MBCA HALL OF FAME

The Minnesota Basketball Coaches Association has named four men who will be inducted into the MBCA Hall of Fame on October 31st. The purpose of the MBCA Hall of Fame is to give special recognition to the people of Minnesota who have made significant contributions to promote high school basketball in the state via their achievements and service.

The 2015 inductees are:

- John Carlson – Litchfield
- Lyle Muth – Gibbon-Fairfax-Winthrop
- Neal Oscarson – Henning/Deer Creek
- Jack Peterson – Cambridge-Isanti

The induction ceremonies will be held at the MBCA Hall of Fame Luncheon on Saturday, October 31, 2:00 p.m., at the Hyatt Regency Hotel in Minneapolis.

John Carlson became the Head Boys Basketball coach at Litchfield in 1986 and the 2015-16 season will be his 30th season at the helm of the Dragons program. Prior to returning to his alma mater, John served as an Assistant Coach at St. Cloud State. During his 29-year tenure at Litchfield, his teams have won 6 Conference titles and Section Championships in 2000, 2002, 2003, 2012, and 2013. His '00, '02, and '03 Dragons earned State Championship crowns while the '12 and '13 squads advanced to the title games and finished as runners-up. John is a member of the 400 wins club with an overall record of 472-283. Coach Carlson has multiple Section Coach of the Year awards and was honored as State Class AA Coach of the Year in 2000 and 2003. He is also a Past- President of the MBCA and served as a member of the MBCA Executive Board. In addition to his success on the basketball court, John has also experienced great success on the tennis court, leading Litchfield netters to several team and individual championships including the 1989 State Team title. In addition to his coaching on the "courts," John also served as an Assistant Football Coach.

Lyle Muth's head basketball coaching career began in 1963 at Franklin, SD, his high school alma mater. He served three year stints at Franklin and Chester, SD leading his squads to four conference championships. Lyle became the head hoops coach at Winthrop in 1969 and led the Winthrop and later GFW (Gibbon-Fairfax-Winthrop) program for the next 31 years. Coach Muth led his Warriors/Thunderbirds to 7 Conference and 2 Section titles resulting in State Tournament appearances in 1991 and 1992. His Thunderbird squads also carved out a 46 game conference winning streak. He was recognized as Section Coach of the Year on two occasions. Muth retired in 2000 as a member of the 400 wins club with an overall record of 456-261 as a head coach. Retirement was not the end to his basketball coaching career as he just completed his 50th year of coaching by serving as an assistant coach at GFW. Lyle's service to his schools and communities also includes coaching track, serving as Activities Director, and serving as a

City Council member, Neal Oscarson spent the first three years of his coaching career as an assistant basketball and baseball coach at Belle Plaine. In 1976, he accepted a teaching/coaching position at Deer Creek where he served

as an assistant coach in baseball and basketball. When Deer Creek and future Hall of Fame Coach Lynn Peterson moved to Staples-Motley, Neal assumed the reins as the head coach of the Deer Creek program. Deer Creek merged with Wadena in 1987 and Neal returned to the community he helped lead to the 1965 and 1966 State Tournaments by accepting the head basketball coaching position at Henning High School. Coach Oscarson led Deer Creek/Henning squads to eight Conference titles. He earned recognition from his Park Region conference coaching peers in being honored as the recipient of numerous Coach of the Year honors. In addition to coaching boys basketball, Neal also served as an assistant coach in baseball. Oscarson retired from coaching at the conclusion of the 2006 as a member of the 400 Wins Club.

Jack Peterson began his basketball coaching career in 1953 as the head coach at Arkansaw, WI. Jack spent five years coaching in Wisconsin (Arkansaw and Boyceville) before moving across the border and beginning his Minnesota coaching career as the head coach at Cosmos. He served two year stints at Cosmos and Waconia before accepting the position as head coach of the Cambridge-Isanti Bluejackets in 1966. Under his tutelage, the Bluejackets won six Conference titles, two District 16 Championships, a Region 7AA title with a State Tournament appearance, and the consolation championship of the 1978 State AA Tournament. In addition to the championships, the 'Jackets advanced to five Section Championship tilts during a span of seven years. During a 10 year period spanning the 1968-69 thru 1977-78 seasons, Coach Peterson's teams amassed an outstanding winning percentage of 78% by compiling an overall record of 179-51 during that time span. Jack retired from teaching and coaching at the conclusion of the 1982 school year with an overall record of 335-201.

2015 FALL CLINIC

The 2015 Minnesota Basketball Coaches Association Fall Clinic will be held on Friday, October 30th and Saturday, October 31st at the Hyatt Regency Hotel in Minneapolis. Tentative plans are currently in the final confirmation stages involving the use and tours of the Courts at Mayo Clinic Square and presentations by the Timberwolves/Lynx and Academy staff. As of 8-31-2015 the clinic will feature the following speakers.

- Gary Williams - University of Maryland, National and College Hall of Fame Coach
- Richard Pitino - University of Minnesota
- John Tauer – St. Thomas University
- Zach Goring and Staff-Apple Valley High School
- Scott Anderson – Stevens Point High School
- Timberwolves/Lynx Coaching Staff
- Timberwolves/Lynx Academy Staff

Tentative agenda and registration forms are available for view and print on the MBCA website. As speakers are

confirmed, updated information, including schedule, and topics will posted on the MBCA website.

Exhibitors will be in attendance with displays to provide coaches with information and assistance in current or future needs. The annual Awards Luncheon, a coaches' social, and awarding of door prizes, including several major prizes, will also highlight the event.

The noon luncheon for all clinic participants will begin at 12:00 p.m. The luncheon will include the presentation of coaching awards, including: 2014-15 Section Coaches of the Year, 2014-15 Assistant Coaches of the Year, 2014-15 State Coaches of the Year, coaching milestone awards, and achievement awards. The 2015 Hall of Fame inductees in attendance will be introduced and recognized. Members of the HOF Class of 2015 are John Carlson, Lyle Muth, Neal Oscarson, and Jack Peterson. The luncheon will also recognize the new members of the MBCA Hall of Honor; Brian

Bergstrom, Chuck Evert, John Millea, and Roy Ward. Jim Smith- St. John's University and Noel Olson- St. Cloud State University will also be recognized for their service and contributions to High School basketball. The annual MBCA Social will occur after Friday evening's on court sessions with Coach Williams.

All clinic participants will receive a MBCA/Spalding/Russell gift provided by Spalding. Friday's luncheon and the coaches social will be complimentary for all clinic registrants.

A wide variety of exhibitors will display their wares and provide door prizes for clinic participants during the sessions. Opportunities to visit the exhibitors will be scheduled and are highly encouraged. The clinic will also include the distribution of exhibitor and MBCA door prizes, including major door prizes, i.e. state tournament ticket packages, Timberwolves weekend, to those in attendance.

The cost of the Fall Clinic is \$110 if registered prior to October 17th. Cost after October 17th and at the door will be

\$125. Registration forms are available and updated clinic information are available online at:

<http://www.mshsca.org/boysbasketball>

The Hyatt Regency is providing a clinic special for coaches' rooms. These rooms should be booked prior to October 16th. Early bookings are encouraged. You are encouraged to register online by using the following link: <https://resweb.passkey.com/>

go/MNBCA2015 The phone number to make a reservation is 1.888.421.1442. When registering via phone call you must mention that you are a MBCA Clinic participant. This will qualify you for the special group rate and assist the MBCA in meeting a pre-determined quota for rooms.

For any further needed information please contact Ron Larson, MBCA Clinic Director, at Ron.Larson@anokaramsey.edu or Tom Critchley at hctirc@earthlink.net.



**MBCA FALL CLINIC
October 30th and October 31st, 2015
Registration Form**

Name(s) _____

School _____

E-Mail contact _____

School Phone _____

_____ 1-4 Coaches from one staff @ \$110 \$ _____

_____ 5 or more Coaches from 1 staff @ \$100 \$ _____

TOTAL Enclosed \$ _____

Make checks Payable to: **MBCA Clinic**

DEADLINE: Friday, October 16 (\$125 after this date)

Remit to: Tom Critchley - MBCA Clinic

2660 Mackubin St.; Roseville, MN 55113 hctirc@earthlink.net

Registration is \$125 at the door. (Mail to address above- do not staple checks to registration)

FAST TRACKS

By: *Brian Abery*
Eastview

It's hard to believe it's already September. School has already started for some coaches and athletes and will be beginning right after Labor Day for others. The Nordic Ski season, while it may still seem far off is fast approaching as is our fall coaches meeting scheduled for Saturday 10/24.

At our Spring meeting, we spent a good deal of time discussing the impact of those changes that occurred at last year's State Championships meet based on the feedback we received from the coaches survey sent out to all individuals on the Association's e-mail list. Overall, I can say, that those coaches who responded were overwhelmingly enthusiastic about the change to two teams qualifying from each section. In spite of the late start due to cold weather there were few problems reported with the additional athletes taking part in the meet and people liked the new start format.

One aspect of the meet which coach's responses suggest we may want to revisit is team size. Approximately 1/3 of respondents indicated that the current team size of ten athletes was optimal. A second group representing 1/3 of respondents indicated that six skiers would be preferred, while a third group of equal size responded that a team size of five skiers was what they preferred. Related to the issue of team size, we also spent some time at the meeting reviewing a historical statistical analysis of changes in "percent back" of the slowest versus fastest 30 skiers over the last seven years. The data suggest that in spite of a wide variety of conditions in which the State Meet was run over that period of time the percent back of the slowest versus fastest 30 skiers stayed surprising constant until last year with no changes of statistical significance. Last year's race, however, presented a different story in that the percent back of the slowest 30 skiers increased by 6-7%. Although that may not seem like much to some, given last year's winning times for the Boys and Girls it represents an increase in the time differential between the fastest and slowest skiers of approximately 2 minutes. Obviously, we can't draw any valid conclusions yet based on one year of data under the new format. This does, however, suggest that we need to closely monitor the impact of the new format on the quality of athletes qualifying for the state meet and use this information to make a reasoned decision on the optimal size of teams and the number of skiers who qualify for the meet as individuals.

One of the additional discussion we had that spring meeting focused on the extent to which coaches were satisfied the current "pursuit only" format for the State meet and whether there

was interest in considering further changes to the format or alternatively considering adding an additional state level meet focusing on sprints similar to that which takes place in Wisconsin. At that time, I promised those in attendance that I would bring together coaches interested in taking part in these discussions over the summer. Unfortunately spending a month and a half engaged in international work left precious little time to coordinate that task until now. I do think this is an important discussion and since it's technically still summer for the next few weeks I'd like to invite all coaches interested in participating in a dialogue regarding our meet format to notify me of their interest (abery001@umn.edu). I'll find a location in the Twin cities area where we can meet that has a Skype or conference calling capacity so that outstate coaches can take part and we will schedule a meeting for late September to discuss this issue and hopefully come to the Fall meeting with several scenarios to present to the Association for consideration.

One last order of business is that the State Nordic Ski Coaches Association will need to be finding a new president after my term expires following the 2015-2016 year. The typical approach taken by organizations similar to ours is to have an individual serve as a vice-president or president-elect for a year prior to assuming the position of president. This makes for a much easier transition in to the position. As an Association president who did not have this advantage, I can personally tell you that it is something that we definitely want to do so that the incoming president does not have to pester the outgoing office holder as much as I did to Dan Josephson when I accepted the position. Based on discussion we had a few years ago, when no one initially volunteered to take office, a decision was made to use a round robin format with each Section being required to submit a nominee for the position when their turn arose. Since I coach in Section 1, this means that coaches in Section 2 should be considering who they would like to nominate at the fall meeting for the position of vice-president/president elect for the 2016-2018 term. I'm sure you will find and nominate a great coach for the position.

Please note that we have had to schedule our fall coaches meeting on the same weekend (10/24) as the CXC education program for Level 100 and 200 coaching certification. I regret the need to do that, but with Minnesota Education Association long weekend the week before and my needing to be in Russia and India from the 26th through the 7th of November, this was the only date that was available.

In closing I hope everyone experiences a great finish to the summer and is already starting to think about skiing and our fall meeting.



Diamond Cuts

By James Wajer
Martin County Central

As I begin to think about this article I reflect on my year so far as your president. It truly has been an honor to represent you and the great sport of fastpitch softball. I am excited for the future as we will be experiencing a few changes this next year. We will be moving to the four class system and the association has decided to run the All-Star Series on our own. As with all change there will be some challenges, but like most things we deal with as coaches we will look for solutions and continue to give student-athletes opportunities to have a positive experience through our sport.

In going to a four class system we have created several opportunities for that positive experience. The number of athletes that will be on the all-state teams will change, the number of all-stars will change, and the number of section representatives will change from 24 to 32. Some may look at this as watering down our sport. I can see that side of it. But as I have attended sessions on the why we play initiative I realize that we have just created opportunity for eight more teams, 144 more softball players, eight more communities, and a number of coaches and umpires to experience the state tournament. The state format has not changed, the parking might be tougher, and the volunteer hours may have increased but in the end I believe that it is worth it to give those people the experience of the state tournament and all the other opportunities that go with it.

The other change will be the association taking over the duties of the All-Star series. In the past we have paired up with the MSF to put the event on. I would like to thank Perry Coonce and his staff for all the extra time that they have dedicated to the event and for making the All-Star Series what it is today. With that being said, we will need a number of volunteer coaches for helping run the event. We will need score keepers, announcers, and ticket takers. Anyone interested in volunteering to help at the event please contact me. We are in the process of planning the series right now, but it is our goal to decrease the fee that it cost to participate in the event for the student-athletes and build on the positive experience.

Last I would like to thank a few people. Thank you to Terry Sadler, Stacey Sheetz, Shelly Hotzler, Mike Shumacher, Kim Bowen, Dawn Engebretson and the rest of the section representatives that have put countless volunteer hours it takes to do what you do for the association. Thank you to the MSHSL for the guidance and support that they give our sport. Thank you to all the coaches and players who represent our sport. You make this sport one of the greatest. Any questions please email me at: james_wajer@mcc.mntm.org.

USE YOUR MEMBERSHIP CARD

Your 2014-2015 Membership & Insurance
Expires July 31st.

Have your new card for fall sporting events.

The possession of the MSHSCA membership card is a privilege extended to paid up members of the MSHSCA. The use of the MSHSCA card to gain admission to regular season high school events and some college events is controlled by the school at which the card is used to gain admission. There is a variety of policies that schools follow in regards to allowing admission with the card. The MSHSCA is not empowered to dictate to the schools what the school policy should be in terms of accepting the MSHSCA card or the number that will be admitted with each card. A letter is sent to the Activity Directors of all schools in July and all schools are asked to inform us if their school would not accept the card. It has also been brought to our attention over the past that some private venues do not accept the card for admission and this is especially true for hockey schools using private venues for their contests. **Park Center does NOT accept Membership Cards for admission.**

MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION LIFE MEMBERSHIP

A member of the coaching profession
for 25 years or more

Date Issued

Executive Director

The card is white with Red Ink for the year 2015-2016.

2015-2016 Membership Card

Minnesota State High School Coaches Association
John Erickson, Director, Detroit Lakes
Phone: (218) 847-6796 • Email: jomar2@arvig.net
Website: www.mshsca.org
President, Rob Niesen - Detroit Lakes



John Doe
Detroit Lakes

Asst. Football
Head Wrestling
Asst. B/G Track

After the Game Bring Your Team to 

MnIAAA CORNER

By: Tim Hermann
White Bear Lake

For all of us connected with high school athletics and to the coaching profession, the sounds of fall are out there in full force--in the gym, the pools, the course, the field. Those sounds mark the start of another sports season and with it, the beginning of dreams for some and the continuation of that dream for others. And you, as coaches, play a pivotal role in how those dreams are "interpreted" and played out by those that are part of your program. Each of you will approach that responsibility differently, but hopefully with some of the following concepts and challenges in mind:

As a head coach what is your strategy to bring onto your coaching staff assistant coaches that are not only great coaches, but great teachers as well?

Ask these questions of your coaches and listen to their answers:

-Why do you coach? (We should help our coaches understand the difference between transactional and transformational coaching and how to move from one to the other)

-Why do you coach the way that you do? (Reflection is the synthesis of what we have learned and what we have done) Remember that Kierkegaard said that "Life can only be understood backwards; but it must be lived forwards."

-How does it feel to be coached by you? The privilege to lead must be constantly earned.

-How do you define success? "Success is a peace of mind which is a direct result of self-satisfaction in knowing that you made the effort to become the best of which you are capable."-
-John Wooden

At the end of the season, when you, as the head of your

program, evaluate the coaches on your staff, those four questions should serve as the bedrock competencies in that evaluation.

Our goal as coaches needs to be entrenched not only in helping our student-participants play like champions, but also to train like champions and, most importantly, live like champions.

Help your assistant coaches teach, affirm, advocate, model.

Remember that great teams, not only athletic teams, but coaching staff "teams", are built around trust.

Some pretty solid cornerstones of an athletic program are honesty, trust-care-commitment, positive atmosphere, and a commitment to the idea that hard work (with patience) will pay off.

We need to have specific training tools for leadership that we give not only to our captains, but our everyday players, and all members of our coaching staffs.

Our athletic programs must have a tenet, a concept on which, in times of adversity, as well as times of good fortune, we can "hang our hat".

Help our coaches and student-participants compete with intensity AND integrity, certainly within their sporting venues, but also within their classrooms, and within their communities.

Remember that "None of us is as strong as ALL of us".

Help our student-athletes and our assistant coaches understand that "the uniform never comes off".

Remember...your life is your message...Be..Know..Do....
Live an Honorable Life!

MEMBERSHIP YEAR FOR MSHSCA!

In the past months, we have gotten memberships from spring coaches that also coach a fall sport and are paying for both now.

*We want to repeat, our membership year does **NOT** run from January 1 to December 31.

****Our membership year IS August 1 to July 31.***
(like the school year)

*If you coach a fall sport and a spring sport, you should be joining in the fall to be covered by insurance for both seasons.

Those of you that have joined the MSHSCA after the first of the year, please note that your membership expires on July 31st (after summer camps).



SNYNCHRONIZED SWIMMING

By: Jennifer Wood

Head Coach Eden Prairie Synchronized Swimming

The Award Season

The 2015 Synchronized Swimming season ended with the induction of four members to the MN Synchronized Swimming Hall of Fame. The MN Synchronized Swimming Hall of Fame began in 2015 and we were excited to welcome our first class of inductees! Ruth Zink and Bernie Hendrickson were able to be in attendance at the State Meet and it was a very exciting day for everyone in the synchro community! There was even a short Hall of Fame clip on the WCCO news!

Ruth Zink: Ruth has been involved in synchronized swimming since college. She learned synchronized swimming in a class at the University of Minnesota. In the 1950's Ruth a star in the Aquafollies, that was part of the Aquatennial and swam at Theodore Wirth Park Pool. Ruth has a deep love of synchronized swimming feeling it is a beautiful sport that takes a lot of skill and stamina to participate in. She feels strongly that keeping synchronized swimming in the high schools is good for girls' sports. A former swimmer and coach said, "Few coaches and judges have earned the level of respect for their dedication and expertise as Ruth Zink."

Sally Callahan: Sally started synchronized swimming in St. Louis Park in 1956 before girls sports were admitted to the Minnesota State High School League. Many of Sally's swimmers have gone on to become teachers, coaches, administrators, athletic directors, officials and advocates for girls sports due to the influences that she has had on her athletes. Some of her swimmers are still swimming in the Minnesota Masters Synchronized Swimming program. These swimmers range in age from 20 to 60 and compete at National Meets once each year.

Bernie Hendrickson: Bernie coached synchronized swimming for 23 years and was a synchronized swimming official for 40 years. She coached in northern Minnesota where she started a synchronized swimming program and led the team from a club to a competitive team. "Synchronized swimming is a sport that can start at an early age and become a lifelong, healthy endeavor." Bernie said about the importance of sports and synchronized swimming. Over the years Bernie has coached many young women and was thrilled to help them grow physically as well as help the girls acquire life skills. Throughout the years she has made lifelong friends with swimmers, parents and other coaches and officials, and this was one of the things that kept her coaching for so many years.

Mary Lou Allen: Mary Lou was a pioneer in women's sports (Title IX), particularly synchronized swimming, coaching Aqua Debs, Bloomington high school teams and hosting many camps and clinics. Mary Lou served many positions over her

years in synchronized swimming including being president of the Coaches Association and Minnesota Division of Girls and Women's Sports (past president & Pathfinder Award).

We also began our Coach of the Year award and Assistant Coach of the Year award programs. Coach of the Year was awarded to Signe Hensel, Wayzata and Assistant Coach of the Year was awarded to Emily Heckmann, Edina.

One new award for swimmers is the "Senior All Academic Award" which is awarded to seniors who have earned all-conference or all-conference honorable mention at least once in their synchro career and have a GPA of 3.8 or higher. Eight seniors from six different schools earned this award.

For the overall state meet results Wayzata took first place with 151 points. Stillwater came in second with 81 points and St. Louis Park took third with 78 points.

It was an exciting 2015 Synchro season with lots of creativity and strength in the routines. The Synchro Coaches Association is thrilled to have our first class of inductees now in the MN High School Synchronized Swimming Hall of Fame. Many wonderful and exciting things are happening in the MN High School Synchronized Swimming world and we look forward to the 2016 season!

COACHES CARING PROGRAM

Do you know of a Minnesota high school coach who is facing a catastrophe and could use some financial assistance?

You can nominate a coach for a \$100.00 Coaches Caring assistance donation by emailing your nomination to Rick Ringeisen at rtingerr@aol.com

When you nominate a coach for a Coaches Caring assistance donation, remember to provide background information for the committee to review.

Please note: A limited number of Coaches Caring Program assistance payments will be issued each year depending upon the amount of donations made by coaches association members.

After the Game Bring Your Team to 

SERVICE ACES

By: Les Zellmann
MSHSTCA President
St James



We are all off and running with the fall girls tennis season. We want to continue to make sure that all of us are aware of the items that pertain to the current season and topics that are in the discussion with the Executive Board. But first a strong reminder to be part of the organization that works to improve our sport in the high school setting.

MEMBERSHIP: join here <http://www.mshsca.org>

Tennis coaches don't forget to renew your membership We thank those who joined last year and are currently a member of our association. We encourage you to join again and we would love to have those who were nonmembers last year become part of the coaches association. We want our association to continue growing. Being a member has many benefits. Especially important is the affiliation with others around the state to help improve the high school sports of girls tennis and boys tennis.

Lifetime members: You still need to join the sports association to be included in coach of the year and academic honors for your team. An area we really want to grow is getting assistant coaches to join and become involved within our association. Please encourage your assistant coaches to become members.

To join the coaches association, please go to <http://www.mshsca.org/membapp.htm>; to check out the benefits of being a member go to <http://www.mshsca.org> and click on Membership Benefits, on the left column.

Tennis Advisory Committee

Our tennis advisory committee met with MSHSL staff on August 12th. We have several items that we have been working on or have seen need for improvement.

1) NEW Line-up rule:

1. Each head coach will rank order the top ten (10) singles players.
2. The head coach will create three (3) post-season lineups.
3. Each lineup will have:
 - a. Four (4) singles players
 - b. Three (3) doubles pairings, and
 - c. Five (5) alternates.
4. The rank order of singles players will be used in all three lineups—a lower ranked singles player cannot be placed in a line-up above a higher ranked singles player
5. The rank order of singles players is not a factor when determining the doubles pairings.
6. The five (5) alternates are the same in each lineup.
7. Alternates can only be placed at #4 singles or #3 doubles

2) NEW Seeding guidelines for team and individuals:

Seeding the state tournament will be the responsibility of the Advisory Staff

- Girls -- 4 girls coaches + MTCA Executive Secretary
- Boys -- 4 boys coaches + MTCA Executive Secretary
- MTCA Executive Secretary would only vote if needed due to tie.

This will be done for both the team and individual draws for the state tennis tournament.

3) Required Tennis Policies / Procedures Review:

The Goal is to have this in place for Fall 2016. If you have a scenario that you believe we should include for this or suggestions on things we should discuss send to Rick Englestad.

4. 3 Class Proposal

We will be submitting a proposal to the MSHSL for three competitive classes to achieve a greater numerical balance.

RANKINGS

Please send any ranking information to Rick Engelstad.
email: rengelstad@isd578.org or mshstca@gmail.com

Rankings will be released weekly on Mondays. All information needs to be submitted by 6:00 pm on Sundays.

IMPORTANT DATES - GIRLS TENNIS

Please mark these important dates on your calendar:

10/1/15 Deadline for becoming MSHSCA Member (girls tennis)

10/2/15 Deadline for submitting Girls Academic Award Applications

TBA Girls State Coach of the Year On-line Voting (Head Coach Members only)

ACADEMIC AWARDS

The deadline for academic awards, team and individual, is Friday, October 3rd. Forms will be posted soon and you will be alerted about them. Once again forms will be all online.

SPRING CLINIC

Make sure to put the dates of February 26 (evening) & February 27 (day) on your calendar for the MN Tennis Coaches Clinic. The location again will be the Fred Wells Tennis & Education Center at Fort Snelling. Rick Engelstad (Ex. Sec.) has been working hard on organizing clinicians for the clinic. A High School Coaches Best Practices Session is again on the schedule for our coaches to provide insight to what really works well for them in the practice setting. If you are interested in being one of the coaches to bring a best practice to this session, then contact Rick. We will also have our annual meeting at the Tennis Center on Friday evening.

Good Luck to the Girls' Tennis coaches and your teams as you move into post season play!

“From what we get, we can make a living. What we give; however, makes a life.”

- Arthur Ashe

Delegates Corner

By : *Delegates Corner*

Todd Smrekar, President Elect

Cambridge-Isanti High School

Happy New Year! 2015 is eight months old, I understand that, but it is the start of a new school year which brings about much excitement for all, as we enter into a brand new school year. The fall sports season are well underway, but I wanted to take this time to remind all delegates of our annual meetings, encourage delegates to talk to coaches in your school, conference, and sport about the importance and many benefits of membership in MSHSCA, and to encourage others to get involved as there are openings in different sports and regions.

As delegates of the Minnesota State High School Coaches Association, one of the primary responsibilities is to support our fellow coaches. One of the ways that this can be accomplished is through the establishment of an open line of communication. Communicate to your fellow coaches what the benefits are of being a member of our organization and let them know that if they have concerns, questions, or an issue that needs to be brought to the organization's attention, that you will bring that forward at our annual meetings. The two meetings that we have this year are on September 12th at the Marriot West in Minneapolis and on March 18th at Mancini's in St. Paul. Additionally, encourage coaches to get involved as a delegate. There are currently openings in the following regions: 7A, 1AA, 5AA, 6AA, 8AA.

Each year MSHSCA gives out the Steve Kerzie award at the annual banquet in October. The award is presented to a long time delegate for their contributions to MSHSCA. This year the award will be going to Becky Leuer from North Branch

and Tim(TJ) Johnson from Mankato East.

If you are on social media, MSHSCA can also be followed there for updates and important information. Stay up to date and follow on Twitter @MSHSCA, and stay connected on Facebook at www.facebook.com/MSHSCA. This is a great way for all members to stay up to date on important announcements and happenings within our organization. We are truly all in this together as a fraternity of coaches, and communication with fellow coaches is a great way to establish a support system.

So as the new school year kicks into high gear, I want to wish you all the very best on the field, court, ice, and mat this school year.

“A life of frustration in inevitable for any coach whose main enjoyment is winning.”

- Chuck Noll

FALL CLINIC ATTENDEES URGED TO USE ELECTRONIC MEMBERSHIP

Coaches who plan to attend clinics this Fall are urged to obtain their membership in advance using the electronic membership opportunity.

Due to location of many of the clinics, the MSHSCA may not be able to hook up to provide membership cards using their computer. As a result, it will simplify things if membership is obtained prior to clinics to eliminate a lot of potential confusion regarding the reception of membership cards at the site of the clinic.

After the Game Bring Your Team to 

Final MEMBERSHIP REPORT 2015

Types of Membership

	<u>2013-14</u>	<u>2014-15</u>
Active Class A & AA	6244	6150
Associates	1339	1318
Active Life	689	681
Retired Life	897	939
Honorary	3	3
	9,172	9,091

Breakdown of membership by sport association (2013-14 totals in parenthesis)

Adapted Athletics (18)	22
Boys Lacrosse (72)	78
Alpine Skiing (68)	59
Girls Lacrosse (70)	73
Athletic Directors (90)	102
Football (1140)	1152
Baseball (480)	484
Boys Hockey (238)	237
Boys Basketball (786)	808
Golf (boys & girls) (330)	359
Girls Basketball (731)	700
Soccer (boys & girls) (409)	390
Cross Country (393)	391
Softball (483)	494
Gymnastics (203)	222
Synchronized Swimming (16)	16
Nordic Skiing (130)	118
Girls Tennis (208)	213
Volleyball (648)	674
Boys Tennis (172)	176
Boys Swimming (193)	200
Track & Field (752)	792
Girls Swimming (235)	246
Wrestling (100)	117

Sport associations that collect their own dues, but join the MSHSCA are Dance 11, Cheer 13, Clay Target 7 and Girls Hockey 46.



ICE CHIPS

By: *Craig Roberts*

MHCA Director of Communications

Welcome to the 2015-16 season. The summer development programs have ended, schools are open and fall leagues have begun.

For the second year in a row, the MHCA Fall Clinic will be held in St. Paul. The Fall Clinic Committee is in the process of finalizing plans and registration for the clinic will soon be available through the MHCA web site.

Also available on the MHCA web site is association registration and all pertinent information regarding the association and the upcoming Fall Clinic will be available on this site.

The USA Select 17 Team claimed the title at the Five Nations Tournament, Aug. 10-16, with four Minnesota high school players helping to lead the way. Anoka's Isaac Johnson, Connor Mayer of Benilde-St. Margaret's and Edina's Clayton Phillips and Sam Walker were members of that team.

Key dates for the upcoming season:

Rules Meetings: Begin on October 29, 2015 and must be completed by November 24, 2015

Start of Practice: November 9, 2015

First Available Contest Date: November 19, 2015

Maximum number of Contests: 25

Deadline to complete the Eligibility Verification Form: November 19, 2015

Sections begin: The week of February 15, 2016

Deadline to certify rosters, schedule, photos, etc. for the State Program: February 23, 2016

Last Day to hold Section Tournaments: February 26, 2016

Deadline to certify team stats: February 28, 2016, by 8 a.m.

The MHCA is not only an association of coaches, it offers support and resources for all of its members and it is hoped that all high school coaches can make use of what the organization has to offer.

All coaches can contact their respective section representatives with issues or for more information pertaining to the MHCA.

Best wishes to everyone and we hope to see all of you in St. Paul, Oct. 23-24.

2015



2016

GENERAL LIABILITY PROGRAM

Coverage is provided to your State Association and Members through the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors.

CARRIER

Lexington Insurance Company
("A" A.M. Best)

POLICY PERIOD

AUGUST 1, 2014 - AUGUST 1, 2015

LIMITS OF INSURANCE

\$1,000,000 Each Occurrence
 \$1,000,000 General Aggregate
 \$1,000,000 Products/Completed Operations
 \$1,000,000 Personal & Advertising Injury
 \$ 100,000 Fire Damage
 \$ 25,000 Sexual Abuse (per member)
 Excluded Medical Payments
 Educators Protection Plus (classroom coverage)

NATIONAL ORGANIZATION OF COACHES
ASSOCIATION DIRECTORS

NOCAD

CAMP COVERAGE

Today, most coaches are involved in some type of sports camps. Coverages such as General Liability and Accident Medical for your participants are available to all member coaches through your State Associations master policies. Please note that our current General Liability Program follows all members while working at camps and/or conducting their own personal camp.

CERTIFICATE OF INSURANCE & PARTICIPANT ACCIDENT

- If you have a camp and require proof of insurance certificates are at no additional charge.
- If you have a camp and require a certificate of insurance naming an Additional Insured the cost is \$150.00.
- Participant/Accident Coverage must be in place for all participants prior to the issuance of a certificate of insurance naming an Additional Insured.
- Certificates of Insurance and Participant/Accident request forms are available through your State Association or online at www.LoomisLapann.com

For any additional information
please contact your
State Association office
or

Greg Joly, Lori George, Karen Boller
Loomis & LaPann, Inc.
800-566-6479
gjoly@loomislapann.com
lgeorge@loomislapann.com
kboller@loomislapann.com
www.loomislapann.com

FOR ALL INSURANCE QUESTIONS

General Liability
Insurance Coverage
What to do if involved
in a suit
Camp Coverage
Certificates of Insurance
Participant Accident
Insurance

Contact Information:
Greg Joly
gjoly@loomislapann.com

Lori George
lgeorge@loomislapann.com

Karen Boller
kboller@loomislapann.com

Loomis & LaPann, Inc.
18 Exchange St
PO Box 2158
Glens Falls, NY 12801
800-566-6479
518-792-3426 FAX
<http://www.loomislapann.com/>

After the Game Bring Your Team to

**Minnesota State
High School
Coaches
Association
HALL OF FAME**

**CRITERIA FOR THE
SELECTION OF
CANDIDATES**

1. Individuals selected as nominees must have shown a deep sense of responsibility in the manner in which they conducted themselves as coaches, and demonstrated a dedication to the highest ideals of competitive interscholastic athletics.
2. Of equal importance is the manner in which they conducted their programs, that they be most beneficial to their players, their schools, and their communities, always reflecting a positive image of interscholastic athletics and/or coaches.
3. They shall have demonstrated the characteristics of leadership, the ability to motivate and inspire, and to guide and counsel young athletes.

**ELIGIBILITY
REQUIREMENTS**

1. Nominees must have been active in coaching and/or athletic administration for a minimum of 25 years.
2. Nominees must be a life member of the MSHSCA.

SEND NOMINATIONS TO:
Jim Baker
8185 E. Courthouse Blvd. Ct.
Inner Grove Heights, MN 55076
Email: jbad154@q.com



**MINNESOTA STATE
COACHES ASSOCIATION
HALL OF FAME
NOMINATING FORM**

Name: _____
Last First Middle

Address: _____ City: _____ Zip: _____

Birthdate: _____ Single: _____ Married: _____ Phone #: _____

Deceased: _____ Spouse's Name: _____

Children and Ages: _____

Nominating Person or Group: _____

Rationale for Nominations: _____

Personal History: Hometown: _____

College: _____ Year: _____

College Honors: _____

Coaching History: (Sports-School & Years): _____

Coach Awards, Honors & Highlights: _____

Are you currently an inductee to a Sport Association? If yes, please list: _____

Present Status: _____ Organizations & Honors (other than coaching): _____

Coaches Association involvement & Present Status: _____

Please list Other Highlights & Experiences: _____

School(s) to be used on Award: _____

Nominated by: _____ Date: _____

**More Hall of Fame Nominees are requested.
There are a lot of deserving coaches that should be recognized!!**

BANK SHOTS



By: Chris Pack
Hayfield HS

Fellow BBB Coaches,

Where did the summer go? I can't believe fall sports are in full swing and we are back in school. Hopefully you had an enjoyable summer and were able to enjoy the beautiful weather we had.

I am honored to represent the MBCA as your president this year. We have a great organization and I encourage all of you to get involved if you are able to. I want to thank Mike McDonald of Cambridge-Isanti for his leadership in 2014-15 as our president as he did an outstanding job. I would also like to thank Tom Critchley for all the work he does as the Executive Secretary of the MBCA, as well as all the section reps and other leaders of the MBCA.

The MBCA Fall Clinic will once again be held at the Hyatt Regency in Minneapolis on October 30th and 31st. Ron Larson is once again working hard to line up some great speakers. Confirmed presenters at this time include Basketball Hall of Fame member, College Basketball Hall of Fame member, and NCAA Championship Coach Gary Williams of Maryland as well as Class AAAA 2015 State Championship Coach Zach Goring and his Apple Valley staff. The MBCA Awards Banquet will also recognize retired coaches Jim Smith of St. John's University and Noel Olson of St. Cloud State University and induct Brian Bergstrom, Chuck Evert, John Millea, and Roy Ward into the MBCA Hall of Honor. I hope you all can attend and enjoy the unofficial start of our season. I always look forward to the clinic, not only for all the great speakers, but mostly for socializing with many of you.

On Saturday, October 31st four new members will be inducted into the MBCA Hall of Fame. The 2015 honorees are John Carlson of Litchfield, Lyle Muth of Gibbon-Fairfax-Winthrop, Neal Oscarson of Henning-Deer Creek, and Jack Peterson of Cambridge-Isanti. Congratulations to these fine coaches!!

For those of you that are active on Twitter, I encourage you to follow the official MBCA twitter feed @MN_BCA. Also keep up to date on boys basketball related topics on the MBCA website, which is <http://mshsca.org/boysbasketball/index.htm>. All your forms for all-state, academic all-state, all-star nomination, assistant coach of the year nomination, and hall of fame nomination can be found there as well. I encourage all

our coaches to join the coaches association (<http://mshsca.org/membapp.htm>), especially if you are a head coach. Reminder that for you or your players to be eligible for awards, All Star participation, etc, the head coach needs to be a member. Your MBCA membership also provides you with membership in the National High School Basketball Coaches Association.

At the June MSHSL Board of Directors Meeting, the Advisory Committee Proposal to add consolation play to the Girls and Boys State Tournaments was approved. The earliest it can go into effect is for the 2015-16 season as rule stipulates at least a one year window for implementation in State Tournament format. The Class AAAA State Tournament was tabled upon our request and will be brought forward to the Board at it's October meeting. The proposal to use a shot clock for all classes was not approved.

Reminder that the official ball of the MBCA and the State Tournament ball is the Spalding: TF1000 Legacy, Deep Channel Design. The MBCA was the first state organization in the country to have a ball agreement with Spalding and the joint venture has resulted in a relationship has been rewarding and beneficial for both parties; allowing us to do many of the things we do while at the same time providing a quality product.

Just a reminder that the boys season will start a week earlier than the girls season again this year. First practice is Monday, November 9th, which will be here before we know it! Our state tournament is March 9-12. Next year we go back to the traditional schedule and start a week after the girls.

Best of luck to all of you and your teams this year. Always keep in mind what a huge impact you play in the lives of the players you coach. Kids only get coached by a limited number of people over their careers. You have an opportunity to be their favorite and make the biggest impact on them. Take advantage of that opportunity!! Leave a lasting impact and make their experience a memorable one in a positive way.

“Confidence comes not from always being right but from not fearing to be wrong.”

- Peter McIntyre

After the Game Bring Your Team to 

MEMBERSHIP PERKS

S

- **COUNTRY INN & SUITES - Eagan - 3035 Holiday Lane, Eagan, Mn 55121 - 651-287-8800**

H

- **COUNTRY INN & SUITES by Carlson - Minneapolis West, MN - 651-287-8800**

S

- **EMBASSY SUITES - Brooklyn Center - (763) 560-2700 - Ask for MN Coaches Association Rate - Hotel Code = MSPBR . 15% discount. Website: www.minneapolisbrooklyncenter.embassysuites.com**

C

- **RAMADA PLAZA - Minneapolis - Rate Code: L16 - (612) 331-1900 (Based on availability)**

A

- **MINNESOTA ZOO - Apple Valley Corporate Rates - \$2.00 Off Adults, \$1.00 Off Children & Seniors, \$1.00 Off IMAX.**

Call John Erickson for discount card - (h) 218-847-6796

- **ROSEVILLE VISITORS Association DISCOUNTS - www.visitroseville.com**

- **SHERATON MINNEAPOLIS WEST HOTEL - 12201 Ridgedale Dr 952-960-3538**

- **MARIOTT MINNEAPOLIS WEST - St. Louis Park (952) 544-4400**

For Hotel rates, coaches should indicate membership in MSHSCA.

MEMBERSHIP PERKS

- Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any offers, discounts, groups or conventions.

REASONS WHY MSHSCA MEMBERSHIP IS BENEFICIAL

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$1,000,000 Liability Insurance while coaching.
3. Membership card is for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website.
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.



You work hard for your athletes. We work hard for you.

At Liberty Mutual Insurance, we're giving you something in return for everything you give to students. We're partnered with the Minnesota State High School Coaches Association to offer exclusive auto insurance savings and benefits to people like you who work to enrich the lives and minds of today's youth. And these benefits — like a waived deductible if your vehicle is vandalized on school property or while using it for school-related events — are available at no additional cost.¹



Contact me to learn more or to get a quote.

GRAHAM GUNDERSON
Sales Representative
763-543-4344
www.libertymutual.com/MNCoaches

701 Xenia Avenue S - Suite 400
Minneapolis, MN 55416
Graham.Gunderson@LibertyMutual.com



**Liberty
Mutual.**
INSURANCE

AUTO | HOME

¹ Educator insurance benefits not available in all states.
Coverage underwritten and provided by Liberty Mutual Insurance Company and its affiliates, 175 Berkeley Street, Boston, MA 02116
© 2011 Liberty Mutual Insurance Company. All rights reserved.

After the Game Bring Your Team to **SUBWAY**

MSHSCA SEEKS NOMINATIONS FOR OFFICIALS DISTINGUISHED SERVICE AWARD

The Minnesota State High School Coaches Association has always been aware of the value of officials as an integral part of the high school athletic programs could function without the dedication that is currently being provided to prep sports by the many officials in Minnesota.



A few years ago, the MSHSCA, in an effort to restore sportsmanship, as it should be, to the stands of high school sporting events, created an Officials Distinguished Service Award.

Coaches who are aware of the outstanding officials in your area that qualify for the award should either nominate the officials directly or contact the area officials associations and urge them to submit the deserving candidates for the award.

This award is presented to five deserving officials at the MSHSCA's Annual Awards Banquet that is held each year in November.

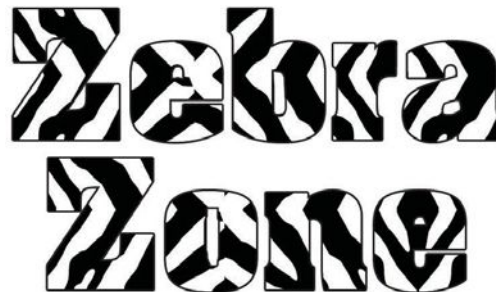
The MSHSCA has maintained a collective file of nominations but is currently looking for more nominations of the many deserving officials that need to be recognized for their long time service to Minnesota high school sports.

Nominations to receive the Officials DSA can be submitted by using the following criteria.

1. Should still be an active official.
2. Have been a high school official of varsity competition for at least 25 years.

If you know of a deserving official in your area that satisfies the established criteria, complete the accompanying nomination form and send to:

John Schumacher
16332 Deer View Rd
Park Rapids, MN 56470



By: Terry Eiter
Detroit Lakes

My oh my does time fly by! This summer, for most schools, was the longest possible summer with school done before Memorial Day and Labor Day being on September 7th. It sure didn't seem like it. It could have been the very early start to the football season? Not sure, but it sure flew by. Speaking of time flying by, this is the 10 year Anniversary of this article - "Zebra Zone." It has been a lot of fun and quite a challenge to come up with topics. It is a challenge to come with fresh topics in an "official's" article that is published in a "coach's" magazine.

By in large, I've managed not to offend too many people. For those that know me well, that is an accomplishment in itself! Some "Zebra Zones" have sparked some comments and criticism, while most have gone unnoticed as it seems.

Interestingly enough, it seems those that brought the most critics were outnumbered about 10 to 1 by supporters. One such article was a shot at some humor and sarcasm related to the Top 10 voice recordings you would hear on both coaches' and officials' answering machines. I know, sarcasm has no place in "professional publications" as I was told by one critic. "It has no place here...how would I explain to one of my players why this content is in a professional publication?" he wrote. Gripping stuff I tell ya.

Oh well, time goes on and the MSHSCA apparently hasn't thrown the towel in on me yet. As they say, "the quicker you let go of the old cheese, the faster you find new cheese." There's gotta be some new cheese out there somewhere!

At the risk of going out on the edge (shocking I know!) here's one topic I would have never dreamt would ever be in

... continued on page 47

OFFICIALS DISTINGUISHED SERVICE AWARD NOMINATION FORM

Name _____

Address _____

Phone (____) _____

Years officiated at varsity level _____

Sport(s) Officiated _____

Other information to support this nominee: _____

Nominating Person _____

Address _____

Phone (____) _____

this article - obituaries! They summarize a person's life, their accomplishments and passions, and often tell of the uniqueness of that person. I have found that part of the aging process is becoming more cognizant of the obituaries. It's not like it is a daily task, but I've caught myself checking them out more and more as time goes on. Being a card carrying AARP member I guess it becomes part of your routine. With all due respect as a sports official, one really caught my attention this summer. It began with this person's background in teaching physical education and a devotion to family. It was all intriguing and well written. Further on there was a statement that shook me a bit and caught me off guard. What really caught my attention was that this person, according to the obit, was known to "intimidate referees, umpires or officials with boisterous cheering from the stands or sidelines." It was disheartening that that was a behavior to be "celebrated". That's just my two cents.

Ending on a much lighter note, I want to thank the MSHSCA for the opportunity and the platform of "Zebra Zone" to hopefully bridge a gap between coaches and officials. Darien

DeRocher and John Erickson have been very supportive and encouraging over the years. Your questions, comments and topics that you'd like to have covered are appreciated and encouraged. To all coaches - from all officials, we offer our most sincere thanks for all you do in teaching kids the right way to play the game - win or lose. Remember it's just a game. Try and keep it fun.

Eiter is a high school teacher in Detroit Lakes, MN. He currently officiates football and basketball. He has coached baseball, basketball and track and has also umpired baseball and softball. He can be contacted at dlref@hotmail.com.

If you could kick the person in the pants responsible for most of your trouble, you wouldn't sit for a month. - Theodore Roosevelt

FOUR OFFICIALS TO BE HONORED AT HALL OF FAME BANQUET ON OCTOBER 10TH

Prep sports would not be possible without the assistance of qualified officials. For this reason, a number of years ago, the MSHSCA under the suggestion of then President Ken Baumann of Mahnomon, established a Distinguished Award for Officials. The presentation is part of the October 10th Hall of Fame Awards Banquet that will be held at the Sheraton West.

Selected to receive the DSA this year include: Charles Behrends, Betty Haukebo, Patrick Pollard and Rich Murry.

Behrends of Waconia has spent many years officiating football and softball. Haukebo of Park Rapids has spent a total of 40 years with gymnastics. Pollard of Grand Rapids has utilized his talents dealing with boys and girls basketball and Rich Murry of Mankato has devoted 27 years umpiring baseball and softball.

Those wishing to share the evening with the award recipients can obtain information on tickets and room reservations in an area found elsewhere or contact Jim Baker at jbad154@yahoo.com or (651)357-2937 or (651)306-0328.



After the Game Bring Your Team to **SUBWAY**

MSHSCA
PO Box 519
Detroit Lakes, MN 56502



FUEL YOUR TEAM

Ordering is easy at 877-360-Cater (2283) or Subway.com
Catering orders must be placed 24 hours in advance.

©2015 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.



MINNESOTA
STATE HIGH SCHOOL COACHES ASSOCIATION