



Remember to Check the Calendar!

Now that all teams are beginning tournament play, make sure to check your practice calendar! Teams may be practicing on days they might not normally due to traveling teams and long tournaments.

Power 1 Even Winners!



Last Sunday was the first Power of the season. Congratulations to 12 Black, 15 Black, 15 Blue, and 17 Black - they all won pins!

Spring Clinics Begin Soon!

NORCO will again offer its spring clinic series! All clinics will run from 1:30-3:30 pm and cost \$40. For more information on these clinics, the full clinic list, and to register, head over to our [Clinics & Events](#) page to register!

Hitting Clinic - January 30th

15 Black Head Coach, John Critzer, and Director of Volleyball Operations, Gavin



Markovits, and Laura Barnes will lead a hitting/blocking clinic, raising the level of anyone's game with lots of technique and reps.

They will be assisted by Axi Poletto, Alex Klohen, Dani Steffa, and Kelly Allen.

[Register HERE](#)



Serve/Serve Receive Clinic - February 6th

16 Black Coaches, Jim Stone and Dri Culbert, will lead this serve/serve receive clinic. They will be assisted by Emily Bench, Kelsey Schuppert, Brady Fisher, and Maggie Kelly. This two-hour clinic will cover the basics of footwork, body position, the toss, arm swing, and follow-through.



[Register HERE](#)

March Comes in Like a Lion Two D1 Coaches in One Week!



Mary Wise Returns!

Mary Wise, the University of Florida Head Volleyball Coach, will be returning to the NORCO gym on March 1st!!

More information will be coming soon, mark your calendar now!

University of Washington Head Coach Keegan Cook to hold a blocking and serving clinic

Thursday, March 3rd from 5:30-7:30 p.m. Cook finished his first season at UW with a 31-3 record and a share of the Pac-12 title. The Huskies are known for their elite blocking and serving and Cook will bring their training techniques to NORCO. The clinic will cost \$50 and registration will open soon!



Player of the Week Jenna Thomas

Jenna Thomas is in her second year playing for NORCO and is currently on 13 White. She attends Boltz Middle School.



Congratulations Jenna!



**Coach of the
Week:**

**All Our
Assistant
Coaches!**

**Thank you,
Assistant
Coaches, for all
of your hard
work!**

We are lucky to have such a great Staff at NORCO!

Coaches Appreciation Week is February 8th - 12th

Clothing Sale in February!

NORCO will be hosting another clothing sale - **February 22nd & 23rd**. Under Armour and NORCO gear will be available, along with a few new designs!

Are you looking to purchase more NORCO gear or need a few more items? Stop by the office on Mondays and Thursdays between 4:30 and 6:00 pm to purchase clothing items.



Cash or check ONLY!



First Annual NORCO Friendraiser moved to Friday, April 15th

Celebrate the 2016 season with this fun and informative evening. We would like to invite the entire community to learn more about our excellent program. Each NORCO core team is providing a gift basket to be auctioned off. We will also play the Head or Tails game for a chance to win 25 bottles of wine and another game to win 25 six packs of microbrew beers.

Wine and beer will be served along with a variety of complementary heavy hors d'oeuvres. Attire will be casual. This is a great opportunity to help with lowering our building debt while also helping us update the facility!

Click [here](#) to sign up now!