

Girls Wrestling Camp Schedule of Events

March 31-April 2nd

Thursday March 31st

11:00am-Noon	Drop off & Room assignments
12:00-12:45pm	Lunch
1:30-4:00pm	1st wrestling session
4:00-5:00pm	Free time\Showers
5:00-6:00pm	Dinner
6:30-8:00pm	2nd wrestling session
8:00-8:30pm	Showers
8:30-10:00pm	Activity
11pm	Lights out

Friday April 1st

6:30 am	Wake up
7:00-8:45am	Breakfast
9:15-11:30am	3rd wrestling session
12-12:45pm	Lunch
1:30-4:00pm	4th wrestling session
4:00-5:00pm	Free time\Showers
5:00-6:00pm	Dinner
6:30-7:30pm	Lite session/review
8:00-11:00pm	Speaker/Awards/Group activities
11:00pm	Lights out

Saturday April 2nd

7:00am	Wake up
7:30-8:00am	Breakfast
8:30-10:00am	SILENT/NO TALK-drill session
11:00am	Lunch
12:30-3:30pm	Girls Tournament
After tournament	
Or latest 4pm	Parent pickup