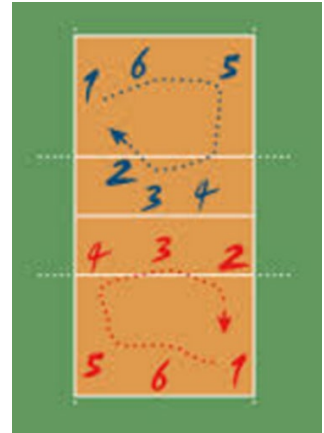




EVAA - Eastview In-House Volleyball Rules

1. Players

- **Each player must play equal time in each game. Each player must serve in their designated rotation location.** Each player will be designated into a rotation location for each game as shown below. Rotation locations 1 through 6, or on the either side, ready to rotate into the game. The team is allowed to substitute or rotate into the 1 or 4 rotation locations only. This rotation must be consistent for that entire game, once that game has started.
- A player will be allowed to participate in a game if the player has missed a practice, however all players should be encouraged to attend all practices.
- Each player should wear their team shirt and non-marking shoes. We recommend all participants to wear knee pads.



2. Games

- Each game must start on time.
- Games should be played 6 on 6, however a team may play with a minimum of 5 players. If a team is short players, and the opposing team has additional players, they may borrow players from the opposing team, in order to field 6 players.
- Each match will play 3 games, or play until the scheduled time has ended.
- All games will be played with rally scoring. Rally scoring means that a point is awarded to the serving team or the team on the defense depending on the result of the play.
- The first 2 games will be played to 25 points with rally scoring, win by 2. If the first 2 games are split then a third game can be played to 15 points with rally scoring, win by 2. If the time runs out in the 3rd game, the winner is the one with the most points when the allotted time is over.
- Teams will be given 2 time outs per game, 30 seconds in length. Time outs do not carry over from game to game.
- Games will be played, right after each other, allowing enough time for players to get a drink and switch sides.
- The net height will be set at 6'-6".
- Warm up should be no longer than 6 minutes, three minutes each, for passing and serving. Cooperation between teams should be emphasized to ensure a safe warm-up.
- VolleyLite volleyballs will be used.
- Each team will provide an adult for each match at the season ending tournament to help line judge.
- In effort to get the kids ready for the end of season tournament, coaches should either provide a parent referee or play the position of a referee in 1 of the last 3 games.

3. Serving Regulations

- Player's may serve from no more than **10 feet** in from the end line.
- Servers may serve either side arm, over hand or underhand serve the volleyball.
- A 3 serve rule will be in effect for each player and then the same team that is serving will rotate and the next player on that team will serve. Every first serve for a player, if missed, they are allowed to have a second serve.
- Serves that hit the net and go over are playable. We will use the "Let" serve, meaning if a serve hits the net, goes over the net and is not played, the serving team will be awarded a point. If the ball does not go over the net, the result is a side-out and a point for the other team.
- No more than two 3 toss's per attempt on overhand serves.
- All players will serve during the match per their rotation location.

4. Additional Rules

- Opposing teams, players, and coaches will shake hands after each match.
- During the games, score will be kept by designated volunteers.
- Gym time is 1 hour for matches. Please be respectful to your gym time, and the teams playing before and after you.
- All players to wear official team shirt for games.
- No jewelry of any kind – This includes earrings or studs, hair pins, hair beads, barrettes, clips, and/or hats/caps.
- No one will be allowed to play if they are wearing a hard or plaster cast.
- EVAA In-House Volleyball Program Promotes ALL Fair Play and Exemplary Sportsmanship.
- If any unresolvable issue comes up at practice, game, match, or at any time during the course of the season, please feel free to contact Amy Peschong at apeschong@evaasports.org - In-House Volleyball Coordinator.

MOST IMPORTANT - HAVE FUN!