



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

#1 - 575 Park Street
REGINA SK S4N 5B2
PHONE: 306-721-2151 FAX: 306-721-2659
E-mail: shsaa@shsaa.ca
Web Site: www.shsaa.ca

TO: District Presidents and Regional Curling Commissioners

FROM: SHSAA Office

DATE: December 19, 2017

RE: CURLING TIME OUTS – HIGH SCHOOL CURLING

Listed below is the procedure to be used at all interschool curling events leading to the provincial championship.

During the regulation 8-end game

- Each team is allowed to call two time outs, of **90 seconds** duration each. The requesting team may shorten the **90 second** duration of the time-out by putting their next rock into play. The request for time out, called by the athletes, may be made at any time that the team is in control of the house or during an interval of play.
- There is a mandatory 5-minute break at the conclusion of the fourth end during which there can be coach contact with the team.
- If the game is to be decided in an extra end then **there will be an automatic two-minute time out prior to the first extra end** and each team is allowed one time out (**90 seconds** in duration) in each extra end.

The clear objective is to have the time out request come from the ice (i.e. players). Coaches may no longer stop a game in progress from behind the glass. However, the Association will allow a coach to communicate a time out gesture or signal to the players on the ice, who may in turn call the time out. The Association is encouraging, and will reiterate at various coaches meetings, that the team should come up with a discreet communication strategy between themselves to handle this procedure. A coach may request the head official for a timeout but this must be done prior to their team coming in control of the house. The head official may then position themselves to notify the team of the coach's desire for a timeout without interrupting play on other sheets or while the other team is in control of the house.

The intention of this rule is to alleviate the untimely occurrence of a coach requesting a time out at an inopportune time (i.e. in the delivery phase of their team's shot or interrupting and distracting other games in progress). The Association will not tolerate coaches standing and rapping on the glass or going on to the ice surface prior to the players request for a timeout.

Please forward this information to various individuals who will be conducting your pre-district and district competitions. District and Regional curling commissioners are asked to implement this procedure at their respective championships. The teams moving on to provincial competitions will then be familiar with this procedure and will be reminded at the coaches meetings at each of the championships.

Thank you for your attention to this memo.

