



## Tryout Dates Announced!

**NORCO Open House** - Saturday, June 18th  
from 11 am - Noon

### **Open Gyms - All Ages, \$5 At the Door**

- Saturday, June 18th from 9 - 11 am
- Thursday, June 30th from 6 - 8 pm

### **15 & Up Information**

- [Open Tryout Clinic for 15-18's](#) - Tuesday, July 5th from 6 - 8 pm
- [Open Tryout Clinic for 15-18's](#) - Thursday, July 7th from 6 - 8 pm
- Tryouts for 15's and 18's - Sunday, July 10th from 4 - 6 pm
- Tryouts from 16's and 17's - Sunday, July 10th from 6:30 - 8:30 pm

### **14 & Under Information**

- [Open Tryout Clinic for 11-14's](#) - Tuesday, July 26th from 6 - 8 pm
- Open Tryout Clinic for 11-14's - Wednesday, August 3rd from 6 - 8 pm
- Tryouts for 11-13's - Sunday, August 7th from 10 am - 12 pm (Noon)
- Tryouts for 14's - Sunday, August 7th from 12:30 - 3 pm

More Open Gyms will be announced shortly! Dates are tentative.

## **Come See Yourself at NORCO!**

NORCO will hold an informational Open House on **Saturday, June 18th from 11 am - 12 pm (Noon)**. Coaching Director Jim Stone will discuss our new training program that will be introduced for the 2016-17 season. Director of Operations Gavin Markovits will introduce our coaching lineup and answer general questions regarding the club. An open gym will proceed the Open House from 9 am - 11 am. All ages and skill levels are welcome to join. The open gym will be a \$5 walk up fee (no online registration).

Everyone is welcome and encouraged to attend!

## **Jim Stone, Coaches Director**

NORCO is excited to announce Jim Stone as our new Coaches Director for the 2016-17 season. Jim brings a wealth of knowledge to NORCO from the collegiate and international levels. He will be in charge of coaching education, practice planning and a consistent training module.

Stone spent 26 years at the head of the Ohio State women's volleyball program and compiled a 531-294 overall record with the Buckeyes, including a 297-177 record in Big Ten competition. He led the Buckeyes to three Big Ten titles and 15 NCAA tournaments, advancing to the NCAA semifinals in 1991 and 1994. Overall, Stone's teams finished the season ranked nationally 16 times, including a No.4-ranking in 1994. Stone earned AVCA Regional Coach of the Year and Big Ten Coach of the Year honors four times. He coached 19 AVCA All-Americans, including two AVCA Player of the Year winners. Seventeen of his student-athletes combined for 31 AVCA All-Region honors, while 26 student-athletes totaled 60 All-Big Ten accolades. Since leaving Ohio State in 2007, Stone has continued as a clinician within his program, Volleyball Training Solutions. He served as the head coach for the USA Youth National Team from 2008-15, as well as serving as a coach in USA Volleyball's A2 program.



## **Youth Serving/Passing Clinic Monday, June 6th**

Ashley Acuff will be leading this clinic. Campers will learn the correct footwork and passing technique in this two-hour clinic. Emphasis will be put on teaching good fundamentals of serve receive passing. The serving portion will teach the basics of footwork, body position, the toss, arm swing, and follow-through.

The clinic will also teach the techniques, skills, and mindset needed to serve at a consistent and accurate level.

**[Register Here!](#)**

## **Youth Setting/Hitting Clinic Tuesday, June 7th**

NORCO's 12 Black Head Coach and former Wyoming Assistant, Jill Stucky will be leading this Youth Clinic. Campers will learn correct setter footwork with an emphasis on getting hips turned to the target and feet to the ball. They will practice "shape, window, freeze" with their hands and work on the delivery of a hittable ball. In the hitting portion, campers will learn proper footwork for all transitions releases and passing formations while getting repetition hitting the ball down the line and cross court.



[Register Here!](#)



## **Youth Team Concepts Clinic** **Wednesday, June 8th**

Gavin Markovits will be leading this clinic. The camp will focus on teaching team defense, rotations, serve receive, team offense and serving zones/strategies. Both perimeter and rotation defense will be taught to the campers. Team serve receive patterns and how to receive serve in each rotation will also be examined. Campers will also be taught different offensive plays and serving strategies.

[Register Here!](#)

## **All Ages Defense/Passing Camp** **Thursday, June 9th**

This clinic will entail innovative technical training from Wyoming staff with regards to all skills behind the three meter line. Defensive movements, floor finishes, reactionary training, secondary setting & more will be included in the defensive programming. Looking to improve the value of your first contact? Serve receive strategies and techniques will be covered to keep your team in system. This clinic is designed to create a competitive, hard-working atmosphere that will make you a better volleyball player by the time you leave the gym! All attendees should be expected to train hard and most of all...have fun!



[Register Here!](#)



## **Brook Coulter's Youth Camp** **Monday, June 13th & Tuesday, June 14th**

Brook Coulter's Youth Camp is designed to be a fun, active, and positive learning environment for all technical aspects of the game. Individual single contact drills as well as multi contact drills will be geared for each player's success.

[Register Here!](#)

## **Summer Camp & Clinic Registrations Available!**

Highlighting this year's camps are guest coaches from Colorado State, California, Colorado and Wyoming. Former CSU Associate Head Coach Brook Coulter will also offer a series of camps at NORCO. See our flyer for the complete summer schedule - [2016 Summer Schedule](#)

[Registrations are available HERE!](#)

**This Week at NORCO!**





Last week wrapped up this year's Spring Middle School League. Teams played hard for the championship in three divisions - Gold, Silver, and Bronze. The Ducks took 1st Place in the Gold Division, the Soaring Eagles took 1st in the Silver Division, and the Orange Spikers won the Bronze Division.  
**Great work ladies, we'll see you next year!**

