

Good Luck Teams!

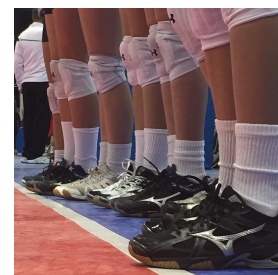
This summer NORCO has seven teams participating in post season play. 14 White attended AAU's in Florida and had a blast - they placed 4th in the Emerald Division! Teams have already started departing for the Junior National Championships in Indianapolis - 14 Black is already on the court and 14 Blue will begin this afternoon. [Click here to see the team schedules and results.](#)



Tryout Dates Announced!

Open Gyms - All Ages, \$5 At the Door

- Thursday, June 30th from 6 - 8 pm



15 & Up Information

- [Open Tryout Clinic for 15-18's](#) - Tuesday, July 5th from 6 - 8 pm
- [Open Tryout Clinic for 15-18's](#) - Thursday, July 7th from 6 - 8 pm
- Tryouts for 15's and 18's - Sunday, July 10th from 4 - 6 pm
- Tryouts for 16's and 17's - Sunday, July 10th from 6:30 - 8:30 pm

14 & Under Information

- [Open Tryout Clinic for 11-14's](#) - Thursday, July 28th from 6 - 8 pm
- [Open Tryout Clinic for 11-14's](#) - Wednesday, August 3rd from 6 - 8 pm
- Tryouts for 11-13's - Sunday, August 7th from 10 am - 12 pm (Noon)
- Tryouts for 14's - Tuesday, August 9th from 12:30 - 3 pm

More Open Gyms will be announced shortly! Dates are tentative.



Youth Serving Clinic Wednesday, June 29th

Kate Hampson will lead this two-hour clinic which will teach the basics of footwork, body position, the toss, arm swing, and follow-through. The clinic will also teach explain the techniques, skills, and mindset needed to serve at a consistent and accurate level.

Participants will have the opportunity to learn how to perform various overhand and jump serves including top-spin and float serves.

[Register Here!](#)

Defense/Passing Clinic Tuesday, July 5th

Michelle Buckner will be leading this clinic. The most important skill in volleyball is the pass. The first contact can be the initiation of a kill or the end of a point. Great passers always find a way to earn playing time! Passing is a fundamental skill that helps every team and player achieve their potential. All positions welcome! The two-hour clinic will address serve receive, dig transition, down ball, and free ball defense. Special emphasis will be placed on developing Volleyball IQ and learning the vital skills of platform passing, overhead passing, and reading a hitter/server.

[Register Here!](#)

Brook Coulter's Total Player Camp Wednesday, July 6th

Brook Coulter's Total Player Camp is geared towards the player who wants a complete training in all facets of the game. An exciting environment to be exposed to all technical aspects of the game as well as some mental system strategies.



[Register Here!](#)

NORCO Summer Fun

Hops beats the heat and takes a cat nap in the office!



12 Black stays busy on and off the court this summer!

Camps & Clinics at NORCO



The University of Wyoming Staff came out and helped passers develop and learn new techniques, thanks Wyo!



Jesse Mahoney and the CU staff came up for an all-skills camp!



Summer Camp & Clinic Registrations Available!

Highlighting this year's camps are guest coaches from Colorado State, California, Colorado and Wyoming. Former CSU Associate Head Coach Brook Coulter will also offer a series of camps at NORCO. See our flyer for the complete summer schedule - [2016 Summer Schedule](#)

[Registrations are available HERE!](#)

