

MODIFIED PLAYING RULES FOR UNDER 10 – QUICK GUIDE

- Opposing parent/coaches and players should shake hands after each game.
- Parent/coaches, non-playing players, parents and spectators should not be located less than six (6) yards from outside the touchline, nor should they be closer than twenty (20) yards to the goal line.
- NO individual should be allowed to run the length of the field except participants of the game.
- Parent/coaches should not coach or instruct players during the game.

LAW I - THE FIELD

- A. Markings:
1. Distinctive lines not more than five (5) inches wide.
 2. A halfway line shall be marked out across the field.
 3. A center circle with an eight (8) yard radius.
 4. Four corner arcs, each with a two (2) foot radius.
 5. A non-white build out line across the entire field 14 yds. from each goal line
 6. Penalty Area: five (5) yards from each touch line and ten (10) yards into the field of play joined by a line drawn parallel with the goal line.
 7. Penalty spot: seven (7) yards out from the center of the goal line.
 8. Buildout line: blue line between halfway line and goal line drawn parallel to goal line.

LAW II - THE BALL

- A. Size four (4).

LAW III - NUMBER OF PLAYERS

- A. Maximum number of players on the field at any one time is seven (7), one of whom may be a goalkeeper.
- B. Maximum number of players on the roster should not exceed twelve (11).
- C. Substitutions:
1. Prior to a throw-in, in your favor. (Opposing team may also substitute if you do so when throw-in is in your favor.)
 2. Prior to a goal-kick, by either team.
 3. After a goal, by either team.
 4. After an injury, by either team, when the Referee stops the play.
 5. At half time.
- D. Playing Time: Each player shall play a minimum of 50% of the total playing time.

LAW IV - PLAYERS EQUIPMENT

Player's equipment must conform to FIFA with the following exceptions:

- A. Footwear: Tennis shoes or soft-cleat soccer shoes.

LAW V - REFEREE

- A. Registered Referee.
- B. Assistant Referee.
- C. Referee's decisions on points of fact connected with the game shall be final.
- D. All rule infractions shall be briefly explained to the offending player.
- E. Only registered referees have the power to caution or send off players.

LAW VI - ASSISTANT REFEREE

- A. Use assistant referee.

LAW VII - DURATION OF GAME

- A. The game shall be divided into two (2) equal halves of twenty-five (25) minutes each.
- B. Half-time break shall be five (5) minutes.

LAW VIII - THE START OF PLAY

Conform to FIFA with the following exception:

- A. Opponents must be eight (8) yards from the center mark while kick off is in progress.

LAW IX - BALL IN AND OUT OF PLAY

Conform to FIFA with the following exception:

- A. Build out line:
1. All attacking players must retreat behind the build-out line once goalkeeper has possession of the ball.
 2. Goalkeeper can pass, throw, or roll ball into play (punting and drop kicks are not allowed.) The ball is in play once released by the goalkeeper.

LAW X - METHOD OF SCORING *** Conform to FIFA

LAW XI - OFFSIDE *** Conform to FIFA

LAW XII - FOULS AND MISCONDUCT

Conform to FIFA with the following exceptions:

- A. No caution or ejections shall be issued to players except by an independent, neutral referee.

LAW XIII - FREE KICK

Conform to FIFA with the following exception:

- A. Opponents must be eight (8) yards away before kick is allowed.

LAW XIV - PENALTY KICK

Conform to FIFA with the following exception:

- A. Opponents must be eight (8) yards away before kick is allowed.

LAW XV - THROW-IN *** Conform to FIFA

LAW XVI - GOAL KICK *** Conform to FIFA

LAW XVII - CORNER KICK

- A. Opponents must be eight (8) yards away from the ball.