

HOCKEY CANADA

INDIVIDUAL EVALUATION SHEET

Name 20

Theme	Item	Evaluation #			Comments
		1	2	3	
Skating	Acceleration / Quick Feet	-	-	-	
	Speed	-	-	-	
	Mobility / Agility	-	-	-	
	Crossovers/Power	-	-	-	
	Pivots / Transition	-	-	-	
	Acceleration out of turns	-	-	-	
	Controlled skating	-	-	-	
	Change of pace	-	-	-	
Passing	Accuracy	-	-	-	
	Hard / flat	-	-	-	
	Unselfish / makes play	-	-	-	
	Saucer passes	-	-	-	
	1 touch	-	-	-	
	Backhand passes	-	-	-	
	Good first pass	-	-	-	
Receiving	Receiving forehand	-	-	-	
	Receiving backhand	-	-	-	
	Presents good target	-	-	-	
	Looks to bear option / Timing	-	-	-	
	Option more than once / Availability	-	-	-	
	Picks up bad passes	-	-	-	
Puckhandling	Head ups	-	-	-	
	Good hands	-	-	-	
	Quickness / Deception	-	-	-	
	Protects puck	-	-	-	
	Puckhandling In small spaces	-	-	-	
	Puckhandling In traffic - willing to go there	-	-	-	
	Makes good decisions with puck	-	-	-	
Shooting	Power	-	-	-	
	Accuracy	-	-	-	
	Quick release	-	-	-	
	Can shoot in motion	-	-	-	
	Goal scorer	-	-	-	
	Rebounder	-	-	-	
	Variety of shots / Shot selection	-	-	-	
1 vs. 1 Offensive	Deception / Moves	-	-	-	
	Change of pace	-	-	-	
	Determination / Threat with speed	-	-	-	
	Creativity	-	-	-	
	Going to the net / Drive	-	-	-	
Checking Skills	Concept of angling / Steering	-	-	-	
	Good body position, balance and control	-	-	-	
	Defensive side position	-	-	-	
	Aggressive checker	-	-	-	
	Strength / Power	-	-	-	
	Taking checks	-	-	-	
	Competes and wins 1 vs 1 battles	-	-	-	
1 vs. 1 Defensive	Gap control	-	-	-	
	Angling / Use of stick	-	-	-	
	Finishing checks	-	-	-	
	1 on 1 in small area	-	-	-	

Theme	Item	Evaluation #			Comments
		1	2	3	
	1 on 1 in front of the net	-	-	-	
	Positioning - Defensive side	-	-	-	
	Play at offensive blueline	-	-	-	
	Play at defensive blueline	-	-	-	
Face-Offs	Win-lose draw	-	-	-	
	Ability to tie up / Strong	-	-	-	
	Takes charge / Has a plan	-	-	-	
	Breaks through picks	-	-	-	
	Knows responsibilities	-	-	-	
Thinking Skills	Ability to see the play develop (def. and off.) / anticipate	-	-	-	
	Moves to support/Timing	-	-	-	
	Judgement / Decision-making	-	-	-	
	Anticipation / Positioning / Timing / Support	-	-	-	
	Understand systems / Able to play within a system	-	-	-	
	Knows the situation of the game / Reads and reacts	-	-	-	
	In the game mentally at all times / Focused	-	-	-	
Coachability	Listens to instructions / Attentive	-	-	-	
	Executes to the best of his ability	-	-	-	
	Takes tips and advice	-	-	-	
	Asks questions	-	-	-	
	Admits errors	-	-	-	
	Shows willingness to learn / Questions	-	-	-	
Leadership	Leads by example / Responsible	-	-	-	
	Encourages others	-	-	-	
	Respected by teammates	-	-	-	
Concentration/Mental Toughness	Ability to remain focused on the task at hand	-	-	-	
	Not distracted by external circumstances	-	-	-	
	Not easily discouraged	-	-	-	
	Rebounds from errors	-	-	-	
	Performs well under pressure / Copes with adversity	-	-	-	
Determination/Drive/Heart/Intensity/Work Ethic	Constant desire to excel in all situations	-	-	-	
	Plays with heart	-	-	-	
	Constant work ethic in practices and games / Competes	-	-	-	
	Never gives up / 2nd effort	-	-	-	
	Fire in eyes / Intensity / Desire	-	-	-	
Discipline	Controls temper / Emotional control	-	-	-	
	Follows team rules / Respectful	-	-	-	
	Sticks to game plan / Team player	-	-	-	
Positive Team Player	Puts team before self	-	-	-	
	Remains positive / Encouraging	-	-	-	
	Willing to accept role	-	-	-	
Fitness Level	Physically fit / Endurance/Speed	-	-	-	
	Physically tough / Strength / Power	-	-	-	
	Not prone to injury / Responsible recovery	-	-	-	
Overall score /900, /450 or /270		0	0	0	

Overall Comments:

Evaluation #1
Evaluation #2
Evaluation #3

Date: _____ Evaluator: _____
Date: _____ Evaluator: _____
Date: _____ Evaluator: _____



Team Name: _____
Division: _____
Coach: _____