

## **HOCKEY TRAINERS CERTIFICATION PROGRAM LEVEL 1 PARTICIPANT'S MANUAL UPDATES for 2012-13**

### PAGE 36

Under Universal Precautions 2<sup>nd</sup> bullet: Revise wording to: "barrier protection gloves"

### PAGE 55

Update HC Playing Rule 25, section b) to 3.7

### PAGE 58

Under Elbow Pads update HC Playing Rule 25 c) to 3.7

Under Gloves update HC Playing Rule 24 a) to 3.6

### PAGE 61

Under Jerseys and Socks update HC Playing Rule 24 a) to 3.6

Under Jerseys and Socks: 3<sup>rd</sup> Bullet Point: Delete "inside the back of the skates and"

### PAGE 62

Under Stick Safety: 3<sup>rd</sup> Bullet Point: Delete 1<sup>st</sup> sentence.

Key Message: Update HC Playing Rule 21 a) to 3.3 (e)

Under Skates: 1<sup>st</sup> Bullet Point: Delete 1<sup>st</sup> sentence

### PAGE 63

Delete 1<sup>st</sup> Bullet Point

Insert 2<sup>nd</sup> Bullet Point: Do not wrap "or tape"

Under Goaltender's Equipment: 1<sup>st</sup> Bullet Point: Insert at end of paragraph: "It is recommended that leg coverings be worn under the goalie pads."

Under Goaltender's Equipment: 10<sup>th</sup> Bullet Point: Insert into 2<sup>nd</sup> sentence: "made from "various materials such as" leather..."

### PAGE 84

Under CAB: A- Airway: revise wording to: "Assess the airway."

### PAGE 86 & 87

Reverse section order/number of LISTEN and LOOK to LOOK and LISTEN

Under LISTEN: Delete last sentence

Under LISTEN: 3<sup>rd</sup> point insert new sentence: "If so, is the injury as painful as last time?"

### PAGE 91

Under Return to Play Step 1: Insert into sentence: No activity, only complete "mental and physical" rest. Concussion card will also reflect this.

### PAGE 100

Update HC Playing Rules/Case Book Rule to 2.6