

General Information



The Coaches

He's called a coach and it's a different job. There is no clear way to succeed. One cannot copy another who's a winner, for there seems to be some subtle secret chemistry of personality that enables a person to lead successfully and no one really knows what it is. Those who have succeeded and those who have failed represent all kinds. They are young, old, experienced; they are soft, tough, good-natured, foul tempered, proud and profane. They are articulate and even inarticulate. Some are dedicated and some casual. Some are even more dedicated than others. Intelligence is not enough, and dedication is not enough. They all want to win, but some want to win more than others and just wanting to win is not enough. Losers almost always get fired, but winners get fired also. He is out in the open being judged publicly for six or seven months out of the year by those who may or may not be qualified to judge him. Every victory and every defeat is recorded constantly in print. The coach, this strange breed has no place to hide. He cannot just let the job go for a while or do a bad job and hope no one will notice as most of us can. He cannot satisfy everyone, seldom can he even satisfy very many, and rarely does he even satisfy himself. If he wins once, he must win the next time also. They plot victories, they suffer defeats; they endure criticism from within and they live alone in the spotlight surrounded by others. Theirs may be the worst profession in the world. It's unreasonably demanding, poor pay, insecure, full of unrelenting pressures and I ask myself: Why do coaches put up with it? Why do they do it? I've seen them fired with pat phrases such as, "Fool", "Incompetent", or "He couldn't get the job done." I've wondered about that, having seen them exalted by victory, and depressed by defeat. I've sympathized with them having seen some broken by the job and others die from it. One is moved to admire them and to hope that someday the world will understand them: this strange breed they call coach.

Gym Rules

Please remember that it is a privilege to use district facilities. Improper use may lead to loss of this privilege.

ATTIRE and EQUIPEMENT

- Only non-marking shoes allowed.
- No hard balls or batting allowed.
- School physical education equipment may NOT be used.
- Keep balls and other equipment away from ceiling, lights and other electrical equipment.
- No bouncing balls in hallways

SCHEDULING

- After the school day, facilities are available by PERMIT ONLY through the Community Education Department.
- Requests for use require 10 days for processing.
- Facility Use Permit must be shown upon request when facilities are being used after school hours.

SUPERVISION

- An adult must supervise Young children at all times.
- During athletic events, children must be supervised and remain seated.
- Children are not allowed to play in hallways, bathrooms, balcony or stage areas.
- All persons attending events are to cooperate with the district Event supervisor and Crowd Control personnel in order to maintain safety of participants and integrity of facilities.
- Group leader is expected to supervise participants before, during and after the activity until all children have safely left the premises.

FOOD

- NO FOOD or DRINK allowed in gym area. Your cooperation is much appreciated.
- No throwing of items on floor. Please carry trash to the trashcans provided.

SPORTSMANSHIP

- No swearing and no trash talking.
- Treat all opponents and referees respectfully!
- Make sure your participation does not deprive others of their enjoyment of the even!

GOOD SPORTSMANSHIP INCREASES ENJOYMENT FOR ALL!!

CGAA Basketball Coaches Code of Conduct

1. I will treat each individual (player, opposing coach, official, and sport administrator) with respect and dignity.
2. I will do my best to learn the fundamental skills, teaching techniques and strategies of my sport.
3. I will become familiar with the rules of my sport.
4. I will become familiar with objectives of the Cottage Grove Athletic Association.
5. I will uphold the authority of the officials who are assigned to the contest in which I coach and I will assist them in every way to conduct fair and impartial contests.
6. I will learn the strengths and weakness of my players in order that I might place them in situations where they have maximum opportunities to achieve success.
7. I will conduct my practices and games so that players, regardless of ability, have an opportunity to improve their skill level through active participation.
8. I will communicate to my players, their rights and responsibilities.
9. I will cooperate with the Director of my sport in the enforcement of the rules and regulations and I will report any irregularities that violate sound competitive practices.
10. I will protect the health and safety of my players by insisting that all of the activities under my control are conducted for their psychological welfare rather than the vicarious interest of adults.
11. Coaches are expected to refrain from the use of tobacco, alcohol and drugs at CGAA activities. In addition, the use of profane language will not be tolerated. Any coach under the influence of those items listed above, during any scheduled event associated with CGAA, may be terminated from the program.

Any violation of the above must be reported to the board in writing. They board will assign a committee to investigate the report. After investigation, the board will take appropriate action depending upon the severity of the report. Action may be a written warning or suspension.

I have read, fully understand, and agree to the general guidelines requested of me as a coach in the CGAA program this season. I also understand that continual violation of these guidelines may result in my being dismissed from the program. The Board of Directors will evaluate all disciplinary actions on an individual basis. Discipline will be dealt with in a timely manner.

Signature

Date

CGAA Basketball
Players/Parents
Code of Conduct

As a member of the CGAA basketball program, you are expected to conduct yourself publicly at all times in a mature responsible manner. The student-athletes within our program represent themselves, their families, and the community; therefore, there are several guidelines that must be followed.

1. Student-athletes are expected to put forth an effort that will best exemplify their best ability and performance towards the game of basketball. All practices and games are developed for your improvement. Without your commitment, this will not occur.
2. Student-athletes are expected to attend all practices, meetings, and games on time. You are expected to inform the head coach when you are unable to attend any scheduled events.
3. Student-athletes are expected to refrain from the use of tobacco, alcohol, and/or drugs. In addition, the use of profane language will not be tolerated. Any player under the influence of those items listed above, during any scheduled event associated with CGAA, may be terminated from the program.
4. All student-athletes/parents are expected to address concerns directly to the head coach.
5. Student-athletes and parents will treat each individual player, opposing players/coaches, officials and spectators with respect and dignity.

Discipline will be dealt with on an individual basis by the head coach and traveling director. Any violation could, depending on its severity, result in a warning, suspension, and/or dismissal from the program. CGAA basketball reserves the right to dismiss a player at any time if the player violates the programs practices and procedures.

I have read, fully understand, and agree to the guidelines requested of me as a player/parent in the CGAA basketball program this season. The signature of one parent acknowledges agreement by entire household.

Player signature

date

Parent signature

Parent signature

date