

APRIL 2018 MONTHLY NEWSLETTER

SPONSORSHIP DINNER

The second annual ARAA Sponsorship Dinner will be held on October 26, 2018. So SAVE THE DATE and watch for more information in future newsletters!

BASEBALL

Don't get stuck accidentally wearing the competitions colors this season (you know it's happened to you). There's only one more day to get your favorite team's gear!

<http://bigathletics.impactgroup.us/>

Anoka Ramsey Youth Baseball

Activity: Baseball

Password: Baseball18

We are looking for leaders to help build our baseball program! Contact Geoff Whitaker at baseball@arsports.org for inquiries on open board positions.

The Heggie's Pizza fundraiser has begun. This fundraiser has allowed our program to make numerous updates to the local baseball fields. Stock up on great pizzas and help out A/R Baseball!

A/R Baseball is proud to partner with Andover Baseball once again for our in house leagues.

Mark your calendars for Youth Night at Castle Field on May 4th! *Maybe, if there is no snow...*

BASKETBALL

Thank you players, parents, and coaches for a great 2017-2018 basketball season!!

Parents, keep your eyes out for the end of the year surveys that will be coming out in the next week.

We are in need of two positions on our board. We are looking for a Tournament Director and also a Volunteer Coordinator. If you are interested please email: basketball@arsports.org

Thank you to Chad Spande for all your years of service given to the Basketball Association. Your dedication and leadership will truly be missed!

OUTDOORS

Outdoors is gearing up for the open water fishing season. We're working on arranging some fun family fishing events for the Spring and Summer. We're finalizing our competitive bass team & also firming up some relationships, sponsors, and supporters within the fishing industry. Maybe someday we can dust off the boats and get on the water! Until then keep dreaming of the warm sun, your favorite fishing spot, your favorite lure, and what a bite feels like on the end of the line! Tight lines!

SOCCER

Click on this link: https://www.arsports.org/news_article/show/906374?referrer_id=466421-news for all the latest soccer news!

Join us on the soccer fields this summer!

Registration is now open for Spring/Summer Recreational soccer.

Recreational soccer provides an opportunity for kids to be involved in an organized soccer program in a non-competitive environment. Northern Lights Soccer Club offers recreational soccer for youth ages Pre-K through High School and no experience is necessary. The recreational program is a non-competitive developmental soccer league. This means we are a NO score, NO standings league. All players will play about the same amount of time in each game as well as have the opportunity to play at each position.

New this year, we are offering an Advanced Rec Program option to kids in Kindergarten through Grade 3. These players will receive professional soccer training sessions from paid trainers in our club.

The Advanced program is open to players of all ability levels and gives those thinking about the travel program a skill boost. For more information follow this link: <http://www.arsports.org/page/show/1566932-new-advanced-rec-training>.

RECREATIONAL PROGRAM: May 14-July 19, 2018

Elmcrest Park, Ramsey

- Open to kids Pre-K—High School, all ability levels.
- Playing nights are Tues/Thurs (K-5th grade girls, middle school and high school) or Mon/Wed (Pre-K co-ed and K-5th grade boys).

To see all the details or to register go to <http://www.arsports.org/page/show/721627-summer-rec-program>.

RAMSEY SUMMER SOCCER CAMP

This year's summer camp will be offered by the renowned Coerver Coaching and is open to players 8 to 18.

When: July 9-13, 9:30 a.m. to Noon

Location: Elmcrest Park, 16303 Quicksilver St. NW, Ramsey

World's No. 1 Soccer Skills teaching method.

Early bird discount if you register by May 1!

The camp focuses on teaching the individual skills indispensable for success in soccer. Proper fundamental skills are taught as well as advanced skills that make playing fun and encourage players to practice on their own. Emphasis is placed on individual skill development and basic moves with the goal of developing confidence on the ball. Beginning "move sets" are taught and games are played to practice the moves in a method that starts with no pressure and slowly adds the pressure of time and/or space restrictions. Passive defensive pressure is then added and by the end of the first morning, players are performing moves under full defensive pressure to goal. First touch is a major theme in Ball Mastery sessions. All groups play in our "World Cup" competition with teams they stay with throughout the week. This is a round robin competition of small-sided games. Results are recorded each day and a finals competition is held on Friday. Group champions are recognized at our award ceremony on Friday.

Go to www.coerverminnesota.com to get more details and get registered.

Mark your calendars! Tryouts for the Spring 2019 soccer season will be held in July of 2018

For full details on who can tryout, what to prepare and whether your child should consider tryouts, go to <http://www.arsports.org/page/show/529700-tryouts>.

| Age Group | Gender | Date | Times | Venue |
|---------------------------------------|--------|------------------|----------------|---------------|
| U9 (2010) , U10 (2009) and U11 (2008) | GIRLS | Friday July 20th | 6.30 to 8.00pm | Elmcrest Park |
| U9 (2010) , U10 (2009) and U11 (2008) | BOYS | Sunday July 22nd | 6.30 to 8.00pm | Elmcrest Park |

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|------------|-------|-------------|------------|----------|
| U12 (2007) | GIRLS | Sunday July | 10.00am to | Elmcrest |
|------------|-------|-------------|------------|----------|

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|-----------------------------------|-------|----------------------|----------------------|------------------|
| | | 29th | Noon | Park |
| U13 (2006) | GIRLS | Sunday July 29th | 10.00am to Noon | Elmcrest Park |
| U14 (2005) | GIRLS | Sunday July 29th | 12.30pm to 2.30pm | Elmcrest Park |
| U15 (2004) | GIRLS | Sunday July 29th | 12.30pm to 2.30pm | Elmcrest Park |
| U13 (2006) | BOYS | Sunday July 29th | 3.00pm to 5.00pm | Elmcrest Park |
| U14/15 (2005/2004) | BOYS | Sunday July 29th | 3.00pm to 5.00pm | Elmcrest Park |
| U12 (2007) | BOYS | Sunday July 29th | 3.00pm to 5.00pm | Elmcrest Park |
| U16/U17 / U18 (2003/2002/2001) | BOYS | Sunday July 29th | 5.30pm to 7.00pm | Elmcrest Park |
| U16/U17 / U18 (2003/2002/2001) | GIRLS | Sunday July 29th | 5.30pm to 7.00pm | Elmcrest Park |
| U12 (2007) | GIRLS | Monday July 30st | 6.30pm to 8.30pm | Elmcrest Park |
| U13 (2006) | GIRLS | Monday July 30st | 6.30pm to 8.30pm | Elmcrest Park |
| U14 (2005) | GIRLS | Monday July 30st | 6.30pm to 8.30pm | Elmcrest Park |
| U15 (2004) | GIRLS | Monday July 30st | 6.30pm to 8.30pm | Elmcrest Park |
| U16/U17 / U18 (2003/2002/2001) | GIRLS | Tuesday July 31st | 4.30pm to 6.00pm | Elmcrest Park |
| U16/U17 / U18 (2003/2002/2001) | BOYS | Tuesday July 31st | 4.30pm to 6.00pm | Elmcrest Park |
| U13 (2006) | BOYS | Tuesday July 31st | 6.30pm to 8.30pm | Elmcrest Park |
| U14/15 (2005/2004) | BOYS | Tuesday July 31st | 6.30pm to 8.30pm | Elmcrest Park |
| U12 (2007) | BOYS | Tuesday July 31st | 6.30pm to 8.30pm | Elmcrest Park |

NLSC Club-wide Minnesota United FC outing

Join us! Northern Lights Soccer Club is hosting a club-wide outing at a Minnesota United FC game this year on Saturday, August 4th against the Seattle Sounders at 7 PM at TCF Bank Stadium. The club has a block of tickets reserved together and as a member of NLSC, you have an exclusive opportunity to get these discounted tickets for \$25 - \$38 a ticket. You will be saving roughly \$8 off each ticket!

THESE TICKETS WILL SET OUT, SO BUY THEM ASAP. Here is the link to get your discounted tickets: [Click here to get your discounted tickets!](#)

If you have any questions please contact Josh Elvig with MNUFC at 763-331-8789 or josh.e@mnufc.com

Look forward to seeing everyone out wearing their NLS gear!

SOFTBALL

Hope for sunshine and warm days so we can get out of the gyms and out on the fields soon!

Important April dates:

April 27th:

Tornado Touch Down! Practice and play with the Anoka High School Varsity team! Register by April 10th <https://arsports.sportngin.com/register/form/865250370>

April 30th:

Team Pictures and brief parent meeting! Times TBA Central Park Field 1, Under the Pavillion if the weather isn't cooperating.

May 5th:

Gophers vs Penn State (only a few tickets left!). Wear your Tornado gear to the game!

Adopt-A-Spot:

We have partnered with the City of Ramsey this season to adopt Central Park. It is always our responsibility to leave our parks nicer than when we arrived. Feel free to grab trash bags and gloves from the concession stand and make this a team building event to pick up any trash you see around Central Park!

GO TORNADOES!

TENNIS

ARAA Spring Tennis is now Open! Spring session starts Monday, April 23rd and goes until Wednesday, May 16th. We meet two times per week on Monday and Wednesday nights from 5:45-6:45 at the Anoka High School Tennis courts. We are excited to team up with the High School coaches this year. They will be stopping in and helping with coaching and training all of our other coaches. We are planning a youth night where we will have the High School players come, run some drills, and play some games. It's going to be a fun season. Sign up today!!

<http://arsports.sportngin.com/register/form/849110095>