

APRIL 2019 NEWSLETTER

CHARITABLE GAMBLING

If you're grabbing a bite to eat around town please consider dining at one of these great establishments who have partnered with ARAA!

Aurelio's Pizza (Ramsey)
McDuff's Eatery and Pub (Ramsey)
The Links at Northfork (Ramsey)
The Tavern at Green Haven (Anoka)

CALENDAR OF EVENTS

The last BINGO for the season is Thursday, 4/11 at Tavern at Green Haven – 7:00pm
Rail 2-4-1s and \$5 for 3 Tacos (Tacos starting at 7:00pm)

Every Thursday at Aurelio's Pizza of Ramsey – 5pm
MEAT RAFFLES & DAILY HAPPY HOUR with full bar from 3-6pm
<http://www.aureliospizza.com/>
PS-they now Deliver too!

Saturday MEAT RAFFLE at McDuff's Eatery and Pub – 4:00pm
Pulltabs Daily (except Mondays during the winter)
<http://www.mcduffsrestaurant.com>

BASEBALL

Baseball season is about to open. Please stay off the fields until notified. The cities of Anoka and Ramsey are watching the field conditions closely and will give us the all clear soon. Once that happens, we will communicate to the coaches.

Reminder: Registration for the 19U and 16U teams is open until May 10th. Please visit the [AR Baseball website](#) for more information.

7th Grade and 8/9th Grade Northstar teams are being finalized. More information to follow.

Heggie's Pizza fundraiser is from now until April 29th. All families must sell 10 pizzas or pay \$50 opt-out fee. Pick up dates will be mid-May. For more information please visit the [Fundraising page](#) on the AR Baseball website.

In-House parent meeting is scheduled for Monday April 15th at 7pm, at Ramsey Elementary School. The event is mandatory for parents of house baseball players (T-ball through 6th grade) and will create an opportunity for the players and parents to meet their coaches and teammates and to get information about the upcoming season.

FOOTBALL

Registration open for Tackle and Flag for the 2019 football season. See the link at the bottom of the football section.

FREE CLINIC

Spring is now here and we have a great football opportunity we want to share with you. Some of the ARAA Youth Tackle Football coaches from last year (John Rush, Jason Sufka, Josh Grubbs, Mike Sweet) are hosting an A/R Youth Football Fundamentals Spring Clinic. This is a great way for your new or experienced player to get some

additional coaching/focus on the fundamentals of football and have some good active fun!! Additional Information is below as is a link to the flyer/sign up form. **Please email your completed sign up form if interested or email/call/text if any questions to John Rush or Mike Sweet.** johnrush3434@gmail.com or 612-644-4967 or mike.sweet@centurylink.net or 763-242-7891

Link to flyer/signup form: 2019 A-R Youth Football Flyer/Sign-up Sheet

Who

Youth grades 3 – 6, new to football or experienced, all skill levels welcome

When

4/24/19 – 6/5/19, weekly on Wednesday evenings at 6:30 – 8:00 pm

What

7 instructional sessions focused on football fundamentals (with individual player assessment offered at the end if player and parent are interested).

Players will not be slotted into positional assignments during these clinic sessions, all players will get exposure to all positions, fundamentals, and skills.

Repetition/drilling of skills with correction as needed

No actual football games played

Not padded or full contact

Where

Ramsey Central Park

Why

To offer kids that are interested in improving themselves at football in preparation for the fall ARAA football season an open, fun, fundamentals focused clinic series that is local and free.

Coaches

Trusted Coaches Certified, HeadsUp Trained and Certified, mix of coaches from the ARAA Tackle football program grades 3 – 6.

Equipment

Just shoes and attire appropriate for running and getting down on the ground and dirty. No helmet, pads, pants, or full contact.

Cost:

Free (T-shirts will be offered at cost if wanted, cost is \$15)

2019 Football Registration Register

LACROSSE

Welcome spring - both the weather and the upcoming outdoor Lacrosse season that is right around the corner!!!!

BOX

Box lacrosse is underway and going well - great job players, coaches and parents - keep having fun!!!

REGISTRATION

Boys Spring Lacrosse registration is open - if you have not registered yet please do so or if you know of some boys

who may be interested please be sure and reach out to them!! [Boys Lacrosse Info link \(https://www.arsports.org/lacrosse\)](https://www.arsports.org/lacrosse)

Girls Spring and Summer Lacrosse registrations are open - if you have not registered yet please do so or if you know of some girls that may be interested please be sure and reach out to them!! [Girls Lacrosse Info link \(https://www.arsports.org/glax\)](https://www.arsports.org/glax)

EQUIPMENT/CLOTHING

If you have any "pre-used" lacrosse equipment you would like to donate to the program please contact Terry as we can always use decent equipment to help out new players with!!

Our Lacrosse apparel page will be open for another 2 weeks - order right away as we will be doing more than one order so you can get your apparel sooner. We have great new apparel - check it out now!!! <https://www.arsports.org/page/show/464717-lacrosse-apparel>

FUNDRAISER

We are having a FUN fundraiser please check out our flyer at <https://www.arsports.org/lacrosse> and get a bean bag team together and have some fun!!!

Sat, June 8, 2019 @ 4:00pm - ??
18826 Bison St NW, Nowthen, MN 55303
\$40/team

More information and links to registrations: <https://www.arsports.org/lacrosse>

[Click here to go directly to Spring Lacrosse registration](#)

If any questions on lacrosse (new players, instructional season, etc) please reach out to Terry Christensen at terry2478@gmail.com

We are asking that you please help expand the reach and benefits of our awesome lacrosse program in a grassroots effort to reach out to any parents/kids you know that are not already involved in a spring sport.

OUTDOORS

Outdoors is still in preseason prep mode for the Jr Bassers. High school and Jr tournament schedules are mostly established and our registration is complete. Thanks to our volunteer boat captains and to our sponsors for your support:

Blackfish Gear
Federal Ammo
Clam Outdoors
Mister Twister
All Terrain Tackle
G2Gemini
St. Francis Dental
Thorne Bros Custom Rod and Tackle
Blue 42 Agency
Ron Schara Outdoor Calendars
Vexilar
Fryin Saucer
Bizal Mfg

SOCCER

Spring is here!

Only a few days left to register for Rec Soccer!

Spring recreational soccer registration is open to players in Pre-K through High School. Recreational programming is held at Elmcrest Park in Ramsey and allows kids to have fun, learn the sport of soccer and develop a life-long love of the game. No prior experience is necessary. The recreational program runs from May 13-July 18, 2019. Our end-of-season Super Soccer Saturday celebration will be held July 20.

Last day to register is April 15!

For complete details and to get registered go to: <https://www.arsports.org/page/show/721627-summer-rec-program>

Save the date for competitive soccer tryouts!

Are you considering a move to our competitive soccer program for Summer 2020?

Tryouts for the Summer 2020 season will be held this July, 2019. The results of tryouts, along with coach and Director of Coaching feedback will be used to determine your child's placement on a competitive team for the 2020 season. All players are expected to attend both days of tryouts and a new emphasis is being placed on the importance of tryouts.

For complete details please check out our tryouts page at: <https://www.arsports.org/page/show/4791492-tryouts>.

Tryouts will be held at Elmcrest Park, 16303 Quicksilver St. NW, Ramsey. Tryout dates are between July 28 and Aug. 1, 2019. * Players must attend both tryout dates for their age group!

Please see the tryout website link for the club's policy for missing tryouts, exceptions for attending tryouts are more limited than they've been in previous years.

Looking for a summer job? We're Hiring!

Concessions lead: We're hiring a concessions lead for the concessions stand at Elmcrest Park in Ramsey. Hours for the summer will be approximately 5:30 to 8:30 p.m. Monday-Thursday from May 13 through July 20. Applicants must be 16 or older and pay is \$15/an hour. To express interest and find out complete details please email doo@northernlightssoccer.org

Recreational Referees

Our recreation soccer program has an exciting job opportunity for you this summer! The Northern Lights recreational soccer program is looking for referees and all competitive players U12 and older are eligible to participate. This new program has been designed specifically to partner our competitive program with our recreation program, providing multiple benefits for rec and travel players, coaches, and our community. Here are the details:

-Eligibility: U12 and older NLSC competitive player for the Summer 2019 season.

-Commitment: At least one night per week (Mon-Thurs), on average, between May and mid-July. Approximate time is 5:50p-8:10p. Referees will not be scheduled until travel games/practice schedules are known.

-Requirements: Complete pre-selected referee online training (15 minutes) and CDC Concussion Training; then attend a short (30-60 minutes) on-field training in late-April/early-May. Dates are TBD.

-Pay rates: Will vary with age group. Average of \$13/game and most referees will referee 2 games per evening.

-Qualities: Reliable, kind, fair, courageous, and possesses common sense.

Our first step is to collect information from those who are interested so we can communicate more detailed information with them. To express your interest please fill out the following form: https://docs.google.com/forms/d/e/1FAIpQLSeD2q-lseuH5WSWtemAYBGrSafLxBDKw_FuJoZEs80lvUSsFw/viewform?usp=sf_link

SOFTBALL

Registration is officially closed! We have 12 teams ready to hit the fields! Rosters are on the website and coaches have reached out regarding indoor practices until we can get on the fields!

UNIFORMS

Uniforms scheduled to be handed out week of 4/22.

PICTURES

Player and Team Picture Night is 4/29 - All Anoka-Ramsey AND NorthStars teams! Scheduled picture times for teams will be sent out soon!

Pre-Order your pictures online: <http://new.sportslinephotography.com/photo-day-pre-pay/>

HIGH SCHOOL INFO

Anoka High School Softball team is hosting a clothing drive 4/14- truck parked at the Coon Rapids CUB parking lot to collect your gently used clothing and household items. Proceeds go to the Epilepsy Foundation. The High School Players will be bagging groceries from 10am to 6pm on this same day for donations to their program.

YOUTH NIGHT/SENIOR NIGHT

Youth Night/Senior Night Central Park May 17th! Bring your team and come watch the Anoka High School teams play under the lights!

FUNDRAISING

May 4th 5 to 9pm take the family out for Chipotle and tell them you're there for Anoka Ramsey Fastpitch!

TENNIS

SPRING 2019 TENNIS CLINIC

Join us for a fun spring tennis clinic. We will provide an array of instructional lesson time with key fundamentals for your groundstrokes, serves, fun family games you can play, knowledge on the tennis game and more. It will be fast paced and fun for all.

Where

Anoka High School Tennis Courts

When

It will be a 6 session clinic Monday April 29th-May 1st and May 6th-May 8th. (2 week clinic, running Monday-Wednesday each week)

Time

6:00-7:15pm

Cost:

\$20

Bring your tennis racket, water bottle and dress weather appropriate

Register Today: <https://arsports.sportngin.com/register/form/749839103>