

**CASH & CHECKS ONLY, WE CAN NO LONGER PROCESS DEBIT OR CREDIT CARDS**

Prices and Dates are subject to change.

Please check which program skater is enrolling in:

Session Dates: \_\_\_\_\_

_____ Snowplow Sam	\$75	\$ _____
_____ Basic Skills/Adult BS	\$115	\$ _____
_____ Intro to Figure Skating	\$140	\$ _____
_____ Intro to Edge/Adv.Edge	\$140	\$ _____
_____ Combo Intro/Basic	\$195	\$ _____

Family Discount (First skater full price, additional skaters -\$8) - \$8 - \$ \_\_\_\_\_  
(No discount given for prorating or with coupons)

**Once yearly Registration Fee** \$16 \$ \_\_\_\_\_

**AMOUNT DUE** \$ \_\_\_\_\_

Payment received \_\_\_\_\_ check # \_\_\_\_\_ cash \_\_\_\_\_

**Assumption of Risk, Agreement and Release Waiver**

(Please read carefully before skating)

I agree to assume all responsibility for any and all risk of damage or injury that may occur to me as a participant at the Skating Association of Maine Learn to Skate program at The Bank of Maine Ice Vault / Kennebec Ice Arena, Hallowell, Maine. In consideration of being accepted as a participant in this program, I hereby, for myself, my heirs, executors and administrators, release and discharge the Skating Association of Maine, Skating Director and all persons associated with this program from all claims: damages, causes of action, present or future, known or unknown, anticipated or unanticipated, which arise from, arise out of, or are incident to my participation in this program. I hereby grant full permission to any and all foregoing to use photographic video tapes, motion pictures, recordings or another record of this event for any purpose whatsoever.

## Upcoming Sessions

**Times:**

Intro to FS: 5:00 –5:45pm

Edge: 5:30-6:15pm

Snowplow Sam: 5:30-6:00pm

Basic Skills & Adult Skills: 6:15–7:00 pm

Intro to Synchro: 5:45pm-6:15pm

## Spring Class Dates

**Mondays**

March 19, 2018 -April 23, 2018

April 30, 2018 - June 11, 2018

## ROAD TO GOLD

**Skating Exhibition & Family Skate**

**March 10th, 2018**

**4:00-5:30pm**



**\*\*ASK ABOUT OUR BOOSTER LESSONS\*\***



## LEARN TO SKATE

**Spring 2018**

The Ice Vault  
203 Whitten Road  
Hallowell, ME 04347

**Snowplow Sam  
Basic Skills**

**Intro to Freestyle/Synchro  
Intro to Edge/Advanced Edge**

**Director:  
Kitrina Patterson**

Endorsed by USFS and USA Hockey



For more information call:  
**Kitrina Patterson 516-901-8088**  
email: [learn@mainskaters.com](mailto:learn@mainskaters.com)

[www.mainskaters.com](http://www.mainskaters.com)

# About Our Group Lessons:

## Introduction to Freestyle Class: (Freestyle Badge 1-6)

This program consists of 6 levels that are designed to introduce the skater to the elements of Figure Skating including jumps, spins, footwork and edge drills. Skaters must have passed level 8 of the Basic Skills Program to enroll in this class or may take this class in combination with Basic Skills levels 5 – 8. 45 minutes instruction

**Snowplow Sam:** A 3 level introductory program that consists of preliminary skills for children ages 4-6 or for the skater not yet ready for the "Basic Eight" program. Skaters participate in a group setting and are encouraged to progress at their own unique developmental rate. **Helmets are strongly recommended.** 30 minutes of instruction

**Basic Skills:** This program consists of 8 levels (The Basic eight) which include elements that are the fundamentals for the sport of Hockey, Speed Skating, Figure Skating and Recreational Skating. Each level of the Basic Skills program contains different skill elements that must be mastered before advancing to the next level. Upon completion of this program, skaters will have gained the ability to skate forward and backward efficiently, stop and turn, as well as perform crossovers and other footwork with a fair amount of speed and agility. Basic Skills graduates are safe, confident skaters, who are ready to further pursue their interest in Hockey or Figure Skating. "Introduction to Figure Skating" classes are offered to the skater who would like to continue to learn new skills. **Helmets are strongly recommended for young and new skaters.** 45 minutes of instruction

**Adult Basic Skills:** Equivalent to the Basic Skills classes described above. Class sizes are generally smaller allowing for more individualized instruction. It is a more relaxed atmosphere in which the adult skater can learn the fundamentals of a great sport. 45 minutes of instruction.

**Introduction to the EDGE/Advanced Edge:** For the Hockey Player. Introduction of skating drills with emphasis on edging, balance, pressure on edges and body alignment. Player will work on beginning techniques in forward & backward skating, power turns, pivots, stops/starts and transition movements. Classes will be broken up into skill levels. It is recommended that skaters have passed Basic Skills level 3 or have the equivalent skills to be successful in this class. Hockey stick & hockey equipment required. 45 minutes of instruction.

**Booster Lessons (Coach & Me):** This program is offered for skaters who would like to work individually with a private coach in addition to taking the Basic Skills Instruction. Lessons usually run for 15 minutes and the cost is \$5 for ice plus cost of coach. If you are interested please contact the Director.

## **DATES: MONDAYS**

(Dates are subject to change)

### 6 Week Sessions

SESSION DATES ARE LISTED ON OTHER SIDE

Intro to Freestyle (Figure skating) 5:00 - 5:45pm	\$140
Intro to Edge: 5:30 - 6:15pm	\$140
Combo Intro FS/Basic 5:00 - 5:45pm & 6:15 - 7:00pm	\$195
Combo Edge/Basic: 5:30-7:00pm	\$195
Snowplow Sam 5:30-6:00 pm	\$75
Basic Skills & Adult Basic Skills 6:15-7:00pm	\$115
Intro to Synchro 5:45pm-6:15pm	\$75

*Please arrive early to check in the 1st Monday of each session.*

## **HELPFUL INFORMATION**

### **Skate rentals included in session cost**

**Skates** run between ½ to 1 sizes smaller than a street shoe. Skates should be laced firmly to provide support and feel snug WITHOUT a thick sock. Skates should be professionally sharpened.

**Clothing:** Skaters should dress in loose layers to provide warmth yet maintain flexibility. Mittens or gloves may be necessary. It is **recommended that young children and beginner skaters wear helmets.**

## **HOW TO REGISTER:**

Register online at [www.maineskaters.com](http://www.maineskaters.com)  
or

1. Fully complete the form below and on the reverse side of this page. Please be sure to read the waiver and sign and print your name. Complete a form for **each** skater.
2. Make check or money order payable to: **Skating Association of Maine (SAM)**
3. **There are no refunds.**
4. Returned checks are subject to a \$25 fee.
5. Mail registration(s) to:

**SAM /Basic Skills Ice Vault  
P O Box 5663  
Augusta, ME 04332**

PLEASE PRINT CLEARLY

Skater's Name \_\_\_\_\_

Date of birth \_\_\_\_\_

Gender  Male  Female

US Citizen  yes  no

Email \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

**Skater 18+/parent or guardian skater under 18**

**I have read the liability waiver.**

\_\_\_\_\_  
**Please print**

\_\_\_\_\_  
**Signature**